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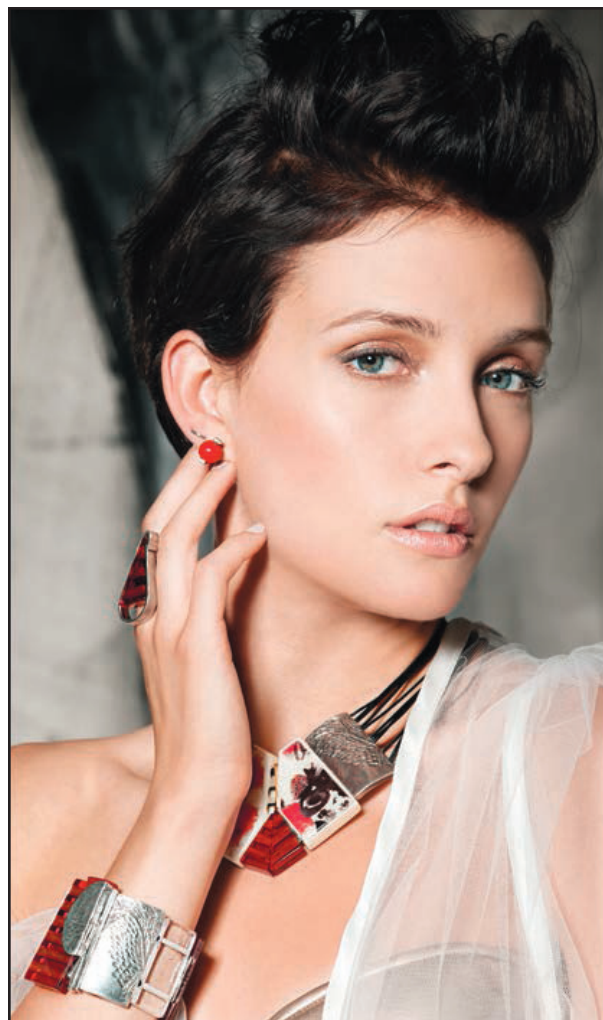
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THE MADAWASKA HIGHLANDER MAY 2014 EMBRACE THE PAST ~ ENCOURAGE THE FUTURE ~ ENJOY TODAY



May
2014
FREE Vol.10 Issue 1

Celebrating Cottage and Country Life in Madawaska & Addington Highlands of Eastern Ontario

What do these odd structures have to do with Hwy 41, Hyde's Creek bridge reconstruction? Find out what they are on Pg.3



Photo and article by Christie Laundrie

This photo was taken at these coordinates:
45 11' 21.47"N, 77 01'28.06"W
Discover how to find it with Google Earth Pg.11



Photo and article by Steve Manders

Welcome!

...to our new readers who now get home delivery in White Lake and rural Arnprior West! And welcome back to our faithful readers in Burnstown, Mt. St. Patrick, Springtown, Calabogie, Black Donald, Dacre, Griffith, Matawatchan, Denbigh, Vennachar and points in between!

For those of you who are new to the area or new to this paper, the Madawaska Highlander is published 6 times per year, May to December, and is packed full of information about life in the Highlands, which encompasses parts of three or four counties.

None of this would be possible without the contributions of our many talented and devoted volunteer writers. If you are interested in contributing a newsletter for the White Lake and Burnstown area, please let us know.

The Madawaska Highlander, known as the Highlander, or simply the paper, started as a newsletter published by Elizabeth Thomson in Griffith. It was taken over, reshaped and renamed by Barbara Doyle, then Bill Graham and Richard Copeland. Now it has come full circle to Elizabeth's son Mark and his wife, Lois.

This fourth generation of the paper comes with another redesign, but it is still the paper we have all come to love and depend on for information and entertainment. We have a little bit about quite a lot and a lot about some of the little things that matter to us in the Highlands.

We hope you enjoy it...



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NEWS CLIPPINGS WE HAVE GATHERED

WORLD:
100 YEARS SINCE THE START OF WWI
"THE WAR TO END ALL WARS"
 Article Page 13

cost-efficiently as possible for the physical, social, and economic health of the region and its people.
www.physicalactivitynetwork.ca/AT

ONTARIO:
NEW SENIORS FUNDING PROGRAM
 Applications are now available at www.oacao.org and will be accepted until June 30, 2014. Grants will be awarded from \$500 up to a maximum of \$10,000 for projects that end March 31, 2015

NEW HARDENED ROAD SHOULDERS POLICY
 Related to the Active Transportation Strategy, \$190,000 has been allocated to extend shoulders on key active transportation corridors for bikes. It also helps keep road edges stable. We need to share the road safely.

PROVINCIAL VOTING DAY SET FOR
June 12, 2014

DEFIBRILATOR TRAINING FOR EMERGENCY CENTRES
 In Griffith at the Lion's Hall on Thursday May 29th at 2:00 p.m.
 Article Page 5

L & A HIGHLANDS:
150th ANNIVERSARY IN 2014
 Celebration Planned for August 23 in Napanee. Article Page 8

NORTH FRONTENAC:
PARKLANDS OPENS NEW SCHOONER TRAIL
 It's a newly marked hiking trail through natural forests, featuring many large boulders, a high elevation scenic jaunt, and a steep limestone hillside, all on the west shore of Long Schooner Lake. That and more at www.northfrontenacparklands.com

MUNICIPALITIES:
NEW OPP FUNDING MODEL WILL COST US MORE
 Township of Greater Madawaska needs our help to stop it.
 Article Page 8

MUNICIPAL VOTING DAY SET FOR
October 27, 2014

RENFREW:
NEW RECREATION PROGRAM
 Bonnechere Valley, North Algona Wilberforce & Greater Madawaska, in partnership with the Town of Renfrew, announce a new recreation and activity program. Recreation Coordinator, Jordan Wall was hired to work with recreational and community groups to partner and provide more options for a fuller variety of programs. Contact jwall@town.renfrew.on.ca or 613-432-3131 for information.

NEW ACTIVE TRANSPORTATION STRATEGY
 It's a long-term vision that works collaboratively to create networks of new and existing trails, road and waterways as



The Walter cartoon series premieres in The Madawaska Highlander and is a collaboration between Jens Pindal and contributor John Roxon. Jens attended Sheraton College in Oakville. Jens has been an animator working in the industry for 25 years. Working in studios in Ireland, Denmark and Toronto. Animating feature films such as All Dogs Go To Heaven, Space Jam and Curious George Movie to name a few. He has also worked on many TV shows such as Care Bears, Stoked and recently Total Drama Island. Jens has published a comic book, The Iron Maiden.

The Madawaska Highlander

The Madawaska Highlander is published 6 times per year by Reel Impact Communications Inc. Lois and Mark Thomson 3784 Matawatchan Rd. Griffith ON K0J 2R0
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Audrey Copeland
 Steve Manders
 George Ross
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 Cheryl Babineau
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 Jens Pindal

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ADDINGTON HIGHLANDS NEWS

By Christie Laundrie

Hello to all loyal readers of the Addington Highland News. Christi Laundrie signing on again as your Denbigh and area reporter. For those of you don't know or remember me, let me introduce myself. As a happy retiree, I married Don Laundrie in 2007 and now reside on Slate Falls Rd with husband, 2 dogs and 2 cats (no mice). Did public and high school in Toronto, Ont. Lived in T.O., North Bay, and Ottawa, have traveled along the entire eastern seaboard down to Florida, flew to Calgary, Banff, and to England, Scotland, and spent two years in Berlin, Germany. Majored in English in college, hold a diploma in Home Health Care, Native History, Seminary, and graduated with honours in Forestry and Wildlife. I love taking pictures and have a small side business called CatsEyePhotography. I have been singing since I was four, in choirs in both Germany and Canada and am lead soprano in the Melville United Church Choir in Eganville. A long time friend and former editor of an Ottawa newspaper got me interested in reporting, so here I am. My English professor would be pleased to know I am putting my major to good use.



Substitute Nesting Boxes During Construction
 Photo Christie Laundrie

nesting grounds. Since the work at the bridge would disturb and/or eliminate their homes, the two nesting stations have been built for them to raise their young.

Did you know that one swallow consumes 7 (seven) times its own weight in mosquitoes and black flies every day?? They are most welcome at our property anytime. I love to watch them swoop and dive through the air. Both my husband and I are avid hunters, but we are also devoted conservationists, and are glad these steps have been taken to protect a species of the natural paradise we live in. Hats off to those who made such a wonderful decision.

This is my first time back in the saddle, and as I am no longer in touch with my usual contacts, it will take me a few weeks to get myself organized again, but I promise to provide you in future with any and all news of interest from the Denbigh area. If you have something you wish me to send to my editor, please call 333-2376. It takes 9 rings for my answering machine to kick in if I am outside, so then leave a message and a call back number.

Yours truly, Christi

Workers are busy repairing/rebuilding the bridge at Hyde's Creek. I am sure many of you have noticed the two odd looking structures along the side of the road just a stone's throw from the bridge. It turns out they have been erected to provide a safe nesting area for the swallows that normally nest under the bridge. Swallows had been all but decimated after the ice storm of 98 and subsequent flooding of 99. The return of these valuable birds is of paramount importance to the ecological balance of the environment. Since swallows return year after year to the same area, their continued survival depends on the availability of their usual

CALABOGIE BEAT

Community Spirit Day
May 31 at the Calabogie Community Centre
 By Lois Thomson

This just in from Calabogie: May 31st is Community Spirit Day in Calabogie. There will be fun things to do all day, including a mixed ball tournament, euchre tournament, Valley Voice Karaoke Challenge, bouncy castles, dunk tanks and carnival style games. And don't worry, you will be fed and entertained! There's a BBQ, magic show, live music, evening buffet and all kinds of shopping to do with local vendors. For details and times of events, go to www.bogiestyle.weebly.com or Facebook: Community Spirit Bogie Style. It's put on in association with The Township of Greater Madawaska, so I'm sure a call to the office will work, too. All that fun and you'll be helping to put a roof on the rink. \$5 at the gate. Under 15 years is free.

Usually by Skippy Hale

On March 11, 2014, Skippy's husband Richard passed away in the 46th year of their married life. As she prepares for her new life without her precious Richard, she is taking a short hiatus from Bogie Beat. Skippy tells us her three children, Michael (Julia), Taben (Steve) and Devin (Tamy) and three grandchildren Molly (6), Declan (3 on May 11) and Maddy (20 months) are the lights of her life and make every day count for her now.

Skippy Hale moved to Calabogie with her husband Richard Hale Christmas '99. She has been active in community and church activities. She loves children and brags about her three grandchildren, 'Preschool Storytime' and school visits when she was the GMPL CEO/Librarian, and weekly Sunday School classes at Most Precious Blood Church in Calabogie.

GRIFFITH & MATAWATCHAN NEWS

By Garry Ferguson

We here at the (snicker) G/M News Desk would like to kick off the year with a welcome to our brand new, shiny Highlander publishing team. A salute to **Lois Thomson** the publisher/editor/doer-of-all-things, and to **Mark** who as sales manager (and co-doer-off-all-things) will attempt to pry enough coin of the realm from our loyal advertisers to keep us afloat. From prodding procrastinating contributors, like yours truly, through formatting, printing and distributing, the task of getting a publication out to readers is indeed daunting. Good luck, Guys!

I would be remiss (I think that means you forgot, Stupid) if I didn't bow (visualize a very deep, slow genuflection) in the direction of those dedicated toilers who created every edition over the last decade. **Bill Graham, and co-publishers Richard and then Adam Copeland** have earned a well-deserved rest, though Bill will continue to contribute with his informative articles and Richard, no doubt, with his front-page-quality photos. Well done lads! We should never forget the creators of previous versions like **Barbara Doyle**, who would spend days just copying and collating, and even back to **Mark's mother Elizabeth**. This is indeed a labour of love.

Contrary to what might be expected, folks in the good old G&M area didn't curl up into fetal positions and take to hibernating during the past, hard winter. They were out and about and there was much doings and goings-on especially by the hardy souls among us, so we'll take a run at bringing readers up to date on some of the shenanigans that took place since our last publication in the now dim past

– October 2013. Community-minded volunteers – actually good citizens inclined to succumb to peer pressure, guilt trips, badgering and/or press gang tactics – formed a new **Matawatchan Hall Board** in October with Mark Tomlin as president, David Burton, vice president along with Ken Birkett, J.P. De Grandmont, Mark Thomson, Brigitte (Gitte) Chess and Bill Graham as directors.



Tree Lighting Singalong, Matawatchan Hall

The Board's annual mid-December **Tree Lighting and Carol Sing** in downtown Matawatchan seems to get bigger and louder every year. In spite of a real Christmas-card type snow storm, the event again drew a large, enthusiastic and full-throated crowd who finished off the evening at the hall with refreshments (nothing happens in Matawatchan without a feed) more music and a visit from Santa. The Board asked that I include a "thanks" to Merv Malcolm for supplying the power for the tree and to Ken Birkett, Carol Anne Kelly and Garry Ferguson (blush, blush) for the music.

Continued next page...

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Besides concerts and services in the churches, there is always a dizzying Yuletide-Season schedule of events such as the **Matawatchan Christmas Market, the Lions Club's Craft Sale and its Kids' Christmas Party.** As has been the custom for many years, a good number of G&M folks traveled to Denbigh for a vocal-cord workout at the **New Apostolic Church's annual Carol Sing.**

The Fish and Game Club is probably the envy of most churches: it finished off 2013 with 251 (presently 265) members. Its Buck and Doe Contest (not to be confused with buck and doe showers/parties) after the fall hunt, brought prizes to Brandon Youmans for the biggest buck, Philip Davis for the largest doe and to Kevin Ball for the mystery weight of 121 pounds. **The Club' Annual Fishing Derby,** on the first day of March, attracted about 200 shivering hopefuls, including His Worship Mayor Peter Emon, out onto the ice where it seemed that only pike were aware of the derby under way and cooperated by getting in on the excitement. Dan Quast won the first and second prizes while Cindy Friske took third. Little four-year-old Ava Aubrey added \$50 to her piggy bank by scooping the junior class. Talking (or writing - whatever) about winners: Glen Oakes, from Northbrook, won the 2013 Polaris ATV. Lucky guy!!

To those interested in acquiring some gun-totin' learnin' - you're too late. **The Club's Gun Course** was held in April and was chock-o-block full to overflowing with 10

juniors and 15 not-so-juniors. However, for info on this, or any other club activities, just walk up to any friendly member (make sure they look friendly before approaching) or call Brian (he's friendly) at 613-333-9564.

The Snowball winter carnival at the rink in Griffith, held over the weekend of January 25, attracted folk of all ages - including several of us mature cash-for-lifers - with a wide variety of activities. Amid all the fun and frolicking, \$600 was raised for recreation. I'm not sure if His Excellency the Governor General is aware of a royal family in Griffith, but one was declared - actually voted in. Chosen were Braedon Kauffeldt as Snowball King, Hannah Vaniderstine as Queen, with Tyson Kauffeldt and Ebonie Kauffeldt as Prince and Princess respectively. Committee Chair Melissa Inwood and members of **The Griffith and Matawatchan Culture and Recreation Committee** did an outstanding job of turning a chunk of winter into a slice of fun.



Snow Ball Winter Carnival, Griffith

Audrey Copeland was the local representative in a group of 31 Canadians from the United Church of Canada's Bay of Quinte Conference who recently - March 06 to 13th - traveled to **El Salvador.** Because the United Church provides much aid to organizations working toward the education and social well-being of Central Americans, the purpose of the trip was to learn about the people of that country, their story and their hopes for the future. Audrey provides a more detailed account in another section of this publication.

On April 05, the **NU-2-U Shop in Griffith** began a second year of retailing anything that'll bring in a buck. Remember! "One person's junk is," etc. etc. and etc., so give a thought to dropping off your good used items whenever the shop is open for business. All proceeds go to the **Greater Madawaska Seniors Housing Corporation.** For now it's open from 1 to 4 p.m. on Saturdays but check posted bulletins because the hours of business become more frequent as summer approaches and if I insert them here we'll all just forget anyway.

Mayor Peter Emon came to the Lions Hall in downtown Griffith on the evening of April 10 with a well-prepared proposal for an event with the working name of **Greater Madawaska and Area Showcase to be staged on July 19, 2014 in Griffith.** The purpose for the all-day event - a cross between Taste of the Valley and Expo 150 - would be to promote not only our area, but that of our neighbours in Addington Highlands. When the call went out for volunteers many became terribly busy reading the handouts, some feigned hearing loss and, though I'm not sure, I think a few slid off chairs and under tables. A few brave souls did answer the call however, and several volunteer positions were filled on the spot. Barry Dicks will handle the Site Planning, Melissa Inwood and Jordan Hall, Entertainment and Activities and Jenelle Rosenblath, accepted the Promotion/Advertising position. At the time of this writing, the position of Vendor Recruiting has yet to be filled. CAO Clerk/Treasurer Allison Holtzhauser seems to be at the centre of almost everything happening in the Township (1 800 347 7224 or 613 752 2222) so is probably the best source of info until a complete committee is in place.



Mayor Peter Emon at Denbigh-Griffiths Lions Club Hall, to Launch GM Area Showcase

Ain't it a corker how time flies? Just ask Ward Three Councillor Karin Lehnhardt. **It's Municipal Elections year again; We will go to the polls - poll probably in our neck of the woods - on October 27, 2014** to elect a new (well, maybe not so new) councillor in this ward. But don't panic yet; we will keep you posted as to place and times. Karin tells us that she will not be a candidate this time around and, after 20 years in the traces, is looking forward to a bit of well-deserved pasture time. Those who have been around local politics know that the job is no cakewalk. Besides ongoing council duties, councillors serve on at least five committees but **Mark Tomlin of Matawatchan** appears to be rarin' to get at 'er. He has already signed on - January 20th to be exact. I'd be willing to bet my Sunday socks that Mark thinks the early bird gets the worm.

The Ministry of Natural Resources (MNR) has approved the Ottawa Valley Forest Inc. (AVFI) annual work schedule (AWS) for the year April 01, 2014 to March 31, 2015. The AVFI, a forest management company, is responsible for, among other things, tree planting and the harvesting of fuelwood. For information regarding tree-planting job opportunities, call the AVFI at 613 735 1888: Those interested in commercial fuelwood opportunities should contact the same number. Information on locations and licensing requirements for obtaining fuelwood for personal use may be obtained from Murray Draves (MNR) at 613 732 5571. Any queries, including those regarding the AWS, should be directed to MNR's Management Forester Krista Watters (613 732 5597) or AVFI's Operations Forester Bruce Summerby at the AVFI number above. If you think you're confused now, just wait until you've read it again.

The Denbigh Griffith Lions Club, as usual, has been at the centre of events, social gathering, feasts and good causes. In March, Lions Joe Kleiboer and Erwood Reynolds presented the Club's annual pledge of \$1000 to the Heart Institute.

The April Daffodil Tea, to raise funds for breast cancer research, again brought out a large supporting crowd to lunch, rubber-neck and socialize while listening to music by the Thursday Night Boys.



Dengigh-Griffiths Lions Club Daffodil Tea Featuring Music by The Thursday Night Boys

The Toll Road will again be at Griffith and Denbigh on May 16. A nagging fear is that I might someday turn up at a toll with nothing to contribute and have them turn some serious ugly on me, so for self preservation, I stash some shekels in my van ahead of time.

The Club will, of course, be in on the planned **July-19th Greater Madawaska and Area Showcase,** its seventh annual **Show and Shine will come to pass on August 23** (I think my van will finally qualify as an antique this year) and tickets for the 50/50 program - to be drawn on Labour Day Weekend - will be available in

early May. Last year's cut for the winner was over \$1000.

Don't forget the **Food and Fellowship Luncheon on May 21 and the Tuesday-evening, biweekly bingo with the 13th and 27th being the May dates.**

The Lions asked me to thank all the generous chocolate lovers who bought bunnies during the **Easter Fund drive** and to urge anyone out there who would like to know more about Lionism (relax, it's not a religion) to contact Lion Dianne at 613-333-1094.

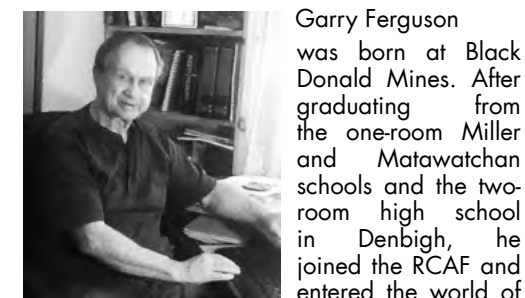
You haven't lived until you've donated blood to the blackflies while on toll-road duty. Who knows? By next year, you could be riding shotgun with Erwood as he navigates the back roads delivering chocolate bunnies.

Black Donald Article Update By Garry Ferguson




The other day I received a phone call from a place that is two hours, by aircraft, north of Iqaluit (Frobisher Bay when I was last there) in Nunavut concerning a **Black Donald article** that I had written for the first (I believe) issue of the new version of **The Madawaska Highlander.** A gentle-

man by the name of Mark Pimlott, whose father carried out a **wolf replenishment program in Algonquin Park** back in the sixties, read my article on line - I'm blaming Bill for putting it there - and needed information for a history that he's writing. Some trappers in the Black Donald area supplied his father with some wolf pups for the program at that time and he thought I might know who that would be. I told him that it had to be either a Stubinsky, perhaps Frank, or a Popkie, perhaps Reuben, and gave him Jessie Stubinsky's (born Jessie McLaren in Matawatchan) phone number. He followed up with an email to let me know that he had his information. I had intended to divulge just who crawled into the den to get the pups, but decided that this might be better told by Howard Popkie, an early childhood friend and one of our contributors. Hope you're reading this Howard. The Highlander has, evidently, covered a lot of territory in the last decade.




Garry Ferguson was born at Black Donald Mines. After graduating from the one-room Miller and Matawatchan schools and the two-room high school in Denbigh, he joined the RCAF and entered the world of


electronics. After 8 years, he became a civilian and worked in Montreal for the Navy. During this time he joined the Reserve Navy and trained at Cornwallis NS. In 1970, Garry joined Air Canada where he eventually dealt with flight simulators until retirement. He was asked to join the Canadian Corps of Commissionaires and spent six years in security at Toronto's Pearson Airport and Nav Canada's Air Traffic Control facilities. In 1960 he married Carol Pearsall and they had four children - now middle-aged adults. Carol and Garry live along Lake Centennial and try to keep up with the hectic local social scene.



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Cindy Pittman

Happy 40th!
to our Special Lady
Lots of Love
- the Family

CPR and Defibrillator Training Scheduled in Griffith for Spring

By Bill Graham

Both Griffith and Matawatchan now have defibrillators located at the Lion's Hall in Griffith and the Matawatchan Hall respectively. The equipment in Matawatchan actually moves between the Hall and St. Andrew's Church depending on where people are gathered.

An automated external defibrillator (AED) is a small, portable device used to identify cardiac rhythms and deliver a shock to correct abnormal electrical activity in the heart. As a result of the sophisticated electronics in an AED the operator will only be advised to deliver a shock if the heart is in a rhythm which can be corrected by defibrillation. If a shockable rhythm is not

detected, no shock can be given and the provider will be instructed to perform cardiopulmonary resuscitation (CPR) until emergency medical services arrive.

In the Griffith and Matawatchan area an ambulance could take up to 40 minutes to arrive, so having a defibrillator in the immediate area does help the chances of survival. However, precious moments are lost while someone goes to fetch the AED device. To compensate for those lost minutes, cardiac pulmonary resuscitation (CPR) must be applied. When an AED and CPR are immediately available, the chance of survival from sudden cardiac arrest is substantially improved. Com-

Continued next page...



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Defibrillator Training Continued from Pg. 3

There are two courses booked with the Renfrew County Paramedic Service for our area. **The first will be in Griffith at the Lion's Hall on Thursday May 29th at 2:00 p.m. If needed a second course has been booked for Matawatchan at the Matawatchan Hall on Wednesday June 11th at 2:00 p.m.** Ideal class size for this two hour training course is twelve people, up to a maximum of twenty. For those not requiring certification, this training is free. If you want to renew your certification then a \$35 fee applies.

The course will include: 'Adult and child choking techniques', like the Heimlich manoeuvre; 'Adult and child CPR'; 'Operation of the defibrillator' and 'How to use the defibrillator with CPR'.

Advance registration is necessary. If you want to have this training, please call Sandy Downs at 333-1932 or Bill Graham at 333-1694 to register as soon as you read this article. Let either of us know your name, telephone number and your preference of location (Griffith or Matawatchan) for the training. Knowing the number of registrants will help the Paramedic Service plan for course materials and training personnel.

Up to 40,000 cardiac arrests occur each year in Canada. One cardiac arrest every 12 minutes. Without rapid and appropriate treatment, most of these cardiac arrests will result in death. Thousands of lives can be saved through public access to automated external defibrillators and training.

Going to the Matawatchan Farmers Market for the Eighth Year By Bill Graham

It was June 16, 2007 when the Matawatchan Community Market first launched. It is hard to believe that we are beginning our eighth season this year. Over the years there have been ups and downs but for the most part the Matawatchan Market has been a very positive influence on the community. Each Saturday morning there



Plant Sale at the Matawatchan Farmers Market, Last Victoria Day Weekend Saturday

has been a place where people can gather to share a cup of coffee or lunch and buy local produce, baking or crafts. Creating community was one of the primary goals of the Market Committee back in 2007. Creating local business opportunities was another goal and at least two new businesses were spawned out of the Matawatchan Market—The Pizza Farm and The Cottage of Hidden Treasures.

There were rumours that the Matawatchan

Market was closing down this year but I am happy to report that this is not entirely true. I say "not entirely" because there will be changes from past years. A number of core market vendors (and committee members) are packing up their wares this season. Their reasons are personal and mainly reflect a change in their priorities.

Consequently the Market Committee has introduced a fresh approach this summer by alternating a 'farmers market' with a 'flea market'. The Matawatchan Market Committee will sponsor the 'farmers market' Saturdays and the Matawatchan Hall will sponsor the 'flea market' Saturdays. There will still be a market component each Saturday with the normal offering of coffee and baked goods plus a lunch. On alternate Saturdays there will be less food and produce and more flea market items for sale. This new arrangement gives 'flea market' vendors an opportunity to sell their wares. In the past 'flea market' vendors were restricted because of the Health Department's 'Food Premises Act'.

As usual, the first event of the market season is the Matawatchan Market Plant Sale. This launch to the season is on Saturday May 24th from 9:00 a.m. to 1:00 p.m. In addition to the sale of bedding plants there will be fresh baked bread, coffee and baked goods and lunch that features hot turkey sandwiches (local turkeys), creamy mashed potatoes, a vegetable medley, green peas, homemade bread, a delicious

Bill Graham has lived in the Village of Matawatchan since 1980. Now retired, he worked for 32 years in the federal public service at Statistics Canada. Most of that time was focused on information and communications. He was editor of an Internet-based publication called @StatCan that served 8,000 Statistics Canada employees.

In 2003 he partnered with Richard Copeland to launch the Madawaska Highlander. This paper succeeded another local publication called the Highlander, which had been published during the previous ten years. During the ten years of publication the Madawaska Highlander grew from a readership of 600 in a newsletter format to a readership of 3,000 in a tabloid format. At the end of the publishing season in 2013 he turned over the publication to Lois and Mark Thomson. In his new role as Editor Emeritus he will continue to write occasional stories for the new incarnation of the Madawaska Highlander.

dessert and a beverage—all for \$10:00.

The first market of the regular season is on June 28th, which is the same Saturday as the annual 'Canada Day / Matawatchan Picnic' festivities. The farmer's market is in the morning and the Canada Day / Matawatchan Picnic is in the afternoon. More detailed information about that day will be in the June Highlander. However, I can say that the market lunch that day; in keeping with a Canadian theme, will be back-bacon on a bun served with home-made beans and salad. The following Saturday, which is July 5th, is a flea market day. Based on the success of that day, the Hall Board will continue to alternate with the farmer's market, or not. July 12th and July 26th are both farmer's market Saturdays but on July 19th there will be nothing happening at the Matawatchan Hall because of an all day event sponsored by the Township in Griffith that is being called 'The Greater Madawaska and Area Showcase'.



In August there will be 'farmer market' Saturdays on August 9th and 30th with nothing happening at the Matawatchan Hall on August 23rd because of the 'Show & Shine' car show in Griffith. Hopefully, August 2nd and August 16th will be 'flea market' Saturdays. August 30th will be the last market of the 2014 season.

Anyone who would like to a vendor for the farmers' market or the flea market can contact me (Bill Graham) at 613-333-1694 or via email at: billgraham@xplornet.ca. If you are a reader of the Highlander who has not yet had the Matawatchan Market experience, then I encourage you visit this summer.

This year more information about market activities will be on the matawatchan.ca website. For farmer's market Saturday's the website will give you information about the lunch menu; what local produce is in season and any special events that are planned.

**For Dates and Events Visit
www.matawatchan.ca**

**Click on
Matawatchan Farmers
Market**

CALABOGIE & AREA BUSINESS NEWS

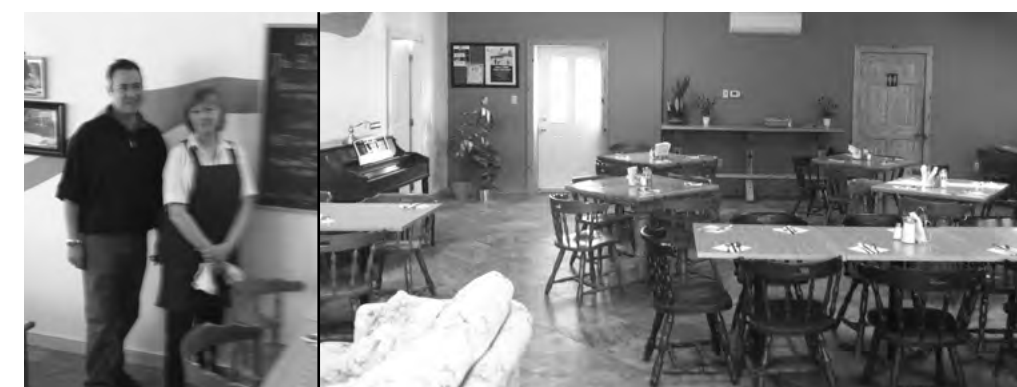
CABA Corner Welcome from your Local Business Association By Byron Herrmann

CABA has been busy this year promoting the needs of our business community. CABA has played an important role in the new Township Business-Led Economic Development Committee. This group has worked to develop a new township economic and community development plan. As well we have worked together to develop new projects. I will update you next time on these projects.

CABA continues to be represented at local Chambers of Commerce and Tourism organizations to work together to lobby on your behalf for issues of mutual interest. Our membership in these organizations also provides very useful "member to member" benefits to you.

CABA, in collaboration with Ontario's Highlands Tourism Organization and the township of Greater Madawaska, has received "Tourism Destination Partnership Program" funding to begin a study of the area as a potential Cultural Tourism Destination. We sponsored a four day visit by Steven Thorne, Canada's leading expert in this subject, to our area to interview local business and community persons as well as provide an evening seminar. We look forward to his report and work on the second phase of this project.

Our new "Experience Guide" continues to be available at many locations throughout the township and the county. This is your printed business and attraction directory.



Introducing The Blue Onion, Casual Comfort Food Restaurant in Calabogie

An old Calabogie family has handed over the reins of the restaurant operations located at Munford's to a new Calabogie family. "Casual Comfort Food" will be the fare in the beautiful newly renovated location. "The Blue Onion" restaurant has opened in Calabogie at 4709 Calabogie Road.

"We intend to satisfy the regular visitors with a menu based on familiar items and encourage new ones with tasty new additions", says owner Cath Reynolds. "We will also try, wherever possible, to include gluten free items for your morning toast or after lunch sweet treat". Cath is well known in the community as the owner of The Fans of Calabogie Bed and Breakfast and is famous for her award winning breakfast offerings and home baking.

For more information call 613-752-0002 and talk with Cath or Jason or go to www.TheBlueOnion.ca

If you need copies to distribute to your clients please let me know or go to the Visitor Information Center or township office. To date over 6,000 copies have been distributed. As well our redesigned website www.calabogie.org is now online and contains a new interactive business directory as well as information for tourists and residents. Thank you to the government for assistance in funding these projects.

We also wish to welcome our newest members: Price Trucking, Springtown Automobile, Reel Impact Communications Inc. (Corporate Video Production, Publisher of The Madawaska Highlander), The Blue Onion Restaurant and Shea Butter Wonders. Membership continues to grow as new business ventures come to the area.

If you are interested in joining and understanding more about our membership benefits do not hesitate to contact us. All members are invited to our next general meeting on Monday May 26th at 7:00 at the "Blue Onion" in Calabogie. We will have an important discussion on the future direction of CABA. All your input will be appreciated.

A reminder to all to "Buy Local" and promote our Township as Ontario's premier four-season vacation destination, as well as a premier place to invest and to live. Promote, Experience, Grow.

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Greater Madawaska Township Library News

By Sharon Shalla



Storytime in the New Big & Bright Program Room at the Greater Madawaska Public Library

Recent renovations to the vacated Council Chambers in our building have resulted in a much brighter, welcoming Program Room.

The Program Room at Greater Madawaska Public Library has many uses. Our Storytime Playgroup is alive and well!

We've also recently purchased children's tables and chairs for the room. These colourful, sturdy chairs are much safer and more child-friendly than the previous chairs we were using. We also have two cozy chairs that were donated to us and are proving to be very popular.

Resources in the Program Room that children can enjoy include a puppet theatre with an assortment of puppets to choose from, building blocks, puzzles, and special themed activities.

No child is too young to attend our Storytime Playgroup, including newborns, and we have a washroom equipped with a baby change table for your convenience.

Early Literacy Specialist, Angela Kuehl, will be visiting the library to assist us in setting up an Early Literacy Centre before summer.

Early Literacy is a very important part of children's services in public libraries and we are pleased to offer this new learning centre. Stay tuned to the library's website and Facebook page for announcements when the Early Literacy Centre will be completed.

We're also preparing for the Toronto Dominion Bank's Summer Reading Club beginning the first week of July.

This year's theme is Eureka! Each Thursday morning children will participate in fun, hands-on activities that will be focused on discovering and putting their imagination to work. More details regard-

Drop-in Storytime Playgroup is a great social time for the adults and children, held every Thursday from 10:30 a.m. - 11:30 a.m. There's no charge to attend. Grandparents, babysitters, and any family members or friends are most welcome to come along too!

ing the TD Summer Reading Club will be available in June.

We are in the process of forming a Book Chat group that will meet in the Program Room.

Book Chat is a little different from a traditional Book Club in that participants get together to chat about their favourite books and authors, and not everyone reads the same book. Participants are invited to discuss what they liked, or didn't like about books they have read. This program is also a great avenue for discovering new titles and authors from other readers in the group.

If you would like to know more about the Book Chat or register, please contact the library during business hours or send us an email.

And last, but not least, we will be holding our Annual BIG BOOK SALE in the Program Room in late May to mid June, and again, later in the summer.

We have paperbacks, hardcovers, magazines, fiction and non-fiction, and children's books to choose from. This is a fundraiser for the library and we really appreciate the community support we receive at our book sales.

To enquire about any of our programs or services, please contact the library at 613-752-2317, send us an email at gmp1@bellnet.ca, or drop in during business hours.

We are open Tuesday from 1:00 - 7:00 p.m., and Wednesday thru Saturday from 10:00 a.m. - 1:30 p.m. The library is closed Sundays and Mondays.

www.facebook.com/GreaterMadawaskaPublicLibrary

O.P.P. MAYDAY Proposed New Funding Model Will Raise Rates By Lois Thomson

In April, The Township of Greater Madawaska sent a flyer to all residents asking for their help to stop proposed changes to the OPP funding model which threatens to put an unfair burden on rural ratepayers.

The current system is calculated on actual crime rates in each township. This is fair. The proposed funding would be based on cost-per-household in addition to a cost-per-service call. This is unfair for a number of reasons.

With the proposed system, no fees would be levied for commercial, industrial or institutional locations, just residences. This makes it doubly tough on municipalities that are household-heavy. It means that municipalities with lower crime rates and

lower tax bases will pay disproportionately more for policing services. Municipalities such as Greater Madawaska Township, which is relatively household-heavy, could be facing paying almost double the current rate.

Although the Greater Madawaska Township Mayday (May 1st Day of Action) has passed, it's not too late to kick up a fuss with your MPP. If you haven't done so already, please do what you can by phoning, emailing, faxing or tweeting your MPP. If you are a seasonal resident, please copy the MPP in the riding where you vote. Taxes would either have to increase as a result, or services stretched even thinner than they already are.

Lennox & Addington County Celebrates 150th Anniversary in 2014



workshops. The re-opening of the Museum & Archives will coincide with the 150th anniversary celebration of Lennox & Addington County, taking place on August 23, 2014. In addition to the re-opening, we have a great show in store that you won't want to miss. We invite you to come and celebrate this grand occasion with us."

- Warden Gordon Schermerhorn, Mayor Town of Greater Napanee

Watch for an increase in social gatherings and historical events, as the County of Addington Highlands celebrates 150 years since the counties of Lennox (named after Charles Lennox, 3rd Duke of Richmond) and Addington (named after Henry Addington, 1st Viscount Sidmouth) merged into one.

Preparations have been going on for a few years. The Lennox & Addington County Museum & Archives, located in Napanee, has been closed for renovations since last November and is scheduled to reopen in August, coinciding with 150th celebrations.

"The project will see a new addition to the existing building that will feature a large public research room, improved archival storage and will include a multi-purpose room ideal for lectures, programs, and

If you can't wait for that, take a look at the Lennox & Addington E-History project, www.lennox-addington.on.ca/e-history. This online mega-collection came about with assistance from all three levels of government to showcase objects in all museums in Lennox & Addington. Contributions from participating museums are credited, including collections at the County Museum in Napanee.

There is a brief history of certain eras, followed by photographs of historical objects used in everyday life, along with information about the people who used or owned them. It's really a very personal way of looking at historical objects. Be sure to check that out. It's quite comprehensive and might spark an interest to go see the objects themselves. Don't forget to thank the many volunteer societies that make these collections possible.

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Griffith & Matawatchesan Calabogie

St. Andrew's United Church
Aug to Jan. Sunday Worship 11:30 a.m.
Feb. to July Sunday Worship 8:30 a.m.

Hilltop Tabernacle
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Service 6:00 p.m.

Denbigh & Vennachar

Vennachar Free Methodist Church
424 Matawatchesan Road 613-333-2318
Sunday Worship 10am
Sunday worship will return to 11 a.m. starting on Sunday, September 9th.

St. Luke's United Church
Sunday Worship 10:00 a.m.
Sunday School 10:00 a.m.

St. Paul's Lutheran Church
Sunday School 9:00 a.m.
Sunday Worship 9:30 a.m.

The New Apostolic Church
Sunday School 9:00 a.m.
Sunday Worship 10:30 a.m.
Wednesdays 8:00 p.m.

Burnstown

St. Andrew's United Church
Sundays at 10:15 a.m.

Calabogie

The Calabogie Bible Fellowship Congregational Church
The Mill Street Chapel at 538 Mill St.,
Regular service - Sundays 10:30 a.m.
Information: 613-752-2201

Most Precious Blood Catholic Church
504 Mill St., Rev. Father Pat Blake
Sundays 10:30 a.m.

St. Patrick's Catholic Church
Mount St. Patrick
Sundays at 9:00 a.m.

Calabogie St. Andrews United Church
1044 Madawaska Dr. (on the waterfront)
Church Services Sunday Mornings at 8:45 a.m. Communion
1st Sunday of every month.

Lion's Club Bingo every Wednesday,
7:15 pm, Calabogie Community Hall,
752-0234.

The Calabogie and Area Ministerial Food Bank
538 Mill Street,
2nd and 4th Thursdays of the month
9:00 am to 10:00 a.m.
For emergency situations, please call 752-2201

Griffith, Matawatchesan & Denbigh

Matawatchesan Hall Spring Cleanup
May 15, 9:30
Lunch will be served to all workers

Matawatchesan Farmers Market Spring Plant Sale and More
Saturday May 24 from 9 a.m. to 1 p.m.
Home-made market lunch
Matawatchesan Hall

Defibrillator Training Session
May 29, 2:00 pm
Denbigh - Griffith Lions Club Hall
If needed, a second course will be scheduled at the Matawatchesan Hall on Wednesday, June 11, 2:00 pm
Register in advance,
Sandy Downs at 333-1932 or
Bill Graham at 333-1694

Denbigh - Griffith Lion's Club Bingo
Bingo: Every second Tuesday nights:
May 13, 27, June 10, 24...

Denbigh - Griffith Lion's Club Euchre
Every second Friday, next one May 23

The Pickled Chicken String Band at the Pine Valley Restaurant
Every Monday from 5 pm to 7 pm
At the Pine Valley Hwy 41, Griffith

Bert's Music Jam at the Pine Valley Restaurant
Every Thursday 5 to 7:30 p.m.

Fellowship Lunch at Noon
Denbigh - Griffith Lion's Club
Meet the third Wednesday of each month
General Wellness assessment by local Paramedics available at each lunch.
Diabetes Outreach Program every 3 months
contact Lois Robbins at 333-1082.
All Seniors Welcome

Northern Lights Seniors meeting to follow Fellowship Lunch at 1:15 p.m.

Euchre - First & Third Friday of each month at 7:00 p.m. at Lions Hall.
Jan. - June

Denbigh

Music in the Hall
Every second Sunday 1 to 3 pm
Music in the Park begins June 8

Diners Club
Dinners are held the first Monday of the month at the Denbigh Community Hall at 12 noon. Full Course Meal \$6.00.
Contact Faye Mieske at 333-2784 or Irene at 333-2202 for information.

Exercise Group - Tuesdays 9:30 a.m.
St. Luke's United Church, Denbigh

HEALTH CARE FOOTCARE CLINICS
Sylvia's Foot Care
Every 6 weeks in Denbigh
For information or appointment
Please call - Sylvia McMenemy, RPN
613-335-2940
Home visits can be arranged

Burnstown & White Lake

Bittersweet Gallery Spring Affair
June 7, 11am to 8pm
Art, Food & Fun in support of Ovarian Cancer Canada

Greater Madawaska & Area

Greater Madawaska & Area Showcase July 19, Denbigh - Griffith Hall Hwy 41 Griffith
Live Entertainment, Children's Activities, Demonstrations and so much more.

Send us your Community Events:
Lois and Mark Thomson
The Madawaska Highlander
3784 Matawatchesan Rd.
Griffith, ON
K0J 2R0
info@reelimpact.tv
613-333-9399

Please let us know if anything has changed, too!



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Bittersweet Gallery presents the LOOK OF LUV; The Spring Affair in Support of Ovarian Cancer Canada

By Cheryl Babineau

The "LOOK OF LUV" marks the 3rd event hosted by Burnstown's Bittersweet Gallery in support of Ovarian Cancer Canada and the Ovarian Cancer Canada Walk of Hope to help raise awareness of the foundation's goals and objectives.

Gallery owner, Cheryl Babineau, is once again planning to showcase the popular designs of Montreal jeweller Anne Marie Chagnon with a spring trunk show of her latest collection called LUV. The gallery has represented the designer since its conception in year 2000 and boasts the largest collection of her work outside of Quebec.

Cheryl has collaborated with Burnstown resident Denyse Campeau, National Director of Development for Ovarian Cancer Canada, who will be present to answer questions and raise awareness of the foundation's goals and objectives.

The event will showcase many new works of its stable of artists and will also introduce several exciting new ones. Sculptor Richard Gill will open his studio where visitors can preview some intriguing new works in progress. It's a good opportunity to discuss

custom work.

In the spirit of the event & tradition Taste Funatic chef Gunnar Guckes of Grassy Bay Getaway, Calabogie will create delectable gourmet hors d'oeuvres for the occasion. There will also be a draw to win an exquisite Chagnon piece.

Funds raised from last years event were used to launch a Walk for Hope for Ovarian Cancer Canada in the fall that took place in the Bennett/ Lindsay labyrinth on gallery grounds. (Bittersweet donates 10 % of Chagnon sales to the cause.) Participants of the walk raised almost 8,000 dollars.

The artists work is prolific. Every year Chagnon conceives & manifests an entirely new collection that that merits a celebratory launch.

Blessed with a bountiful imagination and trained at the Fine Arts Faculty of the University of Quebec in Montreal, Chagnon shapes materials instinctively while achieving a playful harmony of form. With the search for authenticity at the heart of her approach she has achieved a signature style unmistakable and recognizable at first glance.

About LUV- the Art of Seduction:

"LUV reunites, bridging roundness and sharpness; uniting both image with object. LUV'S harmonious and colourful lines imbue it with life, leaving a profound impression, the collection seduces through its soaring boldness."

The lines flowing through the artist's illustrations are like etchings on metal, sculpting the surface. Signature renderings captured in shimmering, silver pewter, sensuous radiant gold and bright copper create a landscape where wind, water, fire and air mingle.

We see these elements represented in her ink drawings, watercolours and graphite artworks miniaturized in resin and for the first time within glass, which casts a new light on this collection.

*Please join us
June 7th from 11 am to 8 pm
For the Spring Affair
A Day of Art, Food & Fun
in Burnstown, ON
In support of Ovarian Cancer Canada*

Why Ovarian Cancer Canada? Some alarming statistics:

Of the 2,600 women diagnosed with ovarian cancer each year in Canada, 70% will not survive five years. With vague symptoms and no early detection test, ovarian cancer is Canada's most fatal women's cancer. Tragically, it takes the lives of too many of our mothers, sisters and daughters each year, devastating families in its wake.

A recent survey of Canadian researchers in the field of ovarian cancer concluded that \$10 million is needed to make significant strides towards a reliable early screening test, improved treatments, and enhancing the quality of life for women living with this disease. Yet a recent study by Charity Intelligence Canada shows that only 2.1% of Canadian donations for cancer are directed at ovarian cancer.

Together we can dedicate ourselves to the prevention and elimination of ovarian cancer.

The "LOOK OF LUV" opens at Bittersweet Fine Craft and Art on June 7- starting at 11am into the evening til 8 pm. at 5 Leckie Lane in Burnstown. The labyrinth will also be open to visitors to explore.

**For more details call 613 432 5254 day or 613 433 9990
www.burnstown.ca/bittersweet**

Research is the only means to overcoming ovarian cancer, but we also need to continue supporting women living with the disease and their families, as well as providing education and awareness for the general public and health care professionals.

Unlike so many other causes, the work of Ovarian Cancer Canada is not duplicated by any other group - their work to overcome ovarian cancer and the attention they are now giving to the other gynecological cancers, is unique in Canada. Together we can give hope to women living with ovarian cancer, hope to their families and loved ones, and hope to all the women in Canada who could potentially face this devastating disease. (Cheryl's step daughters are genetically at high risk).

THE UNBEATEN PATH

Exploring Google Earth

By Steve Manders

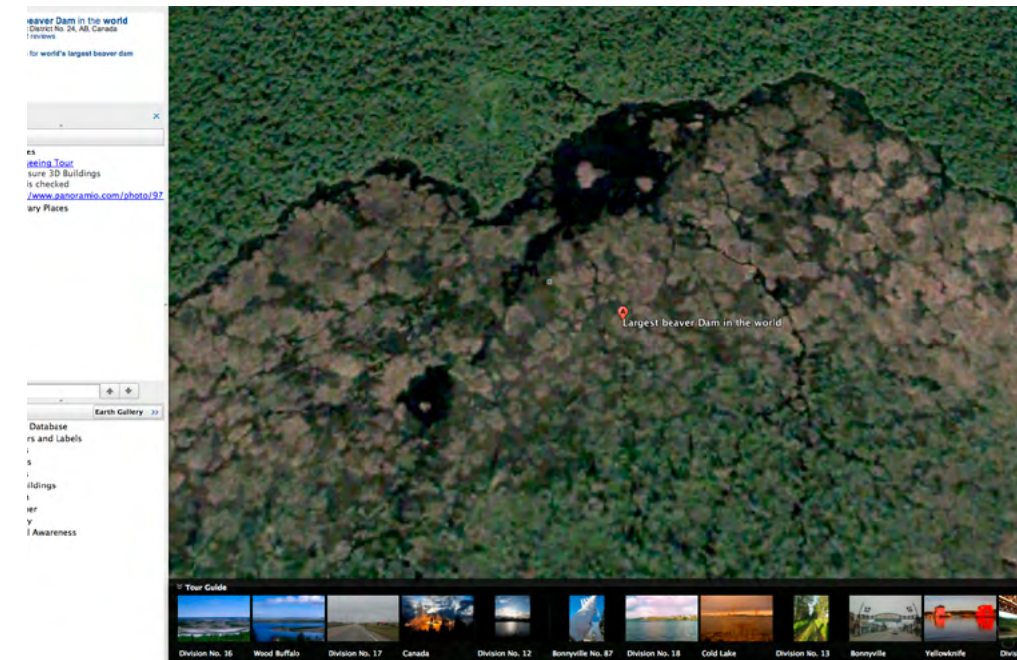


Google Earth is a fascinating web application for anyone who is interested in the world around them. It begins with a satellite photo of the whole world. You can search for a location or zoom in and explore the world in such detail that you can tell what car is parked in your drive way, who has a pool in their back yard, and search any exotic place you want.

You can snoop that land that is posted 'no trespassing'. The world's biggest beaver dam in Northern Alberta was found this way.

Google Earth is not the site where Google photographed everything themselves from a roving car. It was built using satellite imagery by the CIA. In this site, ordinary people may post their own ground level pictures through a sister web site called Panoramio. Google Earth then reviews the submission and will accept or reject them. They do not want pictures of people, things that move, or wildlife, but they can all be a part of an acceptable picture. Having said that, they accept a lot of pictures that break their own rules, and reject some good stuff.

They passed 100 million pictures a few months ago. There is no part of the world that is not covered. Pictures posted at ground level are identified by a blue icon. Click on it, and the picture taken at ground level will open, you may even get 50 or 100 pictures posted at popular locations. Some popular places such as Niagara Falls, Macchu Picchu and the Eifel tower are now blanked out. You cannot use 10,000 pictures of each.



Type "World's largest beaver dam" in the Search Box and Google Earth and it will fly you to Northern Alberta for a look.

Google Earth sets the elevation at which the blue icons appear. Thus, I could post 3 pictures the same day, at the same location. One will get 100 hits in a month (they have a counter for every photo), another will have 10 hits, and one will have one hit. The viewers have no idea which is the best picture, so the difference is explained by the elevation at which the icon appears. Therefore, when searching an area, zoom in and lower your "eye alt" and you will find more. Go down below 10 km., then below 1 km.. Some good pictures appear at 0.5 km.. The person posting the pictures has no control over that.

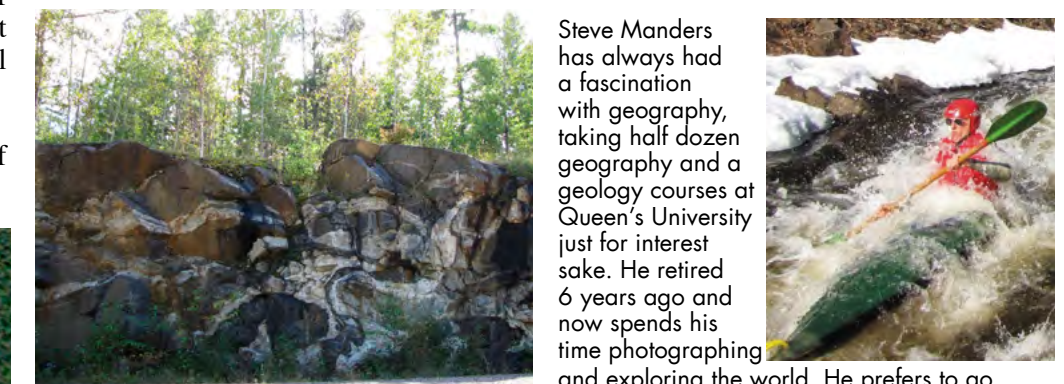
If you find a photographer that you like, they may have many other pictures posted too. You will find the photographer's name at the bottom right corner of the picture. Click on the name. It will take you to Panoramio and you can view all the photos of that one photographer, they may be divided into albums.

I have now posted almost 4,000 pictures from the Amazon to the Arctic, but most are in the wilderness of southern Ontario. I have paddled most of the white water rivers, hiked many of the provincial parks, and scouted 47 ghost railways, 300 old churches, and 500 houses of interest. Ghost railways are railways built 100 years ago or more, and are now shut down. I track down what is left, including stations and bridges. I have posted the history of each railway photographed. Churches are interesting because they all have a cornerstone stating when they were built and by what denomination. Every steeple is unique. Houses can be interesting for many reasons: grass huts in the Amazon, mansions on the St. Lawrence or log cabins in Alaska. I have a lot of neat geology posted too, many from the Highlands area.

That should give you the idea. You can explore the world from the comfort of your own home. A high speed internet connection is essential because you will be downloading lots of pictures.

You may even decide to up load a few of your best photos to share with others.

Some of Steve's Photos you Might Come Across when Exploring on Google Earth. Will you be able to find them?



Now try looking for the place where Steve took the photo of this billion year old rock formation.

Download the Free Google Earth application, enter these coordinates in the search box and hit Enter: 45 11' 21.47"N, 77 01' 28.06"W

You should end up on Centennial Lake Rd. near the rock cut as you approach the bridge at Centennial Lake.

It's to explore on your own, too! Remember to zoom in and out as you explore, so you don't miss anything.

Steve Manders has always had a fascination with geography, taking half dozen geography and a geology courses at Queen's University just for interest sake. He retired 6 years ago and now spends his time photographing and exploring the world. He prefers to go to places or at times when most people will not go. Resorts are out. To date, he has done the Inca trail to Macchu Picchu, the Amazon, Galapagos, Haida Gwaii, Vancouver Island, Alaska three times, Yukon, NWT, and soon Greenland by kayak, and Iceland. South Eastern Ontario is a fascinating place, and very accessible. The best scenery is along shore lines, thus he has six boats, a whitewater kayak, sea kayak, his original 45 year old one, two canoes and a motor boat. They all get used, even on partly frozen rivers. His Canon SX-50HS has an amazing range of capabilities, in a compact size. His Canon PS D10 is waterproof and can be kept very accessible in a kayak or on rough trails under extreme conditions. All of his photos are Photoshopped. It can improve brightness, contrast, level horizons, remove objectionable items, crop, enhance and so on. Every serious photographer needs software like that.

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Razor Wire is a Common Sight.

How often does one have the offer (most expenses paid) to travel for a week to a country like El Salvador and to interact with people that are selflessly working toward making their world a better place in the face of overwhelming odds? That in itself can open one's heart and inquiring mind. It did mine and I accepted the offer.

Orientation – end of Jan. in Belleville, the trip begins now. The 31 of us, 15 teens and 16 adults

met in the hall of St. Marks's United Church on a snowy Friday night surveying each other, knowing that we would be sharing a very unique experience. We each had been assigned to do some research on various aspects of the country, the culture, geography, industry and the history.

A quick summary: The country is about 4X the size of PEI with a population of over 6 million. The original people are believed to be descendants



Beautiful Jungle Countryside, where the Upper Class Lives Higher up, Overlooking the Poor.

of the Aztecs but since the arrival of the Spaniards in 1525, who ruled for over 300 years, the indigent people have been essentially annihilated. In 1932 when the country gained its independence, power was handed over to a military government, which promptly killed 30,000 more that year.

The bulk of the best arable land was deeded to 14 elite Spanish families, that have the influence to this day and 40 percent of the population are living in poverty while a tiny elite lives in luxury.

Coffee and sugar industries are major

employers but the economy is shifting to 60 percent in the service industry. (While at Pizza Hut I asked what the hourly wage was and apparently they are paid by the month – \$240.00 for a 40 hr.+ week.)

Fast forward to March 6th, gathering at the Toronto airport at 3 a.m. via shuttle from Kington- 2- 20Kg. suitcases in tow mostly filled with donated school supplies like pencil crayons, pencils, erasers and personal care items like toothbrushes and toothpaste. With all 31 of us gathered, we were quite a sight with approximately 56 suitcases, more than half-filled with the donated items from our Bay of Quite region, which also contributed \$14,000 to the building project we helped start to build while we were there.

Not unlike a lot of winter travellers this year, our plane needed to be de-iced, hence a later take-off time and by the time we got through customs (\$10.00 'donation' please), suitcases loaded onto the pick up truck and us piled into the bus, the one hour trip to our housing compound, it was about 3 or 4 o'clock when we had our lunch, had chosen our cots in our adult women's dorm room, 8 of us, adjacent to the 7 teen girls dorm where we shared the two sinks and 3 toilets, and got our mosquito netting mounted to the ceiling. We had arrived. Ahhh, warm air, tall palm trees, quick small group meeting, prayers and a song. Bed and sleep. We had arrived.

Although this was what we had prepared for, we soon found out that no amount of study could prepare us for what we would experience in the coming days.

This paradise is being subjected to widespread environmental degradation, unsustainable mining, farming and aquaculture practices used by foreign corporations, many of them Canadian. Is that what's in store for Canada if we aren't vigilant?

To be continued next issue.

What Price Glory?

By Ernie Jukes of Camp J

Here is an anniversary that is tough to celebrate. 100 years ago on August 4th 1914, Britain declared war on Germany. As a Dominion in the British Empire, we joined our allies in 4 years of slaughter known as World War 1 or The Great War. Most every Canadian has some connection still to that tragic time in our history. Yes we were known as great warriors, even by our enemy as we have proven in all wars. But our victories have not been without high costs in so many ways.

From our "neck of the woods" and across rural Ontario, thousands of young men flooded the recruitment offices. Woodsmen, farmer's sons, students, many of them just boys, from all walks of life. Some joined due to patriotism, some simply for a job, and some with their pals for the adventure...not knowing they were going to a hell on earth. The 2nd Infantry Battalion, Eastern Ontario Regiment along with the 42nd Regiment were quickly formed in Lanark and Renfrew and sailed on September 22, 1914 for England. Their first battle at Ypres in April 1915 led to more battle honours along the Western Front. Jack Davis of Renfrew was the first Canadian soldier wounded in WW1.

Aside of the French Canadian opposition, Canada's participation was fully expected by Britain even though only 10% of our population at that time was British born. It has been assumed by the way they so poorly used our troops that the Brits will always fight to the last Canadian. Our untrained soldiers were thrown into the cesspools of blood and guts in those killing fields of the Somme and Passchendaele in such unnecessary numbers. There were more humans killed in Passchendaele than by the atomic bomb in Japan during WW2. We honour our dead, all recorded on our many epitaphs across our province. Thousands that returned with nothing but ugly memories, all agreed that WW1 would be our last. The war to end all wars! My God, How wrong they were!

With the absence of so many men there were also positive effects on the home front, particularly for women. They became factory workers, worked in agriculture, bus and streetcar drivers, banks, civil services and organized the suffragettes that led to the vote and women in politics. Of course many of our gals were at the war front as ambulance drivers and nurses in field hospitals. My mother nee Eleanor Wagar of Napanee and Matawatchan was an aero mechanic at Mohawk Field in Deseronto. This is where the Canadian Royal Flying Corps trained top pilots for our first air force. See book "Danc-

ing in the Sky" by C.W. Hunt.

There were many great heroes that shone such as our own Captain Roy Brown of nearby Carleton Place. A candidate for the Ottawa Senators Team when he joined the British Navy Flying Corps, he later became a young war ace with the Canadian 209 Squadron. The 25 year old officer with DSO plus DSC and bar sharply climbed behind the Red Baron who was attacking his pal over the River Somme. It was April 21, 1918 near Amiens that he shot a burst of 303 bullets into a red Fokker Dr.I triplane, killing Manfred von Richthofen.



He was a real Prussian Baron in the German Army Air Service with 80 kills. The angle of the bullet from his Sopwith Camel into Richthofen's heart and lungs proved the official credit to Captain Brown. Interestingly the American cartoonist Schultz used this victory as conceptual background to create his long running strip "Snoopy"

With the seed of our youth left in Flanders and the cemeteries of Belgium and France it is not at all peculiar that our population has dwindled behind the U.S. and others. The few of our mutual relatives able to return started all over again with nothing. The Canadian heart and spirit was and is today still pioneering. We still have so much to do... and still with so few people. We know we are making creative paths toward a great destiny... in our own time and terms. We have fought for freedom again and again and won.

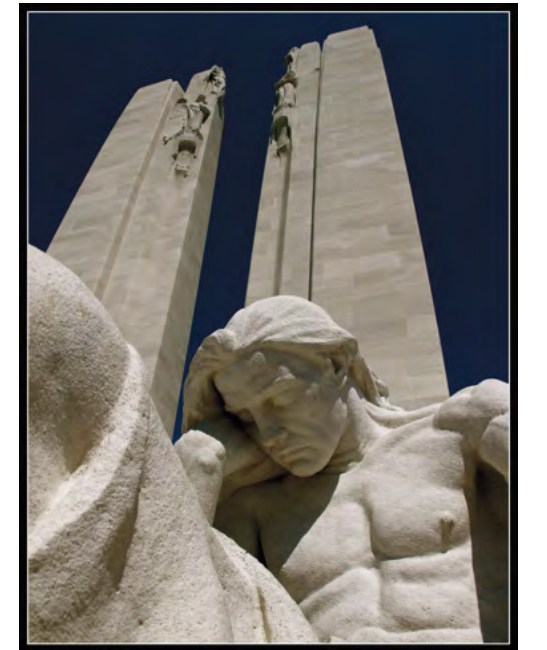
As early as October 3, 1914 our first convoy of ships carried 33,000 fresh troops to England. This grew to 500,000 in 1915. Among them traveling on a troop train through Ontario to join them was a young Lieutenant Harry Colebourn.. While stopped at a small northern town he bought a tiny bear cub from a local trapper for \$20. He named it Winnie after his hometown Winnipeg. Smuggled onto the convoy

ship, she became a mascot and slept under her master's bed at their camp on the Salisbury Plains. Later, now a Captain Colebourn with more duties, he donated her to the London Zoo. It was there that she inspired A.A. Milne to write his classic Winnie-the-Pooh. Today, every August White River, Ontario has a "Winnie's Home Town" Festival. Reckon she was a backwoods soldier of sorts even though a painting of our most famous bear just sold for \$250,000.

Our backcountry soldiers were often better marksmen, perhaps tougher both mentally and physically in those

war in the allied favour, gaining world respect for Canada. It brought our national pride to a new height and was a stepping stone to our independence and freedom today.

What more can we say about their grit and daring... their duty, service and sacrifice to country... with dampened eyes we proudly hail them... but will it ever end?



Artist, Writer, Rovers
R. Ernest Jukes, has won awards for his art and design across Canada, USA, Europe and Mexico. His articles and poetry have been published in premier publications and anthologies in North America. Ernie has been a regular contributor to our Madawaska Highlander since inception and has 4 books to his credit. His donated paintings of our valley and records of our fire tower may be seen in "The Wall in the Hall Museum" in the Matawatchan Hall.

Audrey and Ernie's travels have taken them from Sicily to the Baltic Sea and Prussia to Galway Bay. They have fortunately explored every province of our great country including Haida Guaii, Yukon and Labrador. He has also canoed the Madawaska and far north rivers and painted the Inuit of Hudson Bay. Their roving and sketching include most of the U.S. and states of Mexico and Guatemala studying the ancient cities of the Maya and Aztecs.

The log cabin studio and art gallery is the centre piece of Camp J. This 4 cabin retreat on Carswell's mountain has been a boon to artists, writers, Boy Scouts, hunters, fishers and photographers since 1944. Many folks in the area currently enjoy old Camp J for weekly horseshoes, scheduled art lessons, occasional quilting, viewing paintings and general discussion often historical, (sometime hysterical) or on art and travel.

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The Land of the Morning Calm

by Howard Popkie

In the year 1952, I landed in Pusan Korea by ship. From out at sea the lumpy hills were dark and forbidding, lying off in the fog.

The little red book we were given to read about Korea, from the army, said it was called "The Land of the Morning Calm". Not so.

I spent a year on the front line with the PPCLI (Princess Patricia's Light Infantry) Vickers Machine Gun Platoon. The North Koreans would attack at first light.

In the little book we were taught some words like "Come here.", in Korean. It was said "E-tee-waw". When you have your picture taken, you don't say "cheese", you say "chee chee chee".

Ten Canadians and more than a thousand Chinese died at the battle for Hill 677 in Kap'young Korea. If the Princess Patricia's had not held the line, it is likely that Communist forces would have taken Seoul Korea. Our fallen soldiers at Kap'young were among the 516 Canadians who died in service during the Korean War.

I threw the little book away.

We lived outside for a year in winter and summer. When we were wet from the rain we dried out by sunlight. We tried sleeping in the bunker when it was raining and the water dripping through the sandbag roof would keep you awake. We almost froze to death in the cold winter.

Many of my friends were killed by the North Koreans and the rice paddies were fertilized with human waste that made the whole country smell like an outdoor toilet.

Getting out of Korea when my tour was over was the best part of my life. I was asked by Veterans Affairs if I would like to go back to revisit Korea, all paid for. I said, "If you were in Hell and you got out, would you go back to visit the Devil?"



Howard Popkie Operating the Vickers Machine Gun

My Pup Tent

by Howard Popkie

In 1948 I was 14 years old and worked in the summer holidays from school in the saw mill that came to Black Donald. Now I had money to spend on the Eaton Catalogue. I bought a little pup tent, about 6 ft. by 3 ft..

I remember the smell of my green tent when I opened the parcel. It had a coal oil smell like the sand bag bales of 1,000 bags I broke open in Korea.

It came with wooden pegs to set it up. I used them to start a fire in the cook stove. They were meant for city boys to set the tent up on the lawn at home. I had a tomahawk, so I could make my own when I came to my camp site at the end of the trail.

My fateful companion Shep and I soon set out about 12 miles in the bush across the Madawaska River at Black Donald. We found a level place to set up the tent. We banked it well with leaves to keep out mosquitoes at night. When it was dark, we climbed into the tent and closed the flap. With my arm around my dog, I was soon asleep.

I woke up in the night and didn't know it, but when I prepared the ground to set up the tent, I broke up a rotted poplar tree. It turns to green wood in the

rotting process that gives off a luminous light, called phosphorus. When I opened my eyes I got a fright. I thought the whole tent was on fire!

We camped out many times in that tent. Another time, Shep and I were sleeping in the tent at Evergreen Mountain and in the middle of the night I heard heavy hoof beats coming at a run, straight at us. It was a big moose that brushed the side of our tent as he ran by. I whispered in Shep's ear, "Be quiet. We don't want him to hear us". Shep, being a well trained dog, lay as quietly as I did. We could hear the big moose run out of our area and away. It never knew we were there.

Two years later, I was 16 years old and now I lived in an Army tent in Wainwright Alberta. I was in the Canadian Princess Patricia's Light Infantry with a bunch of city boys, but unlike them, I was no stranger to living in a tent.



Howard Popkie, Recently, in Arnprior

The Problem with Canada's Democracy

By John Roxon

There is disillusionment and malaise in the air in matters relating to Canadian politics. For years now, the electorate has been exposed to tales about scandals and misappropriation of funds, among other negative news stories.

If you look at turn-out numbers over the past ten years or so, many voters believe that it just doesn't make a difference who is elected, for the results remain the same. In the 2011 elections, voter turn-out in L&A County was 65% for the Federal election and only 50% for the Provincial campaign (In 1988, the turnout was 75% for the Federal election). Municipal elections fared even worse. During the past campaign, only 33-40% of voters in L&A County thought it was worth their while to cast a ballot. In the 2013 "Vital Signs" survey produced with the Community Foundation of Kingston and area (and which includes Frontenac and Lennox and Addington Counties), one survey respondent said,

In fact, most MPs described the nomination process itself as confusing and random in nature. In business, to keep new competitors out, you try to erect high barriers to entry. It seems that the nomination process itself is a high barrier to entry that blocks most people from even considering public life.

"...There is an attitude that accepts the current reality and thinks change is either not deserved or is not possible, so the cycle continues".

Clearly there seems to be a disconnection between political promises and the ensuing reality. If this disconnect does indeed exist, where does it come from? A simple answer could lie in the complications and complexities of government itself.

In 2010, Samara, a charitable organization whose programs "work to strengthen Canada's democracy", conducted a series of exit interviews with 65 former members of Parliament. From this, they produced four reports that cover the trajectory of political life, from the decision to run, to life as an MP. The findings are eye-opening as they offer at least some insight into the malaise of the average voter.

One refreshing finding of this survey is that many politicians did not consider themselves insiders. They saw themselves as outsiders who wished to bring their "outsider" perspective to Ottawa. In fact, this was one of the main reasons they pursued political office in the first place.

Most of the interviewees were approached to run for office. Only a handful chose the nomination on their

own accord. This fact alone provides valuable insight into why certain people ran for election, and others, did not. In addition, when choosing team members, the choice would usually go to like minded individuals rather than those whose views vary considerable from those of the party. This may explain why there is so little dissent within party lines and hence, little debate. To look at it another way, this shows a closed or controlled system which is discouraging for the average person to enter without any previous affiliation or nomination support.

Upon entering public life, most of the MPs interviewed admitted that they were unclear as to what their roles should be. Further, they said that their training was either non-existent or hit and miss. Another disturbing finding is that most MPs said that the assignments chosen for them often didn't take into consideration their expertise gained in private life. Someone with absolutely no experience in transportation issues, for example, would find themselves either heading or working in the Transportation Department. This suggests either extreme disorganization at the top, or, worse, handing out important portfolios as a means of paying back favours rather than according to experience.

Indeed, many parliamentarians expressed frustration with question period and the daily displays in the House of Commons. Most admitted that nothing constructive took place there; that their best work was on committees and during caucus meetings. Furthermore, the decisions coming down from the party leaders were often viewed as "arbitrary" and even "unprofessional".

Unfortunately, what motivated many people to get involved in politics in the first place - the outsider perspective - was heavily diluted by the "top down" party system.

Most of the MPs interviewed in the

Samara survey didn't have the answer to why there isn't more engagement between the general public and its representatives. The byzantine nature of government itself is one major barrier. Another is the pressure to work within both parliament's and the party's agenda.

Interestingly, most MPs expressed their greatest satisfaction when working outside of Ottawa's bubble and stayed true to what drew them to political life in the first place, an opportunity to make a difference and effect change, utilizing their outsider perspective and experience.

In conclusion, it's clear that our democratic system of government is old, tired and in need of an overhaul. What changes are needed are not immediately clear, even to those who toil within the system.

A couple of key ideas emerge; simplicity and engagement. Government has gotten too big and unwieldy to be comprehended by the public. Also, there seems to be no direct and easy route between the average citizen and the government at large whose core mandate should be to represent said citizen. This enables barrier-to-entry issues that further discourages involvement and direct participation by the electorate. Given the facts and the findings of the Samara survey itself, there's hope, however scant, that over 50% of the populace still find it important enough to get involved, if only at election time.



John Roxon attended Seneca College and the Ryerson University school of Journalism. He embarked on a number of careers including advertising copy writing before deciding, in 1989, to start J&A Media Services. J&A Media is a media monitoring business located in Toronto. In his spare time, John enjoys writing, photography, playing bridge and billiards, riding his ATV, and collaborating with Jens Pindar on the Walter cartoon series, which premieres this issue in The Madawaska Highlander.

Matawatchan and Miller Sunday School Picnic June 11, 1914

By Rev. Robert John Ball McNaught



I am Robert John Ball McNaught, born on July 6, 1918. While my family call me "Uncle Bob", my friends have called me "Reverend Bob" since I graduated from Divinity School at Queen's University in 1944. My youthful aspirations were to serve as a Missionary in the far-off lands of Africa but God had another mission for me---to work (and learn) among the "heathens here in Canada".

My association and love for the area of Matawatchan, Denbigh and especially Vennachar goes back 90 years to early June 1924, when my parents, Reverend Tom McNaught and Martha (Ball) McNaught, with my brothers, Herbert and James and myself left our home in the small community of White Lake, north-west of Ottawa, and drove in our 1919 Model T Ford, west through Calabogie, Black Donald Mines, down Pine Hill and south through Matawatchan to the farm of Grandma (Nancy Jane) Ball in Vennachar, where we spent our summer. We did this not just in 1924 but every year until Grandma Ball died in November 1934.

That first June, I attended for a few days the Vennachar School, which had been rebuilt after the 1903 forest fire had destroyed the earlier school on the south-east corner of the village center,



Howard Popkie at Age 16. A Boy from Black Donald and his Medals of Honour

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Matawatchan and Miller Sunday School Picnic June 11, 1914

By Rev. Robert John Ball McNaught (Continued from Page 15)

close to the Methodist Church. My mother along with fifteen of her classmates had been at school that fateful day when the fire destroyed a large section of the village. Miraculously, all the school children survived. But that is another story.

My father's association with Matawatchan began 10 years earlier, on the evening of Saturday, May 2, 1914, when he arrived from Montreal as the Presbyterian Missionary to the congregation of St. Andrew's Church.

Dad's journey to Matawatchan was unusual. He had been born in Kirkcubright, Scotland and came to Canada with his parents in 1900. Dad had a natural talent for mathematics so he worked as an accountant in a Montreal business. Shortly thereafter, Dad had a religious experience and determined to become a Presbyterian minister.

He first completed a high school education and began what would turn out to be 10 years at McGill University. The reason for the lengthy time between his enrollment and his graduation in May 1917 was a shortage of money. To earn money for tuition, Dad from time to time served as a Missionary for the Presbyterian Church in Canada, from 1908 through 1910 in Malby, Saskatchewan, then at Creighton Mines and Waters Mission Field near Sudbury, Ontario from December 1911 to September 30, 1913 and final at Matawatchan and the Miller Settlement during the years 1914, 1915 and 1916.

A Missionary had all the pastoral duties of a Presbyterian Minister except he could not perform marriages or baptisms.

Dad got right to work, meeting with the Board of Managers and setting up appointments with the Members of the Church. Shortly after his arrival, Dad had the sad duty of officiating at the funeral service of one of the oldest

members of the St. Andrew's Church, Mrs. Archibald McDonald. Mrs. McDonald had been one of the earliest settlers in Matawatchan, who had been born in Glasgow Scotland 85 years previously.



Funeral Procession Matawatchan Cemetery

Dad immediately commenced a two-week visitation campaign, visiting every home and family. There were 55 families associated with the Matawatchan Mission Field and Dad recorded the names of all the families to assist him. Dad had his own view of the role of Christianity. He emphasized that Christianity was not just reserved for times of grief and tragedy but also served to unite people in the good times as well. Dad believed that life is a shared experience and that although Christianity involved a personal salvation, it also had a shared dimension, which should be used to help build a community.

Dad also understood the importance of children not only in the community but in the Church. Shortly after his arrival, he attended the Matawatchan School and later that week the Miller School. Dad was always entertaining, showing his teaching aids, such as the smallest Bible ever published on March 29, 1901 by Oxford University Press. Dad often used a small one-inch wonder. It

was shaped like a small telescope and he would pass it around to the fascinated children. When it was held up to the eye, the Lord's Prayer was printed in lettering on the head of a pin! Dad hoped that his visits to the schools



Matawatchan Church Picnic

would help the children understand the value of the Christian values in their lives and always sought to stress the importance of living the Christian life daily through example.



Matawatchan Church Picnic

Building the community was another role that Dad prided himself. Sports were big in Matawatchan and Dad at

28 was tall and very athletic. He joined the Matawatchan Football Team in 1914, which played against the teams of the neighbouring farm communities such as Denbigh and Vennacahar. Dad was a strong kicker for he had been the kicker on the football team at McGill.

There were several highlights associated with St. Andrew's Church during his stay--Rally day in September and the Christmas tree in December (Dad returned for a few days, conducting 9 Christmas services). But the most memorable was the annual Sunday School Picnic. In 1914, it fell on Thursday afternoon, June 11th. He described it in his Missionary Log Book:

"The Matawatchan and Miller Sunday School Picnic was held on Thursday June 11-14, on the Church lawn. A large crowd of children and their parents were present. A bountiful supper was served by the ladies after which all resorted to the Church, where a little children's service was gone through which brought the happy picnic to a close. Through the sale of ice cream and a silver collection, the proceeds totalled \$16.46. Northern Mes

Disbursement of same was as follows: Picnic Expenses--\$1.15, Summer Sunday School Order--\$6.10, Four (4) Alexander Hymn Books-60 cents,

senger-50 cents, Moral and Social Reform--\$5.00. Total \$13.35.

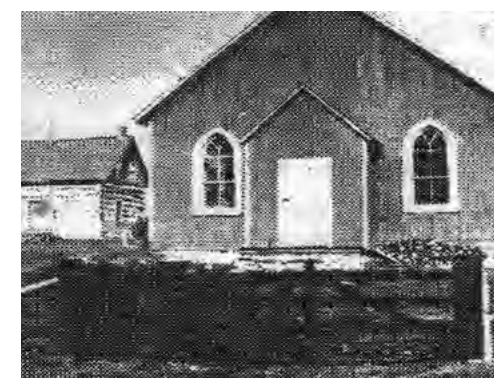
Balance on Hand = \$3.11. This is in the hands of our Treasurer, Miss Jessie Thompson, and will be used to help our Sunday School The picnic was thoroughly enjoyed by both young and old."

Dad continued his rounds, completing 280 visitations, mostly by walking and sometimes by horse and carriage, until his last day, Saturday October 3, 1914. At that point, he closed his missionary activities at the Matawatchan and Miller Mission Field and returned to Montreal. In his Missionary Log Book, Dad wrote: "My earnest prayer is this, 'That God's richest blessing, benediction and smile may abundantly rest upon and abide with ever home, family and individual in this mission field.' Amen."

Editor's Note:

At about the same time that Bill Graham sent me this article by Robert McNaught, I received a note to delete the listing for the over 100 year old Holy Rosary Church in Griffith. I thought a note was needed...

When settlers came to this new land, they brought many religions, languages and cultures, mostly from countries in conflict. For that reason, people tended to settle in like-minded communities. Their places of worship were often the first structures built and the most lovingly supported. They were often the only indoor social gathering places and were the support network for each community. But things are changing, or perhaps healing. Improved transportation and mixed ethnic and religious demographics means not every small village can support one church, let alone many.



Church at Matawatchan

But a lasting relationship had been created. Not only did Dad return to Matawatchan at Christmastime 1914 to conduct 9 different Christmas services, but he returned again in the summers of 1915 and 1916 after the congregants petitioned the Presbytery of Lanark and Renfrew for his re-appointment. Dad didn't fully realize the importance of Matawatchan and the Miller Settlement in his life but events were conspiring to lead to his participation in the biggest marriage celebration in Vennacahar on September 19, 1917.

Maple Syrup Time

Song Lyrics by the late Pete Seeger



Hugh Kelly and William Carswell Making Maple Syrup

First you get the buckets ready, clean the pans and gather firewood, Late in the winter, it's maple syrup time. You need warm and sunny days but still a cold and freezing night time

For just a few weeks, maple syrup time. We boil and boil and boil and boil it all day long, Till ninety seven percent of water evaporates just like this song And when what is left is syrupy don't leave it too long - Watch out for burning! Maple syrup time.

I know it's not the quickest system, but each year I can't resist it. Get out the buckets, and tap the trees in time. Making it is half the fun, and satisfaction when it's done. Keep up the fire! Maple syrup time. My grandpa says perhaps it's just a waste of time. Ah! but no more than this attempt to make a happy little rhyme, So pat your feet or swing your tail, but keep in good time. Keep up the fire! Maple syrup time.

I'll send this song around the world with love to ev'ry boy and girl, Hoping they don't mind a little advice in rhyme. As in life or revolution, rarely is there a quick solution, Anything worthwhile takes a little time. We boil and boil and boil and boil it all day long. When what is left is syrupy, don't leave it on the flame too long. But seize the minute, build a new world, sing an old song. Keep up the fire! Maple syrup time

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Proposed International Maple Syrup Labelling Change Hopes to Avoid Marketplace Confusion

By Lois Thomson



Have you ever wondered why the best maple syrup - that stuff with the delightful, strong maple syrup flavour is labeled Canada No. 2 or Vermont Grade B?

It's left over from a time, not that long ago, when maple was used as people's primary sweetener when they didn't have access to or couldn't afford fancy refined sugars. Although the heavier, darker, more flavourful syrups had their uses, people didn't want everything they baked or added syrup to, to taste like maple. The fancier grades were the most desirable, so that won-

derful tasty syrup was less desirable. The Provincial and Federal labeling systems in Canada and the US are a confusing jumble of names and numbers with several colour classes in each grade. Is US Grade A Medium Amber, Vermont B-Amber, Quebec No. 1 Amber better, worse or the same as Canadian No. 2 Amber?

This year, Vermont producers adopted a new system developed by the International Maple Syrup Institute in order to stop the confusion, especially in international markets. It is expected that all North American producers will employ the new system by 2016.

The Proposed Maple Syrup Labelling Changes Encompass the Following Regulations Taken from the Lanark & District Maple Syrup Producers Association website www.ldmspa.com:

- All current grading systems used will be eliminated and replaced by a single, international, standardized grading system.
- Only two grades will exist: Grade A (for retail sale) and a Processing Grade.
- Grade A will have four colour classes, each having its own quality descriptors, which will eliminate the current discrimination against darker syrup.
- Grade A can be any colour, but no off-flavours are permitted to be sold.
- Any syrup that does not qualify for Grade A (including off-flavoured syrup) must be labeled as "Processing Grade." This syrup may not be sold in retail markets and must be packed in 5-gallon or larger containers.
- Pure maple syrup can only be produced from the concentration of maple sap or from the solution or dilution of another pure maple product in potable water (reconstituting maple sugar into syrup)
- Syrup must fall between 66.0 and 68.9 on the Brix scale. Recommended in the 66.5-67.5 range for best flavour.
- Must comply with federal and provincial regulations for contaminants.
- Must comply with federal and provincial regulations such as labeling, standard containers, etc.
- Must have proper determination of grade and colour class
- Must be traceable to batch (have a recordable code on container)

The Renfrew County Fiddlers Association

By Garry Ferguson

After I'd returned to the Greater Madawaska area from less peaceful climes, I kept hearing good things about an organization called the Renfrew County Fiddlers Association. (RCFA) A few years passed however, before I began to meet some of the originals such as Norm Warren, Guy Jameison and Delmer McCallum. I soon learned that these real folk were passionate about preserving a musical heritage handed down to us from our pioneer ancestors and were always willing to be there

when there was a need for the rosin to meet the wire. Since that time, I've have had the privilege of meeting many more of the Association's outstanding musicians including Joe Quilty, the first president and only surviving member of the founding trio that consisted of Joe, Ed Mayhew of Renfrew and Tom Charbot of Calabogie. The story of this highly successful organization is well worth the telling. In the 2003 RCFA's Twenty-Fifth An-



From left: Barry Martin, president at the time, Joe Quilty and Norm Warren, first board president Photo by Garry Ferguson

niversary Souvenir Booklet, Association President Barry Martin quotes a passage from Mac Beattie's book, this "Ottawa Valley of Mine." With the few following words Mac articulated the two art forms behind the reason for the Association's existence.

"Fiddlers from across the seas brought their reels, jigs, hornpipes and strathspeys to the upper Ottawa Valley in the days when the big pine timber was being cut. In the lumber camps they pooled their music and dancing talents and eventually gave it a distinct Canadian sound. They began to compose Canadian tunes, songs and a dance

we call the step dance. It was born in the lumber camps and passed down through the years and today we see the polished art on TV, stage and show."

It's easy to forget that without the fast music there wouldn't be as much happening in the step dance department either. Each specialty fosters the other. Whenever you see one of the local, top-notch steppers scuffing a rhythm on the planks, it's a good bet that the person cranking out the jigs and reels is a member of the RCFA. The genesis of the Association came out of one conversation between two men back in 1977.

18 19 Renfrew County Fiddlers Continued from previous page

After Joe Quilty and his wife Madge retired to their place along the Norton Road near Calabogie, Joe became a well-known fiddler around his part of the valley. It's said that he was never far away from any gathering where a jig or a waltz was needed. He noticed however, that in an area where fast fiddling had been a tradition - three generations of Quilts before him had bowed the strings around Horton Township - up-and-comers were getting as scarce as hens' teeth. So, one day while talking to Tommy Charbot, another top-notch fiddler, he mentioned the loss of the traditional music.

Out of that conversation came the conviction that something had to be done to rectify the situation so the two made a trip to Perth where an existing club could provide them with valuable information. Armed with good advice, Tom Sharbot, Ed Mayhew and Joe Quilty met on May 28, 1978 to discuss the possibility of forming a local version. To test the waters they whipped up a fiddle jamboree in Calabogie that drew over 300 souls. The musicians might have been getting scarce but it was evident that love of the music was still there, so The Renfrew County Fiddlers Association came into being on June 20, 1978.

Joe became the first President, Norman Warren, Vice President, Ed Mayhew, Treasurer and Madge Quilty the Recording Secretary. Minutes of the first

recorded executive meeting on August 22, 1978 show the newly elected executive plus Tom Sharbot and George Thacker in attendance. Seven more people have filled the President's position since that time. A few have served two terms.

In a decade-old circular pertaining to a "Junior Achievement Awards Program," then President Dennis Harrington (1989 to 1990 and 1997 to 1998) stated the Association's mandate as follows.

"It is the mandate of the Renfrew County Fiddlers Association to promote old time fiddling and its related arts, or heritage activities involving old time fiddling and step dancing throughout the country, but particularly in this county of ours."

Anyone associated with the upper Ottawa Valley at any time during the last many years will have been exposed to the influence of the Association. It is reasonable to believe that it has far exceeded the goals envisioned by the original founders. It is also reasonable to believe that on a June day in 2078, there will be a huge party where massed fiddles will trill and people will make speeches congratulating the RCFA on its first century of promoting one of the liveliest music forms in the world.

THE HEALING TREE

By Robbie Andermann

SUGAR MAPLE (Acer)

The Maple is a popular tree here in Canada where its leaf symbolically adorns flags, coats-of-arms, and pennies. Meanwhile the living tree itself adorns the earth we live on, having no respect for national borders, and is specially noted for the beauty of its colourful foliage in the autumn.

Rare is the person in these northeast woodlands who's never tasted Maple sap - be it in the concentrated form of real Maple syrup, plain fresh sap from the tree as a water substitute while the well is experiencing spring runoff, as a cooking or tea water, as a gourmet vinegar, or as an even more gourmet and rare wine. Few of all these Maple sap imbibers realize that amidst the flavour and sweetness are also good nourishing earth minerals, notably calcium and iron.

The Haudenosaunee (Iroquois) and Algonquin Peoples dried the inner bark of the Sugar Maple by the fire, pounded it in their big wooden mortars, sifted it, and made bread or porridge from the resultant meal and flour.

The Sugar Maple (*Acer saccharum*) also gives its seeds to people for food. After

the 'wings' are removed, the seeds can be boiled and eaten hot, sprouted and eaten fresh, or sprouted and then dried and stored. In the spring of the year the young Sugar Maple leaves can be eaten fresh off the twig or added to salads. The twigs are a staple food for cottontail rabbit, snowshoe hare, whitetail deer and moose. Porcupines often eat the inner bark and can destroy a fine stand of Maples by girdling the bark, especially the upper branches. I've seen red squirrels nip a branch in spring, drink the sap, and return every so often for more from the same hole.

Medicinally the leaves, seeds, and especially the bark have been used to strengthen the liver and spleen. An infusion can be made of 1 teaspoon of the dried Tree part to a cup of boiling water and 1 - 3 cups a day drunk on an empty stomach, or as often as every one to two hours when pain is experienced. Similarly, the infusion is used as a nerve soother and tonic for the whole body. New mothers have drunk this tea as a muscle toner after birthing. Externally the tea is used as a wash for sore eyes. The astringent quality of the leaves and tea have been recognized in their use as a poultice for boils.

Sugar Maple is one of the finest woods for furniture, building, and fuel.

WELLNESS

Mindfulness Meditation

By Susan Veale



Sometimes our minds are like an ocean of agitated waves that restrict observing what lies below the surface. Practiced Calm Abiding or Mindfulness Meditation allows the mind to reach a state of clarity.

Spiritual Masters tell us that practiced meditation has the potential to bring unimagined happiness into our lives. It is said that the true nature of the mind is vast, luminous, calm, clear and spacious. By relaxing and connecting with the mind, centers of compassion, wisdom and forgiveness can open.

Spring is finally here after what seemed to be a never ending winter. With the lighter, warmer weather, celebrating new life should be part of our daily practice. In natural health circles, the celebration includes a spring detox, cleansing and mindfulness meditation. Detoxification helps to remove accumulated winter toxins from the body and meditation helps to clear the mind of fussed-over, stored, cluttered thoughts. Mindfulness Meditation is a good tool to learn and have; something easily incorporated into each day.

Mindfulness Meditation is an ancient healing technique that continues to work quite well in our modern world. Not only does it help us to relax, but it brings clarity to our busy minds. This practice is no longer exclusive to religion, monasteries and temples. Schools and businesses are teaching Mindfulness Meditation to students and employees. People who practice Mindfulness Meditation receive great benefits as a clear mind is good for our general well being.

Meditation is about cultivating a mind that is concentrated, sharp and clear. It starts by focusing the mind on a single object for a period of time. This object could be our body, our breath, a candle or any other single object. This single object meditation is known as "Calm Abiding Meditation" or Mindfulness Meditation.

Independent scientific research has shown meditation benefits one's health by lowering blood pressure, lowering heart rates, easing migraine headaches, coping with pain in the body and helping with memory and clarity of thought. When negative emotions of tension, worry and anxiety prevail, the mind is held hostage in a state of fear. By removing negative thoughts, a positive sense of inner peace prevails.

Mindfulness Meditation Workshops are offered in Calabogie ON. For more information or to join the next meditation session group, please contact Susan Veale at 613.752.1540 or visit www.oenikika.weebly.com



Susan Veale started on her path as a healer as a Kinesiologist, with a degree from the University of Waterloo. After years of managing a large chiropractic clinic, she pursued training as a Natural Health Practitioner with certifications in Reflexology and Pilates. Other accreditations include an EMF Practitioner and a Reiki Master. Susan is the owner of Wellness Natural Health Centre, a private clinic offering alternative health care to individuals and families throughout the Ottawa Valley and co-authored the book, "For Love of God - An Intimate Journey." www.wellnessnaturalhealthcentre.com

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INTO THE 60s

By Peter Chess

If you, the reader, were born during WW2, or shortly after, and I know there are many of you out there because we all have a similar hair color now, or in some cases, little or no hair at all, then during the mid to late 50's you might have spent many hours hiding in your bedroom, twiddling the knobs on an old Bakelite radio, until the static cleared enough for you to hear that strange and exciting music that set your foot to tapping and your head to bobbing. If you were lucky enough to own a transistor radio, you didn't have to hide. You could head out to the schoolyard, or anyplace your parents couldn't find you, sit back and be transported.

We didn't know, and could have cared less that we were part of a musical revolution. A nascent cultural shift that informed the attitude of a generation and gave voice to the freedom our parents had so recently fought for. Granted, this new music, rock and roll, was coming to us from out southern neighbours in the USA, but with 90% of the Canadian population strung out along thousands of miles of our common border and well within reach of the powerful radio stations beaming their signal north, there was no escape. Not that we were trying to escape it... it was more of an enthusiastic embrace that provided a soundtrack to act as our faithful guide and companion to our increasing awareness of ourselves and the world we lived in.

Bill Haley, Elvis, Chuck Berry, Little Richard, Jerry Lee, Eddie Cochran, Gene Vincent, Carl Perkins, Fats Domino and dozens more blasting their tunes over the airwaves. Movies like "The Wild Ones", "Rebel Without a Cause" with James Dean and Marlon Brando, defiant in their stance against perceived injustices and presenting a generation with new options of expression, while exuding the danger and thrill of breaking the rules. Denim jeans and T-shirts with a pack of smokes curled up in a sleeve roll,

hugging a bicep, greasy hair combed into a ducktail and a sneer of masculinity. Their girlfriends in hip hugging jeans and tight, skimpy tops showing just enough cleavage to throw their parents into a rage. And so we rocked on, oblivious to the pain and confusion we were wreaking on the Old Order. Our parents, meanwhile, were trying to piece their lives back together.



Husbands and wives making an effort to forget as much as was possible of the horrors of war and forge a new life, desperate to provide their children with all that they may have been deprived of themselves because of the Great Depression. What, they were asking us, are you pretending to rebel against and how can you be so ungrateful? Of course, most of us were doing just that. We were pretending. But, isn't that what children do? We were just fortunate enough to have our imaginations stimulated by everything that was new, and our parents provided us with the means to avail ourselves of it all.

It didn't matter to us that the music we loved so much was a hybrid of what the establishment considered to be in-

ferior, created by inferior human beings... the negro, the hillbilly, the drifters, or in some cases, not even music at all. To the religious right, it was the Devil's Music, evil incarnate. Generally speaking, our parents ignored, or were ignorant of the fact that their own music and their parents' perhaps, the swing and jazz they danced to before

top ten, but those primal R&B rockers, the rockabilly wildmen began to fade away. There came, at first, a subtle regression to a softer sound, more orchestrated, the lyrics not so provoking. Gone were the double entendres of the bluesmen.... Damn... is that a string section back there? There was, in fact, a major shift in popular music

and during the war was also born from black music... "The Jitterbug" a dance started in urban black music and night-clubs was appropriated by the white population and renamed "The Lindy-hop"...after Charles Lindbergh flew solo across the Atlantic Ocean, the first man to do so, and the headlines proclaimed... "Lindy Hops Atlantic". This "Jiving" thing that we did as teenagers was a direct descendant of the aforementioned dances, but most importantly, it was fun.. pure and simple. None of these protestations meant anything to us, of course. Not much really matters when you are a teenager and on the cusp of what the earlier generation so politely called "coming of age". And then, almost overnight, or so it seemed, something happened to the music. The radio still played the

underway by 1959 and a myriad of underlying reasons that were pushing it along.

To be continued in the next issue.



Peter Chess immigrated to Canada from Leeds, England at the age of 9 weeks. The family settled into a converted barracks at the local airport near St. Catharines for a couple of years before moving into a wartime house. After serving in the Canadian Army Signal Corps, Peter restored antique furniture in St. Catharines, which is where he met his wife Gitte, her daughters Sheri and Belinda. They now live in Matawatchan and have two granddaughters, Emma and Natalie. Peter is a member of The Pickled Chickens String Band.

Listening to Nature

By Ole Hendrickson



The coming of spring brings sounds of water in motion – dripping of melting snow from rooftops, rivulets running down the street and pouring into a storm drain, or the roar of a river in full flood. Spring is a time of winds and storms, each with its own acoustic signature.

Noticing the sounds in your environment, and accepting them, is an ancient meditation practice. Hearing allows us to track what is happening in our environment. Sound provides information about objects at a range of distances and in all directions: a three-dimensional sense of the world unhindered by darkness or by the presence of other objects that block our line of sight.

Hearing likely evolved quickly in higher animals. Birds, mammals, fish, amphibians, insects and crustaceans all rely on hearing to detect other organisms and changes in their physical environment. Being able to hear the approach of a predator is a life or death matter. Being able to silently stalk a prey animal can determine a hunter's success.

Once animals could hear, they evolved the ability to make sounds and communicate with each other. Whether we're a human, a frog, a bird, or a cricket; what we vocalize (say, sing or stridulate) can determine who we attract for a partner.

Biologists for centuries have studied how different species hear and how they use sound to communicate.

Charles Darwin expended considerable effort in determining whether earthworms could hear. In his book, "The formation of vegetable mould, through the action of worms, with observations on their habits," Darwin concluded that "Worms do not possess any sense of hearing. They took not

the least notice of the shrill notes from a metal whistle, which was repeatedly sounded near them; nor did they of the deepest and loudest tones of a bassoon. They were indifferent to shouts, if care was taken that the breath did not strike them."

Scientists have been slower to recognize that each species contributes to a complex sound ecosystem in which individual animals adapt to sounds made by neighbours – both of their own and other species – and to the wide array of sounds made by the physical environment.

Scientists are now exploring the ecological dimensions of sound in nature. In "The Great Animal Orchestra", Bernie Krause describes his journey from being a professional recording engineer (think Rolling Stones) to a professional ecologist.

Krause was asked to obtain natural sounds to incorporate in musical recordings, and fell in love with the beauty and variety of sounds in different ecosystems. He is now one of the leading proponents of soundscape ecology, a brand new area of scientific research.

A 2011 paper in Bioscience by Krause and others identifies three basic types of sounds: biophony, or animal sounds; geophony, sounds of wind, water, landslides, etc.; and anthrophony, sounds of machines and human activities. Few people are aware of the extent to which the unintended silencing of organisms by human activities has already occurred.

The paper's authors note that Rachel Carson, in calling her 1962 work Silent Spring, correctly identified the richness of the sounds of nature as an indicator of environmental quality. They say, "It is surprising that sound has not become a more universally ap-



preciated measure of a coupled natural-human system."

We can imagine the different soundscapes of a large lake, a high mountain escarpment, a fast-flowing river, or a rocky ocean coastline. Soundscapes vary through the day, exhibiting "chorus peaks" at dawn and dusk. Human disturbance diminishes these peaks.

To communicate, or to detect predators or prey, organisms must take into account the benefits and risks associated with the local soundscape. A male bird seeking to attract a mate in spring may choose not to sing if tree branches are rustling in the wind. On a calmer morning he may need to vary the timing or pitch of his singing to avoid overlap and successfully compete with his neighbours.

Unwanted sound – also called noise, or anthrophony – is spreading from cities and suburbs into more rural and remote areas, and from coastal areas into the open ocean. According to the authors of the 2011

Bioscience paper, urban soundscapes often reinforce a growing disconnect

between humans and nature - termed "nature deficit disorder" by Richard Louv in Last Child in the Woods. In contrast, less disturbed soundscapes provide recreational, therapeutic, educational, research, artistic, and aesthetic values, and "foster a conservation ethic by directly influencing people's ability to connect with the natural world." The US National Park Service has a formal policy that it will "restore to the natural condition wherever possible those park soundscapes that have become degraded by unnatural sounds (noise), and will protect natural soundscapes from unacceptable impacts."

We can help create more diverse soundscapes by inviting nature back into the places where we live. And, we can listen to and appreciate the sounds of nature whenever and wherever we can.

Ole Hendrickson is a retired forest ecologist and a founding member of the Ottawa River Institute www.ottawariverinstitute.ca a non-profit charitable organization based in the Ottawa Valley.



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The editorial page is typically placed close to the font of newspapers, but this is not a typical paper.

Taking over as editor was made easy for me. I just aimed our little boat where I thought it should go and nudged it off shore. It wasn't until the stories came in that I saw where the winds, our writers, had taken it. It wasn't until then that I could write this editorial to sum up the journey. I think my editorial is best read after the stories.

This local paper covers a very large geographic area in Eastern Ontario that we'll call the Madawaska & Addington Highlands. The Madawaska River and the Addington Road were the main routes through the Highlands, since humans first came to this ancient and beautiful land. It's a unique place shaped by local occurrences and world events. It doesn't have to happen in our back yards to affect us locally.

The new format starts with a few news briefs picked from other sources, followed by local happenings in various communities. Most of the heavy lifting comes from Garry Ferguson with his very comprehensive "Griffith & Matawatchan News". Many of our readers spend winters elsewhere when the Highlander is in hiatus, so I asked Garry to keep track of events over the

winter. We certainly do not roll up into a fetal position and sleep!

This is followed by some CABA and area business news. While CABA started in Calabogie, it is the main business organization for this broader area and is doing some great work collaborating to promote the Highlands as a tourism destination.

Next is regional news and some topical local news, then a little bit of this and that for you to curl up with or read on the dock with our toes in the water.

A nice addition this season is the "Walter" cartoon. At this point it's a Highlander exclusive, but don't be surprised if you see it syndicated some day. He's a wise old dog, if not a little cynical. ...A little bit like anyone you know?

This year marks the 100th anniversary of the beginning of World War I. Ernie Jukes gives us a local perspective in his article, "What Price Glory". It was far from "The War to End All Wars", so it seemed right that a couple of Howard Popkie's stories should follow it. Howard relates the survival skills he learned as a boy in the mountains of Black Donald to his survival as a decorated 16 year old soldier in Korea. For someone who had to leave school so

early, he writes like a poet.

It's also the 150th anniversary of the amalgamation of Lennox & Addington Counties. This is cause for celebration and reflection. Talk about world occurrences affecting local history! Colonization was largely about foreign powers collecting resources to feed wars and their "civilizations". It would be nice if that time was over, but as we'll see in Audrey Copeland's articles about her trip to El Salvador, unsustainable resource collection continues, but this time Canada is one of those foreign powers.

No, it's not all happening in our backyard, but it has a very strong local relevance. Recently, an army tank manufacturer from London Ontario tried to buy land just outside Algonquin Park in the Haliburton Highlands, to be used for tank testing against improvised explosives. Public outcry and a strong

municipal council made them move on. This makes me concerned for our area. A number of municipal wards have only one or zero candidates running in the upcoming elections, so far. Let's make sure we elect strong councils! Throw in your hat or nominate someone today. John Roxon's article "The Problem with Canada's Democracy" shows the harm voter apathy can do.

Pete Chess' article "Into the 60s", coincidentally is about great music that emerged after WWII. But it's not really about war at all. It's about the power of music, as is Garry Ferguson's article about the Renfrew County Fiddlers Association. What a proud heritage that is!

I'll close now with song lyrics by Pete Chess about the little village of Matawatchan that could be true of any hamlet in the Highlands.

It's a joy to be a Matawatchanite

*It's a joy to be a Matawatchanite
Where the wolves still sing
Their lonesome songs at night.
Pollywogs turn into frogs.
Snakes leave their skins on old dead logs....
I hear the slapping on the water
As the loons peel off in flight.
The guys I know are wise old farts.
The women folk are all sweethearts.
The children know their right from wrong
And we all try to get along.
It's such a joy to be a Matawatchanite.
I'm so happy every morning, noon and night.
There's nothing here to make me fret.
We don't have a stoplight yet.
And no ticket-happy meter-readin'
Brain-dead civil servants looking for a fight
But we've got rocks and lakes and trees,
The milky way and honey bees.
We might bitch about the bugs,
But there's no gangs of grievous thugs,
No whacked out jacked up John Wayne wannabees
Tryin' to put a hurt on me.*

Pete Chess



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Denbigh Resident, Morgan Lane

By George Ross

Life in the Backwoods and Village of Denbigh, Canada A Canadian wilderness area: people, events, stories, lifestyle, images

One of my neighbours is semi-retired and lives alone on the family farm. I don't see much of him as he mostly keeps to himself. One time I did see him making repairs to a shed roof then on another occasion he was feeding his cows.

Just a few days ago I met him walking out of the bush carrying a basket of Maple tree taps for gathering sap and making syrup. I asked him how the sap was running. "Not good", he said.... "But that's ok. I can cut some firewood while I'm at it." The temperature was below freezing and there was a fierce wind blowing. Off he went down the road.

with the following information. Samuel Lane (1807-1892) and his wife Mary Wilson (1811-1886) both born in Cork, Ireland emigrated to Canada in 1860 along with three sons: James with his wife Jane, also John and William Lane. They settled in Denbigh, Ontario and worked as labourers and farmers. Samuel was appointed Post Master in the late 1860's. His sons John and William married sisters Matilda and Janet Amanda Weese of Ernestown, Ontario in 1861. William and Janet settled on the property where Morgan now lives. They had eight children one of whom was Al (Algernon) Lane.

Al lived and worked on the farm marrying later in life to Christianna (Anna) Bebee. Anna was the

Morgan grew up on the family farm and worked with his dad until he joined the army in 1940. He went through a 16 week training period at the Canadian Infantry Camp in Farnham, Quebec and was sent to a training camp in Nova Scotia.

So there you have it. There's not too many "Morgans" left. I'm happy to be able to write about parts of Morgan's life. I'm sure there is much more to tell. Again, thanks to Donnie & Marie Adams.



Morgan Lane Happy Doing the Chores at his farm in Denbigh
Photo by George Ross



Morgan Lane at his farm in Denbigh
Photo by George Ross

He soon boarded a ship in Halifax bound for England where he was assigned to the Nova Scotia Highlanders. Morgan was part of the 3rd Canadian Division during the invasion of Normandy. As a result he was wounded in action and became a guest of the Third Reich for nine months.

Editor's Note:
This story was written in April of 2013. George reports that Morgan is another year older. At 94 he is in good health, still tends to his cows and farm chores every day, and is currently preparing equipment for the haying season.

Fortunately all went well and I dare say Morgan was very pleased to find himself back home on the family farm one day in August 1945. One wonders how that day went with his mother, now a widow, there to greet him.



George and his wife Joan moved to Denbigh from Ireland in 2007. He is semi-retired and presently does work for the Township of Addington Highlands as well as volunteer work within the community. George & Joan own and operate the 'Wildwood B & B' in Denbigh. His interests include photography, writing, gardening and ocean sailing among others. George met Joan in Ireland after he departed Canada on an around the world solo sailing trip. He decided to postpone the rest of the voyage and has now set his anchor in Denbigh for the foreseeable future.

Morgan worked for many years during summer months as a powder man for the Ministry of Natural Resources. (What's a little dynamite after the beaches of Normandy?) He always kept horses and spent a lot of time working with them.. He also kept a few cattle, enjoyed deer hunting, did a bit of wood working, loved to read and still does.

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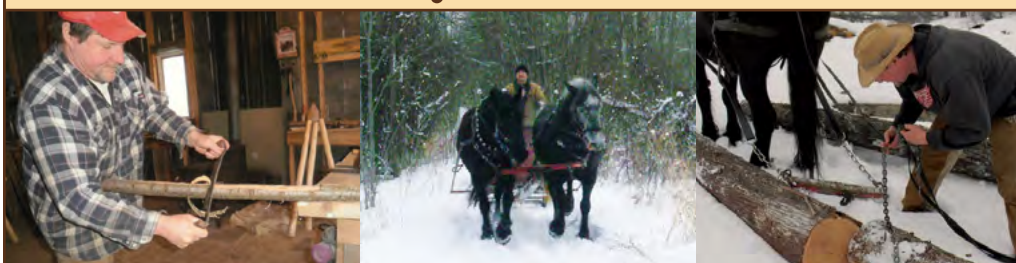


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