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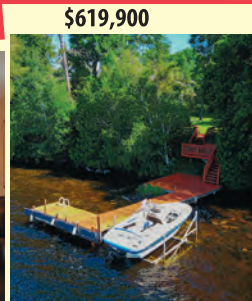
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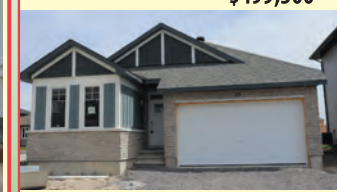
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THE MADAWASKA HIGHLANDER July - Aug, 2019 EMBRACE THE PAST ~ ENCOURAGE THE FUTURE ~ ENJOY TODAY

The Madawaska Highlander

**July - Aug
2019**

FREE Vol.17 Issue 3
Next issue Aug 21, 2019

Celebrating Cottage and Country Life in Madawaska & Addington Highlands of Eastern Ontario

It's mid summer already, so get out there and enjoy all that the Highlands have to offer. So much fun to be had and there's a lot of summer left, but tempus fugit!

Welcome!

...To another fantastic edition of the Madawaska Highlander, packed with interesting stories and so many events and opportunities we could barely fit them all in!

Between taking in the events, enjoy a day in nature and de-stress any distress you might have, as advocated in Wellness. Learn why stopping to smell the roses gives us joy, and how to make wildflower Sun Tea, in Highlands Hiker. See how Conservation Authorities work to control watershed health and make your trips into the wilderness pleasant in Happy Trails. But before you head to the woods, heed Survivor Guy's advice and get some wayfinding skills first. We want you to come back to read the next edition of the Highlander!

Antonia tells a story of two dogs in Rural Vignettes and an interesting sort of comeback. Noreen tells One Woman's Story about the trail her life took from Northern Manitoba to her Matawatchan home, in Home on Native Land. Pete tells how the Ukulele made it from Hawaii into dance halls, speakeasies, and North American homes in Behind the Tunes. Marcella shares a memory of her uncle's skills making orange crate furniture and asks others to share memories like that with the Cloyne Historical Society. Lois gives you some tips on how to get those stories written and send them in to the Madawaska Highlander Short Story Contest. Do you think we should send all of the entries to the Cloyne archives after the contest? The contest is an historical first!

Perhaps you could tell stories like Ernie's one about old time radio, or maybe you have stories your uncle told you about times gone by, as in Memories of Vennachar, where Bill shares another chapter from his book, "Vennachar Summers."

Of course, we have news about the too-ings and fro-ings of the good people of the Highlands brought to us in GM News, DV Dispatches, and Bogie Beat. Maybe you'll find your face in here, too. Enjoy!



A snapping turtle laying her eggs in a pit she dug at the shore of Hurd's Lake. No roads to cross for her! Pic by Steven MacNabb



This was the scene on July 1st from Centennial Lake Road Bridge in Greater Madawaska. What a beautiful, busy and relaxing summer we're enjoying!

776 Mill Street, Calabogie Chris, Julie, or Kim 613-852-2789

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The Madawaska Highlander

The Madawaska Highlander
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K0J 2R0
info@reelimpact.tv
613-333-9399
Business Manager: Mark Thomson
Editor and Advertising: Lois Thomson
www.madawaskahighlander.ca

The Madawaska Highlander is a free community newspaper published 7 times per year by Reel Impact Communications Inc. Mailed to 4,300 homes, An additional 2,300 available at retailers Connecting residents and visitors in parts of 4 counties in the Highlands.

**Next contribution deadline:
Aug 9 for Aug 21 publication
madawaskahighlander.ca**

Message from the editor:

Check the Events Calendar for events in your area. We print what you send in, so if your event is missing or incorrect, be sure to email updates.

Check advertiser messages right away for important information, hours of operation, specials and ideas about things to do in the area. Tell them you saw it in the Madawaska Highlander!

We also maintain the matawatchan.ca website, which has a handy community calendar that is updated whenever new information arrives. The Tri-County area around Matawatchan, Griffith, Denbigh and Vennachar is the primary focus of that website. Also check out www.greatermadawaska.com and other township websites for events and information around you in the Highlands. Our community paper depends on the community, so if you have something to offer that our readers would enjoy, please contact us to discuss. We keep our advertising rates low to keep it accessible for small businesses.

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Wednesday August 21 7:00 pm



The Redhill Valleys at the Matawatchan Hall

1677 Frontenac Rd, Griffith ON

Concert style seating with a dance floor. 4-piece Country and Roots Rock band from Hamilton ~ 2017 Boots and Hearts Emerging Artists Showcase Runners-up ~ CMAO Artist of the Month Oct 2017 ~ Finalists 2017 Canada's Walk of Fame Emerging Artists Program. Influences : Neil Young, Lucinda Williams, Tom Petty, The Band... but forging a path all their own. theredhillvalleys.com facebook.com/the redhill valleys

Tickets: \$15 each

ADVANCE: matawatchan.ca OR: At the Door (cash only)

Cash Bar and sandwiches available for purchase. Accessible facility

The Redhill Valleys loved playing for us so much at the Festival of Small Halls in 2018 that they asked if they could come back (this time not during Small Halls) WE SAID YES!

matawatchan.ca
facebook.com/matawatchan



CONTRIBUTORS THIS ISSUE

Thank you everyone!

We couldn't do this without our volunteer contributors and our advertisers. Thank you to the Denbigh-Griffith Lions Club and the Eganville Leader for your support.

Ernie Jukes
Skippy Hale
Antonia Chatson
David Arama
Angela Bright

Noreen Kruzich
Lesley Cassidy
Colleen Hulett
John Neale
Anne Dougherty
Mary Ruth

Derek Roche
Peter Chess
Bill McNaught
Pat Strong
Lois Thomson



This 1804 cartoon is a caricature of the Smallpox and Inoculation Hospital in St. Pancras, London. The caption reads, "The Cow-Pock—or—the Wonderful Effects of the New Inoculation!—Vide... the Publications of y Anti-Vaccine Society." On the left, the poor are lured in with free food; then they are inoculated and sprout cow parts! The doctors look severe and unfeeling, and the inoculation process itself appears harsh and bloody. The woman in the center being inoculated appears frightened, though unaware of the people behind her growing cows from their appendages. Although proven to be safe, many people did not trust this new technology, doubting its safety and worrying about a conspiracy from doctors or the government. Still, every year, greater numbers of people were vaccinated under this new method, which became the basis for modern vaccination practices today. Because of widespread vaccination, smallpox was officially eradicated in 1980. "The cow-pock - or - the wonderful effects of the new inoculation / Js. Gillray, del. & ft.," James Gillray (London: H. Humphrey, 12 June 1802). Library of Congress Prints and Photographs Division [LC-USZC4-3147].

Denbigh-Griffith LIONS CLUB
**12th Annual Classic Car
SHOW & SHINE**
Saturday August 24, 10am - 2pm

Griffith Hall, Hwy 41 Griffith
Rain date Sunday August 25

**Food & Refreshments
Market, Games, Music & Fun!**
Tailgate Flea Market for show participants
Sell car parts from your trunk.

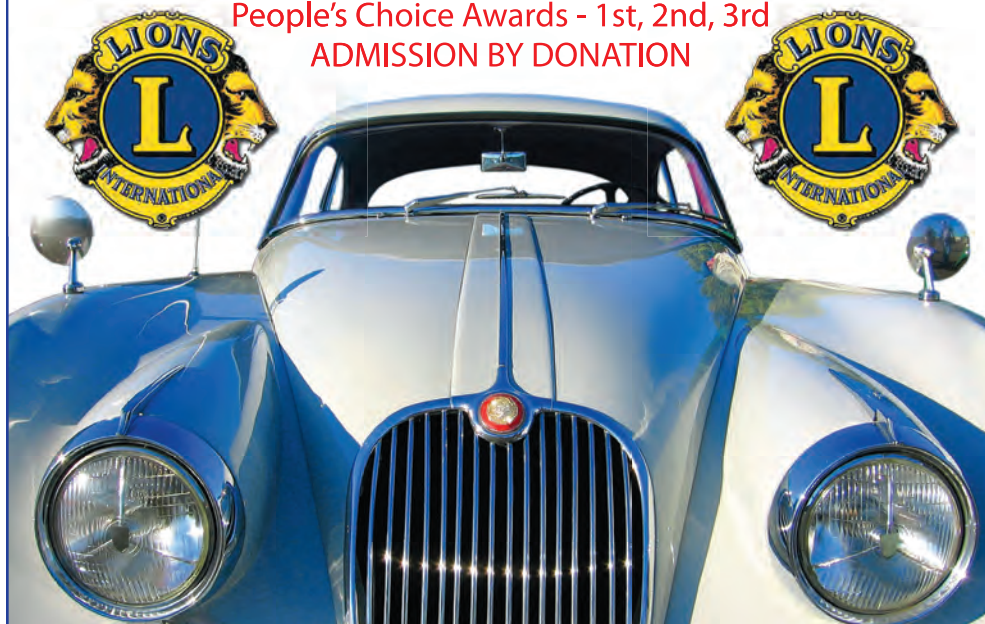
All exhibitors and vendors welcome. Just bring your own tables.

Info: Jan 613-333-1748 Hall: 613-333-1423

Registrants: Dash plaques for 1st 100 registrants

People's Choice Awards - 1st, 2nd, 3rd

ADMISSION BY DONATION



By Anne Dougherty & John Neale



There were so many great activities going on at the Matawatchan Hall on Canada Day, John Reid couldn't squeeze it all in on one of his wonderful signs, Look for John's signs in strategic locations that lead to the Hall. On stage, above left, are members of the Coop de Ville Band, above right we have The Tall Boyz. A good time was had by all!



On stage, above left, is Riley MacPherson, above right is Vern Rose, and above right are some appreciative music fans hamming it up for the camera under the beer garden tent



Reina Coulthart and her paintings and Pat Strong (rear) with her quilts and Indigenous dream pillows. The little goat, part of the petting zoo, was fun to watch as she jumped to get a special treat of Sumac leaves.



Left: David Fong 50-50 draw winner at the Lions' Elvis & Roy Dance. Center: Dick Leckie J&J Chocolate Sensations winner. Above: Everyone enjoyed seeing Reina Coulthart's original fashion designs at the Fashion Show for Seniors Housing on June 15. Left to Right: Reina, Lois Thomson, Gail Fritsch, Nicole Maillet, Ebony Kauffelt.



Installing the speed monitor on Hwy 41 in Griffith

Summer has now made its appearance felt, and air conditioners are humming once again. The dragonflies have already made life more challenging for the black flies and the mosquitoes, but the deer flies and horse flies have added to the numbers of pesky pests! The weekend warriors in their speedboats and pwc's are making waves on Centennial Lake while the pontoon boats are plying the waters at a more leisurely pace.

Recent high-water levels have

floated many logs off the shoreline and into the lake. Be very watchful to avoid these floating hazards!

Although There is still an **Ottawa Citizen** box in The Pine Valley the newspaper delivery service to Griffith has not resumed as promised by the distribution manager on weekends at least come summer. Apparently, this run is not financially profitable!! Shame. Store owners, Chris and Jamie Kim, have asked for more Madawaska Highlanders

and will place them in the space left vacant by the Ottawa Citizen.

The Lions Club **Elvis Presley and Roy Orbison Dance** was a huge success on June 22, with a sold-out crowd of 150 and everyone had a lot of fun.

Canada Day weekend started with a blast on Saturday, June 29, featuring the Tallboyz Rock 'n Roll band at the Matawatchan Hall. Indoor activities included art displays by local artists Reina Coulthart, Cathy Cooper, and Ernie

Jukes. Audrey Jukes showed off her quilting skills. Barbara Creelman and her sister-in-law showed how to card, spin, and knit. Pat Strong showed her quilts and Indigenous sewing, including dream pillows. Elmer Strong was there to explain about historical items he donated to the Hall and Bill McNaught sold his new book, Vennachar Summers. Volunteers provided tea, coffee and pie indoors. Outdoor activities included a lunch of giant sausages and hamburgers from the

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Griffith Hall,

12:30 - 1:30 Ages 3 - 6

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2 - 3 Grades 2 - 8 Build a Beaver Dam

www.letstalkscience.ca/Programs/Lets-Talk-Science-Outreach

For info or to register:

Lynne Robb 613-333-1226

941-224-9993

Hilltop Church 613-333-2332

hilltopchurch.ca

...continued from preceding page

Barbeque, as well as fresh lettuce and tomatoes and Lois Thomson's famous potato salad. There was a very popular petting zoo for the children and a horseshoe tournament for the older folks. Another popular outdoor activity was the beer & wine garden. Derek Roche sang a rousing rendition of O'Canada. Opening acts onstage included Vern Rose, Mark Rowe (accompanied by Peter Chess and David Guest), and a new female performer, Riley McPherson, made her debut performance.

The Griffith General Store, the Pine Valley Restaurant and Calvyn's have all been extremely busy with some items selling out. Calvyn's patio featured solo performances by Greg Roche and Riley MacPherson on Sunday June 30, which were enjoyed by family, friends and other customers.

Lots of people took advantage of free fishing days on Canada Day weekend. NU2U was also busy on June 29 with their \$5 "fill-a-box" special promotion. Many bargains were picked up and much money brought in for the Seniors Housing group. More news about them at the end of this article.

Denbigh/Griffith Lions Club would like to thank the community for their support, which allowed them to give to Addington Highlands Food Bank the money left over from the Christmas Baskets, and Renfrew Hospice \$2500 and \$500 to a local resident for immediate expenses when house burnt down and finally \$500 bursaries to one student in Denbigh and one student in Griffith for their higher education.

Saturday Socials started up at the M-Hall again from 9am until 11am, starting July 6, featuring very popular sweet or savory crepes by Victoria. Upcoming events include August 3rd Community Flea Market and Bake Sale at the Matawatchan Hall and United Church. The August 10 date has been cancelled due to a private Hall booking. Check the Matawatchan.ca website for each weekly activity in our area. The final Saturday Social will feature "Make and Bake your own pizzas (including crusts) in the Adobe Oven with Ken Birkett.

Speeders beware! In order to improve traffic safety in Griffith, a new automated sign will display your speed. Hopefully this will help to keep speeds down to 80km through Griffith on Highway 41. Previous efforts to have the speed reduced have been rejected by the MOT in Belleville although they are open to declaring our stretch of the highway a



Roy Orbison and Elvis Presley got everyone up and dancing, even many of the men, at the Lions Club's dance.



Lions Theresa Pierce, Helene Thomson, Sandy Downs, Gail Fritsch, and Jan Roche with the King himself.



Watch for the new albino moose family outside the Pine Valley Restaurant.



Nice job on the renovated entrance at the PVR!

community safety zone if necessary. The new sign will record speeds to provide a better idea of the extent of the problem. We are not sure how long they will be there and will try to get statistics for the Highlander when it's all done.

Renfrew County staff are doing **road work along Centennial Lake Road**. Affected homeowners received a notice right in their doors. Please drive safely while construction crews work to make our roadways safer.

The dump has also been very busy and perhaps due to recent problems with garbage contractors in Renfrew, bins have not always been emptied in a timely fashion and have been close to overflowing.

Some of you likely saw the large truck that rolled-over near the Hilltop Church. The driver was pulling off the road to allow cars to pass, but the soft shoulders caused his heavy load to spill into the ditch.

In the last edition, our column had a couple of errors. Firstly, those of you wondering who Nancy Green is, that should have read Nancy McGregor. Nancy is now reunited with her husband (John) and family on Vancouver Island. Nancy shared the wheel from Matawatchan to Vancouver Island with Nancy Reid who then flew home. Secondly, the Daffodil Tea was, of course, on the last weekend in April and not on May 18 as implied.

Upcoming events: As always, readers are encouraged to go to the website Matawatchan.ca for a list of upcoming events in Matawatchan, Griffith and Denbigh. A big one is the return of **The Redhill Valleys from Hamilton, in concert on August 21 at 7pm at the Matawatchan Hall**. They enjoyed our beautiful area and enthusiastic crowd so much when they performed for us during the Small Halls Festival that they asked if they could for us again, this time as part of their own tour. Tickets will be available at the door, but they could sell out, as they did last time, so get yours early online through www.matawatchan.ca website to reserve your seat. Yes, you can now buy tickets on the website.

Another event that will likely sell out is **The Devin Cuddy Band who will perform at the Matawatchan "Mu-**

sic" Hall at 7:30pm on Friday September 27, as part of the Small Halls Festival. Devin Cuddy is the son of famous Jim Cuddy from Blue Rodeo. He is an amazing writer-singer-musician and pianist in his own right. The stars did not align for the United Church Women to provide a supper before the show, but if you stay the weekend, plan to attend the **UCW's annual Turkey Dinner** with all the trimmings and desserts the next day. Don't worry, we have two wonderful restaurants, Calvyn's Pub & Eatery and The Pine Valley Restaurant in Griffith and sandwiches will be available for purchase at intermission during Friday's performance.

Tickets at: thefestivalofsmallhalls.com

Greater Madawaska Seniors Housing Corporation (GMSHC) changes direction after 10 years of working on the mandate of building housing for seniors, the board of directors felt that they were at a crossroads for two reasons. The waiting list has dwindled considerably since many seniors have moved or have passed away and we are not high on a priority list to receive a capital grant to build housing. Governments consider that being in a small community with a waiting list of 25 could not compare to the urban waiting lists of 125 or more. As we were questioning our future we received an official charitable status.

Considering the above, the Board of Directors decided it was time to go back to the community to see what the present needs are. Since most of the interest and the funds were raised by the people of Griffith, Matawatchan, Denbigh and Vennachar that is where the Corporation will focus first. A survey was sent to all households of these villages and a client consultation was held in April 2019.

The four most important needs highlighted in both the survey and the consultation were the need for transportation, help with home maintenance and home care, as well as a need for a seniors center where seniors can receive a variety of services such as visiting nurses, foot care, massage therapy & a place for socializing etc.

The new direction for the immediate future of GMSHC will focus on fulfilling some of these needs. We will help seniors stay in their home for a longer period. We will work with the organizations presently offering some of these services to help seniors from the area to get the services at a reasonable cost and in a timely manner. We will help seniors in need with transportation and help them maintain their homes. We will be discussing the possibility of offering rent supplements for those in need.

Our long term plan is to work with the Township to look into the possibility of creating a center for seniors.

The recent activities organized by the Corporation were a success! Close to 70 people truly enjoyed the first fashion show and asked us to do it again. The board would like to thank all volunteers who helped with this event. A special thanks goes to all the models that did an excellent job at showcasing the fashions. A very special thanks goes to Kathy Watson Leblanc and to Reina Coulthart who made this event a true success! Reina's beautiful 1980s designs and her presentation brought us back to a time when we all had less gray hair! Congratulations Reina!

We would also like to thank the volunteers who helped make the June 29th huge yard sale a success once again. Please mark your calendars for the next **yard sale on August 24th from 10 am to 4 pm at the same time as the Denbigh, Griffith Lions' Show and Shine** to be held at 25991 Hwy 41 in Griffith. Info: Juliette LeGal (613)553-1355 email: Seniorshousingcorp@gmail.com



Lawn Maintenance Needed

Greater Madawaska Seniors Housing Corporation, a not for profit charitable organization, is looking for someone to do occasional lawn maintenance on a two acre property close to the Community Hall in Griffith.

Must be reliable and have your own equipment. Compensation to be determined.

If interested please call: Chris Ward (613) 333-9667



Anne Dougherty and John Neale found Matawatchan in 2005 and fell in love with the wild beauty of the area. They have a 4-season cottage on Centennial Lake near the bridge. Anne was born in the Soo, moved to Montreal then settled in Ottawa 36 years ago. John was raised in Dundas, Ontario. They love traveling and spending time in these Highlands but still have a condo in the city (Kanata). Now mostly retired, John & Anne love the friendly people of Griffith/Matawatchan and have made many friends here. John is a member of the Tall Boyz music band. Anne and John attend St Andrew's United in Matawatchan when they are here.

Canada signs self-government agreements with historic Métis Nation in Alberta, Ontario and Saskatchewan, restoring control over social services, land, citizenship, leadership selection, laws, and constitutions to govern their communities.

Poll: Majority agree with report on missing and murdered indigenous women & girls have been victims of 'genocide' but not on how or by whom

The Organization of American States wants to investigate the finding that Canada's Indigenous women have been victims of genocide, which is against International law.

Gov. Gen. announced 83 new appointments to the Order of Canada, including Donald Sutherland, John Sleeman and Canadian war artist Gertrude Kearns

Ontario government quietly starts review of awards for first responders, students and others. Nominations for many awards are on hold.

The Renfrew County District School Board (RCDSB) declared 23 high school teachers redundant. The Union disagrees Government position that the layoffs are routine.

Ontario municipalities should brace for a \$2-billion shock over 10 years, as cuts in transfers from the province lock in. Some municipalities will have to raise taxes.

Province to widen Highway 17 from Arnprior to Renfrew

Shariah mortgage sellers acquitted in ON Superior Court. Taking interest is against Sharia law, but taking a gift of gold is OK. It just looked like fraud to other bankers.

Canada's Terror List To Include Neo-Nazi Groups Blood & Honour, Combat 18, opening the door to stiffer criminal sanctions.

Canada to support a youth summit on countering violent online activity.

Ticketmaster to pay \$4.5M for misleading consumers on prices. Investigation found advertised prices did not reflect actual costs to consumers

Husky fined \$3.8M for Saskatchewan oil spill in July 2016 that forced North Battleford, Prince Albert and Melfort to shut off their water intakes for almost two months.

During a presentation at the Calgary Petroleum Club leaders of Indigenous "Project Reconciliation" laid out an ambitious plan to acquire Trans Mountain.

Bill Gates-Backed Carbon Capture Plant Does The Work Of 40 Million Trees with end product that can be used as fuel.

California suing the U.S. government after President Donald Trump moved last summer to no longer allow California to set its own standards for tailpipe emissions.

Canada and California sign deal to cut vehicle emissions.

Pea-based clothes may be next as Lululemon looks at crops for clothes - pea pants?

3 Canadian RADARSAT Constellation satellites were launched by Space-X for better monitoring of sea ice, disaster management, agricultural and forestry management.

Long-Lost Apollo 10 Lunar Module May Have Been Found. Launched in 1969—a "dress rehearsal" for the first Moon landing, Snoopy has been circling the Sun.

NASA is eyeing up an asteroid that contains enough gold to make everyone on Earth a billionaire. Solid metal Psyche 16 is between the orbits of Mars and Jupiter

NASA's Orion astronaut capsule endures intense test; up next, the moon

Scientists found 15,000 sq mi. freshwater aquifer trapped in porous sediments below salty ocean, from Massachusetts to New Jersey, possibly world's largest

Atheist nurse's fight against mandatory Alcoholics Anonymous pledge to a higher power will go before B.C. Human Rights Tribunal

A Vancouver store is printing plastic bags with fake business names like "Into the Weird Adult Video Emporium" and "Avoid the shame. Bring a reusable bag."

Voluntary Recall of Joe Fresh® Toddler, Baby Girl and Baby Boy Sun Hats purchased Jan. 1 to June 28. The loop fastener could detach and pose choking hazard.

Ford is recalling 1.2 million Explorer SUVs from 2011 through 2017 and 123,000 2013 F-150 pickups for rear suspension and transmission control software problems.

Apple is recalling 15-inch MacBook Pro laptop computers that were sold between September 2015 and February 2017 due to a possible fire hazard.

New Dodge Charger SRT Hellcat Widebody is the most powerful mass-production sedan worldwide with top speed of 315 km/h, 0 to 96 km/h in 4.3 secs, ¼ mile in 12.4

New \$250,000 McLaren super car impounded for a week, minutes after 37-year old driver leaves dealership, driving 161 km/h in a 90 km/h zone
The Canadian Government says a limited selection of cannabis-laced food products won't hit retail shelves in the country before mid-December.

Ontario cannabis sales see major boost from physical store rollout; B.C. sales drop.

Airbus says company already has the technology to fly passenger planes without pilots at all -- and is working on winning over regulators and travellers to the idea.

New research shows that people see driverless cars as an attractive alternative to flying. Could autonomous vehicles kill the airlines?

Runaway golf cart hits 5 people near 16th hole at U.S. Open when one of several boxes being loaded onto a golf cart fell onto the accelerator.

An Air Canada passenger says she was forced to organize her own escape from an empty plane in Toronto after flight crews left her asleep in her seat.

19 Canadian airlines and the International Air Transport Association (290 airlines) fighting Canada's new passenger bill of rights in, stating it violates Int'l standards.

The Beer Store's 92-year-old recycling program for beer and LCBO bottles and cans could be casualty if Ontario expands beer sales to corner stores.

Feds investing \$71M to improve cellular broadband, connectivity in eastern Ontario. In May, Ontario committed \$71, Eastern Ontario Wardens' Caucus \$10 million. Private partners are also funding the project. building 317 new telecommunications towers and 32 local internet access points.

Research at University of Waterloo suggests that we might be living inside a four-dimensional black hole which was formed by the collapse of a five-dimensional star.

Norwegian island campaigning to get rid of the concept of time. Sunrise and sunset does not mean much north of the Arctic circle. Do what you want when you want to.

New whale detection technology is being tested for shipping by researchers off the coast of British Columbia

An Arctic fox walked from Norway to Canada in just 76 days, presumably to find a mate, travelling so fast, researchers thought she had been brought aboard a boat.

A black bear that broke into, and locked himself in a Montana home was found comfortably sleeping in a closet after ripping apart the residence.

A blacklegged tick with the bacteria that can cause Lyme disease has been found in the North Bay Parry Sound District Health Unit zone. Seven were found in 2018.

Even with pretty convincing video and eyewitness accounts, people still doubt Okanagan man's hard evidence that Okanagan lake's "Ogopogo" is more than just a myth

A new frostbitten big toe donated to Dawson City Hotel's Sourtoe Cocktail Club collection. Join the exclusive club by drinking a shot with a mummified human toe in it.

Federal government's long-awaited strategy for dementia: Prevention. "...healthy diet and exercise from an early age may prevent or delay the onset of dementia."

Police have arrested a man in Ontario who stole \$15,000 from a NS woman: The scam caller had her hang up and dial the number on her card to verify they were from the bank. They stayed on the line and pretended to be the bank.

After winning \$1 million in 2017 on a Québec draw in 2017, Giuseppa and Nunzio Lanteri of Montreal won the Lotto Max \$65-million jackpot - largest prize ever

Bug-eyed, dreadlocked Scamp the Tramp wins World's Ugliest Dog Contest, now called Scamp the Champ

Research participants who saw virtual reality storm were significantly more likely to say they would make home preparations or evacuate than those who saw text alerts

Before Canada Day, a Saskatoon man may have committed the most Canadian act ever: buying a full-sized canoe with a briefcase full of Canadian Tire money.

More Canadians report being happy after age 55: Most influential: a sense of freedom and the belief they were living the life they had imagined for themselves

Amazon Prime subscribers in Canada now have access to Prime Reading, a perk that offers access to "a rotating selection of books, comics, and more" at no extra cost.

Presidents and other world leaders and political figures who use Twitter to threaten or abuse others could find their tweets slapped with warning labels.

Bogie is a Happenin' Place!

This is your column, so contact me to report on activities before or after events. (613)433-1131 bogiebeat@gmail.com

By Skippy Hale



HOLA Café dessert & sandwich counter Left: Bunny Right:Carla



HOLA Café dessert counter



Say HOLA to Bunny



HOLA Café ice cream counter where you can learn to say HOLA in multiple languages.



Reading Centre Library Trustees Left: Doug and Front: Terry and Center back: Melanie Brown Kidz B Kidz Child Care Teacher/Owner putting together Reading Centre donated by GMPL

As usual, the weather report: heat, rain, more heat and thunder, more heat, but no complaints after that long, cold winter! We would not be Canadian if we did not complain about the weather, but remember, there is nothing to shovel these days! I am enjoying the sound of the Madawaska coming with the breezes through my kitchen window.

The Bogie is indeed a happenin' place! There are several new businesses. I will try to highlight some of them each edition.

In the former Fans of Calabogie, Doris, Ed and wee Charlie Desch have re-opened the B&B with a new theme and name. It is called *The Wyndland B & B*, an olde English word meaning 'delight of the land' or 'love of nature'. This young family enjoys the outdoors and are surrounded by trees, birds and flowers with a view of our beautiful Calabogie Lake. They opened in June.

Alison, Alex and young William Brown have re-opened and renamed the former Shooter's Restaurant. *Brown's Pub House* serves casual family dining. Wing Night continues on Thursdays with the ever popular Lions' 50/50 draw to support community needs. Tuesday is Fajita Night which can be enjoyed in

the converted dining room or on the new patio. What caught my eye is at the back on the right side, the BPH Clubhouse! It is brightly painted with kids' toys and a large-screen TV with age-appropriate programming. Mom and Dad can sit and watch them as they enjoy their meals. There is also a special kids' menu. Many of you may be familiar with this family since their award-winning landscape company has beautified your properties.

Across the street is the newly-opened *Hola Café*. Downstairs from the Pizzeria, Carla has opened a coffee and dessert venue. There is no need to go into the city for your Lattes or Espressos, visit Carla or her friend Bunny and enjoy. I had the most delicious smoothie made with vanilla ice cream and fresh fruit. Carla offers chocolate, Mexican desserts and Anna Mary's famous baking. It is a bright, colourful place. You can also pick up seasonal souvenirs, milk, and soft drinks to go, and many of the inventories from the former Convenience Store. The Pizzeria has added several games such as Air Hockey.

There are many more new businesses where I have been able to drop in and get their stories. One is the *Valley Food & Drink Company Restaurant*

at Calabogie Lodge, which is under new management. The restaurant at the *Calabogie Highlands* is also under new management. Both places offer great menus and friendly hospitality. Please shop locally and help your neighbours.

Breaking News!!!! *Kidz B Kidz Child Care* has opened at 538 Mill Street in the village in the former Calabogie Fellowship Church. Melanie Brown has been working for many weeks to turn this space into a bright child-centred space specializing in learning and fun. I hope to visit and report in more detail next edition.
kidzbkidz@hotmail.com (613) 570-1571

Calabogie Summer Market Days

We had two more Festival Days at the Market as well as the Calabogie Showcase Day, the Wool Day and the Metal, Wood and Clay Day. Johnny Slack invited artisans of many talents to show their wares under the rink roof. There were demonstrations of weaving, spinning, sheep shearing, and woodworking during the two dates.

Susan Allen demonstrated weaving on her small loom. Next to her were two ladies from the Ottawa Valley Weavers and Spinners Guild (Carlene Paquette and Beth Briggs) spinning fluff into wool as they pedaled away on their machines. Their spinning wheels are a more modern machine than we are used to seeing in museums.

A very fascinating demonstration was given by Natalie as she heaved a yearling ewe about to shear her coat off. This was the first time this sheep was ever shorn, but as Natalie held the lamb between her lower legs, the lamb was as pa-

tient as could be. The hard part was doing the neck part, but Natalie was gentle and careful. Her Dad, John Slack, gave a running commentary during the demonstration. Natalie had been a champion wrestler so it explained the ease which she was able to flip the ewe from back to front. I later saw a man with a bag full of the wool to be spun by his wife. The Slacks also brought some newborn lambs for children to pet and feed.

A popular booth at the market is the tie-dyed apparel, linens, and accessories hand dyed by Kim D'Aoust and her partner, Rob Jennings of Atypical Tie Dye. Johnny can be seen running about wearing a shirt with Market Manager printed on his back. Baby Lena sports a tie-dyed onesie.

Natalia's booth is full of slip-free socks for all ages from Brazil. The Pick Me Puket Company has a variety of bright colours and of course my favourites are the tiny baby ones.

Delaney Cournoyea crochets plants you can't kill, cute cactus plants in clay pots as well as scrunchies. Pam crochets dresses for Barbies and teddy bears. Jennifer O'Malley of Little Owl Crochet creates items with love

Several vendors sold a variety of wood products. Kaytees Cluttered Attic makes delightful signs with a variety of printed sayings. Tony Dubreuil of Some Boards, Glue and Nails makes toys and other objects. Ben Seaman of RiverWood Acoustics has accessed old wood brought up from the Ottawa River from the logging days of old. He fashions them into WIFI speakers. The sound is beautiful!

T-Rex Live Edge handcrafted tables and gnarled-wood décor is exquisite.

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In the main building of the Calabogie Lodge 729 Mill street, Calabogie, ON

BOGIE BEAT



Summer Market vendor photos have been placed in the order described under the 'Calabogie Summer Market' heading previous page. View them from top to bottom starting with the column on the left.

Castle Building Supplies are moving into river toys such as Paddle Boards.

Anna Mary Emon is a regular with her pies, cookies, banana breads, etc. Everyone in Calabogie has tasted her tasty goodies. If you haven't, it is time you did. Next door to her was Jennifer Holmes with her bicycle selling Homespun Ice Cream. Yum!

Ann Perzul, Potter, of Thro'n 4U Pottery showed her work at its various stages before its final firing into beautiful bowls.

Maggi's Jewellery will be returning sometime. Her beautiful glistening jewellery snaps together with strong magnets which will keep it from falling off. They are made in such a way, that they can be used in many ways, twisted or taken apart. I do not wear a lot of jewellery, but I bought a necklace.

If you need to taste some great coffee, try the coffee at the market from Calabogie Coffee Company. The sale of coffee goes to support the market since vendors do not pay for their tables. If you like Leon Mulvihill's coffee, you can get it at Charbonneau's and the Bogie General Store.

Tammy Stuart just purchased the Opeongo Soap Company. It is all natural containing 35% Rain Water collected on site and 100% pure essential oils

There are many more vendors who will be there all summer. I will try to highlight more of them over the summer.

One story that is very important to present is about Jake Beaton who is a 31 year-old Para-Olympian with Spina-Bifida. He is a Power Lifter. He won the National championship in Calgary, 2018

and Ottawa, 2019. He has to compete in 3 International meets in order to qualify for the Tokyo Olympics in Tokyo in 2020. It costs a lot of money! His Mom and his grandparents Marg and John Watts have been fundraising at the Market, selling Marg's famous baking and on July 13, they had a BBQ at the Metal, Wood and Clay Festival. If you would like to help this dedicated young athlete, please email me and I will contact the Watts.

At the Library table, I had the utmost pleasure to meet one of the most interesting lovely women, Anne Kathleen McLaughlin who is a sister with the Grey Nuns of Mary Immaculate. I wanted to meet her since these sisters taught me from grade one to nine. She is a published author of many books and Maud of Cavendish, a one woman play about Lucy Maud Montgomery. This is

all for now, because her story deserves more time and sense of space. I sat with her for 1 1/2 hours and the minutes flew by, so I promise that next edition, I will try to share the wonder and peace I felt in our presence. As I left that day, I said, not 'Goodbye', but 'To be continued...'

This is your paper, send me announcements, babies, engagements, marriages, community events.
 bogiebeat@gmail.com.



Skippy Hale is a Retired Nurse and Librarian. She and her husband settled here in December 1999. After her husband's death in 2014, she decided to stay in Calabogie where she enjoys many friendships and is engaged in several volunteer projects. The loves of her life are her 3 children, their spouses, her three granddaughters and one grandson. She keeps busy with arts, crafts and getting stories for the Highlander.

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www.greatermadawaska.com
www.addingtonhighlands.ca
www.northfrontenac.com

CHURCH SERVICES:

Matawatchan St. Andrew's United
 Sundays 8:30 am from February through July and 11:30 am August through January

Griffith Hilltop Tabernacle

Sunday School 10 am, Sept. - June.
 Morning Worship 11:00 a.m.
 Office 613.762.7130
www.hilltopchurch.ca
 Facebook Hilltop Church in Griffith

Vennachar Free Methodist Church

424 Matawatchan Rd. 613-333-2318
 Sunday service 10:30am year-round
 Pastor Laurie Lemke 613-479-2673
 Facebook: Vennachar Free Methodist Church

Denbigh St. Luke's United Church

Sunday Worship and Sunday School 10:00 a.m.

The New Apostolic Church

Sunday School 9:00 a.m.
 Sunday Worship 10:30 a.m.
 Wednesdays 8:00 p.m.

St. Paul's Lutheran Church

Sunday School 9:00 a.m.
 Sunday Worship 9:30 a.m.

Schutt Emmanuel United, 8:30 a.m.

Burnstown

St. Andrew's United Church
 Sundays at 10:30 a.m.

Calabogie

St. Andrews United Church
 1044 Madawaska Dr. (on the waterfront)
 Sunday Worship 8:30am
 Communion 1st Sun. of the month

Most Precious Blood Catholic Church

504 Mill St., Father Kerry Brennan
 Sunday Worship 8:30 a.m.

Mount St. Patrick

St. Patrick's Catholic Church
 Father Holly, Sundays at 10:45 a.m.

REGULAR EVENTS CALABOGIE:

Youth Sports Night

Tuesdays 6:00 pm to 8:00 at St. Joseph's Catholic School, Calabogie

Pickleball, Mondays and Wednesdays 6:00 pm to 8:00 at St. Joseph's Catholic School, Calabogie

Well Baby Clinic

2nd & 4th Thursdays 10:30 am to 11:30 am at the Greater Madawaska Library. It is aimed at children from 0 - 6.

Public Library Book Club

Last Wednesday 11:00 to 12:30

Falls Prevention Program Chair exercises

Seniors 65+ Mondays and Wednesdays 8:30 a.m. to 9:30 at the Calabogie Community Centre
 Contact Susan 613-752-1540

Pilates and More

Monday evenings and Thursday am

Back Fitness and Stretch

Mondays 3:45

Mindfulness Meditation

calabogiemindfulnessmeditation.com

Calabogie Seniors Dinner & Meeting

Last Thursday - 5 pm Oct. to April at the Community Hall. May to Sept. Barnet Park Seniors 55+ welcome. 752-2853

Renfrew South Women's Institute

www.rsdwi.ca CalabogieWI@gmail.com
 Branch meetings held at Calabogie Community Hall 2nd Thursday 7:30
 Contact: Sara MacKenzie, Pres. 613-432-3105
 Guests and new members welcome!

Calabogie Arts and Crafts

Every 2nd Monday (If holiday, then 3rd Monday), 10:00 am - 1:00 pm, Community Hall, (\$15 per year), 752-1324

Lion's Club Bingo every Wednesday,

6:30 pm, Calabogie Hall, 752-0234.

The Calabogie and Area Ministerial Food Bank

538 Mill Street, Calabogie
 2nd and 4th Thursdays of the month 9 am to 10 For emergency situations, please call 752-2201

SPECIAL EVENTS CALABOGIE:

Calabogie Summer Day Camp at the Community Hall, 574 Mill St.

August 12 - 16 August 19 - 23, 9 - 4
 Games, Adventures, Crafts and so much more! Boys and Girls 4 - 12 years of age. Registration forms at township office or greatermadawaska.com \$85

Calabogie Summer Market Saturdays

9 - 1 at the Calabogie Rink, 574 Mill Street area growers, artists, artisans, makers and bakers 50+ vendors

Fish Fry August 24th, 2019 at

Calabogie United Church from 4 to 6:30
 Jean Libbey 613-752-0014

REGULAR EVENTS

GRIFFITH & MATAWATCHAN:

Matawatchan Hall Events, 1677 Frontenac Rd.: Check calendar at matawatchan.ca

Aerobics and Cardio Dance to suit all fitness levels at the Matawatchan Hall. \$5 Hall donation appreciated.

Saturdays 9:30am - 10:30am until June 22, Tuesdays and Thursdays from June 25 check matawatchan.ca for changes

Matawatchan Walking Club

Wednesdays April to Oct. 9 a.m Nov. to Apr. 10 am Start at the G'Day board mailboxes. Brigitte 613-318-8308

Family Games & Sports Nights, Thursdays @ 6:00 until Labour Day Softball, Badminton, or board games on rainy days. Ice cream at the end.

Matawatchan Book Exchange at the Hall any time it's open, or contact a Board member. Sign out a book and return it later. No membership required.

Denbigh-Griffith Lions Club Events at the Community Hall Hwy 41 Griffith: Bingo every second Tuesday at 7:30

TAI CHI at the Griffith Hall 613-333-1423 Beginner's, Mondays 12:45 \$10, Holiday Mondays, Thurs @ 9:00 a.m.

Lions Fellowship Lunch at Noon-Third Wednesday of the month at the Griffith Hall (not July & Aug). \$8 Everyone is welcome. Contact Mary McKinnon 613-333-2791

Northern Lights Seniors at the Griffith Hall Third Wednesday of the month at 1pm. (after Fellowship Lunch)

General Wellness Assessment by local Paramedics available from 11:00am until after Lions fellowship lunch

Denbigh Griffith Lions dinner meetings on the 2nd Wednesday and business meeting on the 4th Wednesdays at the Griffith Hall

Euchre First and Third Friday of each month, 7:00pm - 9:30pm at the Griffith Hall Contact John/Nancy Reid (613) 333-9556

Bert's Music Jam Every Wed or Thurs 5 to 7:30 p.m. at the Pine Valley Restaurant, Hwy 41 Griffith

SPECIAL EVENTS

GRIFFITH & MATAWATCHAN:

Lions Club Show & Shine Aug 24, 10 - 2. See ad on page 2 for details

SonSparks VBS August 12-16, 9:30 - noon at the Hilltop Church, Griffith. See ad on page 3 for details.

Saturday Socials at the Matawatchan Hall 9 - 11am Food, Art, Music, Friends, & Fun. **Aug 3 Community Flea Market and Bake Sale, August 17, Bill Big Cookies and Mary Mill's Mean Muffins and Cathy Cooper paintings & prints sale. August 24, UCW Bake and Rummage Sale**

The RedHill Valleys in Concert at the Matawatchan Hall, August 21 Last year's Small Hall's headliners asked to return and play for us. Concert style with small dance floor. Licenced. Sandwiches available for purchase. Tickets \$15 www.matawatchan.ca or at the door.

KID's CLUB, Tuesdays 6pm, Ball at the Griffith Ball Diamond, **Thursdays 6pm Family Sports Nights** at the Matawatchan Hall, G & M Rec. Sponsor

Festival of Small Halls Griffith, Sept. 20 Cassie & Maggie, Matawatchan Sept. 27 Devin Cuddy Band, DACA Centre Gordie MacKeeman & His Rhythm Boys all at 7:30PM \$25 thefestivalofsmallhalls.com

UCW Rummage and Bake Sale, St. Andrews United Aug. 3, 9 - 1pm

Matawatchan Community Cemetery Service Aug 17, 2pm Pastor Steven Green

REGULAR EVENTS DENBIGH & VENNACHAR:

FREE weekly "Play to Learn" play-group at Mayo Community Centre in Hermon, Tuesdays 10:00 am to 12:00 pm. snack provided

Denbigh Diners meal Supported by LOLCS First Monday of the month **8:30am - 1:30pm** Stat holiday, 2nd Monday. Full Course Meal \$8.00 Nancy Dafoe 613-333-5164

Denbigh Recreation Euchre, Denbigh Community Hall, Hwy #28, Denbigh, Fridays @7:00 p.m. Contact Bev 613-333-9852

Land O Lands Community Service Exercise on Tues. at 9:30, Denbigh Hall basement after Wellness (not July and August) Contact Mary McKinnon 613-333-2791 **Coffee Time Friday mornings at Heritage Park from 8am-10am** Denbigh Recreation sponsor

LOLCS Exercise Program, Tuesdays 9 - 10:30 Denbigh Hall basement Marlene Dacuk 613-336-8934

LOLCS Denbigh Craft Group, 2nd and 4th Wednesday of each month from 1pm-3pm Denbigh Hall, Marlene Dacuk 613-336-8934

SPECIAL EVENTS DENBIGH & VENNACHAR:

Horseshoes Tournament. Saturday August 10 at Heritage Park

Lions Club of Land O Lakes 50th Charter Celebration Northbrook Lions Hall, 11am - 3pm, Old Fashion BBQ/ Picnic, Geocaching, Music, Cupcake "Buried Treasure" Contest. \$20 RSVP by August 10th

DACRE REGULAR EVENTS:

Games Night, 2nd and 4th Fridays Open to ideas. Contact Michael at dacacommunity@gmail.com

FLINTON, CLOYNE & NORTH-BROOK REGULAR EVENTS:

Exercise Bootcamp at the Clar-Mill Hall Plevna Tuesdays & Sundays 7pm \$5

Land O'Lakes Garden Club meets at the Pine View Free Methodist Church, **7pm, on the second Thursday** of the month from April to November

Bingo, Mondays at AH Recreation Centre, Flinton, Lower level - doors open at 5:30pm Contact Joel (613-336-2666)

FLINTON, CLOYNE & NORTH-BROOK SPECIAL EVENTS:

August 1-3 Flinton Community Jamboree, 72 Edward Street Flinton Info flintonjamboree.ca 613 539 4165 or FlintComJamboree@hotmail.com

Cloyne Showcase Artisan & Maker Market Saturday, August 10 10:00-4:00 North Addington Education Centre 14196 HWY 41

BURNSTOWN SPECIAL EVENTS: Fish Fry, Friday, August 9 from 4:30 pm to 7 pm. Burnstown United Church. Adults: \$15, Children 5-7: \$7 and Under 5: free. Takeout available.

Private Forestry

By Lois Thomson



Forestry has changed from the early days. We wouldn't think of cutting down a huge, centuries-old white pine today.

Before European settlers arrived in Ontario, the area was almost 100% forest cover, except for lakes, wetlands, and small clearings. Indigenous people lived in and with the forest for time immemorial. They cleared some lands for agriculture to plant the three sisters – corn, beans, and squash. They planted fruit, sugar, and nut trees and used fire to clear the understory, which helped white and red pine to become dominant in some areas. It only took about 200 years to reduce forest cover in Southern Ontario to less than 10%. This resulted in shortages of fuel wood, declines in soil productivity for crops, snow drifts blocking roads in winter, spring floods, reduced summer stream flow, and climate and weather changes. In vast parts of Southern Ontario (Eastern Ontario is part of Southern Ontario), deforestation on poor sandy soil resulted in “sand



Red pine plantations that began about 30 years ago are ready to be thinned to let in the light, so the trees can grow.



You can see how much light is getting through after the cut.

blow” along with severe erosion.

The Ontario Government responded in 1871 and 1883 with the first Tree Planting Act and established the first tree nursery in 1880. The 1909 - Zavitz report “Waste Lands in southern Ontario” estimated almost 400,000 acres required reforestation to control sand-blow. 1911 – The Counties Reforestation Act. 1921 – The Reforestation Act. 1922 – The Hendrie Forest, Simcoe County. 1946 – The Conservation Authorities Act. They were followed by large scale reforestation from 1920 through to 1960 that saw 128,000 hectares reforested and over 147 million trees planted, and the most suitable species for planting in sandy soils was red pine.

Some of the earliest and best examples of red pine plantation management can be found in the LaRose Forest near Ottawa, the Durham and York



The Valmet, invented in 1984 in Finland, revolutionized logging. Felling, delimiting and bucking - all with one grip.



From a private woodlot in Matawatchan and across the Madawaska River at Griffith. Red pines heading for market.

Regional Forests near Toronto, and the Hendrie Forest near Barrie. Much of that reforestation occurred on private lands through “Agreement Forests” that were jointly managed by property owners and government silviculture specialists. The Managed Forest Incentive Program allows qualifying forest lots to be assessed at 25% of the municipal rate, which encourages reforestation.

From 1994 to 1996, the last Woodland Improvement Act plantings took place, and by 1999 most provincial tree nurseries were closed or privatized, and the trees continue to grow. Red pines don't do well in the shade, so plantations need to be thinned out every 30 years to let the light in. This means that trees planted during the '94 - '96 Woodlands Improvement Act (WIA) program are ready to be thinned out now. That explains why you might have noticed an

uptick in logging operations in your favourite forested area. It's good to know that this harvest is part of a conservation and forest management plan. Companies who specialize in red pine will come in and do all the work to cut, delimit, pile, and transport and sell the red pine to mills, while property owners receive a good share of the money. These younger, 30-year old trees are suitable for deck boards and 2 x 4s, while the ones left standing will become more valuable over time. Mature red pine forests provide the right conditions to restore a more natural forest and the managed forest tax incentive encourages continuing management.

Progress has been made since the 1700s, when forests were seen as an enemy to be conquered. An average of 30% of Southern Ontario is forested now, but more needs to be done because of pressure from development.

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By Angela Bright

*Friday, August 9th and Saturday, August 10th is the Cloyne Showcase Art Sale, open from 10am to 4pm on both days. This artisan and maker market happens at North Addington Education Centre, 14196 HWY 41 in Cloyne.

*An enjoyable evening was had by all who attended the Wine Down a Little wine tasting event held at the Denbigh Community Hall on the evening of Saturday, June 15th. The event was a sellout, with Erin Harvey of Arterra Wines Canada being the presenter. Six wines were tasted, each one paired with appetizers that enhanced the characteristics of the wine. Who would have thought that a sparkling wine paired with buttered popcorn would tickle the taste buds! Wine is obviously a passion with Erin and she shared that passion with event participants. The success of the event can be best summed up by the question repeatedly asked as the evening drew to a close, "are you going to do this again?"



Canada Day Celebrations in Denbigh were a great success with fun activities for the whole family and toe-tapping music provided by "Coop de Ville". It was all topped off with a fantastic fireworks display. Thank you to the Denbigh Recreation Committee, volunteers and people who donated funds to make this possible.



*The Denbigh Recreation Committee would like to thank everyone for attending the Canada Day BBQ and festivities. Thank you to Coop De Ville band for your special local talent entertaining our community; it is a pleasure to have you play for us. The many people dressed in some sort of red and white created some healthy competition for the best 'Canada Day' dressed contest. The 50/50 draw was well supported, with the winner Garth Malcolm generously donating his \$85 windfall back to the fireworks fund. Fireworks would have not been a success if it was not for all your generous donations to support their purchase. A big thank you to the community, Denbigh Griffith Lions and the Township of Addington Highlands for supporting this event. And to our local volunteers with the Denbigh Fire Department; we can't thank you enough for safely setting up and lighting the Fireworks display. It would not be possible without your help. Your local Denbigh Recreation Committee is very appreciative of your support, as it is so rewarding to see our community and visitors out enjoying the activities, taking time to visit with family and friends as well as meeting new people, the laughter of the children and the wonderful sense of enjoying this special day of celebrating this great country we live in.

*Stop by addingtonhighlands.ca and click on the community calendar for events happening next week, next month and so on. Always something happening in the highlands!

2 FAMILY GARAGE SALE!

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August 4 & 5

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Contact Tamatha Strachan, RDH, through email, phone, or social media for bookings and inquiries.
calabogiesmiles@gmail.com 613-220-6534



@calabogiesmiles

Living Green in the 21st Century, August 12
7pm Matawatchan Hall, 1677 Frontenac Road

There are many of us who want to learn more and do things to help stop climate change and pollution. There are many questions and the choices are confusing. I am willing to host discussion evenings at the Matawatchan Hall where we can ask questions and learn from each other. We can meet at the Hall starting Monday evening August 12 and then meeting as often as people wish after that. We'll meet at 7:00 p.m. to start. Please just show up if you are interested or call me to discuss this idea. My number is 613-553-1109.

The plan is to share ideas and concerns and not to listen to any one "expert".
See you then, Ken Birkett

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Does a swinging 1940s soundtrack get your toes tapping? Does your DVD collection host Hollywood's golden age romantic comedies? If so, you'll love the 9th-longest running play in Broadway history. This remarkable comedy will embrace you with the passions and excitement of World War II-era New York City, when young people from across the nation converged on the Big Apple to discover new loves, share their dreams, and navigate the challenges of rapidly changing moral codes.

Presented by special with arrangement with Samuel French, Inc.

June 21 to July 14

Sponsored by: **YourTV**
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You'll be thoroughly entertained – and learn about Perth's storied past – in Laurel Smith's new historic walking play, a family-friendly, hour-long, Depression-era Perth mystery. As rural people cope with 1930s challenges, a recently evicted farm girl arrives in town to search for her missing grandmother. You'll be piecing together every new clue as she approaches a truth she may not want to discover.

June 26 to August 25

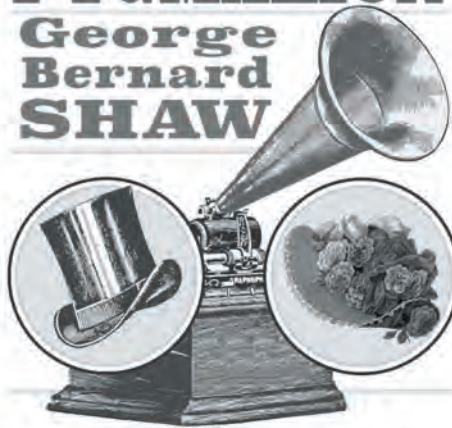
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PYGMALION

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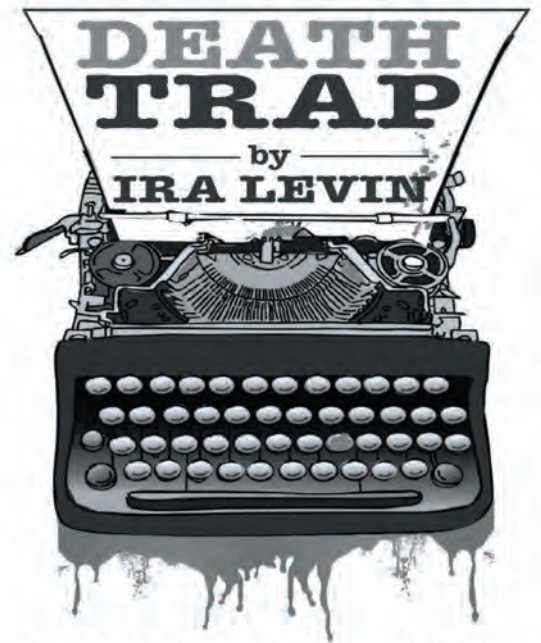


You've hummed along to *My Fair Lady's* memorable melodies, but have you ever seen this legendary play that inspired the classic Broadway musical? You'll be laughing all the way home recalling cherished memories from this most popular of Shaw's plays, in which a bombastic professor of dialects tries to turn a working-class flower girl into an upper-class lady. Unforgettable Shavian characters – Henry Higgins, Eliza Doolittle, Colonel Pickering, and Alfred Doolittle, among others – enliven this legendary satire on class, gender, and particularly British mannerisms, all served up with gentle and loving humour.

July 19 to August 11



Come celebrate the 10TH ANNIVERSARY of the award-winning Classic Theatre Festival in Heritage Perth, where we're passionate about theatre and dedicated to sensational storytelling with some of Canada's finest professional talent strutting their stuff on our stages.



Our annual edge-of-your-seat season closer is the longest-running comedy-thriller in Broadway history. Your heart rate will increase as you follow the story of a formerly successful playwright who engages in a deadly game to steal a "killer script." Your head will spin keeping track of ingenious plot twists and a string of bodies. Levin also wrote *Rosemary's Baby*, *The Boys from Brazil*, and *The Stepford Wives*.

Presented by special with arrangement with Samuel French, Inc.

August 16 to September 8

Sponsored by: **WTC COMMUNICATIONS**



Androcles & the Lion



Our Classic Dinner Theatre has expanded with a lunchtime setting! Enjoy a deluxe three-course meal along with Laurel Smith's adaptation of G.B. Shaw's hilarious satire on the Roman Empire, as seen through the eyes of a Christian slave and a very different "king of the forest."

June 4 to August 27, Tuesdays

11AM to 1PM OR 5PM to 7PM
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Ontario



Vennachar Summers - Chapter 36, Grandma and the Bull

By Herbert L. McNaught

Excerpt from a book of stories collected by Herb's son Bill McNaught...

Grandma often told us about her encounter with the bull as a warning to us to be careful when we walked in the south pasture. One afternoon, she said she went into the south pasture that extended down to Uncle George's farm. She had a large, red honey pail and was picking raspberries, which grew profusely along the path and beside the rail fence, separating the pasture from the road. Suddenly, she looked up from the raspberry bushes and, to her horror, saw the bull coming across the field towards her. Spotting a tree nearby, surrounded by rocks, with branches that she could reach, Grandma hurried over and gained a safe perch on the branches above the reach of the bull. The bull didn't appear angry to her, but he stood looking up from time to time at her.

Grandma yelled, "Shoo!" as loud as she could, but the bull never left. Fortunately, after a while, Francis Gregg, who was walking up the road to the village, heard her yelling. When he saw the situation, he cleared the fence and ran over, waving his arms and hollering at the bull to get going. The bull finally turned its head and ran back to the east end of the pasture. Grandma climbed down and thanked her nephew, Francis, for his help



Ball Family at the farm in 1930.

Back row: Herbert's Grandma Ball, his Uncle RJ, Uncle Herb. Centre row: Herb's Mother, his brother James, Herbert (whose stories these are), and brother John. Front: Herb's brother Earle

in rescuing her, before making her way back to the farmhouse along the road, on the other side of the fence.

When Grandma related the incident to Uncle Herb, he remarked that the bull likely felt that Grandma might have had some salt chunks in the pail. Often Uncle Herb would walk through the pasture dispensing salt chunks from a similar pail, so the entire herd could enjoy a treat.



Vennachar Summers



By Herbert L. McNaught

When Herbert and his brothers, RJ, James and Earle spent summer months at the Ball Farm in Vennachar from 1924 to 1934, Vennachar was a thriving village surrounded by farms. "The Lads" observed their Grandmother, aunts and uncles as they wrestled a living and an independent life from those rocky acres. Along with their adventures, they learned about handling hardships while finding pleasures in family relationships.

OUR HOME ON NATIVE LAND

One Woman's Story

By Noreen Kruzich



Born in Flin Flon, Manitoba, Pat Strong says she was the lucky one of her siblings as she got to live in the bush. Plagued by illness as a kid, her parents realized the smelter smoke from the mine in Flin Flon was making her ill. So off she went to her Grandparent's farm. "I wasn't sick another day," she said, staying there until she was 15. It's probably why later in life, the little village of Matawatchesan, with its many sprawling farms on hilly wooded acres lured her in, as well as her late husband Orval Alvie Strong.

In her 81st year, this Plains Cree woman looks back on her life and some of her accomplishments such as being a founding member of an 87-unit housing project on Toronto's east end, known as the Gabriel Dumont Non-Profit Homes.



Pat's Cree Grandmother Harriet Buck, a medicine woman, and Belgium-born Grandfather Triphon Wyckstandt. Triphon, called Tom, enjoyed trapping with his father in law Matthew Buck. Harriet and Tom owned a trading post not far from where Thomson Manitoba is today, so Pat got to know people with all sorts of backgrounds and histories.

The complex offers subsidized housing to Indigenous people on a rent-geared to income basis. She is also a founding member of the Barrie Native Friendship Center, an elder with Georgian College, and an elder at Circle of Turtle Lodge right here in the Ottawa Valley. She has worked as a waitress, clerk typist, human resources coordinator and in a social services role both in Barrie and Eganville. In the last phase of her career she worked with her late husband, who was well known by First Nations through his work of 35 years in Manitoba, Saskatchewan, BC, and Ontario. Pat and Orvil had worked together for years before their marriage. Pat's late sister, Rose Head, came to the Ottawa Valley as well, marrying into the Wright family in Calabogie.

Her father Alfred Robert Head had gone to Sturgeon Landing Indian Residential School, south of Flin Flon and within the Saskatchewan border. Alfred's mother was from Cumberland House, Saskatchewan and his father from Flin Flon.

She recalls that he spoke of his job at school tending to the horses used for getting firewood and for the plowing of the gardens. He went on to serve in World War II when Pat was very small; and when he came back, he was a different man — very troubled.

Prior to the war, he worked as a guide for the RCMP based in Flin Flon, taking them by canoe. "He taught them how to live in the north," says Pat of her father.



Written under this photo above: Great Grandfather Mathew Buck. A Great Half breed, and he was proud of it. Below: Pat and sister Rose with their mother Marguerite Head (nee Buck)



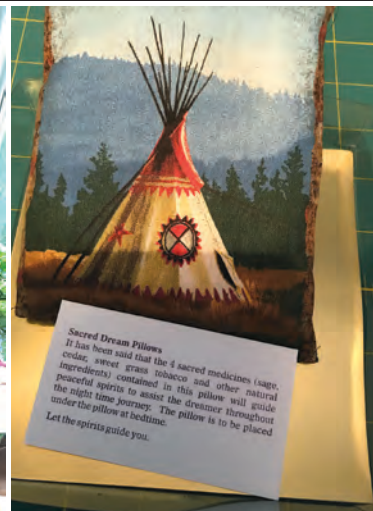
OUR HOME ON NATIVE LAND



Pat in her sewing room, showing a variety of pelts and fur pieces



Pat showing gifts given to her by friends she grew up with and will be visiting again soon, as well as other crafts.



One of Pat's sacred dream pillows that she sells at craft fairs. You might have seen her at one of them. The note below it says, "Sacred Dream Pillows. It has been said that the 4 sacred medicines (sage, cedar, sweet grass, tobacco, and other natural ingredients) contained in this pillow will guide the dreamer throughout the nighttime journey. The pillow is to be placed under the pillow at bedtime. Let the spirits guide you."



Pat and a beaver pelt she bought in Northern Manitoba in the 1980s. She uses some pelts to trim moccasins and other pieces she sews.

Her mother Marguerite Wyckstandt could speak Cree fluently. "She didn't go to residential school. My grandfather paid for her to go to the convent for her schooling."

Pat's grandparents were Belgian born Triphon Wyckstandt, "He was called Tom," and Harriet Buck who was Plains Cree. Tom and Harriet came to Cranberry Portage in 1928.

Pat says her grandmother was a widow at the time she ran into Tom Wyckstandt. Tom ran a restaurant at the time. Pat says one of the first things her grandfather said to her grandmother was, "Would you like to start washing dishes for me and I will teach you how to cook?" That's how they hooked up, later they married. Harriet's father and Pat's Great Grandfather, Mathew Buck was a trapper and he had traveled through the Portage over many years.

Matthew Buck and Tom Wyckstandt took a quick liking to each other, and began to go trapping together. "They would go around where Thompson, Manitoba is now," points out Pat. Tom and Harriet had a Trading Post there, "Up the river about four miles from where Thompson is now. Came up there by dog sled. They were entrepreneurs. Grandfather ran

the trading post in the 1920's and Cree people from that area brought their furs there by dog team." Pat says she was the one always asking the elders about her ancestry and its history. She says all types of furs from beaver to rats were brought to her grandparents' post. "Rat was a great commodity back then. They even made skunk hats. If you had a skunk hat, you were probably a chief."

The trading post was a store as well, "They sold beads, leather, canned goods, which people couldn't get there in those days, and plenty of other everyday items." Pat adds that her grandmother, Harriet, was an aboriginal medicine woman. "My grandmother knew herbs as it was passed down by her mother." Pat says people would come from miles around to obtain medical advice and herbs. "They were the doctors there." Her grandmother was a mid-wife in the north. Besides that, Pat says her Grandpa would go the extra mile for someone, "Grandpa would put ill people in his dog sled and go to The Pas (pronounced Paw) some 150-miles away."

Tom and Harriet would leave the bush in winter and come to Cranberry Portage; where they had a house. When an elder in the community passed on, Tom bought his trap

line. It was roughly 24-miles long. It was then Tom moved his family to Wanless, south of Cranberry Portage and north of The Pas. The farm in Wanless is where Pat grew up.

Pat recalls her Grandfather leaving the farm in the winter, "He would leave for trapping. When he came home at Christmas, he would bring all sorts of meat.

My grandmother canned everything, including beaver and moose meat. I ate everything they killed. They smoked and dried meats too. My siblings didn't have that." Pat says she did many chores as a kid, from feeding the chickens to getting water and doing most of the chores, especially in the winter, as her grandmother was getting up in age. From her grandmother, she learned how to sew, making her first moccasins at age 8. She also learned herbal medicines.

Pat has kept sewing and doing crafts over the years. She is proud of her heritage and continues to help others through her knowledge, even at 80.

When she told me her maiden name, she asked me if I knew what that made her. "Head Strong." She is a Cree woman with great determination and will.



The first pair of moccasins Pat sewed when she was only 8 years old. Her children also wore them.



Noreen Kruzich specializes in First Nation and Metis genealogy/ social history. She is the author of *The Ancestors are Arranging Things* (Borealis Press/ Ottawa/2010) and is working on a second book. She was the history researcher for award winning documentaries, *Colonization Road* and *Trick or Treaty*. Her indigenous roots come from the Mohawk and Montauk of N.Y. and the Powhatan of Virginia.

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Flowers are the Secret to Joy

Isn't "flow" embedded in flower?

By Colleen Hulett

"If we could see the miracle of a single flower clearly, our whole life would change" - Buddha



Left to Right: Edible flowers - Wild Rose, Crabapple, Chicory, and Honeysuckle. These flowers are used in Bach's original remedies AND grow in Ontario and Quebec's highlands. As always, be certain before consuming.

As a child I was very much affected by the beauty and vibrant colours of wild flowers in the field directly beyond my fenced yard. I would lie in the tall grass under the hot summer sun and observe closely as the insect world engaged with the delicate flowers. I had no idea I was engaging with them too. I can never forget those lazy hot days and am fondly reminded of them again today as I hike through a field crowded with July wildflowers.

Wild or not, flowers are healers and civilization is deeply intertwined with them. In fact, throughout the ages we have been sharing flowers during our most intimate emotional events like funerals, weddings, graduations and more. Flowers are present to fill us with hope or

to lift us up to a joyous mood. Placing a group of flowers in a vase on the dining table does wonders to the mood of any room. Flowers have an important role in our lives because there is nothing better than joy, right? The science of Aromatherapy (essential oils) and Phytotherapy (flower teas) are commonly known to many when flowers come to mind, but do you know they have another healing side? Yes, their 'essence' is a healer too and should not be confused with essential oils. The essence of the flower is the soul of the plant. The essence of flowers come from plants and trees. Flower Therapy is the practice of administering flower remedies. Interestingly, flower essences work on our energetic level of being and since the 1930's they have been

administered for the natural treatment of personalities. What? Personalities? The founder of flower essence remedies was a medical doctor and pathologist who after 20 years of practice (1910-1930) discovered through his patients that 'no true healing could take place unless there is a change in outlook, peace of mind, and inner happiness' in the patient. He believed any disease was 'the consolidation of a mental attitude'. Interesting, no?

Dr. Bach was famous in his time, an immunologist and bacteriologist who was making vaccines before he quit to dedicate his time to natural flower remedies. As he researched bacteria, he noticed that 'poisoning from certain bacteria in the intestinal tract was the principle cause of chronic dis-

ease'. He also observed that the bacteria also changed into different types and that these types correlated with certain mental or personality types. He created designer-like vaccines to treat the key personality type and they proved highly successful at the time. After 1930 he left his practice and moved back to Wales and dedicated his life to understanding mental types. He experimented with flowers to remedy the detrimental negative chatter. 'Stop and smell the flowers' seems like a huge thing all of a sudden.

He discovered 38 effective flower remedies in the process. He narrowed down seven basic emotions that he saw as the cause of all human ills and each flower is labeled with one of these emotions. These emotions are Fear (F),

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HIGHLANDS HIKER



Tulips can't be eaten by humans, but who would want to? They create joy just with their presence. They draw people to the nation's capital every year just for the happiness they bring!

Uncertainty (U), Insufficient Interest in present circumstances (II), Loneliness (L), Over sensitivity to influence and ideas of others (OS), Despondency and Despair (DD), and Over Care for the welfare of others (OC).

Many years ago I suffered from recurring thoughts of actual personal events. I say I suffered because the nostalgic thoughts were limiting to me. It wasn't at all negative but was negatively limiting my happiness. Every move I made was judged and compared to the thoughts and nothing could compare or compete with them. I was stuck in the past and not moving forward. Then a co-worker (who is a homeopathic doctor) at the health food store, introduced me to the Bach Flower Remedy 'Honeysuckle.' He said just try it and decide. I read the instructions and was really floored by its claim and impressed by my co-workers' choice for me.

Honeysuckle fell under the (II) category (see above) and was key for 'dwelling on thoughts of the past, nostalgia and homesickness.'

-Negative: It was for those who always want what they do not have; the way it was, don't expect future happiness such as they'd had; lonely; right-side imbalance, spleen'

+Positive outcome from the honeysuckle flower therapy 'is emotional and astral coming into the present and learning lessons from the past.'

So, I wrote down my nostalgic recurring thoughts in my journal and began taking the Honeysuckle remedy. It was at least three weeks later when I noticed that I had stopped taking the remedy at least a week earlier and forgot to write in my journal too. In fact, I couldn't pinpoint when I stopped having the thoughts. I was astounded. I had those recurring thoughts for over 24 years. I stood there confused and tried to force the thoughts back in my brain but could only talk about them. It really worked and to this day I don't compare anything to that past and have moved forward. I now see the events as an important wonderful chapter in my life that brought me

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"Flowers are a proud assertion that a ray of beauty outvalues all the utilities of the world." - Ralph Waldo Emerson



The purple Vetch is a fun flower. Do you see hummingbirds in this picture? It's fun, but toxic. Be careful. If you aren't certain about your flowers, just enjoy how they look.

The vivid colours and intoxicatingly sweet smell of fruit tree blossoms give joy, especially after a long winter.

to the present. The nostalgia has no control of my brain anymore.

As you can imagine I turned a lot of customers onto Bach's flower remedies and as well California Flower Essences and heard many awesome testimonials. Animals and children respond very well to flower remedies and this has convinced me that there could be no placebo effect happening here...how would they know the water has been doctored?

Bach believed that his 38 remedies were just the tip of the iceberg and urged his patients to follow their intuition

and make their own simple remedies. He also believed that the flowers you use should habit in a field near you or your childhood home. The recipe is incredibly simple, and I would love to share it with you! There is more than one method but the Sun infusion method from my course is the preferred method of herbalists.

You must be prepared to spend the day in the field where the flowers live and make your remedies on the spot. The sky should be cloudless so follow the weather reports to ensure this. A clear stream close by is also important

but bringing local pure water to the location is also good. Go hiking and find a pristine field (no known pollutants) full of wildflowers or tree flowers you choose to work with and that resonate with you somehow. If you can't decide what to use, then sit and relax and a flower will likely come to mind. Or choose to pick a known flower remedy that Bach has already tested. Pick as many as you can of the same species and be careful to only grab them by the stem and not to touch the flower. Flowers must be very healthy and alive. Place the flowers in a clear glass bowl with about 250ml of water so that the flowers cover the surface of the water. Let them infuse in the sun for three or more hours. (Bring a book, picnic basket and relax.) Then remove the flowers from the bowl with a plant part such as a stick, stem or a leaf. After the flowers have been removed, add the infused water to an equal part of brandy (natural preservative). This first infusion is called the 'original essence' and is used to make 'stock bottles' for storage and to make 'dosage bottles' to carry with you as needed. To make a Stock bottle: drop two drops of the 'original essence' into a one-ounce bottle filled with brandy. The whole ounce becomes the flower essence. Stock bottles do not expire and are used to prepare individual dosage bottles.

To make a dosage bottle fill a one-ounce dropper bottle with pure water (20ml) and add one teaspoon (5ml) of brandy and then add two drops of the 'stock' bottle essence of choice. You can add two drops of other flower stocks to the same remedy if you need to tackle more than one negative thought. One can

mix up to 6 flowers in a single remedy but no more. You can take your remedy for however short or long is appropriate. You can change your remedies daily if you have a change in a mental state. Sometimes more than one thing happens at a time creating a chatty mental state. Dosage is 4 drops 4 times daily directly on the tongue or diluted in a little water. In emergencies you can take them more frequently according to your need. You cannot overdose on flower remedies. I hope you will experiment and make your own remedies from the flowers around you. Choose your favourites and see what they have in store for you. Remember their purpose is to turn negative thoughts around to create a joyous state. Nothing wrong with that.

A joyous state is a healthy state that is key to overcoming chronic ills. On a clear day, pack a lunch, a clear glass bowl, a cup of pure water, a cup of brandy, and a 500ml glass bottle. Maybe Bring a book, or be still, and enjoy the lightness of being. Leave the children at home.

Colleen has a B.A. in Geography from Carleton University, with a concentration in Cartography and Satellite Imagery. She has completed many courses in photography and drawing at Algonquin College and studied the Art and Science of Herbology with Herbalist Rosemary Gladstar. Please contact Colleen for questions or to book a guided herb walk or hike. Photographers, Artists, and those seeking to de-stress are welcome, too.
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The Cloyne Pioneer Museum & Archives

By Marcella Neely

The museum is open for the season and has several “must see” changes. Please plan to visit, bring your family and friends. Take a trip into older times, feel free to ask questions and browse through our books of local history. You might want help searching family history if there is a local connection.

Children love the scale model of the Mazinaw/Pringle Lake tramway. A stroll in the adjoining park can be very pleasant and lunch at our picnic tables is an enjoyable summer experience.

Some displays will remind you of the past and items once used by grandparents. I am reminded of the old wooden orange crate furniture that folks built during the early 1940s. You won't likely find these anywhere today so here are my memories....

Some of us remember the sturdy double section orange crates that arrived at the grocery store at the end of November during the early 1940's. In those times fresh fruit was not available all year as it is today. Oranges at Christmas were a special treat. The orange crates, a sought after bonus.

It was not unusual to see a newly wed couple building their first kitchen cupboards by placing these crates vertically side by side and another on top horizontally. With the centre divider, the space was perfect for plates or canned goods. My older brother stood two on end about three feet apart, placed boards across the top and had a desk for homework with shelves for books. Some used these for end tables. A friend reminded me that they were also used to make a vanity. Her mother even sewed a lovely skirt for theirs. The damaged ones were used for firewood. Folks always checked behind stores and if there were any there they soon were re-homed.



There are two lovely fern stands in my home that my uncle made exclusively from the materials of orange crates that he took apart. He was an amazing self-taught wood worker and carpenter. Very frugal. He recycled before the word surfaced. He actually used the heavy centre divider wood to cut crescent shaped pieces and glued them together to create the circular tops. The smaller round bottom was cut from a full divider and the slats were shaped from the lighter boards that formed the sides of crates. He also glued layers of the heavier divider wood to form a solid block from which he was able to fashion the column.

This man only had hand tools and a whole lot of patience. We would frequently watch him sharpening a used razor blade by pushing it back and forth inside a glass tumbler, rolling his own cigarettes, riding a bicycle to work, even



Left: Rough, basic chairs. Above, my uncle's fern stands, fashioned entirely out of orange crate wood. Right: An orange crate shelf in an antique store, now too special to be taken apart for the wood.



Oranges weren't available except at Christmas. The oranges were a treat and the crates were too, to be turned into all kinds of useful things. As you can see, crate creations can be simple, or ornate. Crates and the furniture they became are still a good “find” in antique stores and flea markets.

using broken glass to fine finish a piece of woodwork.

There must be more stories of the orange crate around. Maybe we could even locate a crate that someone has lovingly preserved.

For old times sake, please share your stories.

The 2020 Heritage calendar will be available at the museum all summer. The “Schoolhouses that are no More” are featured in this year's calendar.

Correction, July 24 issue: Title should have been Wickware Hotel from Sandi Wickwares' genealogy collection.

The Historical Society urges everyone to identify their own photo collections and help elderly parents and grandparents do the same. This can be as simple as writing names on the back. Above all, do not destroy. You may not know who is in the photo but someone else may identify a missing link. We invite you to share photos with us for preservation in our archives. We take great care in handling and copying these precious items and return them to owners unharmed. They will be safely available for future reference. We also like to share history on the flickr website. Our flickr contact is Ken Hook. kenhook@45degreeslatitude.com CDHS Archives can be reached at pioneer@mazinaw.on.ca



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Of Conservation Authorities, Hurricane Hazel, Walkerton, and Flood Management

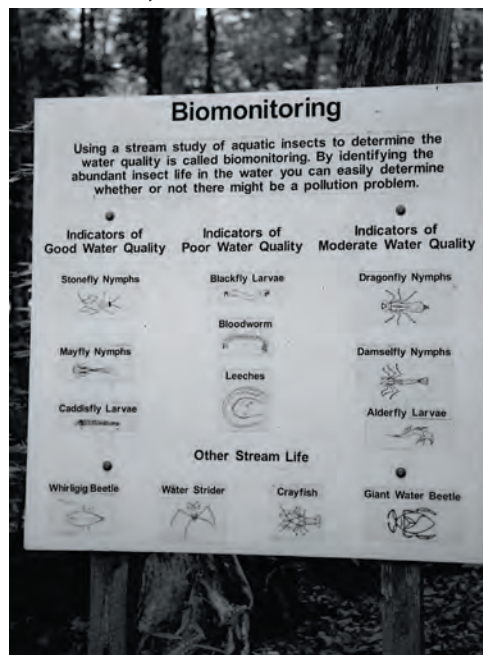
Part 1 of a 2 by Lesley Cassidy

Driving along, when you see a Conservation Authority sign you know that you can stop, park your car, find a spot to sit by a river, or go for a hike and enjoy some outdoor time. But beyond that – what is a Conservation Authority? Why were they mentioned in the news coverage during the spring flooding? Invasive species problem in your lake? What is the water quality of the waterbody you live on or near? All these subjects are the daily work of Conservation Authorities in Ontario; they are not just a quiet treed parking space on the side of the road to spend a leisurely afternoon.

Conservation Authorities are the guardians of water. Thirty-six Authorities exist in Ontario, and Kim Gavine is the General Manager of Conservation Ontario, the umbrella organization that represents them. She explains that “because our lakes, rivers, streams and groundwater are all connected, the best way to address problems... is to look at what’s happening in the watershed that can either make things worse or better. We look at the landscape, green spaces, and where development is occurring, for example.”

Conservation Authorities are all about local water – managing and monitoring its quality, mapping floodplain locations, reducing flooding of structures, monitoring forest cover, assessing water supply and fish species, and protecting drinking water. And this is not the final list – many other activities form part of their work. Conservation Authorities implement activities and programs based on the needs of their particular watershed. As an example, the Mississippi Valley Conservation Authority (MVCA) in the Ottawa Valley, in partnership with landowners, has offered incentive grants and technical assistance “to help rural landowners improve and protect surface and groundwater quality. Since 2002, MVCA and the Ottawa Rural Clean Water Program have provided grants to landowner projects such as erosion control, buffers and windbreaks, chemical storage, runoff management, septic system repairs and replacements, and well upgrade, replacement or decommissioning.”

Another critical aspect of the MVCA work is report cards which help explain how water and related resources are protected. The last report card in 2018 stated that “the Mississippi Valley Watershed achieved an A grade overall on its report card this cycle. However, there are some areas where there is room for improvement. Forest cover transitions from “excellent” to “fair,” moving west to east from the Canadian Shield to the more agricultural and urbanized off-shield areas. Water quality across the wa-



Biomonitoring: Using a stream study of aquatic insects to determine water quality is called biomonitoring. By identifying the abundant insect life in the water you can easily determine whether or not there might be a pollution problem.

tershed scores quite well, with some lower ratings moving downstream from the rural west end to the more urbanized east end of the watershed.” The MVCA works with farmers, landowners, the Ontario Federation of Anglers and Hunters and other partners to develop initiatives to address areas that need improvement within the watershed. But how did this all come about?

Several historical events changed how Ontario manages its rivers and water. As early as the 1930s, several municipalities in southern Ontario started to work together on issues of local flooding, drought and low water quality. By the 1940s, several groups including agricultural, naturalist and sportsmen’s groups who were concerned about the poor state of natural resources from deforestation and droughts, brought about more change. This all led to Ontario establishing the Conservation Authorities Act in partnership with municipalities in 1946. The Act’s three important principles focused on keeping it local, cost-sharing with municipalities, and that the organizations would be watershed-based. For the first time, Ontario looked at its resources by following the contours and flow of the water, rather than political boundaries sets out by municipalities.

Then came 1954. Remember Hurricane Hazel? After 81 people died in Ontario, over 4000 families left homeless, and houses, trailers, sheds, and cars were swept away into Lake Ontario at the cost of 100 million (\$1 Billion in today’s dollars); this forced municipalities, the Province and the Authorities to coordinate their efforts better. And, the Conservation Authorities Act changed as well to encourage them to purchase land that could be used to prevent flooding and be used for recreation and conservation efforts. Kim Gavine, the General Manager of Conservation Ontario shared that “wetlands are very effec-



Conservation Authorities consider the entire watershed, including groundwater, the landscape, forest cover, floodplains, water quality... the entire ecosystem, including human interaction with it.



tive at reducing the impacts of flooding. They absorb floodwaters and store them either short term, or over a longer period of time, slowly releasing water back into the ecosystem.”

Then in 2000, Walkerton happened. A sleepy town in Ontario perched on the Saugeen River where fly fishing is a well-loved pastime became the site of the next water disaster. Severe rainfall in mid-May washed cattle manure into a town well, whose chlorination system was not working correctly and hadn’t been for some time and led to bacteria contaminating the water supply. Seven lives were lost, 2300 people, over half of the town’s residents contracted illnesses, and everyone had to rely on bottled water and treating water with bleach for more than six long months. The economic cost was in the millions, estimated to have cost over \$155 million in lost wages, lost business, hospital visits, medications, and the cost of providing bottled water.

After Walkerton and the inquiry that followed, the Province of Ontario passed laws including the Safe Drinking Water Act (2002), and the Clean Water Act (2006) and the Walkerton Inquiry made 93 recommendations with 22 being directed to protecting the streams, lakes and underground sources of drinking water. These events shaped how Ontario manages the drinking water supply, sources, and rivers.

The Conservation Authority model is unique to Ontario and widely respected but they also have their challenges: complaints about duplication with other levels of government, approval processes for building permits can be complicated, changes to landowner’s property such

as levelling, particularly for the farming community, require extensive approvals and that the Act created in 1946 is out of date. These issues are important to address to ensure a system is in place that is efficient and balances the needs of landowners and the watershed. But how is water managed where Conservation Authorities don’t exist in the Ottawa Valley?

The Ottawa Valley lives in both worlds. There is the Mississippi Valley Conservation Authority in Lanark County which manages two watersheds, the Mississippi River and the Carp River. The Mississippi River is the largest and drains more than 250 lakes and wetlands starting from Mazinaw Lake and flowing towards Mississippi Lake picking up the volume from the Clyde and Falls River. It flows through numerous towns including Carleton Place, Almonte, Pakenham and enters the Ottawa River near Arnprior. In Lennox and Addington County, there are several Conservation Authorities and a Stewardship Council. Conservation Authorities do not exist in Renfrew County; however, citizen-based watershed organizations exist for both the Bonnechere and Muskrat Rivers.

And what about the Madawaska, Petawawa and Bonnechere Rivers, all water bodies that flow through large swaths of the Ottawa Valley? The Bonnechere River provides drinking water for Renfrew, and all three essential rivers form a strong economic base for local communities with boating, fishing, recreation and tourism. Ontario Hydro manages these three rivers along with the County and the Provincial government. And then there is the lengthy and at times raging Ottawa River, which flows over 1271 kilome-

HAPPY TRAILS



The above photos were provided by the Mississippi Valley Conservation Authority. To learn more go to mvc.on.ca

tres and is an integral part of Ottawa Valley life. The Ottawa River is managed by two Provincial Governments (Ontario and Quebec), the federal government (several departments), a planning board, Ontario Hydro, 200 municipalities along its route and indigenous groups.

All that management is a bit of a mouthful. But part of what shapes how Ontario and the Ottawa Valley manages its watersheds stems from past events. With water levels smashing records and damaging or destroying homes in 2017 and again in 2019, it makes sense that water management in Ontario and in particular the Ottawa Valley is at a critical juncture in history. And just before the flooding, the provincial government cut funding to Conservation Authorities and then in June, announced several changes as well to the Conservation Authorities Act.

Stay tuned for next month when I follow up with a look at flooding and what options exist to manage our rivers to better protect the people, the landscape and watersheds.



Lesley Cassidy has been cottaging near Calabogie for over 40 years. She grew up spending her summers in the area and visiting family in Ashdad and Mount St. Patrick. Her favourite pastimes are exploring gravel roads in the Valley by bike, hiking its many trails and canoeing/fishing. Lesley is married to Andre Mickovitch and brings him on her many adventures. Together they love travelling but Lesley always feels most at home closest to her family roots in the Ottawa Valley.



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Early Easy Listening to Yesterday's Radio

By Ernie Jukes of Camp J

It's Impossible for us to really know, of course, but I suppose my earliest recollection after sight and possibly smell, would be that of sound. My cheerful mother Eleanor was always singing, quite often with my Dad. They both loved to harmonize. One of the songs they sang was "Amapola" which came out in 1924 but was popular with the Dorsey Brothers later on and went on to a swing version and their theme song as "Green Eyes". Yep, on Radio!

Radio also became so affordable and popular that almost everyone at various times of the day would tune into their favourites. Many families would all sit around and listen to "The Shadow" during the 1930s with the voice of 22-year-old Orson Wells as Lamont Cranston. Broadcasting Hockey was naturally Canadian. Our cabin receiver was battery powered. But in 1944 it was the beginning of Camp J, and everyone in this area depended on batteries and kerosene lamps and stoves.

During the War years of the 1940's in St. Catharines I recall Mom would listen to Stella Dallas and David Haram while doing her housework. In the evening our family listened to "Suspense Theatre" and even then, I recall long drawn out baseball games. A big favourite was also "The Happy Gang" with Kaye Stokes at the organ. We heard a lot of Bing Crosby of course, and also our own Guy Lombardo, and his Royal Canadians from the Lido deck of the Brant Inn.

The kids got a triple treat as some programs such as Buck Rogers, Space Cadet, Red Ryder, and the Lone Ranger were also turned into serial movies at our local theatre, or we would follow them in our comics or Big Little Books. The latter also had action drawings in the corner that moved as you thumbed the pages. We could see our hero's serials go on forever up on the silver screen, somewhat as kids do today with TV or internet. Yep with a pop and popcorn too!

Other serials were made of Orphan Annie, Jack Armstrong, and Captain Midnight with their super epic adventures that glued us to our Radio sets. A few



Radio plays like Buck Rogers in the 25th Century sparked the imaginations of a generation of children. Wow, they took us on incredible journeys through time and space, while huddled close to the radio!

like Dick Tracy had clubs that you could join and send in, with a cereal box top and the huge sum of 25 cents, and get a secret code and a ring to hide it in. Wow! Let me point out here that the quarter or twenty-five cents was indeed a large sum. In my case that's what I received for shovelling snow or cutting grass for a week, plus I was expected to mix many gallons of paint or fill what seemed to be endless gallon cans of varsol, every Saturday, as I grew through elementary school.

The epics of Hop Harrigan were even more special for his "Learn to Fly" package promoted on radio. I remember waiting for what seemed an eternity for this special parcel to arrive. At last my buddies and Hop's fellow followers of his adventures could meet to review it. Our club's members of myself, Graham Ireland, Bruce Squire and Bob Clout could gather at my Dad's paint shop at the corner of Hartzell Road and Keswick. We would get together after school and after our respective chores every few weeks, to help set up our plywood airplane, build smaller aircraft models, and listen to our own radio. We went on to a lot of other activities and remained pals long into adulthood.

Now, here was its cockpit, with throttle, the joy stick and peddles... and Hop Harrigan's Radio Aviator's instruction

manual on how to use them. It sure whetted our appetites to fly and even join the RCAF, but none of us ever did. Probably sports and girls soon received a lot more of our attention as we slowly matured and grew towards thinking of higher education.

Then into my teens I listened faithfully to Lloyd Percival's Radio Sports College which in fact, along with his small booklets, certainly did help coach my track, baseball, lacrosse, basketball, badminton, and even my football endeavours as a new high school team captain. It seems I could never learn enough along with team mates Julius Kovach, Mel Bird and Scotty Girroti.

Interestingly however, my Merritton High school sweetheart and now wife of 64 years, Audrey Hough, an RN. and master bridge player is also in two sports halls of fame. One for basket ball and one for soft-ball, she says she never heard of Percival. Oh well! She is also a super Quilter!

My pal Graham did however become an aeronautical engineer and actually worked on our Avro Arrow. Years later I designed his logo for his Northland Model Aircraft firm in Carleton Place. Today his flyng model sopwith-camel hangs in the Capt. Roy Brown Museum there. That's our local World War 1 hero

that shot down the infamous Red Baron for those who have forgotten.

I also recall one of my cousins Walt Taylor who led his country band all over southern Ontario, and was particularly promoted by playing every Monday night, live on CJBQ Bellville. The Rhythm Ranch Riders also played under our giant hemlocks for one great evening of square dancing at our Camp J those many years ago. Our area continues to produce fine musicians and bands and swell audiences.

Radio of yesterday has given all of us many wonderful memories with probably some real effects on many lives. Note that it continues to be a virtual necessity today in our Far North. It still does some jobs beyond the internet or television.

Radio has provided news of events, sports and weather reports and even back then our CBC was the catalyst that kept our huge country proudly in touch. And as it still does today - it advertises, entertains and informs us, from one community to another. Like we presently enjoy the efforts of Renfrew and Bancroft both live and on tape. Radio continues to keep us company 24 hours a day! In our home, our barn, our shop, our patio, garden or boat... in many languages... with something worthwhile for everyone.

Good job Mr. Marconi!



R. Ernest Jukes Artist, Writer, Rover. For over 75 years he has won national awards for his art and design. An ardent storyteller, he has a rucksack of yarns to share. His poetry and articles have been published in premier magazines and books across North America including "We Came Like Monarchs", "My Road to Matawatchan", "This Cabin" and Pull up a Chair". Audrey and Ernie's travels by RV and canoe have taken them across Europe, Canada, the USA and Mexico, painting and writing about those ancient cultures. Today they create quilts and paintings at their old log cabin on Frontenac Road in Matawatchan. Visitors Welcome.

EDITORIAL

We all know variations of this quote by philosopher George Santayana, "Those who do not learn history are doomed to repeat it." ...doomed to repeat it. This acknowledges that human history has been ugly. It is apparent that Homo Sapiens didn't rise to the top of the food chain by being nice to their opponents.

I think Mark Twain's quote is more accurate, "History doesn't repeat itself, but it does rhyme." Human history moves, not in a flat circle, but like a spiral, helix, or sound wave and with each extreme shift from equality to inequality, empires, kingdoms, and democracies rise and fall. If the extremes of inequality are avoided, then so are violent rebellions. And it's all fueled by money or the lack thereof. As Benjamin Franklin, whose image graces the US hundred

dollar bill once said, "Money makes the World go around."

In 1670, the Hudson's Bay company was formed to establish trade and therefore power, over inhabitants of the "New World". Even before borders were drawn and British rule was established, this new commerce in Rupert's Land disrupted long-established indigenous trade routes and value systems. The first currency in what is now Canada was the "Male Beaver Coin" that had a value of one good quality male beaver pelt. This was the first push to turn the North American economy from one of subsistence, to European capitalism. No one gets rich in a subsistence economy. Yes, what we now know as Canada began under the rule of a foreign corporation and even though we now have a democratic constitution, corporations can and do

continue to wield power and influence. How much power we give them depends on how extreme we allow our political parties to become. Small-amplitude cycles that waiver from center-right to center-left have made our Country the envy of the world with both a high standard of living and solid social programs. We didn't do that through extremes that lead to civil war. We did it by staying to the center, helping the poor and recognizing the importance of a strong middle class.

You might think that bad things can't happen here, but they can. We are hearing about foreign interference in our elections by international corporations and self-interested governments and we see how that is working out for the US.

"It Can't Happen Here", by American novelist Sinclair Lewis, is semi-satirical book written in 1935, dur-

ing the heyday of European Fascism. It describes the rise of a populist demagogue who is elected US President, then controls the media, makes unilateral decisions, controls the military, incarcerates opponents in concentration camps... and eventually civil war breaks out. Does that sound eerily familiar?

"History shows that both those who do not learn history and those who do learn history are doomed to repeat it."

- Nicholas Clairmont.

Let's protect the Canada we love by electing people who will represent us, not their backers. Let's stay in the center of the road and not let our democracy spiral out of control into the ditch. Extremism is what wars are made of.

Stand on guard for thee.

Look For the Magic Moments

By Derek Roche

I have just finished reading an inspirational story in the New York Times about Julia "Hurricane" Hawkins who took up running at age 100! When asked about her secret to health and happiness she replied, "Keep yourself in good shape if you can. Have many passions, and look for the 'magic moments.' That is something that I have done in my life. Think of the things that are magic moments that happen to you, like sunsets and sunrises, rainbows, beautiful birds, music and people's lovely comments to you. All of those are magic moments and they are free for all. Be sure to keep your eye open for them!"

There are many ills in this world that I would like to take on and cure. The global economy is in intensive care. Over fifty percent of the world's wealth is in the hands of ONE PERCENT of the population. Hunger and malnourishment are rampant even in the wealthiest nations in the world! Bigotry and religious intolerance are all around us. However, I will leave the revolution until another day and another article. Let's start small.

Today I would like to speak to the common folks like you and I who strive everyday just to find peace of mind, happiness and good health. Diet is important for sure, genetics may play a small role, but the real threat to our species' wellbeing is stress! (How tight are your shoulders right now?) Perhaps Julia Hawkins is right! By keeping our eyes open to magic moments we can relieve stress and recognize the miracles that are all around us.



So why is stress a problem? Among other things, stress depletes our energy stores and makes us more prone to illness. Cell biologist Bruce Lipton discovered that genetically identical cells that are put into different environments behave differently; cells put under stress exhibit disease, yet when they are returned to a stress-free environment they become healthy again. His groundbreaking research showed that it's a misconception that genetics are mostly responsible for disease, it is, in fact, primarily the environment that alters our cells. Many recent studies have shown that spending time in a natural environment reduces stress levels and increases health and wellbeing, so if we are able to spend more time in nature, then this will support our health.

Magic Moments By 2050, 66% of the world's population is projected to live in cities. According to a study sponsored by the EPA, the average North American spends 93% of his or her time indoors.

We all know how good being in nature can make us feel. We have known it for centuries. The sounds of the forest, the scent of the trees, the sunlight playing through the leaves, the fresh, clean air — these things give us a sense of comfort. They ease our stress and worry, help us to relax and to think more clearly. Being in nature can restore our mood, give us back our energy and vitality, refresh and rejuvenate us.

Just the thought of breathing fresh clean air in quiet solitude enhances our wellbeing. Yet de-stressing and finding magic moments is slightly more complicated in our busy lives. So how, you might ask, can you turn your life around and reduce your stress levels? Ask yourself these useful questions for reducing stress and developing 'self-nourishing' strategies, and write down the answers!

This exercise can be life altering! Be particularly aware of the little voice of fear that tells you that you cannot change your circumstances!

-What kinds of things bring me the most joy in my life?

- How can I make sure that I have enough time and energy to do the things that I love and that nourish me?

- How could I give myself regular breaks in a natural environment?

- How could I avoid feeling overstretched in my life?

- Do I have unrealistic expectations about what is achievable?

- How could I say 'no' gracefully to unnecessary pressures?

- How do I feel about asking for help?

- Could I learn some stress-reducing tools such as mindfulness meditation or Yoga?

This last question is dear to my heart. The reason that I run Natural Healing Retreats is to give people an opportunity to enjoy peace and tranquility in a natural environment, thereby helping them to be fully present and recognize the magic moments.



Derek Roche is an Acupuncturist, Nutritionist, Allergy specialist, and Zero Balancing practitioner with over twenty-five years experience working in Cambridge (UK), Halifax, St Catharines, and Ottawa. He practices in Ottawa at 2211 Riverside Dr, suite 106 and runs Natural Healing Retreats in the Madawaska Valley in the Spring and Fall on a private lake. Call 613 333-2368 or visit Natural-Healing-Retreats.com for more information.

MADAWASKA HIGHLANDER SHORT STORY CONTEST 2019

By Lois Thomson

Categories and Prizes:

Adult Fiction – one prize of \$250

Adult Non-Fiction – one prize of \$250

Youth Fiction or Non-Fiction (please specify subcategory) – one prize of \$50

1st Runners-up "Down Independence Boulevard and Other Stories", by Ken Puddicombe.

2nd Runners-up: "Perfect Execution: and Other Short Stories" by Michael Joll

3rd Runners-up: "Persons of Interest" by Michael Joll, publication pending

Judges:

Michael Joll, author and President of the Brampton Writers' Guild

Kenneth Puddicombe, author

Garry Ferguson, writer, editor, former Madawaska Highlander contributor

Diane Bickers, Stakeholder Relations, Ontario Shared Services at Ontario Ministry of Government and Consumer Services, writer and enthusiastic reader

Roger Neil PhD, author and former associate editor of the Canadian Journal of Education

Dr. Max Buxton, physician, writer

Entries: No charge to enter. One entry per person. Open to the general public including volunteer (unpaid) Madawaska Highlander contributors. Youth entries must state the age on their entry email and must be under 15 years on September 20, 2019. Youth 15 and under are eligible to enter either as youth, stating their age, or as an adult, without stating their age, but not both.

Stories must be:

Primarily in English. Original. Never published before. 1200 words maximum not including the title. Should not include your name or identifying information. Should only include category and title

Sending Stories:

Enter any time before September 20, 2019.

Email your story as an attachment to info@reelimpact.tv

Include your name, address, email address, phone number, story title, category, and age if under 15, in the body of the email

Go to www.madawaskahighlander for complete rules and to enter

What am I Trying to Say?

"Get it down. Take Chances. It may be bad, but it's the only way you can do anything really good." - William Faulkner, "The Sound and the Fury"

I have interviewed many people who are unaccustomed to being in front of a camera. Some take to it easily, while others are so intimidated by the camera that they blank out. They search for the "right" words to say and the right "way" of saying them. When this happens, I will pretend the camera is off and ask the person, "What are you trying to say?" They invariably relax instantly and respond with a cohesive statement that begins with, "What I'm trying to say is..."

Talking to a blank page can be as intimidating as talking to a camera. If you find yourself with fingers poised lightly over the keyboard, a story stuck in your head, and a blank page staring you down, try unstopping your words by typing, "What I'm trying to say is..." It truly is hard not to finish that sentence, which will get other words flowing onto the page.

"Your intuition knows what to write, so get out of the way." - Ray Bradbury, "Fahrenheit 451."

"Write drunk, edit sober." - Ernest Hemingway, "For Whom the Bell Tolls."

I like these quotes because they refer to two different processes, writing, and editing. It is important to write down what you are trying to say without editing or judging every word as you type.

Write without judgement. Get out of the way of your own story. Let it flow, then go back later to see what you can improve upon. You will never be stuck for words that way.

A technique I use when I am writing is to leave blank spaces or _____ long lines as placeholders for the words I can't quite grab ahold of while I am getting my thoughts on paper. If you stop to find that perfect word, you risk forgetting what you were trying to say in the first place. There you are with a beautiful sentence that leads... where?

"When your story is ready for rewrite, cut it to the bone. Get rid of every ounce of excess fat. This is going to hurt; revising a story down to the bare essentials is always a little like murdering children, but it must be done." - Stephen King, "The Green Mile."

This tip is perhaps the hardest for a writer to follow. Never sacrifice a story for the sake of a beautiful phrase or paragraph. When you perfect the opening paragraph before you finish the story, it is very hard to pull it apart, move that part of the story to the end, or change it in any way, so don't fall in love with your own words. Be a ruthless editor who doesn't care about the author's feelings.

"Writing is easy. All you have to do is cross out the wrong words." - Mark Twain, "The Adventures of Tom Sawyer."

What I am trying to say is, get writing, enjoy the process, and submit your story. We all look forward to hearing what you have to say.

Connor Come Back

By Antonia Chatson

Our dog Connor was a remarkable companion. He was a friend to all, and he touched many lives. When anyone came for a visit he would instantly appear for a pat and a treat. He was always so agreeable, we often joked that we were going to hire him out to Walmart as a greeter. He loved to lie outside and soak up the sun and sniff the air. He loved to ride in the car with the windows down. He would stick his head out the window and savor the scents in the air. But lately it would take both my daughter and me pushing for all we were worth to hoist him onto the back seat. In the heat of summer he would bury himself under the hydrangeas to keep cool.

He found that our other dog Chance was very annoying but when he was gone, he missed him. I could see that he was lonely so when a friend said that he had heard from a cousin of his who had it on good authority from his mechanic that there was another dog who needed a home, I agreed. But unfortunately, Laddie arrived 4 days too late for Connor.

On April 8, 2019 at 3:00 a.m. our beloved Conner passed away. He had been off his food for about a week. The past 6 weeks or so he had been panting in the house and wanting out and I assumed that he had to pee. But on Monday morning he woke me up by pacing between the living room and my bedroom. I got up to let him out. I passed him in the hall and then I heard a thud behind me. I looked back to see that Conner had collapsed and with two quick sighs he was gone. I

am assuming that he had a massive heart attack. He had been putting on weight for several years, but it might have been fluid. Would we ever again have another dog like him?

I always felt that Conner could understand everything that was being said. I felt that I had to be guarded in what I said within his hearing in case he might pass it on to the wrong person. I can still see him watching me and when I patted him, he would put out his paw to lever a few more pats. He was never obtrusive but always there and companionable. When I drove the tractor around taking water here and weeds there, he would slowly, of late, plod along after me. I had been noticing that he would use shortcuts to either arrive at my destination or to return home. When I am out working in the garden now, I keep looking around expecting to see him watching me.

Conner loved to hear me play the piano. He would scrunch himself into the arm chair and lean his head on the back rest, close his eyes and nearly fall off to sleep. Sometimes I could hear him humming to some of his favorite hymns. Sigh.

When Connor died I phoned some neighbors and they came over. They rolled him in a sheet, put him on a sleigh and put him on the bucket of the tractor. Then they covered him with snow and ice till the ground melted enough to dig his grave. Another neighbor came with his back hoe and dug it and we buried him later that Tuesday. Conner was a big lad



Our sweet old Connor, just tolerating Chance sharing his cozy place. Still, he really missed Chance later.

weighing 160 pounds.

Laddie arrived four days after Conner passed away. He was very hyper and nervous. His 94 year old owner had died and he had been with her two sons for a fortnight, but they did not want to keep him. I imagine that he was wondering where he would be pawned off to next. Within five days he had settled in and down and after 8 days I was able to let him out without being tied up. He has settled in well and for never having seen a cat, the transition proved relatively uneventful. Oreo did have an issue with him, though. She hunkered down in her bunker in the basement vowing never to view the light of day until that upstairs monster had been removed. But

after three days, hunger and thirst drove her upwards into the house. By this time, felines were passe for Laddie. Within two swift sniffs, Oreo realized that Laddie was no threat, and they are now the best of friends.

We are so lucky that Laddie has Conner's sweet nature, so it is rather like having a younger version of Conner around. He also has quickly discovered two traits that Conner had. He eats out of the cat dish when company is here because he thinks I will not scold him in front of other people. And he goes in and out just to get the treats when he comes in. He has also hit upon a variation of that theme. If he is inside and I come in from outside, he thinks that he should



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We still miss Connor, but feel really lucky to have found a dog so much like him that needed us as much as we needed him.

have a treat then as well. He is becoming more obedient. He only stays out for upwards of 7 minutes and he is back inside where he feels more secure.

Laddie has Conner's sweet nature, so it is rather like having a younger version of Conner around. He also has quickly discovered two traits that Conner had. He eats out of the cat dish when company is here because he thinks I will not scold him in front of other people. And he goes in and out just to get the treats when he comes in. He

has also hit upon a variation of that theme. If he is inside and I come in from outside, he thinks that he should have a treat then as well. May well milk the system. He is becoming more obedient. He only stays out for upwards of 7 minutes and he is back inside where he feels more secure.

As with Conner, Laddie likes to keep on top of things. When the phone rings he runs around in circles barking. He will come to me or my daughter and escort us to the phone. The moment we answer, his job is done, and he lies down to listen to our end of the conversation. One day, he was outside and when he came in, he saw me talking on the phone. He sat in front of me tilting his head from side to side, questioning how I could be using that thing when it did not ring. He is of course excited when I get up in the morning and let him and the felines out. When he comes in, and has had his treat, he then goes to the foot of the stairs and looks up waiting for my daughter to come down. He will never bark until he hears some noise emanating from her room. As with Conner, Laddie is always there monitoring the situation, always minding his doggers.

Conner never did "moves". He would lie down close to us, and become a permanent fixture there, especially when there was a storm in the air. As he was so large it was usually impossible to circumvent him, so we had to do a long jump over him. I guess it was a good thing that he did not move for we would have been toppled over if he did. Our game here was not "leap frog" but "leap dog". Laddie too loves to be the center of attention and activity, the only difference being that his size is less, hence he is easier to maneuver around.

Today Laddie has taken to following the tractor around and he even made it to the barn. I had been telling him what he had been missing, and today he found out first hand. And Conner loved and knew every crack and cranny in the barn.

The natures of Conner and Laddie are so well matched, I am just sorry that they did not get to meet each other. Laddie is like Conner's shadow, filling a big hole in our lives.



Get Antonia Chatson's book
"Rural Vignettes" on Amazon,
Glaeser's Store
in Denbigh,
& Denbigh Public Library



Antonia studied at The Royal Conservatory of Music and at York University. She taught in all levels in the public school system as well as giving private lessons in music. Her passion is the land. She loved her experiences growing up on the farm in Shelburne and twenty-two years of farming in Denbigh with her husband, Francis. She plays the piano at the services at the Vennachar Free Methodist Church, and lives on the homestead with her daughter Irene.

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The previous article in the "Behind the Tunes" column detailed the evolution of the Hawaiian Slide guitar, its Big Island roots and its influence on 20th century western pop music, including, eventually, its appearance in the 50's phenomena of rock and roll. In this issue we'll take a look at the other famous Hawaiian stringed instrument, the ukulele, and its journey into mainstream pop culture.

In the late 1800's, thousands of European laborers immigrated to Hawaii, predominantly to work the

sugar cane and pineapple plantations. In 1879, the Portuguese ship, "Ravenscrag", arrived in Honolulu after an arduous four-month journey. Immediately upon setting foot on the wharf, so the story goes, one overjoyed passenger, by the name of Joao Fernandez, pulled out a small stringed instrument from his bag and broke into a song of celebration from his homeland. Presumably, he was the first person to introduce Hawaii to what the Portuguese called a "Machete", originally developed in the Madeira Islands and itself a descen-

dant of other European and mid-eastern stringed instruments, notably, the "lute".

There are several variations on how the "uke" got its name, although there appears to be no concrete evidence as to which telling is the true story. The most popular version, or myth, if you like, is that one of the witnesses to Joao's impromptu jubilation regarded his fingers flying around the fretboard as resembling a pack of jumping fleas, hence the name "ukulele, which roughly translates into "jumping flea". Regardless of how it was actually christened, the "uke" was quickly adopted into the local musical culture. The reigning king at the time, David Kalakua, himself an accomplished musician, became very fond of the "uke". As a passionate advocate of keeping traditional culture alive in the face of the many missionary groups intent on putting an end to what they perceived as heathen practices, he promoted a fusion of native culture with modern musical art forms. Thus began the tradition of including the uke at numerous royal functions as accompaniment to the hula.

Aboard the "Ravenscrag" were three other passengers, who after their decade long tenure in the

fields, returned to their woodworking roots. Manuel Nunez, Augusto Diaz and Jose de Esperanto Santo are listed in the Honolulu directory of 1898 as "guitar makers". As the uke became more popular they began to make ukuleles to meet the demand. These were finely hand-crafted instruments and not affordable to the masses, however Manuel Nunez was successful in mass producing a cheaper version, some of which made their way to mainland USA. Still, it was not until 1915 at the Pan American Exposition in San Fransisco that millions of Americans as well as citizens from numerous countries got their first exposure to the uke, along with the Hawaiian guitar, as noted in the previous article.

Along with the wave of Hawaiian music came an awareness by the larger instrument makers on the mainland, including C.F. Martin Co., the famed guitar maker. In 1917, they began to mass produce ukes, the demand outstripping their ability to keep up. Hundreds of thousands of ukes, in different sizes and form were shipped all over the continent. They were priced within the range of the working class, were small and easily transportable, relatively easy to play, and with the advent of sheet music

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The popularity of the ukulele came in waves over the last century. In 1968 Herbert Butros Khaury, professionally known as Tiny Tim, caused a resurgence with his falsetto song Tiptoe through the Tulips. Another resurgence is happening now, just over 100 years after the craze began in San Francisco at the 1915 Pan American Exposition.



which included lessons and techniques, could be learned at home.

Tin Pan Alley songwriters in New York began composing songs specifically for the uke, with Hawaiian melodies and English lyrics. The uke was merged with music of various genres, creating new hybrids of gospel, pop, country and western, ragtime, swing, jazz and even light opera. The eclectic genius of the Hawaiian musicians was to combine and blend all of these international influences with their own sophisticated rhythms and stylings, so much so, that the uke became an icon of the early jazz age.

During the 1920's, the appearance of "speakeasys" due to prohibition in the states, provided a natural conduit for live music and it was in these illegal all-night dens of alcohol and music that the uke gained such an influence in the beginning of jazz. Some jazz players switched to the uke on the basis that they could pick it up and still outrun the cops if the joint they were playing in got busted. This was mostly an urban phenomenon, but as the roaring 20's came to an end and the depression of the 30's set in, the uke's popularity declined. There were still thousands of ukes in the

hands of the working class though, and it began to surface in the country and western music scene as well as Appalachian folk music in much the same fashion as the mandolin in the 40's did, thanks to Bill Munroe and the new "Bluegrass" music. It maintained a presence in another, almost forgotten format, at least commercially, that of the "Jugband", a free-wheeling ensemble of homemade instruments and stringed instruments and whatever else was available. This was the home of the washboard and the washtub bass, the kazoo and your mother's pots and pans. It was a music genre that began at the turn of the century in New Orleans and still thrives across North America.

While never actually disappearing, the uke experienced several rebirths. The first new wave was after WW2 when American troops returning from the Pacific generated new interest in all things Hawaiian, a trend which in my opinion reached its lowly peak with the Arthur Godfrey show of the mid 50's on CBS, which some readers will remember fondly or with little interest. The folk revival of the early 60's gave the uke a little nudge as it was popular at hootenannies, but not so much in folk recordings. It was

left to a longhaired effeminate and eccentric gentleman who performed as "Tiny Tim". His appearance on the Johnny Carson late night show singing "Tiptoe Through the Tulips" with ukulele in hand, catapulted him to a short-lived period of fame and pushed the uke back into the public's sphere of awareness.

The "jugband" music I mentioned earlier, was also known as "Skiffle" music and had a resurrection in Britain in the early 1950's when Lonny Donnegan, an English skiffle guitar player recorded Lead Belly's "Rock Island Line" which went to #1 in Britain, shortly followed by the novelty tune "Does your chewing gum lose its flavor on the bed post overnight?". There were hundreds if not thousands of young lads who picked up a uke and began learning these tunes. Among them, two boys from Liverpool, John Lennon and George Harrison, who soon teamed up with you know who to form the "Quarrymen" playing skiffle music until they got hold of a Chuck Berry record and became the Beatles. Another British guitar player who began playing skiffle music at a very young age was Jimmy Page of Led Zeppelin fame.

The modern popular wave of uke music has been greatly enhanced by the proliferation of Youtube tutorial and performance videos by masters of the instrument, playing every genre of music you could imagine. One of the first to go viral was an incredible performance by Jake Shimabakuro of the George Harrison classic, "My Guitar Gently Weeps". It has received over 20,000,000 hits, which might be approximately the number of ukuleles manufactured since they first appeared in Hawaii in the hands of a Portuguese cane cutter.

...stay tuned



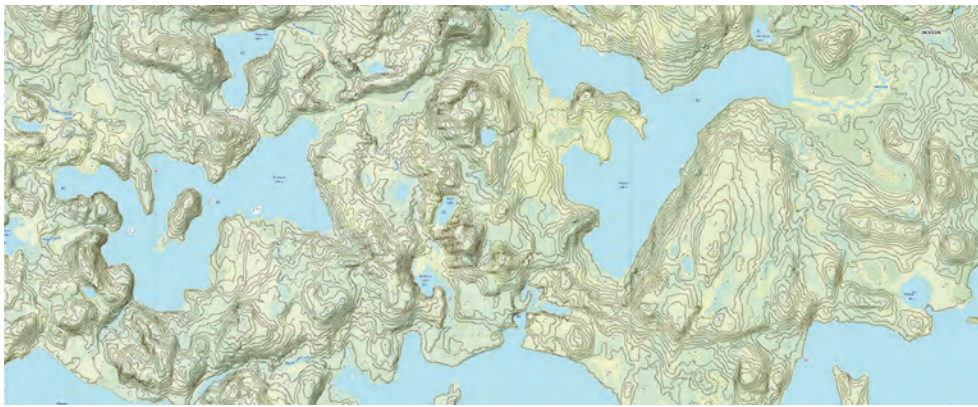
Peter Chess immigrated to Canada from Leeds, England at the age of 9 weeks. The family settled into a converted barracks at the local airport near St. Catharines for a couple of years before moving into a wartime house. After serving in the Canadian Army Signal Corps, Peter restored antique furniture in St. Catharines, which is where he met his wife Gitte, her daughters Sheri and Belinda. They now live in Matawatchan and have two granddaughters, Emma and Natalie. Peter is a member of Coop de Ville, formerly called The Pickled Chickens String Band.

Navigating with Magnetic Compass & Handheld GPS

By David Arama

Recently we heard that two teenagers were lost in Algonquin Provincial Park. Apparently, they were part of a camping group that didn't rendezvous at a meeting point. A large search and rescue operation was launched and the girls were found safe three days later. The weather was favourable and the girls had enough supplies to last a few days, but it could have ended up very badly. Every year in Canada, more than 12,000 people are reported lost. In most cases, they had no compass, map or GPS unit on them, or didn't have the skills to use them. The typical cost of a search mission can be \$30,000 to \$300,000 per day. It goes without saying that many outdoor enthusiasts need to hear this, since a vast majority have no navigational skills or gear.

Humans have built in compasses that keep us stable when standing up and prevent falling down or experiencing vertigo. However, we don't have an ability to walk in a straight line. Some research findings point to us having longer limbs on one side, and left brain versus right brain, that cause us to deflect to one side. Typically, without a navigational aid, we walk in circles. In addition, we are used to following straight lines, e.g. roads, hallways, etc., whereas in the wilderness there are swamps, cliffs, thick bush, and obstacles that force our way. We are good at remembering landmarks. Peoples of the past utilized routes, landforms, Tradewinds, inukshuks, and trailblazing, to find their way.



Using a GPS in hilly and heavily forested areas is not as easy as using Google Maps in the city. You don't enter a destination and wait for a voice command to tell you where to turn. It takes study and practice, even with a GPS.

Compass Selection, Bearings, Coordinates:

We always recommend a map-friendly magnetic compass, and one that has a sighting mirror design. My favourite compasses are the Silva Ranger and the Suunto MC. They have sighting k notches in the mirror that make it easy to sight a bearing. To take a compass bearing in the field, simply dial the bearing degrees you desire, e.g. 90 degrees east, then rotate the housing until you park the red magnetic needle into the orientating arrow, then point the direction of travel arrow at a tree or object, and walk towards it.

TIPS:

Don't trust your automobile GPS in rural or Wilderness parts of Canada.

Don't use a road map in the wilds.

Avoid Mapquest and Google Maps, they are fraught with errors. Use your maps to plan out your trip or combine them with GPS.

Get to know the important map symbols usually found on the back or side of the maps, or on the software itself so you can easily read your map without having to constantly look things up.

We recommend that you take a map & compass course.

For a map bearing, there are 5 Steps:

Choose an A to B point/line on the map
Line the edge of the compass baseplate with the line, with the direction of travel arrow pointing from A to B.

Rotate the housing until the north Orienting arrow points to the top of the map
Correct the bearing for magnetic declination, e.g. In our regions of Eastern Ontario, you add 12 to 14 degrees since the compass needle points west of true north, where the map points to

Point the direction of travel arrow, and start walking

Map Choices, Reading Symbols, Coordinates:

There are many map types and scales available. Topographical Maps show details above water, whereas Nautical Charts show details below the water. Topo maps detail topography, water, vegetation, and human activity, e.g. roads, towns, cottages. In addition, they note the magnetic declination, and coordinate systems, e.g. Latitude longitude and UTM.

On most topo maps, you can get a coordinate or location on the sides of the map for latitude, and top/bottom of the map for longitude. This works well when combining a GPS unit, where you can get your lat/long position by turning the unit on and waiting 2 minutes.

Some of the more popular maps available include: 1:50,000 Canadian Federal Topos, 1:20,000 Ontario Basemaps, Canadian C-Chart Nautical Charts, IBYCUS free mapping website for GPS, Backroads 3-D Topo Canada for Garmin GPS, OFSC Trail Maps, SoftMap Topo Canada Adventure Map Company, available for selected parks, e.g. Algonquin, Killarney Crown Lands Maps, available from Backroads Map Company, and at the OMNRF website. Crown Lands make up 90% of Ontario. In most cases as a Canadian resident, you can camp or RV on crown lands free of charge. Usually there is a time limit e.g. 60 days.

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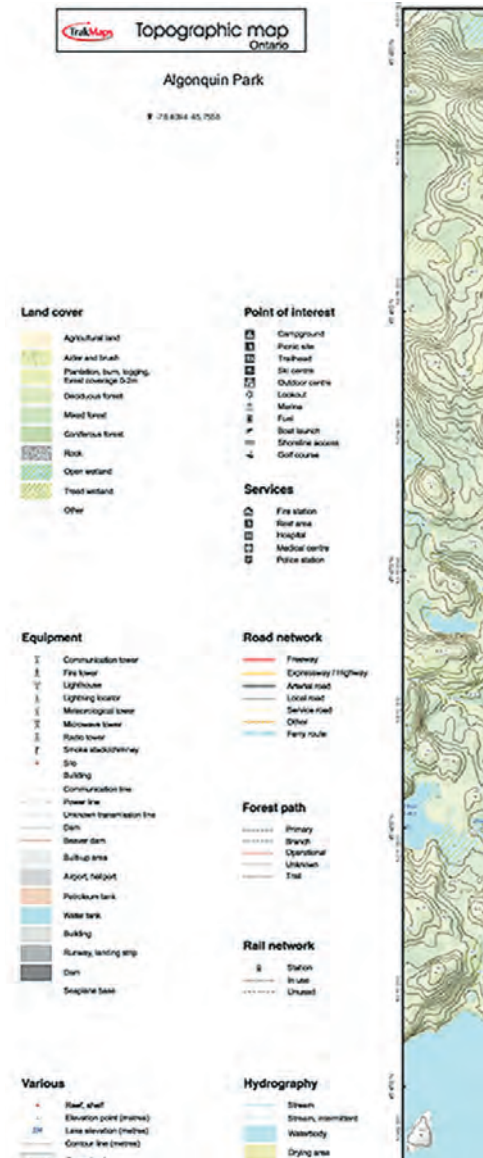
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Waypoint symbols are a way of accurately marking your GPS map to remember landmarks along the way.

Handheld GPS Unit Selection, Marking Waypoints, Go-Tos, Breadcrumb Trails:

There are many types of GPS systems available for different applications. Handheld GPS is the best for outdoor pursuits. My favourite models include the Garmin 64 and 62 push button units, and for some outdoor sports, e.g. snowmobiling and ATV'ing, folks prefer larger screen high resolution touchscreen models such as the Garmin Montana and Oregon.

When you buy a GPS unit, you will need to start it up to find the satellite almanac, and program the setups to customize the units of measurement, map datums, north reference, coordinate systems etc.

For extra money, I recommend GPS with a digital compass and barometric altimeter. On the Garmin 64, push-buttons include in/out for zooming in and out on the map screen, a cursor for moving on the map screen, menu button to access important setups, a page button

for changing screens, a save button for saving waypoints and routes, and a find/go-to button for activating a go-to.

To mark and save a waypoint, e.g. parking lot, hit the save button, and give the point a name, then hit done. Once you have stored waypoints, or if the mapping software has stored waypoints, e.g. gas stations, hospitals, attractions, then you can go-to a waypoint by hitting the "find" button, scroll to the desired waypoint, and enter to activate. When you start hiking, keep the red trip pointer arrow on the moving compass screen to the top-center of the screen, and you're going the right way! Also, on the trip computer screen, you can see the "distance to next", and that should be reducing. And there's "off course" that tells you how close you are to the go-to bearing.

I often combine the use of a magnetic compass and physical maps, with a GPS unit. The beauty of GPS compared to compass is that you can veer off of the straightened bearing to get around obstacles, or you can follow trails, as long as your distance-to-next is reducing.

The dangers of GPS include battery life, cold weather affecting battery life, atmospheric and solar conditions, and the computer chip malfunctioning or crashing. Always carry a compass when GPSing! You can also activate a breadcrumb trail or track log, to record your footsteps if you need to find your way back!

Alternative Methods of Navigation:

The White Pine tree is also known as the

compass tree, since it's the tallest tree in Eastern North America, and it points East. The strong northwest winds sculpt the soft branches on the taller trees to bend or lean east.

Using an analogue watch and the sun, you can find your way in the wilds by simply pointing the hour hand at the sun, half way between the hour hand and twelve noon on the watch dial = South. (northern hemisphere). You can use your own hands to simulate watch hands.

TIP: GPS units are set to default settings. You can add screens, customize screens and boxes, to your preferences. Typical scenes include the following: Moving compass screen, Trip computer, Menu and setups, Satellite reception, and battery life

Go to madawaskahighlander.ca to download a free copy of my survival book, *How to Start a Fire with Water*, or purchase a copy to keep handy in an emergency.



Remember, be prepared, you are biodegradable.



David is the owner of Marble Lake Lodge, and WSC Survival School Inc. David has appeared on numerous outdoor survival reality shows eg. Survive This YTV, Bad Trips Abroad T + E, and offers a variety of training courses and camps. marblelakelodge.com wscsurvivalschool.com

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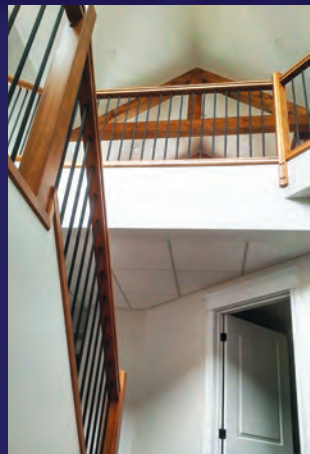
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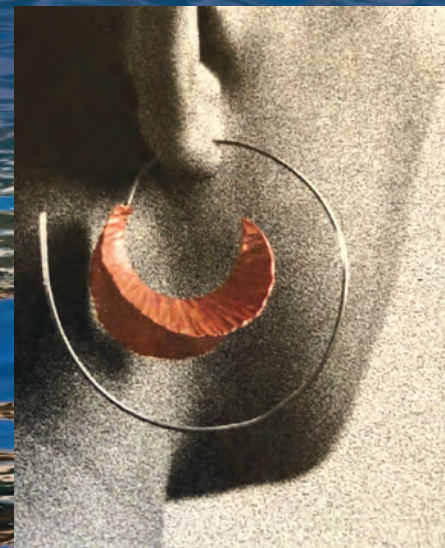
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