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Oct-Nov
2015
FREE Vol.13 Issue 5
 (Next issue November 25)

Celebrating Cottage and Country Life in Madawaska & Addington Highlands of Eastern Ontario

As we say farewell to Summer, we look forward to enjoying walks amid vibrant Fall colours in the Highlands, and giving thanks for all we have.

Welcome!



Kevin Power teaches swimming to children in Matawatchan. If you were expecting photos of fall foliage, you'll have to wait. Summer just won't quit this year! - Photo, Melissa Oleniak Inwood

...To another issue of wonderful stories and articles dispatched by our talented contributors who reveal through their words their passion for the past, present, and future of life in these beautiful Highlands.

Ernie Jukes embraces the past by showing us another side of "Those Hills", when his father's Model T Ford struggled to climb them in the 20's. Antonia Chatson shares childhood memories of baked beans and the wonders of shopping in town. And Marcella Neely connects past to present in "Generations" for the Cloyne Museum.

We encourage the future through thoughts on voting to preserve democracy in Canada. George Ross brings us up to date on renewable energy issues in Addington Highlands and we celebrate the grand opening of the new Thomas Low Hydroelectric Generating Station in Renfrew, a model of a collaboration.



Sunset Reflections at Summer's end. - Photo, Deirdre Weston

And what could be more important than surviving the present, every day? Survivor Guy and a small group spend a week in the woods with no sleeping bags or tents. Challenging and clever stuff! But survival isn't only an issue in the woods, David Ripmeester gives us a look inside the GM fire department with a reminder the best way to fight fire is through prevention. Susan Veale reminds us to stretch. Bears have to survive, too. Garry adds bears and sheds, and outhouse flowers to his GM News. Skippy turns Calabogie restaurant reviewer and the Madawaska Library continues to emphasize early reading programs, the fun way.

Enjoy...

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The Madawaska Highlander

The Madawaska Highlander
3784 Matawatchan Rd. Griffith ON
K0J 2R0
info@reelimpact.tv
613-333-9399
Business Manager: Mark Thomson
Editor and Advertising: Lois Thomson
madawaskahighlander.ca

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**Next contribution deadline:
Nov. 15 for Nov. 25 publication
madawaskahighlander.ca**

Message from the editor:

Check the Events Calendar for events in your area. We print what you send in, so if your event is missing or incorrect, be sure to email updates.

Check the ads right away for important information, hours of operation, specials and ideas about things to do in the area. Tell them you saw it in the Madawaska Highlander!

We also maintain the matawatchan.ca website, which has a handy community calendar that is updated whenever new information arrives. The Tri-County area around Matawatchan, Griffith, Denbigh and Vennachar is the primary focus of the web site. Also check out www.greatermadawaska.com for events and information in Calabogie. Our community paper depends on the community, so if you have something to offer that our readers would enjoy, please contact us to discuss.

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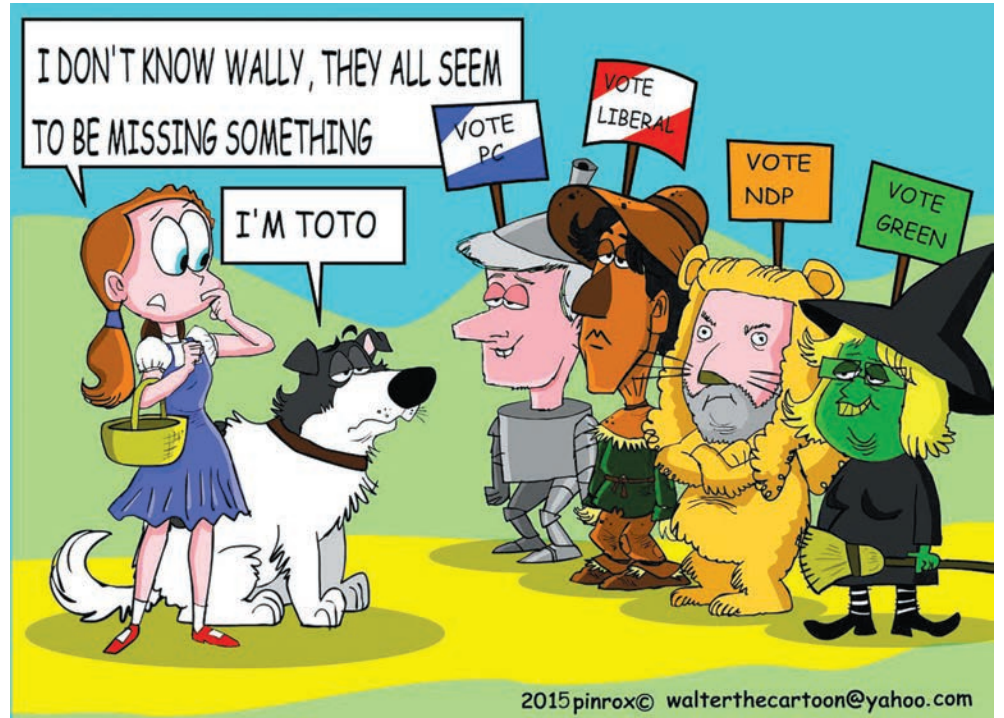
Thank you everyone!

We couldn't do this without our volunteer contributors and our advertisers. Thank you to the Denbigh-Griffith Lions Club for your support.

Garry Ferguson
Ernie Jukes
Skippy Hale
Sharon Shalla
Peter Chess
Howard Popkie
George Ross

Antonia Chatson
John Roxon
Jens Pindal
David Arama
Marcella Neely
Susan Veale
Antonia Chatson

Sam Baird
David Ripmeester
Geoffrey Cudmore
Jenelle Rosenblath



2015 pinrox© walterthecartoon@yahoo.com

The Walter cartoon series premieres in The Madawaska Highlander and is a collaboration between Jens Pindal and contributor John Roxon. Jens attended Sheraton College in Oakville and has been an animator working in the industry for 25 years.

<p>Century21 Eady Realty Inc. Brokerage 29 Raglan St. Renfrew 613-433-2254 www.vincentjohnston.com</p>	<p><i>My heart is in the Highlands. It's where my family comes from and where I like to be. I promise to do my best to ensure details are looked after and everyone is satisfied with the sale. You can trust me to list your home and help you find your dream property. New listings welcome!</i> - Vincent Johnston, Sales Representative</p>	<p>WATERFRONT DREAM HOME! 169 Sipolins, MLS 933072, \$499,900 Centennial Lake Water Front Home 161 ft. frontage 5 Bedroom, 2 Bath Detached Garage</p>	
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LOCAL

Nextera and res qualify for Ontario's renewable energy tender in AH and NF. Decision should be known in early 2016. If approved, environmental reviews follow.

Greater Madawaska Township has been approached by Innergex, a Canadian renewable power producer, asking to make a presentation to council. As of press time, no date has been set.

Lake Dore latest body of water affected by blue-green algae

CANADA

Boreal forest being driven to tipping point by climate change, study finds. One of the authors is from Natural Resources Canada, but was unable to speak on the record because of restrictions placed on public servants during the federal election. The result, the study concludes, is that the forest is likely to transform from an unbroken canopy of green to a mixed landscape with groves of trees separated by open grasslands.

Ontario Energy Board - Environmental risks of Energy East pipeline outweigh potential benefits, and warns it will drive up natural gas prices

Canadian agency deciding Shell's offshore drilling includes ex-Shell official. News of Tory-appointed official follows on Environment Minister granting Shell up to 21 days to stop underwater oil spills. In contrast, the US requires Shell to have capping equipment on-site in Alaska within 24 hours. Shell plans to save money by not keeping the equipment on standby in Nova Scotia, instead, shipping it when necessary by boat from Norway.

Kinder Morgan pipeline hearings postponed after consultant's evidence struck from record. Consultant who prepared evidence in favour of project has been appointed to the Canadian Energy Board.

From now until November 30, almost 50,000 Canadians will be cleaning up litter on more than 1600 shorelines. Go to shorelinecleanup.ca to help.

Patent received for space elevator deep in the heart of Ontario's Algonquin Park. The 12 mile high structure is designed to launch spacecraft from above the denser part of the atmosphere.

Harper says auto industry won't like all of the Trans-Pacific Partnership that would allow Japan to export cars to North America with substantially less North American content than currently required.

Laura's Shoppe Inc. is closing 20 stores within a few weeks and seeks rent reductions on 26 others. Failure would cause additional job losses in Canada. It is one of a few retailers that purchase Canadian made clothing.

COUNTIES

Eastern Ontario database southeasthealthline.ca adds information for stroke survivors to its health services information. It lists more than 4,000 services, organizations and programs available in Kingston and Frontenac, South Lanark, Leeds, Grenville, Lennox & Addington, Hastings, Northumberland and Prince Edward Counties.

Community leaders and activists in Pembroke are close to forming a county-wide poverty reduction task force to assess issues surrounding rising numbers of working poor.

The Eastern Ontario Wardens' Caucus (EOWC) and the Eastern Ontario Mayors' Committee (EOMC) have launched a new Leadership Council to collaborate on economic growth.

Renfrew County moves closer to acquiring CP Rail corridor to be used as the backbone of a major all season trail system, linking existing Ontario trails.

The Ontario Agri-Food Venture Centre (OAFVC) not for profit food hub with small batch food processing is opening in Colborne to boost rural, food-based entrepreneurship and offer local training opportunities in Northumberland County.

ONTARIO

The Green Energy Act (GEA) is the target of a proposed judicial review to be launched this fall. CCSAGE Naturally Green argues the GEA tramples rights and freedoms, punishes rural Ontarians, contravenes statutes and conventions the province is bound to uphold, and, at its core, is fundamentally unjust.

Green job boasts fail to deliver. 60% are short term for construction. In December, 2011, then auditor general McCarter warned: "(S)tudies in other jurisdictions have shown that for each job created through renewable energy programs, about two to four jobs are often lost in other

sectors of the economy because of higher electricity prices."

Ontario looks to reform labour laws as economy shifts. Laws need to reflect more part-time, shift work, says labour minister. Business groups say it will increase costs.

Documents obtained through Freedom of Information, reveal Ontario government was looking for options to downsize its troubled wind power development programs particularly in internationally recognized Important Bird Areas, noting expansion delay would help mitigate existing problems caused by excessive power generation during times when usage is low.

An Environmental Review Tribunal uncovered that the MOE concealed their own scientist's key recommendation against the Ostrander Point wind project that permitted the developer to "harm, harass and kill" the endangered blanding's turtles.

Ontario court says wind turbines reduce property values 22% to 50%, Court decision paves the way for future lawsuits against wind turbine companies and lessors.

South Dundas voted against South Branch wind power expansion project, which puts at risk \$55m of local investment.

Four naturalists groups are opposing Ontario's approval of the Amherst Island Wind Energy Project. The threat of the wind power project to the heritage environment is so great that Heritage Canada's National Trust named the island one of Canada's Top Ten Endangered Places.

Kawartha Lakes will appeal a court decision in favour of a mega-wind farm in Manvers Township. WPD wants access to a rough road/trail with heavy tree canopy, leading into a conservation area. Road would have to be widened, realigned and cleared of trees and brush for turbine construction.

West Elgin stands firm in its opposition to proposed res Canada wind turbine project. collecting about 600 comment forms from citizens detailing why they don't want turbines.

Kincardine issued an RFP to sound engineers to conduct baseline acoustic measurements before Armow Wind turbines become operational, hoping to demonstrate infrasound is the culprit of motion sickness-like symptoms in residents living close to existing projects.

Official opening of Renfrew Power Generation's new Generating Station took place Sept. 25

Renfrew-Nipissing-Pembroke MPP John Yakabuski retains position as chief whip and energy critic in new Ontario Progressive Conservative leader Patrick Brown's Shadow Cabinet.

Ontario Moving Forward with Sale of LCBO Lands, including acres of waterfront in downtown Toronto. Proceeds will Fund Infrastructure Projects Across the Province

Ontario apple farmers worried about impact of May frost on harvest. One farmer may lose 20 per cent of crop after apples 'froze straight through'

100th anniversary of 4-H in Ontario. a grassroots organization of leaders building leaders. The term "4-H" refers to the pledge: I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service and my Health to better living for my club, my community and my country.

Celebrate Ontario 2016 Now Open for Applications in support of Local Festivals and Events

Ontario First Nations launch inquiry into missing and murdered women and girls, saying the issue is too important to wait for the outcome of the upcoming federal election. whoisshe.ca

WORLD

WHO appoints Canadian Dr. Ophira Ginsburg to guide women's cancer care

Tesla Powerwall home batteries can be reserved for deliveries beginning in 2016 http://www.teslamotors.com/en_GB/powerwall.

The world's oldest message in a bottle washed up in Germany after 108 years at sea. Message offered 1 shilling for return to the British Marine Biological Association. Messages returned proved low level current direction to help fisheries.

World first, Sydney trial aims to eradicate children's cancer by growing tumours in lab to test treatments.

New species of extinct human 'Homo naledi' found in South African in a 30-metre-deep cave.

 <p>-552 (333-5523)</p>	<h2>Pine Valley Restaurant & Variety</h2> <p>Hwy 41 in Griffith, East of the Madawaska River</p>  <p><i>We'll see you there!</i></p>	<h2>Live Music</h2> <p>Monday & Thursday Nights</p>
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By Garry Ferguson



Outhouse flowers also known as Golden Globes



1st - Jody Kelly's '68 Charger with Lion Gail Holtzhauer



2nd - John Richardson's '23 Model T pickup

Fall, in our part of Ontario, will always drive our visual senses into overload but there seems to be nothing but unending green in summer and unending white in winter. From the time of settlement until the last half of the twentieth century, folks around here found that by trading or scrounging hardy, old-style, perennial flowering plants they could brighten up their drab lives a bit – at least in summer. Winter? Not much. Since no self-respecting plant could survive one winter's night in our old houses, the best my mother could do was to make fake, long-stemmed roses from crepe paper and fence wire. They were placed in prominent places until spring came to the rescue. By then, faded and dusty, they ended their days in the old Findlay cook stove. Around Matawatchan and Griffith, a tangle of old-style lilacs or a clump of hardy tiger lilies may yet mark the site of some forgotten, pioneer homestead even though time and the encroaching bush have obliterated all other signs of habitation.

Perhaps the most colourful of the old varieties is the golden globe. Known locally as outhouse flowers – or in many cases, a cruder version of that name - their leaves and five foot stems hid a lot of ugly and the brilliant-yellow, long-lasting blooms displayed a lot of beauty. They were the ideal cover-up to surround the stark, ugly toilets of our childhood. Though the outhouses are gone – no nostalgia there – we have kept that beauty alive in our flower gardens. The late Annie Thomson gave us some roots several years ago and we now have them flourishing in several places around the house. To encourage their survival and ability to spread each year, we have faithfully followed her instructions to cut and dispose of the stalks after first frost.

Readers who might want to scrounge some starter roots for their gardens will probably get a blank stare, especially from older Matawatchaners, if they mention golden globes. Try to remember – “outhouse flowers.”

The Denbigh Griffith Lions' (DGL's) Show and Shine, held Satur-

day August 29, just gets bigger every time out. This year, 131 + proud hopefuls, from some pretty distant points, registered their special beauties but it was a couple local – well Jody Kelly used to be local – lads who got to hoist some hardware. Jody, of Renfrew, took first – remember he nailed down second last year - with his 1968 Charger, John Richardson, Matawatchan, went home with a second for his 1923 Model T pickup and Omemee's Hans and Sylvia De Heus's 34 Ford Coupe scooped a third.

I cheerfully parted with my last sou (at least until the next cash-for-life day) when I found out where the \$'s from the latest Toll Road (that's where Lions stop you by throwing themselves onto the road) were to be aimed. It's hoped that a room in Renfrew Hospice will be refurbished, with a \$5000 DGL donation, and named after a beloved and sorely-missed pillar of the Denbigh-Griffith-Matawatchan Community – the late Ruby Malcolm. That would be such a well-deserved tribute. On the subject of Lions donations, the last \$5000 chunk of the \$25000 pledged to the Lakelands Medical Centre will be handed over on October 14th, this year. Lions consider a medical centre to be the most important improvement to the community since the hydro: others, since we got liquor stores in both Denbigh and Griffith.

On September 05, Margaret O'Hara became wealthier by a nice sum when her end of the Lions 50/50 ticket was drawn at Snider's Tent and Trailer Park. I'm told that this was the largest payout ever for this particular DGL fund raiser. I'm happy for Margaret but sad that I had to cancel my one-day holiday tour of Wilson. Maybe next year.

As in most organizations where a huge amount of work, time, and effort is vital, people that carry the load over a long time often become worn and frayed. The more hands to help, the lighter the tasks (think I fouled up that worn-out cliché real good) so to make a long story a little shorter, the Lions need help. They desperately need members. So, if you're even a bit community-minded and might want

to rub shoulders with some real fun lovers while working toward your sainthood, Dianne Shipley – 613 333 1094, dishipley@hotmail.com - would love to take your call and sign you up as a member. I'm assured that the present organization will always be most sensitive in asking for no more than individuals are willing to give. The Club is already beholding to many non-member volunteers who have helped out on an event-by-event basis. I'm also assured that a lot more of these folks would be welcomed with open arms: it was a figure of speech - I hope.

Don't forget that the Lions serve up a hearty meal – “Food and Fellowship” – at noon on every third Wednesday of the month. This is a popular event among us old pensioners since it may be the only square feed we get for another 30 days. Out of convenience - and so we don't strain to remember two dates in one month - the **Northern Lights Seniors** meet in the same place on the same day, at 1 p.m., immediately after the lunch. If these times and dates slip your mind, as always, go to matawatchan.ca and check out all the going-ons listed on the calendar of Community Events. Another good source of info where you'll find out all the Lion scuttlebutt is the denbigh-griffith lions club site. There you may get yourself spooled up to date on bingo nights or whatever other Lion events that piques your interest.

The Matawatchan Hall Board has selected October 08, 7 p.m. at the hall, to present its Annual General Meeting. Be there!! At least that's the order someone barked at me. Another October event, will be the **Halloween Dance on the 31st. Look for the posters.** The members – remember they hit the ground running within minutes of being appointed a whole year ago and have never slowed – have a lineup of Christmas events that we'll mention in our Christmas issue. **The November 28th Christmas Market and Lunch – mmm chili for \$7** - however, we will mention now in order to give vendors - and chili gluttons - a heads-up. Just dial up

Brigitte Chess, at 613 318 8308. The Board intends to thank the volunteers that have helped make the past year so successful in as many ways and as many places as they can think up, so have asked me to make its gratitude known in this column just in case some of those volunteers might be among my half dozen (including my wife and our editor) readers.

The Griffith Matawatchan Fish & Game Club and the Sno Dusters, two of the most active clubs in the area, have taken up permanent residence – they do go home between meetings, I hope – in the old hall. To find out what the F&G's are up to, Google the club name and look for Newsletter. To get Duster info right from the horse's mouth, give Pat O'Brien a call at 613 333 1470 or fjp_obrien@msn.com. Some may want to get in on the trail cleanup on October 03rd or arrange to help with signs before the season begins.

Lovey the Clown's – I think Patricia Strong had a hand in it too - fundraiser for cancer research on Saturday, September 05 in the Matawatchan Hall drew a large number of diners over several hours. The dinner itself was certainly a success, and, my sources tell me that in the fundraising department, the result was beyond all expectations. A cure? If only - someday soon!!!

Yes, Virginia! There is a **Greater Madawaska Seniors Housing Corporation.** And yes; they're still working hard to someday create warm, dry shelters for us older, colder but not bolder folk you'll notice shuffling around the area. Probably the most visual sign of the Corp's presence is the NU2U shop in Griffith and the huge yard sales set up at all major local events. It held its Annual General Meeting (AGM) followed by a roast beef/roast pork supper in the Griffith Hall on the evening of September 27th. The main message was for hopeful residents to climb onto the waiting list (you thirty somethings can forget it) in order to get the attention of municipal and county officials. The same folks have been on this committee for



3rd - Hans and Sylvia De Heus' '34 Ford Coupe

years and have been toiling without a lot of support since the organization came into being after the last big three-level-government economy-boosting grants had been assigned. They will be in a good position (local builder and man about town Peter Fischer has already donated land for a Griffith location) to take advantage of any future grants.

An update to the “Dear ___” scam (our last issue) that advised recipients of a post-card-like notice that they had been selected to receive \$100 in gas rebates valid at Shell, Esso, Petro Canada and more. Remember? Those who responded were asked for credit card numbers. Well, the reader that provided our information has received two more invitations to contribute to the welfare of some poor needy scammer – somewhere. If persistence is a virtue, then I guess that would be the only positive slant on such scum.

An Oshawaegan (from Oshawa) reader of the Highlander, on a visit to Denbigh, asked me what it would take to become famous enough to see his name in our “Griffith-Matawatchan News” column. He seemed a pretty downcast when I rhymed off a few qualifying world-changing accomplishments that might gain him such celebrity status so I decided to cheer him up. Here goes: **CARLO. If he ever wins a Nobel Prize, I'll give him more print.**

Bears have become a part of our mythology and culture though I still get a little confused as to whether I'm hearing about bears or bares – depends on who is telling the story I guess. People are said to be as strong, hungry or as grouchy as *Ursus Americanus* – if anyone had used that name around Matawatchan in my younger days, they would have been, at best, “puttin' on airs” or at worst, “a bit touched by the sun” - and to describe fate in a nutshell, the wise among us have come up with some kind of saying. I don't remember how it goes exactly, but if some bear hadn't stopped to do something or other in the buckwheat,

he wouldn't have been caught doing something or other. Don't forget that nice *Ursus* Family who were the victims of a break-in by Goldilocks. I've never seen a follow-up to that bit of crime reporting, but assume that the family grinned – at least bared a few teeth - and beared it just like the cuddly creatures we've made them out to be.

During a year when the wild fruit and berry crops tanked before they got started, due to a late spring frost that destroyed blossoms, Winnie the Pooh fans and folks that still carry their stuffed pandas to bed may be ripe for a reality check. Driven by an urge to pack on as much fat as possible before hibernation, bears are virtual eating machines, will go after anything they can swallow and anything – or perhaps anyone - standing in the way be damned. If you memorized our last edition as we hope you did – we don't expect it to be exactly word for word – you'll remember that Survivor Guy included some great advice on dealing with bear while out on the trail. One of his suggestions was to always choose a trail partner that you think you can outrun. Since terror can sometimes motivate super-human performances, I would, further to his advice, suggest that you be extra careful and choose someone on crutches. If ever it came to a run-for-life dash, a .577 Nitro Elephant Gun might come in handy especially if your friend on crutches should pass you. However, now that camping is winding down for the season, most of our readers will be primarily affected by bears causing damage around homes.

When I noticed that my recycling bins were being overturned on a nightly basis, I blamed raccoons and tied the containers upright so that nothing less than bear power would loosen them. Not only were the bins on their sides next day, but I found some scat nearby. I was mildly surprised to see that somewhere in the area there was a sizeable wild cherry crop. I was sure that no one I knew – no matter how gluttonous - would swallow that many indigestible cherry pits so I concluded that I was dealing



Mamma bear empties the barrel and cubs pile in. Bears are good at picking locks.

with, you guessed it, one of those *Ursus* creatures. “Friggin' bear!” I said.

It should be evident by the hanging door in the accompanying photo that locking up the garbage will only bring on some unplanned renovations to your home. Keep windows and doors shut and your garbage inside. To prevent it accumulating, visit the dump often - or at least, find out where your neighbours stash their waste and visit them often. In short, don't tempt bears by being careless with anything that may smell like a free meal. I could go on preaching to you but you'd probably just stop reading, so I'll refer those who are still with me to the (MNR) Ministry of Natural Resources. (or Natural REEsources as a lot of our broadcasters now say in an attempt, I'm guessing, to sound as though they come from DEetroit) The MNR site is most informative whether you've had an emergency encounter, a non-emergency encounter or just wish to learn the where and why's, the do's and don'ts.

To access the site, (1) call up Ministry of Natural Resources, (2) then follow “Report a bear problem,” (3) and

“Report a bear problem (Bear Wise).” Bear Wise also has a phone number, 24/7, until November 30: 1 866 514 2327. In case of an emergency encounter after that date, run to your computer, find “Google,” quickly type “prayers.”



Garry Ferguson was born at Black Donald Mines. After graduating from the one-room Miller and Matawatchan schools and the two-room high school in Denbigh, he joined the RCAF and the world of electronics. After 8 years, he became a civilian and worked in Montreal for the Navy. During this time he joined the Reserve Navy and trained at Cornwallis NS. In 1970, Garry joined Air Canada where he eventually dealt with flight simulators until retirement. He was asked to join the Canadian Corps of Commissionaires and spent six years in security at Toronto's Pearson Airport and Nav Canada's Air Traffic Control facilities. In 1960 he married Carol Pearsall and they had four children – now middle-aged adults. Carol and Garry live along Lake Centennial and try to keep up with the hectic local social scene.

FLOYD ENTERPRISES

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Prevention is the Best way to Fight Fire

By David Ripmeester

All fire fighters, whether they are Volunteer or Career, are held to the same standards set by the NFPA (National Fire Protection Agency). It is a matter of safety and having basic skill sets for the job. Some career fire departments have the money to train on other skills and have the equipment to back it up. For example, water/ice rescue, Hazmat, or high angle rescue. There are many others as well, however each volunteer department tries to focus on what their community needs and the costs for equipment to fulfill those needs.

As a volunteer you're on call 24/7. It would be nice to have every firefighter working in the community able to respond at a moments notice, however it is just not possible. You need to be able to leave your daytime/nighttime job, (some employers do not permit it, while others do), and sometimes you are just not around when a call comes in. Since we can never be sure who is responding to any given call, we all must be trained in each aspect of the job, whether it be running the pumper, doing fire suppression, searches, or using the Jaws of Life.

The best way to stop a fire is not to start one in the first place. We try to lower the possibilities of calls by educating people about fire safety through initiatives like smoke alarm programs and issuing burn permits. Burn permits tell us who is lighting and where, and also allow us a chance to speak to the people who are burning ahead of time to make sure they have the knowledge they need to keep them safe, avoid a disaster and a fine.

What a fire call looks like for a Volunteer is this: Pager goes off (normally set to the loudest setting to either wake you or so you can hear it from the dinner table). Hurry to get dressed or eat that last piece of supper. Get in your vehicle and turn on

the green light. Go to the station to get a truck and head to the call location. Some may think that it is hectic at a fire call. This is not the case. We have a very defined command structure that happens on every call. We have Fire Chief, District Chief, Captain, and Firefighter. (We also have Junior Fire fighter that I will talk about later) When we arrive to a call there is an Incident Commander. This is normally the Firefighter who arrives on scene first. They have the most information at this point and can make decisions on how to proceed. This position can then be transferred to a Captain or Chief. We are in constant contact with Dispatch (911) to update them or get updates on information. If you see a vehicle with a flashing green light, please pull over as you would for any emergency vehicle. We are in our own vehicles at this point, so it's important that people recognize the meaning of the green light and help us on our way.

Each call we get is different and we train for every possible case. We train weekly, and do online courses as well, and in some cases go away for specific training. We train for Medical assist calls, lighting strikes, brush fires, car accidents, house fires, and many more.

It can be interesting what comes though on the initial page and the reality of the call. Dispatch tells us what is told to them. For example a few years back across the pager comes "A dam broke and their is flooding...". Well, along the Madawaska we have a few huge hydro dams. There is the Mountain chute dam, Barret Chute dam.... and you think "Oh no, this is not good!" It turned out it was a beaver dam, not as severe as we initially thought, but there were still massive amounts of water going across the highway and into peoples homes.



Barry Dicks, of the Denbigh-Griffith Lions Club, is joined by Griffith Fire Chief Chris Peters as he presents a cheque for \$1,488 to Margaret O'Hara, also of the Griffith Fire Department. This is the Lions Club's largest 50/50 draw payout in their history. Ticket sales take place over the summer months. Proceeds will be combined with Bingo and Toll road funds to complete the final \$5,000 of a total \$25,000 pledge committed to the Lakelands Family Health Team in Denbigh 5 years ago. Congratulations Margaret!

Recently we had some new recruits join and some fire fighters leave. We have some fire fighters with 10-15+ years experience with us or at other departments and many with 5+ years.

This year we have added a Junior Fire Fighter Program. This program has many functions, I believe. It gives the opportunity for the youth to get their community hours needed for high school; it gives a confidence boost by teaching new skills and becoming a part of another family. I say family because you grow and learn with each other and learn to trust and depend on the fire fighter beside you. Each of us is a part of the fire department because we have a passion for it. Each member is eager to help out and choose to be a part of the training and fire calls. If that means missing hours of sleep, or a meal here or there, you will always see us ready to help out our community.

The Junior Fire Fighter Program was set into place to get youth who are interested in the fire service some experience. They come to the training nights and take part in the learning and practical exercises. Unfortunately they are not permitted to attend actual calls. However when they become 18 they can then join as experienced fire fighters ready to roll with the rest of us.

If you are interested in finding out if you have what it takes to be a Greater Madawaska Fire Fighter, contact Fire Chief Darrel Wagner at firechief@greatermadawaska.com

It is called a Volunteer Fire Department, but you do get paid for your work. In rural areas it's a part time job with very irregular hours (outside of training hours).

FIRE PREVENTION WEEK October 4 - 10 Hear The Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!

Fire Fighters are planning to go to the School in Calabogie to make presentations to the children during this year's Fire Prevention Week. They'll be delivering Pizzas in conjunction with Calabogie Pizzeria on the weekend of Fire Prevention Week. Activities depend on the number of available Fire

Fighters. The next time you are at a public event where Fire Fighters are putting on displays of equipment, take a minute to ask questions and get a peep inside the Greater Madawaska Fire Department.

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sent cards and attended the
afternoon drop in at our home on
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Also, thanks to our family who
arranged and organized the
memorable day. It was really
enjoyed and appreciated.*

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United Church of Canada Manse in Denbigh ON 613-333-1107

St. Andrew's United Church
Sunday Worship
Aug to Jan. 11:30 a.m.
Feb. to July 8:30 a.m.

Hilltop Tabernacle
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Service 6:00 p.m.

Vennachar Free Methodist Church
424 Matawatchan Rd. 613-333-2318
Services June to August 10 am
Sunday service time returns to 11am
the weekend after Labour Day

St. Luke's United Church
Sunday Worship and Sunday School
10:00 a.m.

St. Paul's Lutheran Church
Sunday School 9:00 a.m.
Sunday Worship 9:30 a.m.

The New Apostolic Church
Sunday School 9:00 a.m.
Sunday Worship 10:30 a.m.
Wednesdays 8:00 p.m.

Burnstown
St. Andrew's United Church
Sundays at 10:15 a.m.

Calabogie
The Calabogie Bible Fellowship
Congregational Church
The Mill Street Chapel 538 Mill St.
Regular service – Sundays 10:30 a.m.
Information: 613-752-2201

Most Precious Blood Catholic Church
504 Mill St., Rev. Ric Starks
Sunday Worship 11 a.m.

Mount St. Patrick
St. Patrick's Catholic Church
Sundays at 9:00 a.m.

Calabogie
St. Andrews United Church
1044 Madawaska Dr. (on the waterfront)
Sunday Worship 8:30am
Communion 1st Sunday of the month

REGULAR EVENTS:

Calabogie
GM Library Pre-school Storytime
Thursdays 10:30 am to 11:30 am
at the Greater Madawaska Library.
It is aimed at children from 0 - 6.

Calabogie Seniors Dinner & Meeting
Last Thursday of the month - 5 pm Oct.
to April at the Community Hall
May to Sept. Barnet Park
All seniors 55+ welcome. 752-2853

Renfrew South Women's Institute
www.rsawi.ca CalabogieWI@gmail.com
Branch meetings held at Calabogie
Community Hall
2nd Thursday of the month at 7:30
Contact: Marg MacKenzie, Pres.
613-432-3105 or Hennie Schaly Sec.
613-752-0180
Guests and new members welcome!

Calabogie Arts and Crafts
Every 2nd Monday
(If holiday, then 3rd Monday),
10:00 am – 1:00 pm, Community Hall,
prospective members most welcome
(\$15 per year), 752-1324

Lion's Club Bingo every Wednesday,
7:15 pm, Calabogie Community Hall,
752-0234.

The Calabogie and Area
Ministerial Food Bank
538 Mill Street,
2nd and 4th Thursdays of the month
9:00 am to 10:00 a.m.
For emergency situations, please call
752-2201

Denbigh-Griffith Lion's Club Hall 25991 Hwy 41 Regular Events:

Fellowship Lunch at Noon-Third
Wednesday of the month Contact Mary
McKinnon 613-333-2791

General Wellness Assessment by local
Paramedics available from 11:00am
until after lunch

Diabetes Outreach Program
every 3 months

North Lights Seniors
Third Wednesday of the month
at 1:15pm at the Lion's Hall after
Fellowship Lunch

Euchre First and Third Friday of each
month, September until June @7:00pm
at the Lions Hall Contact Dennie Barnes
@613-333-1488

The Pickled Chicken String Band
Mondays from 5 pm to 7 pm
At the Pine Valley Hwy 41, Griffith
Bert's Music Jam Every Thursday
5 to 7:30 p.m.

Denbigh Music in the Park/Hall
Every second Sunday of the month from
1 to 3 pm

Denbigh Diners
Full Course Meal \$7.00
Take out Irene and add Nancy Dafoe
613-333-5164

Denbigh Hall Exercise Group:
Monday classes at 10:00 am.
Thursday classes at 1:00 pm.

TOPS Tuesday at the Denbigh Hall
Basement @8:30am Contact Mary
McKinnon613-333-2791

SPECIAL EVENTS:

CALABOGIE & BURNSTOWN
Richard Gill 2015 Annual Fall Show,
Open 8pm Oct.3, Continuing 11 - 5
until Oct. 12 at Bittersweet Gallery
Burnstown. Contact Cheryl or
Richard at 613 432 5254 or preview
at www.burnstown.ca/bittersweet.
See ad back page

Calabogie Art Fest October 3 & 4
10 - 4, Calabogie Community Centre
See ad page 14

Roast Beef Supper with trimmings
Calabogie United Church Hall
Saturday October 24th,
4pm to 6:30 pm
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Children 6 to 12 .. \$8:00
Children under 6 free

GRIFFITH & MATAWATCHAN
Also see GM News, Page 4 Check
regularly for updates at
www.matawatchan.ca/Events

The Matawatchan Hall Board AGM
and Volunteer Appreciation Night
October 8, 7 pm. See ad on page 15.

Halloween Dance at the Matawatchan
Hall, October 31st. Look for the post-
ers and www.matawatchan.ca

November 28th Christmas Market
and Lunch at the Matawatchan Hall
– mmm chili for \$7

October 3rd Sno Drifters trail cleanup
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at 613 333 1470 or fjp_obrien@msn.com.

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Shopping
By Antonia Chatson



Shopping in Shelburne on the way to the farm was exciting to a young epicurean.



Of course I wanted sliced bread, just to watch the slicing machine. Silk's bread, cookies, butter tarts and cheese were the best!

I always enjoyed shopping in Shelburne. We would come to the farm on either Friday night or Saturday morning. If we were up in time on Friday we could do a little shopping then, but if we were too late, we would come back on Saturday morning. We always stopped at the grocery store first and say hello to Edna who worked in the meat section. We would only buy enough for the weekend although canned goods we tended to hoard. We always made sure there were enough cans of Heinz baked beans, for our favorite meal was beans on toast. Next, we would be drawn to Silk's bakery, who needed no advertisement other than the wonderful smells that emanated from it all over town. We would get several loaves of cracked wheat bread - sliced of course - because I always wanted to see them put it into the slicing machine. With one crank of the lever the whole loaf would be sliced. They also sold magnificent loaves of round white bread of which my father disapproved for he said it was not nutritious enough. My mother and I would sometimes sneak in a loaf of this and indulge our sin, when my father was doing some work outside. We would eat this with thick wads of peanut butter and unpasteurized honey from McConnell's Apiary. We would get our annual supply of honey from them every fall. They owned a large barn like shed, the top storey of which contained beehives, either going out or coming in. There was also a stand where they would take your payment and had on display small pieces of honeycomb in a wooden frame. As my father approved of that, we always got several. On the floor underneath were six huge vats of honey, each one a different flavor. My father always preferred the buckwheat honey. It had a very strong flavor, enough to put hair on your chest, if you wanted it there. We originally bought pails from Mr. McConnell and after we had emptied them during the winter months would return with them in the fall to get them refilled.

get large cookies there, either oatmeal, chocolate chip or raisin and sometimes butter tarts that even my father indulged in. On the counter, there was a huge round of mild cheddar cheese. We would tell them how much we wanted and they would guess where to cut it. They would take the slice of cheese with a thin piece of paper, weigh it on a scale, then wrap it in brown paper. It might have been that since I was young, I thought that Silk's bread, cookies, butter tarts and cheese were the best that I had ever tasted. But it could also have been that they were the best.

Then we would proceed to the Chinese restaurant in the center of town. On their counter, by the till, they would have trays of cracked eggs. Once my mother went in to purchase some, and the owner said that they were fresh out of cracked eggs, but if

she liked, he could crack her a dozen! Once, as we were approaching the farm, our springer spaniel got so excited to get there, that he jumped over me and landed on the tray of eggs, cracking them even further. When we got to the farm, my mother counted a dozen broken, yet usable eggs. She searched through her cookbook till she found a recipe for a Dundee cake that had exactly a dozen eggs in the recipe. I always remembered it, for it had quite a bit of ginger in it.

Another time, after we had left Uriah at Henry Ford's garage to be tuned up, we went to this same Chinese restaurant for a bite of lunch. My mother and I asked for a cheese sandwich on brown bread. The owner replied that he was fresh out of brown bread, but that if we liked, he could toast us some white bread! Can't fault him for ingenuity.

And, yes, you did read correctly, the garage was owned and operated by Henry Ford. His two sons worked for him and neither one looked at all like the other. One day my mother asked Henry why this was. He replied, "Well, after the first boy, I decided to change models," by which we assumed that he had remarried.

Our last stop was always the hardware store. It must have been at least a hundred years old. We would bring our five gallon cans to be filled with kerosene for our oil lamps. As a lot of people still did not have hydro, they did a good business in this. The owner would creak to the back of the store with me following closely at his heels on boards that bounced and sprang as they creaked. They had two very large barrels of coal oil in a room at the back of the store and out of one of these, he would turn a spigot and

Back to the bakery. We would often

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Heinz baked beans on toast made an easy, tasty hot meal, even on mouldy bread!

fill our jugs. If my father came and bought anything else, it would be wrapped in brown paper torn from a huge roll on the desk and tied with string that hung down onto the counter and could be traced to the back of the store, through loops in the ceiling, to a large ball from which they pulled it at the counter end.

One Friday night we were late at pulling out of Richmond Hill and arrived in Shelburne a few minutes after the stores had closed. As we were counting on shopping for the weekend then, we had nothing to eat when we got to the farm. It was dark and chilly when we arrived and we soon got the lamps burning and the fire going. My mother went to the pantry to see if she could rustle up anything for a late supper.

She found half a loaf of bread in the bread box from last weekend, which she had left by mistake. She brought it out and we toasted it and plastered the top with the ubiquitous can of baked beans. Boy, did it taste good. Perhaps another slice of toast with buckwheat honey would go good for dessert. Man, did that bread taste good. But when we came down and viewed the few slices we had left for our breakfast, we found that the bread

was blue with mould! Well, at least it proved that it had no added preservatives in it.

I could never figure out why, but whatever we ate at the farm always tasted so much better than if we ate anywhere else. Maybe it was that the food was cooked on a wood stove, maybe it was the good water that we drank with it or maybe it was the high quality mould that was produced in the area that appealed to our Epicurean tastes!



Antonia studied at The Royal Conservatory of Music and at York University. She taught in all levels in the public school system as well as giving private lessons in music. Her passion is the land. She loved her experiences growing up on the farm in Shelburne and twenty-two years of farming in Denbigh with her husband, Francis. She plays the piano at the services at the Vennachar Free Methodist Church, and lives on the homestead with her daughter Irene.

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CALABOGIE LIONS

Where there are LIONS By Sam Baird (who is one)

The Calabogie Lions Club has served the community for nearly 64 years. We are a community service club with a broad mandate to help the needy and contribute to the improvement of the community of Calabogie through voluntary service and funding support. The Club is a member of Lions Club International that has 1.4 million members in 210 countries.

Club membership in recent years has numbered in the 25 - 30 range. Members contribute to both fundraising and community improvement through voluntary efforts.

Community improvement programming at the local level includes for example: public speaking competition at the elementary school; funding support for students to travel out-of-country to compete in educational competitions and undertake voluntary humanitarian efforts; building of ramps and other fixtures to help wheelchair users maintain mobility around their homes; financial assistance to local citizens who need to travel afar to attain medical treatments; partnerships with others to help the needy when they may be experiencing temporary lapses in available funds; assisting fire victims; and, partnerships with others to help fund municipal projects. Donations are also provided to the Renfrew Victoria Hospital, the Renfrew Hospice, the CHEO Foundation, and the Calabogie Medical Centre. Local events like the Thanksgiving Pancake Breakfast, Remembrance Day events, and the Santa Claus Parade are also funded annually.

Community improvement programming at the regional and provincial level include for example: Donations to the Parkinson's Society; Crohn and Colitis Foundation; Canadian Diabetes Society; the March of Dimes; Lion's Guide Dog Programming; and the CNIB Lake Joe Centre.

On the fundraising side about 40% of our funding comes from the Calabogie Lions Club weekly BINGO and Nevada Break Open Cards. The remainder comes from a number of joint programs with local businesses like: Shooters Bar and Grill, Calabogie Motor Sports Park, Calabogie Highlands Golf Resort, Calabogie Peaks Resort, and Charbonneau's Grocery Store. These programs include 50/50 draws; Boot Drives; Vehicle Parking Management, and Alcoholic Container Recycling Drives. The Club also has an active offsite Bar Service for weddings and parties and a Tent Rental service where we rent our 20' X 30' marquee tent for private and business functions. We also have a number of private financial donors who recognize the importance of the voluntary work provided by the Calabogie Lions Club.

You can help us further develop and achieve our goals by becoming a Calabogie Lion and by supporting our local business partners. For more information on becoming a member of the Calabogie Lions Club please contact: clc14631@gmail.com or call our President, Barrie Nichols at 613-752-0915. Come to a few of our meetings and get to know us better. We are sure you will enjoy being a Calabogie Lion.

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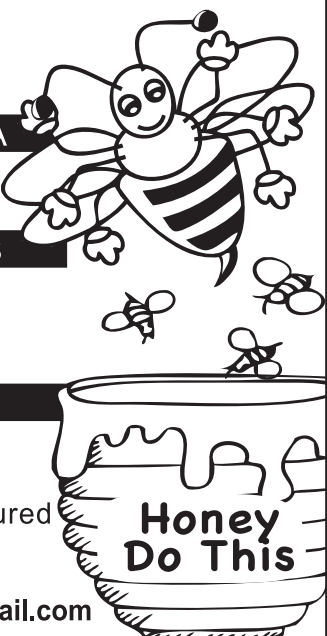
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'Bogie is a Happenin' Place!
By Skippy Hale



Cottagers Vicki, Hannah, Megan, and Sean Cunliffe enjoying a meal at the Redneck.



Smiling servers

Finally, I can give a full report on the Brewery and the Redneck Bistro and Meat Counter. Jamie, the Head Brew master took me on a tour of the line. I was fortunate to be there when he was drawing the ale from the Fermenter to the Holding tank in the Cold Room. Della Nichols was putting sleeves on the cans and her sister Lisa Charbonneau, was putting them through the Heat Tunnel to shrink them onto the cans. Scott Loftus was drawing off the ale into the cans and capping them. It is a nice efficient operation. The place is clean and staff is friendly and enthusiastic. I met Patrique Raymonde, the Brewery Assistant who was attending to customers at the beautiful concrete bar which looks like granite.

The staff took their product to the recent Craft Brewery Show in Ottawa and

sold out the stock they took with them. They have been so successful, that they had to close the Brewery for a few days to brew more ale. You may purchase it at the Brewery; drink it at Fiddler's Green, or at the Redneck Bistro. You can purchase them in 4 packs or by the can and mix and match. I have tried many of their products, either as samples, or at the restaurant. Our family had a Brew-on-Premise in St. Catharines, so I am familiar with the process. I am impressed.

As many of you know, I love my vitamins in the form of my daily Guinness. Because I enjoy dark ales I have tried Black Donald and Highlander. The Black Donald, a stout, is a bit bitter and although the owners disagree that there is coffee or chocolate in the recipe, I experienced an after-taste of both. My favourite is the



Behind the scenes at the brewery

Highlander, which is dark and reminds of me of Scotch ale which we used to brew at our place. Their wheat beer is Whistling Paddy which is light with a taste of orange. There are two IPA-types. The Bogie has a citrus flavour. I found it a bit tart, but that is a matter of taste. I am sure that one of my daughters-in-law who loves fruity-tasting brews would enjoy it. I found the Double Bogie less citrusy. It is 8% so I am glad I just live around the corner. I never drive after even one drink, but I definitely would stay put after one of these. Those are some of what the brewery has to offer. I will review others in the next edition. We are fortunate to have this business in the village.

They have totally remodeled the venue. When I first walked in, the tin walls gave me a sense of the brewery, since it was a carryover from the fermenters and holding tanks. The wainscoting from the earlier owners remains to give it the feeling of our logging history. The furniture is new and is reminiscent of diners of the 50's. The bar and some of the tables and stools are high while others are a stan-

dard height. The kitchen has all new equipment. The meat counter is glassed off from the main part of the restaurant. Mike Graham did his usual master craftsmanship on the long bar. The washrooms have changed places, so read the signs. The room is small, and noise bounces off the tin walls, so art or some baffle material should absorb some of the sound. Servers are dressed in plaid lumberjack shirts. With the exception of Patty, who is now in the kitchen, staff are all new.

I have had three meals at the restaurant and have enjoyed every one. The Bogie platter is a generous sampling of all the finger foods with four dipping sauces. The chicken fingers are thicker than any I have ever seen. The burger is made on site. It is so thick that I suggested it required a bigger bun. On another visit, I enjoyed the lamb. It was tender and tasty. I asked if the food would be locally-sourced. Ken McCafferty said they are trying as much as possible. Mike Wagner was surprised that suppliers did not come to offer their goods. I would suggest that local farmers visit the Redneck and offer to sell their produce or meat. The meat counter will offer steaks, chops and sausages and perhaps branch out to a deli if the need arises.

Mike Wagner, an owner and President of the business, who has owned a cottage on the lake for 15 years, is seeing his dream come to fruition. I asked him about the name, Redneck. He said he only had one angry comment and did think folks are not insulted by the name. I have heard many comments and I questioned it as well, but judging by the full parking lot, folks do not mind that much.



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Etiquette

The Victorians had very specific rules for addressing people relative to their 'station in life'. During the 60's we War Babies and Boomers were into Peace, Love and Equality. All conventions were out the window. As females, we continued the fight for equality and no longer wished to be 'a rose in our husband's lapel' (Margaret Trudeau). We wished to be recognised as persons in our own right. I can remember my husband's dismay when my new name tag listed me as Mrs. M. J. Hale and not Mrs. Richard Hale, the standard usage for letters as had been drummed into us by his grandmother. I had written a 'Thank you' note using her first name, not Richard's grandfather's. "I am a widow, not a divorcée and should be addressed using my husband's name, not mine!" The address 'Ms.' came into usage since it did not specify one's marital status. I remember going to business functions with Rich and getting the perfunctory 'Hello, how are the children?' and dismissed by his colleagues and staff...duty done, with no regard to my brains or my identity as a unique person. 'Mr.' does not identify males by their marital status and neither does 'Ms.' for females.

These thoughts came into play when addressing my wedding invitations and still to this day. How did I address the envelopes for those who were co-habiting, (a new situation, often without parents' knowledge)?



A lot of people work hard to make Calabogie beautiful. Vandalism and Litter have no place here. Many thanks to the Beautification Committee and sponsor Superior Propane. L-R: Mayor Glenda McKay, Heather Ross, Chuck Rigelhof, Kelvin McDiarmid, Hank Schaly, Kevin Lentz.

Today, I checked out the net and the new rules would make Miss Manners turn in her grave! Actually, there are so many possibilities, that it is a free-for-all. One has to take into account: single parents; same sex partners of both genders (married or unmarried); married couples with the same last name (his, hers or hyphenated); married partners with different last names; to use or not Ms., Mr., or Mrs. The list is endless. So do your own thing, but be prepared that you might offend someone!

When we moved here, I was so pleased that young people spoke to you and opened doors for you. My youngest son lived with us for a while and he commented on people saying 'Hello' when he passed them on the

street in Renfrew. Everyone in Calabogie knew who he was even if they had never met him; 'So, you're Skippy's lad, eh?' Valley folk are like that.

Other points of manners bother me, like litter for example. We live in Paradise here and the streets and trails are a mess. Why throw pop and water bottles out the car window? Smokers drop their butts everywhere. Guess what? The filters are not biodegradable and make their way into our waterways to the oceans. Open up cod and other ocean fish and see what is in their bellies. One would no sooner drop butts, bottles and packaging on the floors of one's house, so why in our outdoor homes? The world is our backyard, our home. Treat it with respect.

Vandalism

There have been a number of vandalism attacks in the village lately. The community mailboxes at Kennedy Road have been knocked over at least three times. Flags from the entrance to Emon Road on the way to the track have been stolen. The Community Hall was painted with graffiti. It was very large and colourful, a tagging from a drug dealer and was quickly cleaned up by the Township staff. One of the Liberal election signs was defaced with anti-Liberal and homophobic graffiti. Signs have been stolen. These actions are more than mischief. They are illegal and expensive for volunteers, staff of the businesses and the Township to deal with. Let's remember our manners.

Send me your information about events if you wish them included in the next edition.

bogiebeat@gmail.com



Skippy Hale moved to Calabogie with her husband Richard Hale Christmas '99. She has been active in community and church activities. She loves children and brags about her three grandchildren, 'Preschool Storytime' and school visits when she was the GMPL CEO/Librarian, and weekly Sunday School classes at Most Precious Blood Church in Calabogie.

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The Wilderness Experience & Advanced Survival Camps August 16 - 22nd

By David Arama



Off-grid cabin



Fire is a high priority for survival



Alan Bereti's Primitive Spoon



Birchbark basket and burned-out bowls



Primitive shelter home



Lean-to shelter



Allan and Adam



Proud survivors



Leaders basecamp



Nightfall approaching



Sunset at Kargus Lake

On Sunday August 16th, 12 teen campers and 8 adults arrived at the Kargus Lake Off-Grid Retreat (located minutes from Quadeville, Ontario) to attempt a week of Wilderness Survival Skills. Camped out for part of the week, with a night in the off-grid cabin, the youth were to spend 2 nights in a primitive survival shelter, while the adults endured 3 long nights without a sleeping bag or tent!

The students faced the first 3 days in a record heatwave, and on Thursday, at least 60 mm of rainfall made for a thorough

drenching. All 12 campers survived to the end, however, in a much more grueling survival challenge led by myself, Bryan Mackay and Cody Cribbet (new counsellor) the 5 adult campers lasted until Thursday night, and 3 made it to the vision-quest and final night at the off-grid cabin! The torrential downpours on Thursday took a toll on some leaky shelters, dampening spirits. All learned the valuable lessons of surviving in the wilds: the priorities of a good shelter and fire cannot be over emphasized, as is the will to live and ability to adapt quickly!

As I found out when I went to survival camp as a student over 30 years ago, it's difficult to predict survivability of an individual. For example, during the filming of the "Survive This YTV Reality Series -Season 2, many of the production staffers predicted that Ian MacBain (one of the 8 survivor kids) wouldn't survive! Well, he made it through to the end, and now is one of our lead youth camp leaders (and is attending Fish & Wildlife School). Also, when I was a survival student at Humber College and at Brigham Young, I was voted least likely to survive! We had an adult camper, Alan Bereti, who also fit that category this year, and he survived magnificently. Often it's difficult to forecast how individuals will react in a survival situation. This experience should impact his life by increasing his confidence and self esteem.

survive 1 night without a tent or sleeping bag, in primitive shelters. They learned how to build a camp fire without matches, and went on nature hikes, where they foraged for berries and wild foods, led by Zac Seigal, Ian MacBain and Jesse. Saloum,

Wildlife sightings included an Osprey, Common Loons, Ruffed Grouse, and a Deer. We heard Owls and Wolves at night.

The camp ended with a catered roast beef dinner and apple crumble, delivered by Connie Hammer from Marble Lake Lodge. And a mandatory swim to become civilized again!

Often we refer to people's of the past (eg Pioneers, Voyageur's, Native Peoples etc) as "primitive", as though they were somehow not very intelligent. I wonder, since we can measure intelligence in many ways, are we more or less intelligent than these past primitive people's? Perhaps the next environmental disaster will give us the answer.

The youth campers (ages 11 - 17) learned how to camp in the backcountry, and



David Arama
David is the owner of Marble Lake Lodge, and WSC Survival School Inc.
David has appeared on numerous outdoor survival reality shows eg. Survive This YTV, Bad Trips Abroad T + E, and offers a variety of training courses and camps.

www.marblelakelodge.com
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Generations By Marcella Neely



This picture is of Gene Brown and her grandmother, Christina Irvine, feeding chickens on the Pettifer Farm in Denbigh. In the background is the old log and stone milkhouse. Christina was a McGregor from Scotland. Her granddaughter, Gene, married Irv Brown. Gene Brown is a founding member of the Pioneer Club, which evolved into the Cloyne and District Historical Society, and co-author with Nadine Brumell of the popular book, *The Oxen and the Axe*. Several of Gene's poems appear in the book including "Have You" which is copied here.

The painting was done by Carol Brown, a talented local artist and great niece of Gene Brown. Carol painted from this photograph and captured every detail in each log and stone in the milkhouse. The Museum is the lucky recipient of this work. As well as donating the original, Carol created a series of numbered prints for sale as a fundraiser for the museum.

During the summer Carol's painting is on Display in the museum. We only have one of the prints left as they sold quickly. Carol's father, Don Brown is the nephew of Gene Brown and until retiring, his family ran Brown's Trailer Park on the Mazinaw. During the years of logging this park was a mini village even having its own school. Don's mother, Bernice and her sister, Gene, married brothers Bryce and Irvine. Irvine was actually Bryce's half brother.



Alfred Ross Osborne and Bryce Brown
Photo from the Flickr series pioneer.mazinaw.on.ca

Have You?

By Gene Brown

Have you seen the mighty giants
Lying on the forest floor
Lying where the axemen left them
In the logging days of yore
Vine entwined and fern encrusted
No more they'll rear their lofty heads
To watch the wild geese passing
There they lie, unused and dead.

Have you seen a yellow flicker
Or heard a mare's low whicker
To her foal, awakening to the dawn
Heard a waterfall's wild roaring
Or watched an eagle soaring
High above the cliffs across the pond.

Have you walked knee deep in clover
Heard the whistle of a plover

As you went to pick wild berries in a pail
Felt the sun upon your shoulder
As you perched upon a boulder
Or curled your toes around a cedar rail.

Have you saw a deer go flashing by
Heard a loon's wild haunting cry
Or heard a partridge drumming on a log.
Have you smelled the springs first flowers
Or caught in sudden showers
Or heard the frog's first peeping
From the bog.

I have heard, and seen, and wondered
If the land that we have plundered
Will be always there for others
As it has been for me
In days gone by.

ART SHOWS IN THE HIGHLANDS

Richard Gill 2015 Annual Fall Show, Oct 3 to 12.
The Masters as Muse – From Rembrandt to Rodin
is a foray into the creative vrealm of painters
& sculptors of the past...



Culture can mean many things: it can be your language, your food, your religion, your fashion, your music, your art, your muse. Every fall as summer leaves behind a last hurrah of blazing colour, we embark on journeys & adventures to drink in every last drop of warmth and visual stimulation. Its a time when artist's often open their doors letting us in to their creative realms. Curious by nature, we enter, often in awe and wonder. What if we could embark on a Studio Tour of the masters in our own back yard?

Burnstown artist & sculptor Richard Gill's muse of late is a relentless fascination with art history; the lives of the masters, anecdotes and interest-

ing tidbits of their time, how we imagine their spaces, the inner workings of their creative minds, their muses, obsessions, passions, vices, turmoil...impact on world events.

Now in his 70th year the modern-day master of sculpted clay relief remarks that this work is perhaps his most challenging to date & opens his own studio, inviting us in on a visual journey revealing the masters creative spaces. Think of it as a Studio Tour of the masters. Imagine ...

Cezanne, Matisse, Modigliani, Warhol, Frida Kahlo, Monet, Renoir, Calder, Emily Carr, Tom Thompson, Pollock, Toulouse-Lautrec, Brancussi, Bill Reid, Rockwell Kent, Goya; Van Gogh painting starry night; Dega in the balcony aroused by the beauty of his muse, the dancers.

This show & sale marks Gill's 44th annual fall show at his studio at Bittersweet Gallery in Burnstown. It opens October 3. Vernissage from 2 'til 8pm. Richard will give a brief talk on the works at 3pm and again at 7. The show then continues daily 11 to 5 to October 12. For more information contact Cheryl or Richard at 613 432 5254 or preview some works at www.burnstown.ca/bittersweet.

Calabogie Artfest 2015, Oct. 3 & 4, 10am – 4pm

Calabogie Community Centre, 574 Mill St.

The Calabogie Artists are at it again. The 15th Annual Calabogie Artfest will be the best one yet! Sixteen talented artists and artisans in Greater Madawaska will be joining together to bring a spectacular show to the Calabogie Community Centre on Oct 3 and 4 from 10 am to 4 pm daily. Besides eight visual artists showing paintings in different media there will be 8 talented artisans who work in fabric, wood, glass and silver.

This years' visual artists are Shirley Corneau (acrylic), Barbara Brown (acrylics and watercolour), Bonnie Wellman (acrylic), Shirley Anne Cone (acrylic and oil), Dwyene MacNabb (acrylic and oil), Kim Lepine (acrylic and oil), Julia Winn (acrylic and blown glass), Denise Jasmin (watercolour), Cathy Cooper (oil and acrylic). Our varied artisans are Nancy-Leigh Smith (fabric figures), Sue Allen (hand woven shawls and table runners), Carole Mundy (exquisite silver, copper and polished stone jewelry), Reggie Ar-



monas (paver pol, carved and jewelled walking sticks and stained glass), Anne Merla (stained glass), Mark Thomas (wood carved signs). Special guest, Leslie Cross returns with her glass fusion plates and pendants. We have something to interest everyone including our Tea Room hosted by the United Church ladies.

Drop by and bring friends!

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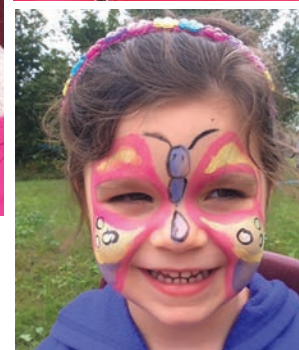
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It Was a Fun and Busy Summer at Greater Madawaska Public Library

By Sharon Shalla



Marlene Schaly put her face painting talents to work at the Fun Day and the children were eager to show off their painted faces for the camera.

Children's Summer Program ended on Thursday, August 27th with a special Fun Day. Thanks to all who attended the program over the summer and joined us in celebrating this year's Toronto Dominion Bank's Summer Reading program theme which was PLAY! Special thanks to our summer student, Dylan Pirie, for keeping the children entertained with outdoor games and fun. The water balloons were a big hit...or should I say SPLASH! Our Fun Day guest was Marlene Schaly who put her face painting talents to work and the children were eager to show off their painted faces for the camera. Also, a special thank you to Mike Cote of KnuZ Ice Cream in Burnstown for donating 15 coupons to the Children's Summer Program for a free waffle cone.

The Baby Book Bag Program in memory of local resident, Nancy Gorra, continues at the library. This year the program welcomes to the library children born between October 2014 and October 2015. Presentations will take place on November 17th. Please submit the child's name, date of birth, and parents' names to the library. Your child will be presented with a lovely hand-painted tote bag containing a book and early literacy resources. You can submit the child's name by calling, emailing, or visiting the library. We gratefully acknowledge the Calabogie Women's Institute for their financial support of the program.

The Library's Book Club starts up again on September 30th, and we are welcoming new members. The group will meet once per month to chat about a selected book the members have read. If you would like to know more details about the club or would like to join please contact the library.

We registered 26 new members over the summer. If you don't have a library card yet and live in Greater Madawaska Township, or own property in the township, you can get a library card for free! Please present proof of your current address when coming in to register. Acceptable forms of identification include driver's license, lease agreement, tax bill, rent receipt or utility bill.

Calabogie Artfest 2015
 Sat Oct 3 & Sun Oct 4
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 Calabogie Community Centre
 574 Mill St.
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 calabogiearts.wordpress.com 613 433 2083

Recent Arrivals

Fiction

- The Burning Room by Michael Connelly
- His Whole Life by Elizabeth hay
- The Paris Affair by Tatiana de Rosnay
- Those Jensen Boys by William Johnstone
- The Novel Habits of happiness by Alexander McCall Smith
- In the Unlikely Event by Judy Blume

Nonfiction

- Dead Wake: The last crossing of the Lusitania by Erik Larson
- Beginner's Waterclour: Sample projects for artists by Sarah Hoggett
- Lego Star Wars: Empire strikes back by Emma Grange
- The Book With No Pictures by B.J. Novak
- Sophie Peekaboo ABC: fun flaps by Dawn Sirett

Juvenile and Young Adult

- What Pet Should I get by Dr. Seuss
- Ink & Bone: The great library by Rachel Caine
- Amelia's Boy Survival Guide by Marissa Moss

DVDs

- Air Bud: Russell Madness
- Mr. Selfridge Season 3

Magazines

Recent editions of magazines such as Oprah, Bird Watch Canada, Cottage Life, Chatelaine, Style at Home and Legion magazine.

We are open Tuesday from 1:00 – 7:00 p.m. and Wednesday thru Saturday 10:00 a.m. – 1:30 p.m.

The library is closed Sundays and Mondays. Membership is free to all residents and taxpayers of Greater Madawaska Township.

For more information call 613-752-2317, email gmpl@bellnet, or visit us at 4984 Calabogie Road (across from Calabogie Pizzeria)

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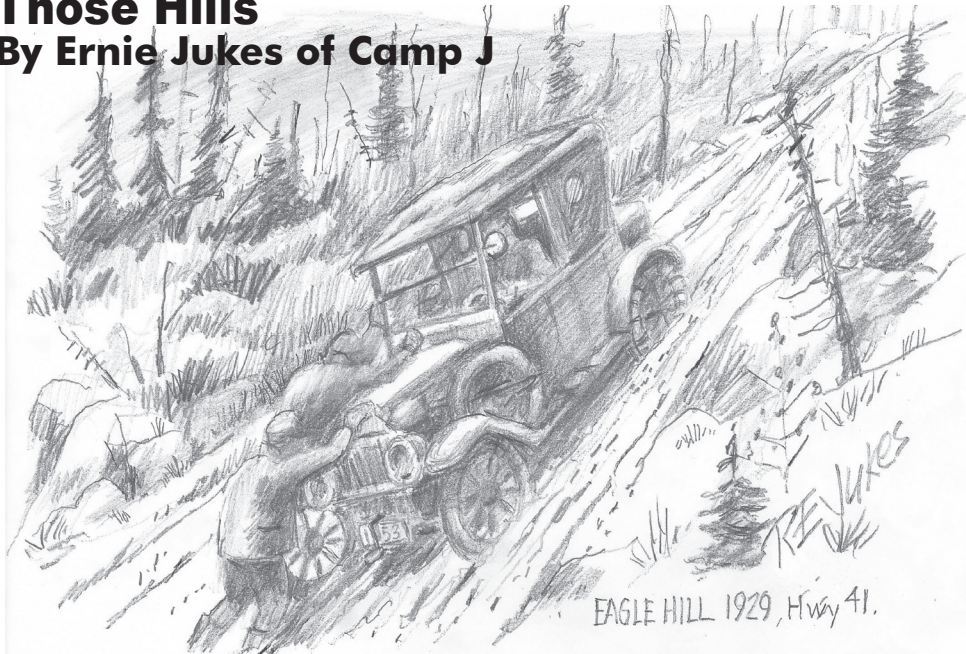
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Those Hills By Ernie Jukes of Camp J



"Bang her into reverse Walt and let's get to hell outta here and up over the top" hollered Bruce Wagar, mud and slush to his ankles. Bert Taylor was also puffing, cursing and pushing on the front rad of Walt's Model T. Ford touring car. Gordon McCabe covered in snow and mud, like the Isinglass windows, was busy shimming the clutch with a wooden shingle. They were carried expressly for the slow two mile steep climb up Eagle Hill. An early cold, wet November snow-storm was falling and the narrow track over the mountains they called Highway 41, was a slippery mire of mud and snow. The proven method of getting up and over these steep highlands was to back up with all hands pushing. This provided better traction and gas flow to the engine. All close Brothers in Law, they had done this sort of thing before. They already had chains and rope around the wheels.

This sweaty group knew they were committed to more tough-going ahead and they had to get into their deer camp by opening day. It was an outing they all happily pegged on the calendar each year and the rest of the gang were there waiting. Walt didn't mind the long drive from Rochester, New York to pick up his Napanee, Ontario buddies. They were all glad to be on their way north to those blue ridge hills of the Madawaska Highlands. He loved adventure, the hunt and especially those hills.

It really doesn't matter much where we come from--- there are a few special places that reach into your very soul and memory. They beckon you back again and again. You know, like that particular hole at the bend of the stream where the trout lie big and wary. Or that abandoned overgrown farm where the coveys of grouse flush loudly from the tumbled down outbuildings. Or it might be that mountain top that you have to climb simply for the glorious view no matter how many times you have seen it before.

The year was 1929 and the trail into the tiny settlement, called Glenfield (now almost deserted) was barely passable for the old tin flivvers of that day. More reliable horse and wagon was still the mode of transportation in that neck of the woods. And they were certainly handy for getting the game out of the bush--- no ATV's or 4 wheel drive jeeps in those early times. The distantly related Snider family were there with shovels welcoming their annual guests. However, Jesse, the patriarch of the large family and an old friend was feeling poorly. He said nothing but the gang knew something was not right.

In spite of more falling snow each day, the dogs ran well with Walt's big blue tick hound "Babe" baying in the lead. These experienced hunters soon had their fill of "liver and onions" with many more big bucks hanging. They had added plenty to the larder of those hardy settlers that were facing another long tough winter. The hunt was again successful.

The snow continued to rapidly build and by the end of the week it had drifted nigh on waist high in most places. This brought an end to the hunt but to make matters worse old man Snider was much worse, he looked ashen grey as if "the cold had got deep into him and just wouldn't let go". It sure didn't, for two days later as they said in the hills in those days he "woke up dead".

Well no one could move in those conditions and there were no telephones in there, so Walt's boyhood experience with a Hanover, Ontario undertaker was called upon to lay the old man out. The backwoods gentleman was "waked" by candle light and kerosene lamp in the parlour while the hunters helped the family dig the grave in the little cemetery nearby, just down the road apiece. Walt or "Watty" as the locals sometimes called him, was determined he would build a deserving coffin for his old friend and had it well started when he ran out of nails and screws. Not enough to be had without tearing down part of the barn or the outhouse.

It was still snowing and blowing hard as he brought out his snowshoes made for him by a local native friend and sometimes fellow hunter by the name of Joe McLaren. He decided, against all objections, to hoof it cross-country over the ridges to the general store at Matawatchan and get the necessary hardware to finish the important job. Mrs. Snider, Mariah also needed more supplies including pickling salt for deer preserves. He would leave at dawn.

The wind had stopped during the night but it had turned colder than a witch's heart. Walt's nose was drippin as he set out nor-east through frosty forest and slushy stream. He had hunted many parts of the region since taking up citizenship in the states. But after a few hours he stopped, and looking slowly around in all directions he had realized that something was wrong. There before him was a large half-frozen, snow covered lake and a huge mountain beyond, that should not be there, at least not just yet.

An hour later he had worked his way around the edge of the lake, over deadfall and up to the crest of the high hill. No land marks, no sun, everything heavily laden with snow. Looking a lot like a place where he had taken out an elk in Wyoming he thought as he rested, mopped his brow, and puffed on a Camel cigarette. It was past mid morning and he knew he had many miles to travel. After following his compass north for a mile or so he found the familiar trail crossing a slushy narrows between two lakes. Feet wet and cold he followed it through the drifts to lead him up over steep Dan's mountain into the village of Matawatchan for his quick purchase and tough return trek.

It was better going now he thought, fortified with a good slug of rum at the store from Bill Hunter and two new pairs of wool socks. He picked up his own snowshoe tracks, in fact the only tracks he was to see all day. His respite of temporary comfort was short lived as he was soon forced to slosh, shin deep in ice water, fording the narrows once again. However after putting on the other pair of woollies he more ably fought his way over hill and dale, following his own bush trail toward Rose Hill and Glenfield.

Then at last in the distant dusk he saw the lamp they had put in the upstairs window, as a beacon to guide him home. Cold, hungry and exhausted the Yankee-Canuck stumbled back into the Snider homestead for a much needed late but hot supper.

The next day with the horse and sleigh they laid the old man to rest "proper" in the family plot. The gang were soon sadly returning home loaded with bear and deer but feeling the loss of a comrade. It would be 12 more months till their next hunt in those rambling hills. Little did Walt realize they were creating a hunting legacy when he called the gang "The Hunters of Renown"

Well, I had just recalled that whole scene from yesterday's memories when abruptly a loud, annoying chattering, shattered my day dreaming. Then what a relief, as it just as quickly stopped and a black, bold and sassy squirrel sat motionless waiting for my next move.

As I shifted on the log and blew lightly through the rubber band in my doe call, it darted up the beech tree and away on one of many spreading branches. The falling flakes of snow had now suddenly covered the ground. My view overlooking the large lake from this high ridge

clear down to those same narrows was a reminder of Walt's ordeal--- but hold on a minute. Shh!

The pitter-patter of hoofs through the crispy snow and frozen leaves told me I was in for some action. Two deer by the sound of it, and now there, the doe came into view. They were slowly moving along the runway only 50 yards away. They stopped, almost hidden in a group of young hardwoods. I waited and watched through my scope for its mate to appear. Then the big buck stuck his head out as if to cautiously proceed, so I elected to take him with one shot through the neck. It fell in its tracks, instantly dead. Then I immediately moved directly down across the slope where I found the prints of the other one going into the pinery which skirted a swamp below. "Hell, one is enough for today", I said as I quickly snapped out the two "success" signal shots from my Husqvarna bolt action .308 calling the rest of the gang to gather.

We had field dressed the fine animal and loaded it on to my ATV just as it started to snow much harder and the wind picked up. It looked like we were in for a real storm as the snow filled black clouds were quickly rolling in, reminding me of that other hunt in these hills. The boys agreed they were ready to call it a day too...the hunt is more than killing deer.

As we came down off of Dan's mountain and passed by that same old general store. I wondered what Walt would have thought if he could be here today? We would soon have our big buck hung, with some others, undercover at Camp J. Then maybe I would have a hot shower and a sherry to sip by the fire, while we watch the World Series ballgame on T.V.

"Well Dad, what do you think of it all now?"



R. Ernest Jukes
For 65 years,
Ernie has been an
artist in residence
in Matawatchan at
Camp J, collecting

a rucksack of tales and preserving stories of people and happenings in the Highlands through many publications including his books and for The Highlander since its inception. His donated paintings of our valley and records of our fire tower may be seen in "The Wall in the Hall Museum" in the Matawatchan Hall.



YOUR MATAWATCHAN HALL

Let's keep the Hall rolling! We're all getting together on October 8 to review our very productive year, thank our volunteers and plan more events for all to enjoy. **If you have been to any of these events and want to keep 'em coming please Join us Oct. 8 at 7pm**

When everyone does a little, we get a lot done! Join the board, give feedback, or add your name to help out when you can.

Have you noticed all the great work we did to spruce up the Hall? If event planning isn't your thing, but you like gardening, painting, or hammering, add your name to our help list... **It's YOUR Hall after all!**

Potluck Dinners, The Christmas Party, St. Patty's Dance, Canada Day Event, Movie

Stretching for Wellness

By Susan Veale



Movement is part of staying healthy, feeling younger and maintaining energy levels. Medical experts tell us exercise is vital for our well-being and increases our longevity. Although fitness is a combination of aerobic capacity and strength, many people neglect the importance of stretching. Stretching should be a dedicated part of an exercise program rather than just a few warm up leg lifts or arm circles.

Good body posture is essential to keep our soft tissues and joints pain free and mobile.

Bad posture is a result of a weakened and unbalanced muscular system.

By the time you reach your 30's, connective tissue- muscles, tendons and ligaments start to shorten and lose elasticity. Children's bouncing, jumping and running is replaced by adult sitting, standing and stressing. The loss of agility and flexibility causes muscle tension and joint pain.

The human skeletal system is designed to work in symmetry. In other words, the muscles at the front of the skeleton hold the bones on one side, and the muscles on the back of the skeleton hold the bones on the opposite side. Both of these muscles must work together, as one shortens, the other must lengthen to get

movement. When there is an imbalance, if one side is stronger or longer than the other, there is an uneven pull on the bone and in turn this affects the joint where the movement is taking place. The uneven pull creates movement of the joint which is not smooth and therefore sets up for irritation and inflammation and eventually "arthritic joints."

Two other factors must be considered when speaking about the muscular skeletal system. These factors are the importance of breathing and hydration. Between the normal loss of water from the body through the lungs, lymph, kidneys and bowels and the lack of water consumption, the connective tissue may experience significant dehydration. Dry tissue does not stretch; it cracks.

Muscles exchange oxygen and carbon dioxide as nutrients and wastes respectively. The deeper and more relaxed the breath, the more efficient the exchange of these two gases. A muscle that receives more oxygen and rids itself of more carbon dioxide will be a healthier tissue.

In my practice as a kinesiologist, I hear many complaints of back and neck stiffness, joint pain and loss of mobility. People tend to believe a painful muscle or joint should be a result of injury; however, in many cases, it is a result of a long period of muscle imbalance, dehydration and poor breathing.

The good news is, no matter what damage has been done or how old you are, correct regular stretching can increase flexibility and strength and improvement can be felt within a couple of weeks.

If you are interested to participate in a regular stretch or Pilate's program, join us September 28th in Calabogie.

For more information, please contact:
Susan Veale BSc. KIN
Certified Pilates Instructor
P: 613-752-1540
info@wellnessnaturalhealthcentre.com

Or visit www.wellnessnaturalhealthcentre.com and click on the Special Events tab



Susan Veale started on her path as a healer as a Kinesiologist, with a degree from the University of Waterloo. After years of managing a large chiropractic clinic, she pursued training as a Natural Health Practitioner with certifications in Reflexology and Pilates. Other accreditations include an EMF Practitioner and a Reiki Master. Susan is the owner of Wellness Natural Health Centre, a private clinic offering alternative health care to individuals and families throughout the Ottawa Valley and co-authored the book, "For Love of God - An Intimate Journey." www.wellnessnaturalhealthcentre.com

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35th TERRY FOX RUN - GRIFFITH

Over \$5,000 raised for cancer research!
By Geoffrey Cudmore

It is hard to imagine that this year's Terry Fox Run celebrated the 35th anniversary of Terry's Marathon of Hope, but while only in our 4th year here in Griffith, there was indeed much to celebrate!

Sunday September 20th was a perfect day for a run (or walk or cycle) as it dawned sunny and cool. As in the past, the event was hosted by Sue LaFleur and Scott MacDonald at Griffith Building Supplies, and there was a team of volunteers from the Denbigh/Griffith Lions Club.

While initially, organizers were a little disappointed that this year's "run" attracted only 26 participants, that disappointment was washed away by the remarkable amount of funds raised for innovative cancer research. Run stalwarts, Brigitte Hoffmann, Scott MacDonald, Mackey Sayers, and our own "Team Cudmore" kept pace with previous years fundraising efforts, but it was the extraordinary efforts of two new participants Gary Guilemette and Pat Strong (aka Lovey the clown), who came in with \$1,200 and \$1,063 respectively, that pushed the grand total raised to \$5,234. To put this amount in perspective, the Haliburton run organizers reported that they raised a similar amount, but with over 100 participants.

One sad note on the day was the absence of Terry Fox Run veteran, Tere-sita Godin, who was struck by a car during the week prior to the run, and was reported to be recovering in hospital in Ottawa. Everyone wished her a full and speedy recovery.

Next year's Terry Fox Run will be on Sunday, September 18th, 2016. Make a plan to join us for the 36th anniversary of Terry's Marathon of Hope.



FROM GRAMMA'S KITCHEN

Summer Fruit Jellies and Jams

By Lois Thomson



Preserving the sweet nutritional goodness of wild picked and home grown fruit for winter was a summer-long activity.

Whether you grew up in the Highlands or in a big city, you likely have fond memories of summer fruit pies, raspberries and cream, and homemade jellies and jams. Nothing says summer like stopping at one of the many stands along Highway 41 with hand painted signs like "Wild Blueberries, Homemade Pies and Baked Goods". The highlands area has a wonderful abundance of wild fruit and most people have their own special and hopefully secret berry patches.

Strawberries, rhubarb and cherries in June and July

Blueberries, raspberries, choke cherries and gooseberries July to September

Apples from August to October

Summer was, as it is today, time to eat fruit, bake it into tasty desserts and preserve it for the winter. The key ingredients in jams and jellies are a balance of fruit and fruit juices, and sugar. The more pectin there is in the fruit, the less sugar and boiling time you will need to ensure a good gel. Getting the formula right took a lot of experience and a good supply of homemade pectin.

Green Apple Pectin

Use under-ripe apples that are still a bit green, hard, and sour.

Fill a large pot with apple chunks. Pectin is more concentrated in cores and peels, so throw it all in.

Almost cover the apple chunks with water

Cover and cook on low heat, stirring occasionally for a long time

Apples are fully cooked when the mixture looks like thin applesauce

Pour sauce through layered cheesecloth or linen overnight. Do not mash it through.

Result is a clear, thick, slightly slimy pectin, ready to gell when boiled with sugar. Preserve by freezing or canning

After the jelly was cooled and hopefully nicely set, the jelly was sealed in the jar by topping it off with a ¼" layer of melted paraffin wax before screwing on the lid and taking it down to the cold dark basement or cold cellar.

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UP THE LINE TO THE FRONT LINE

Halloween in the 1930s

By Howard Popkie



The 1930s was a time in the depression when money was very scarce. On Halloween, the kids that had a penny could buy a Lone Ranger type paper mask at Jack Wilson's store. I went along at night with the kids that were all dressed up to look scary. One boy made a jack-o-lantern by punching holes in a honey can to form a face and put a candle inside to light it up.

The morning after there were one or two outdoor toilets laying on their sides.

My cousin Lloyd was a smart kid and he got a sewing needle and a spool of thread and a piece of rosin that they used on the belts in the mill. He tied the thread on one needle, stuck the needle in the window pane of a house and

spooled the thread along so he could hide in the dark outside.

When he rubbed the tight thread with the rosin, the window pane would sing and the people would look out and see nothing there.

Some believed it had to be a ghost and that their house was haunted.

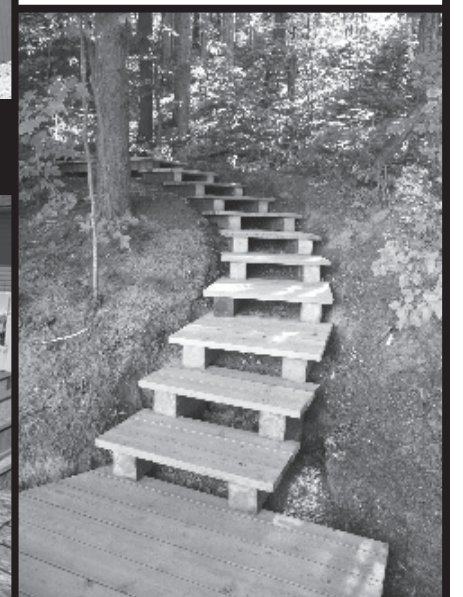
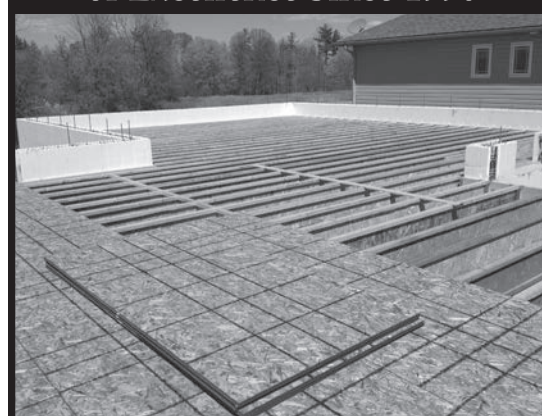


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Big Things in the Wind - Part 5

By George Ross

Regular readers of the 'Highlander' will be familiar with the ongoing kerfluffle over 'wind farms' in Ward 1, Township of Addington Highlands, County of Lennox & Addington. "The Highlander" has extensively covered news and events concerning the wind farm proposals aimed at the Township of Addington Highlands. Readers who wish to review past articles in this regard will find them at www.madawaskahighlander.ca

Last month's article 'Big Things In The Wind, Part 4', detailed the final municipal Council proceedings in the decision making process. Three of five Council members have deemed that the Township welcomes the placement of industrial wind turbines and so residents of the Township are now labelled as 'willing hosts'. This despite a clear and profound rejection of the IWT's by a majority of residents.

The Township of Addington Highlands consists of two Wards. Ward 1 forms the northern part of the Township, Ward 2 comprises the southern half. Ward 1 is to be the possible future home of an unwelcome, indeterminate number of industrial wind turbines; hundreds is a safe guess. Two Councillors from Ward 2 voted in favour of the turbines. The Reeve, who lives a stone's throw north of 'the line,' far from the epicentre further north, and by all accounts is soon to take up residence even further south in Ward 2, also voted in favour. Be assured that no turbines will be anywhere near their neighbourhoods or threaten the value of their property. Both Councillors from Ward 1 voted against the wind farm proposals.

It is irritating enough that three of the five Council members, who live far from the proposed installation sites, disregarded majority opinion, but if one were then to assume that politicians in Queen's Park had the slightest interest in the Township it would be quite galling indeed to contemplate their celebration of 'our' decision along with their accompanying popping of corks. When news of our 'willingness' reached their lofty heights did they smile benevolently and imagine the masses huddled along Highway 41, cheering while the excavators, bull dozers and massive turbines go rolling by? Let not your sleep be disturbed on this account dear corpus vile. They know nothing about you and if perchance, they did; they care not a whit.

There has been much in the way of accusations and name calling directed at the three 'in favour' Council members. Two of them, Reeve Henry Hogg and Bill Cox, Councillor for Ward 2 have belatedly attempted to explain themselves in the pages of "The Frontenac News", a local newspaper.

Mr. Cox, in a "Letter to the Editor", dated 17th September, stated that he voted for the projects because the provincial government would ultimately over-rule any Council rejection of the wind farms, therefore the township, by not voting in favour of the projects and not negotiating financial benefits, would end up with little, if any, financial benefits compared to having stayed in the game and had a say. On one hand there is some truth to his argument. On the other, his vote, while not reaching the level of a quisling

Who has seen the wind?

Neither I nor you:

*But when the leaves hang trembling,
The wind is passing through.*

Who has seen the wind?

Neither you nor I:

*But when the trees bow down their heads,
The wind is passing by.*

- Christina Rossetti

The Highlands have recovered from thoughtless clearcutting, but even the early loggers knew to leave some "original pine". You can see them on the ridges, towering above their offspring. Weathering storms, breathing CO2 and exhaling oxygen. Will they remain our Big Things in the Wind?

response, is greatly weakened and not to be admired when one considers the circumstances the Township was placed in. This shakedown by the provincial government hiding behind its Green Energy Act, should have been rejected on principle alone. Some things are worth fighting for.

Mr. Hogg's much too late riposte, dated 10th September, offered him no favour or advantage. In his defence, a telephone interview, (by editor Jeff Green) as soft ball as it was, did not afford him the benefit of second thought or the opportunity to edit his statement. It was unwise. The best that can be said of Mr. Hogg's explanation is that it was a classic example of an ad hominem reaction, full of inaccuracies, directed at residents of Ward 1. Absent a carefully reasoned, business-like explanation of his decision to vote for the wind farm proposals, the best response for Mr. Hogg would have been, no response.

There is much more to say against the positions of Mr. Cox and Reeve Hogg. It would be all too easy to unpack and dissect. We'll leave some bones behind for others to pick at. In the mean time Mrs. Helen Yanch, the other Councillor from Ward 2, has yet to poke her head above the wall since her "yes" vote.

It did not have to be this way. Let's go back to 22nd March, 2015. This was the day that 'NextEra Energy', one of the protagonists in this sordid venture, first approached Council with their grand plan. Whether it be a business meeting or something more personal, first dates should be an occasion during which pleasantries are exchanged and both parties politely assess and get to know each other. Is not the prospect of a first date approached with the thought that it is an introduction to perhaps something else in the future? One should act in good faith, be honest, be sincere, be considerate ... all those nice things. Being overly eager is not one of them.

During the meeting at hand, NextEra Energy was the suitor, Council the pursued. Here a degree of coyness and even a blush now and then on the part of Council would have well served our interests. Instead we were treated to a tawdry Council display amounting to an unseemly rush to the bedroom door, so to speak. But these are modern times, let's not be prudish. What's the harm? Except that in this tete-à-tete there was the prospect of gaining or losing millions of dollars. What must NextEra representatives have thought? Surely the bargaining position of the Council "yes" contingent was weakened. Fortunately Councillor Fritsch, from Ward 1, stepped in and

delayed consummation of the hoped for relationship long enough so as to obtain a much improved dowry over the initial offering. Curious readers will find the salacious details on-line.

Of course the thought that is in the minds of most people is, "Why the hurry?" NextEra was not about to fold and go away. Sure they were shamelessly pursuing other townships, but being business philanderers in search of profit, they would have persisted. Why present ourselves in an eager way and hastily agree to a business arrangement as if we had nothing to offer and even less to lose? This question is at the heart of most conversations concerning the Council meeting of 22nd March 2015.

Whatever is done, said or written, all fair minded individuals, through dialectic engagement attempt to find truth in every argument. If someone starts off with a presupposed opinion on any particular subject, would he not welcome all debate against his position so that by reason and facts he might see his opinion vindicated? Or it might happen that he is shown to be wrong. Regardless, to this man truth trumps pride. If he is mistaken in his decision would it not be better to learn the truth sooner than later? Of course there is a possibility that he is not interested in the truth. Perhaps he has other interests or motives. 'And thereby hangs a tale.'

This quicksand should have been foreseen by Council in the early minutes of the 22nd March meeting. That it was not foreseen or that it was disregarded, lends credence to the related disparaging comments presently circulating in the township about Council members in attendance, the same individuals who later voted against the majority opinion of Township residents.

Although three members of Council, from the beginning, were determined to have IWT's installed in Ward 1 they should have presented their case by assiduously inquiring into the sense and nonsense of the wind farm proposals. The facts, as much as possible, should have been presented to the electorate so that they might make the final decision. Each individual would, according to their own values, vote for or against the proposal. In this most important matter, the most important issue to ever come before the Township Council and one which directly affects the life style and social values of the residents of the Township, trusting and respecting the decision of a well informed electorate would have been the best course to follow.

NextEra Energy Canada and Renewable Energy Systems Canada have now submitted bids to the 'Independent Electric-

ity System Operator' seeking approval for construction of wind farms in Addington Highlands and nearby North Frontenac township. A decision is expected early 2016.

The Council vote in Addington Highlands in favour of the projects adds 'points' to their bids, increasing the possibility of acceptance. Numerous letters detailing complaints and accusations from constituents, concerned community groups, lawyers and representatives of various orders of government have been sent to members of IESO in an effort to persuade them that Addington Highlands is not a 'willing host'. The neighbouring township council of North Frontenac has strongly rejected the wind energy proposals slated for their area. It is hoped that this will add more weight in the fight against the proposals. The history of IESO decisions in other municipalities is not encouraging. What is needed now are reinforcements in the form of Blanding Turtles marching north from Prince Edward County.

In the meantime, Bon Echo Area Residents Against Turbines (BEARAT) continue the battle on another front. They recently filed a complaint with the United States Justice Department against the project's American parent companies. The complaint alleges that Florida-based NextEra Energy and Colorado-based Renewable Energy Systems Americas, violated the United States' Foreign Corrupt Practices Act when their Canadian subsidiaries offered financial compensation in exchange for resolutions of municipal support. The following comment has been posted on BEARAT's facebook page, "The corruption allegations will likely force the IESO to pass the project files to the Ontario Attorney General's Office. Combined with evidence for the proponents being in violation of several IESO Mandatory Requirements, and the strength of our other petitions, we hope this should be enough to put the North Frontenac and Addington Highlands bids to the bottom of the IESO selection committee's pile."

wildwoodblog.ca



George and his wife Joan moved to Denbigh from Ireland in 2007. He is semi-retired and presently does work for the Township of Addington Highlands as well as volunteer work within the community. George & Joan own and operate the 'Wildwood B & B' in Denbigh. His interests include photography, writing, gardening and ocean sailing among others. George met Joan in Ireland after he departed Canada on an around the world solo sailing trip. He decided to postpone the rest of the voyage and has now set his anchor in Denbigh for the foreseeable future.

By Peter Chess Pete Seeger...

I remember hearing on the radio one wintry morning last year, CBC, of course, that Pete Seeger had died the night before at the age of 94. The announcer, in a few words, described him as being a folk singer, songwriter and political activist. He mentioned that Pete's wife had predeceased him. That was about it. The next bit of news was to let us all know that Justin Bieber, Canadian teeny bopper idol, had been arrested in Miami beach Florida after an altercation with a bouncer at a nightclub where he had been refused admittance. This juicy tidbit was followed by an on the spot report by some breathless reporter with all the suspected salacious details of the nefarious event... as if it was important somehow, that his arrogance had been unjustly punished because he was a "Celebrity". We usually leave the radio on all day and the Bieber incident was repeated, with updates, on the hour, every hour. No further mention of Pete Seeger ensued. At dinner, my wife and I both commented on this fact, dismayed that the celebrity culture could have invaded our venerable news institution to such a degree. If this had happened simply because "The Beeb" was a Canadian and this was nod to Canadian patriotism or the Canadian Content rules, it was a misguided and myopic point of view

To be honest, I did not know much about Pete Seeger. I knew he was a polarizing figure...loved by some reviled as a traitor by others. I was aware of his leftist political views that led to him being blacklisted during the McCarthy era in America during the early 1950's. I knew that he was considered a monumental figure in the world of folk music and played a banjo. That he was involved in the civil rights movement and was an outspoken environmentalist...what little knowledge I had of his life was through snippets of conversations with other musicians or faintly remembered from magazine or newspaper articles. I was familiar with the songs he had written that were recorded by the new generation of folk singers to appear in the early 1960's but he wasn't on my personal musical radar. I was listening to rock and roll... music that synced in with my adolescent heartbreak... music I could dance to...music with energy and raucous rhythms. All of my friends were doing the same thing until Bob Dylan arrived. But I never bought a Pete Seeger record, nor take the time to actually learn any of his songs.... the man was old fashioned and even a little corny for my youthful taste. In 1963 I was living at Vimy Barracks in Kingston Ontario, home to the Royal Canadian School of Signals, a rather cloistered existence that I had voluntarily entered into. While in the outside world ducktails were turning into mop-tops, I maintained a brushcut. There was a guy in my troop from Orillia Ontario, I can't remember his name, but he returned from a weekend pass with an LP he had purchased. It was the first Bob Dylan album. Orillia was home to the Mariposa Folk Festival and he had been there. I don't think I had ever heard the term Folk Music before and I certainly had no idea what a "Folk Festival" was. We listened to the Dylan album on an old record player in the rec hall while he tried to explain the meaning and importance of what Dylan was singing about. I didn't think much of Dylan's singing compared to, say, Elvis or Buddy Holly. I wasn't impressed enough to ask him to play it again.



...and the Power of Song

Pete Seeger in a scene from "The Power of Song", a musical documentary about his life and the effect his songs had on people and politics.

There didn't seem to be a backbeat and he just kept moaning on in strange rhymes. It was weird enough that I remembered it though. By the time I left the army and returned home, I didn't recognize most of my old friends. Gone were the greasy haircuts, pleated pants and pointy shoes. The Beatles had arrived, changing everything in their wake... what they called the "British Invasion". Some of the guys I knew were also listening to this new thing called "folk music" but they were in the minority. It was impossible to dance to and I was just not tuned in to it. The fact is, I was just too young to get it. I did eventually get it and I did listen to all the contemporary folk singer/songwriters that came pouring out over the airwaves and became available on vinyl... but I didn't look into the past to see where it all came from. So, I can't say that I ever saw a video of Pete Seeger during that time, nor did I seek him out in concert but I knew he was actively playing colleges through North America during the 60's and 70's. I knew what he looked like from reading and seeing his picture in Rolling Stone magazines

Quite by accident, maybe 7 or 8 years ago, a friend of a friend loaned us an old VHS cassette tape, released in 1981, thinking we might enjoy it. It was a documentary, titled, "Wasn't That A Time!". It featured most of the "Weavers" reunion concert that took place at Carnegie Hall, New York City, in 1955. It was my first introduction to Pete Seeger's music, live, and the importance of Pete Seeger to the music that I have come to respect and love. What we now call "Roots Music". A friend of a friend loaned us a DVD, thinking we, Gitte and I, might like it. It was a musical documentary that featured a concert performed by "The Weavers" in 1955, at Carnegie Hall in New York City. It was billed as the "Weavers Reunion Concert". All I knew of the Weavers was that Pete Seeger was in the group and that in 1951, they had a big hit with an old tune, credited to Hudie Leadbetter, a black bluesman from the deep south who performed under the name of "Leadbelly"... I don't know how I knew that, but I did. The movie not only provided us with a thoroughly enjoyable spectacle of

sweet harmonies and inspired, energetic musicianship, but also an insight into a tumultuous period of American pop culture and politics that directly influenced the music I had come to respect and love. The narrative around the concert footage detailed the group's beginning, the reasons for their existence and the story of their breakup. As I learned, Pete Seeger, as a founding member of the group was much, much more than just a footnote to American and by extension, Canadian Roots music.

It was mostly the impact of the movie that led to my dismay at the fleeting mention in the media of Seeger's death. Perhaps, if Pete were Canadian, there would have been more of a tribute. Hard to say, but his music and the music he promoted was, like all music, not contained by international borders. Nor are the strong beliefs that guided him and the courage he displayed in defending those beliefs, as I came to learn, defined by any political system that man can contrive to govern a body of people.

Fast forward a few years to the early summer of this year when, in another exchange of musical documentaries, I received a copy of the definitive video of Pete Seeger's life to date, titled "The Power of Song", created and recorded just a couple of years before Pete's passing. It was an extremely fascinating, emotional couple of hours and when it was over, Gitte and I just looked at each other in silence... the "Wows" left unspoken while the power of the story reverberated inside us. It was one of those "Who Knew?" experiences that left us feeling privileged to have been witness to it. I became an admirer of Pete Seeger, for the man that he was and felt weirdly guilty that I had spurned his music as a much younger man... confused as I was then in my priorities perhaps.

In earlier articles for the Highlander, I have alluded to the "Folk Revival" of the 60's under the by line of "Into the 60's". I also alluded to the changing lyrical content of the songs from teenage love gone wrong and the tears and longing to get the lost one's love back, to something

more meaningful that as young adults, those same teenagers were looking for in their lives. In broad terms, coming to grips with the Cold War, the civil rights movement and then the Vietnam War were the driving factors behind the folk revival and if we could single out one individual who was responsible for translating these feelings of impotence against all that went wrong, it would be Pete Seeger. Democracy is not a perfect solution to governance and it's imperfections lead to "sub cultures" that recognize these imperfections and the profound effect they can have on the less fortunate members of society. There has always been in American and Canadian politics... in all functioning democracies, political parties and movements lobbying for a more just distribution of wealth, less government interference and the right to free speech without censorship. The identification of songs with an overtly political message meant to organize people with the intent of subverting these injustices... "protest songs." would not exist today without Pete Seeger and the generations of song writers he has influenced. Over the course of several issues of the "Highlander", I will explore the life of Pete Seeger and his huge impact on music and politics. I hope you enjoy the trip as much as I have.

Stay tuned...



Peter Chess immigrated to Canada from Leeds, England at the age of 9 weeks. The family settled into a converted barracks at the local airport near St. Catharines for a couple of years before moving into a wartime house. After serving in the Canadian Army Signal Corps, Peter restored antique furniture in St. Catharines, which is where he met his wife Gitte, her daughters Sheri and Belinda. They now live in Matawatchan and have two granddaughters, Emma and Natalie. Peter is a member of The Pickled Chickens String Band.

Why Commercial Wind Turbines are Not a Viable Option

Wind turbines are and have been a contentious issue in Ontario for years. While political parties and corporations push for wind energy expansion, many homeowners are reluctant to allow for the installation of these structures. This has resulted in a slew of protests, lawsuits, and court battles that are still being fought to this day.

This issue is now especially relevant to the people of the Greater Madawaska Area. Wind energy expansion has crept steadily into Eastern Ontario in the last five years, and corporations are looking to install wind farms and turbines into as many areas as feasibly possible.

Though some supporters champion the idea that commercial wind turbines produce clean and renewable energy, there are many drawbacks that are associated with these machines. The demerits of wind turbines range from economic ones to environmental, and though they are well researched, they are not well reported. The following collection of statistics and study excerpts demonstrate these drawbacks:

1. In a study conducted by the CBC, the crown corporation found that, "property values are not only going downward, but...[some] are unable to sell and have even abandoned their homes" (Nicol & Seglins, "Ontario Wind Power...")

2. After a case in 2013, the On-

tario Superior Court of Justice stated conclusively that wind turbine projects do reduce property value, and that this decrease ranges from 20 to 50% (Spears, "Wind Turbines Have Reduced...").

3. In 2014, the British newspaper The Telegraph reported that wind turbine fires are "ten times more common than thought" and that the vast majority of these fires are "catastrophic" and can cause millions of dollars in damage (Gosden, "Wind turbine fires..."). Later in the article, it was reported that "there were 1,500 wind farms accidents and incidents in the UK alone between 2006 and 2010 - while just 142 individual accidents in the UK were documented".

4. According to the National Post, wind turbines are responsible for approximately 500,000 bat fatalities each year (Pratt, "Wind farms causing thousands..."). Similarly, the American Bird Conservancy stated that nearly 600,000 bird fatalities in 2012 were caused by wind turbines (American Bird Conservancy, "Bird Strikes").

5. The American Society of Mammologists released a unanimous resolution in 2008 that stated that "wind energy infrastructure is having pronounced effects on wildlife habitat, including habitat loss and fragmentation, loss of species, and alteration of dispersal and migratory corridors" (Anderson, "Wind Energy Development", American Society of Mammologists, "Effects of Wind-Energy Facilities...").

Ultimately, this is an issue that

needs to be explored seriously from both sides. Green, renewable energy is immensely desirable - but at what cost? Is a small output of energy worth destroying the environment and people's livelihood? Even in the pursuit of clean energy, wind turbines are not an effective method of producing green energy. The Barrett Chute Generating Station outside of Renfrew produces the equivalent of 117 1.5 MW wind turbines.

There are many alternatives to constructing wind turbines. Whether the alternative is improving existing sources of energy, creating new sources of energy, or improving transmission and storage efficiency, there are more options than just one to think about.

- A concerned citizen

Re. Letter to the Editor, Children's Programs Aug-Sept Madawaska Highlander

I am writing, frustrated with regards to the last Letter to the Editor in the Madawaska Highlander regarding lack of community involvement for our children. It was suggested that children from Griffith dare not travel to Matawatchan to attend swimming lessons. I was born and raised in this community and hate to separate the two villages solely by distance.

Growing up we never opposed going to a kids club or lessons due to the fact it was in the neighbouring village. In fact, we enjoyed going and spending time

with friends. As I have grown and have a family of my own, I still do not hesitate to travel down the road to Griffith to attend Kids Club, outdoor ice rink, waste removal site, etc.

Living in remote areas is what we are accustomed to and honestly it's nice for once to have something to draw families to Matawatchan.

I applaud and thank the Lions Club and the township in their efforts to promote safety and well being for our youth and children. There was a great turnout for the swimming lessons aside from a couple of rainy days.

Aside from this, the children of Matawatchan have the longest commute on the school bus or to town or frankly to any local event. We have many families in this lovely community that are involved and appreciate a local attraction. This is a community group arranged by the township and Lions club. We should not designate or focus on one part of the township.

I believe we are located in the most beautiful place on earth, with the luxury of enjoying four seasons. As I look around and appreciate all that surrounds us with family, friends and neighbours, it's evident boundaries should not be in place. Let's enjoy one another and rather than show concern about driving distance, take time and enjoy the scenery.

- Jenelle Rosenblath, Matawatchan
(Greater Madawaska Township)

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Vote for Democracy

Democracy

[dih-mok-ruh-see] noun, plural democracies.

Government by the people; a form of government in which the supreme power is vested in the people and exercised directly by them or by their elected agents under a free electoral system.

This federal election is likely to be the most important election in Canadian History. Everyone should pay attention. Every eligible voter must vote very carefully. I'm not the only one saying that our democracy is at risk.

Constant increases in party control over MPs and a half-century of power gains in the Prime Minister's Office (PMO) have been strangling our voices, by controlling how our elected MPs vote and what they say. When any party in power controls MPs, the senate, civil servants including scientists, the military, make closed-door trade agreements, reduce funding for the arts and crown corporations such as the Post Office and the CBC, only one voice counts – the voice of the party leader; any party leader, but especially the Prime Minister with a majority.

The Canada Elections Act defines a political party as: "an organization one of whose fundamental purposes is to participate in public affairs by endorsing one or more of its members as candidates and supporting their election." In order to become registered as a legitimate entity in the Canadian political system, a political party must meet a number of conditions, including having 250 members who are electors, and nominating a candidate in at least one electoral district."

The party system is not part of our constitution. Just because it exists, doesn't mean it can't be changed.

We know that a large percentage of people these days don't vote, especially young people. Most are disillusioned, feeling their single vote will make no difference. Still others vote by rote. This is possibly worse than not voting at all. These voters are known as "The Base", and are depended on to vote for a party no matter how the party behaves, misbehaves, or continues to uphold their values. A political party is not a sports team, nor is it a religion. A "born" Conservative, Liberal, NDP, etc. is a non-thinking voter, especially considering that parties constantly change.

Did you know that Sr. John A. MacDonald's Conservative Party created Labour Day, or that the original Liberal Party

was anti-labour and in Sir Wilfred Laurier's time Liberals favoured free trade and that they created the Canadian Navy? Are you aware that the current Conservative Party is only 20 years old and is based on Western Canada's discontent with Mulroney's Conservative government? Did you know that before confederation, two groups called the Controlling Family Compact and Chateau Clique were against democracy? They opposed the idea of having an elected Assembly at all and felt that they were superior to the rest of the masses. They were trying to make sure "Royal" power would rest with them. Lucky for us, that didn't happen. The more we study the history of the rise and fall of democracy and Canada's many parties, the more we realize that we have to stay on top of things to keep our right to vote.

Parties adapt and merge in order to secure votes, mostly for the vote of the Centrist masses. Election time is when parties are most open to change. Oddly, the time when our voices are strongest is when no party is fully in power.

I'm not against the party system. Parties have worked well in Canada since confederation, at least until about 50 years ago, and just because someone is an independent, doesn't mean they are best for the job. I hold the view that each candidate should be judged by how well they can represent us in Parliament. This shouldn't be a complex issue, but it is. Even Canadians who are very involved in politics and keep up to date on the news of the day are wondering how their single vote will make any difference in the Canada of today. We need to hear from the public service, scientists and our own elected MPs. We need leaders who speak for us, not over us. We have to find a way to stop our leaders from bundling major changes to regulations on the environment, the economy, privacy, security, etc. into Omnibus budget bills and limiting debate. We need a non-partisan Senate that truly looks out for citizens, not for the interests of their party.

This trend started with PE Trudeau's Liberal Party in the 60s and has come to a breaking point with Steven Harper. When Justin Trudeau removed Liberal Senators

from Caucus, he bucked the trend, which is another example of how parties change over time. I think if all parties removed Senators from Party Caucus, the Senate would become functional again. No need to change the constitution.

If the Senate works better without party interference, what would a "party-free" House of Commons be like? We can look at the North West Territories and Nunavut for examples. There are no parties and no party leaders. After the election, the successful candidates vote on a government leader. If an elected official, including the leader, misbehaves they can lose their seat. Non-confidence in the leader doesn't usually lead to a new and costly election. It results in a change of leader – by consensus. That isn't the way it works in the rest of Canada, so what can we do to help us get our voices back?

We all know our "first past the post" elections means that a party can be elected with a majority government even if they don't have the majority of the popular vote. We have all seen the deplorable behavior of MPs in Question Period. It looks more like a sports arena than a working group. MPs are supposed to represent the people who elected them. Instead there is a tendency to represent the parties who supported them for election. This is far from consensus government.

In an odd paradox, parties select their leaders in a manner more like the way Canadians should elect MPs. Party leaders are selected through a series of ballots. This ensures everyone in the party stands behind the final choice of leader.

They do this to create party unity. Wouldn't that be a good step to creating a consensus government? WE vote them into office, so they can work together for US.

That would be nice, but what can we do to wrestle power from the PMO and place it back where it belongs, in the hands of the electorate? Aren't we supposed to be running this show?

I suggest that everyone should start by becoming undecided. I remember the first time I was old enough to vote. I asked my mother who I should vote for. She told me to read the paper, watch debates and make up my own mind. It's the best advice I ever got. My parents never even told each other how they voted.

Ask yourself which federal party has the best plan to make life better here in the Highlands and for the country and which parties encourage input from their MPs. If your party doesn't, then encourage it. Remember, parties are most open to change when they aren't in power - when they are vying for your vote.

Last Fall the Federation of Canadian Municipalities asked Canadians what made them proud of their hometowns and what would make them better. They have taken these ideas and concerns and are comparing them to Federal party promises in the areas of "Jobs & Economy, Livable Hometowns, Environmental Sustainability, Globally Connected, and Public Safety" It is all at hometownproud.fcm.ca/policy_tracker. This is a valuable tool to help voters make informed decisions on election day. I highly recommend taking a few minutes to look over it. "Community building is nation building." - hometownproud.fcm.ca

After you have done your research and weighed all the options, don't forget the Fair Elections Act kicks in for this election, which means the voter card that was mailed to your home is no longer proof that you live... at the address the card was mailed to. You will need either a driver's licence or any other government card with your photo, name and current address. If you don't have that, then you have to bring two pieces of ID, one of which must have your current address. To determine what you can use, check with Elections Canada.

Democracy is not to be taken for granted. Let's tell them who's boss here.

LAKELANDS FAMILY HEALTH

Says Thank you and a Fond Farewell to Denbigh Nurse Practitioner Susan Peters By Jenelle Rosenblath

The Lakelands Family Health Team said goodbye to Denbigh's resident Nurse Practitioner on August 28th. Susan had been employed at the clinic since March 2011, shortly after the Health Team opened its door.. She travelled up from Kingston weekly to see patients at the clinic and boarded in Denbigh through the week, on the weekend she would return home. It wasn't long after she started that our small community embraced her and she became a familiar face to all.

Wednesday August 26th, the Denbigh Hall was filled with people from the community to wish her farewell. Susan was overwhelmed with the outpouring of appreciation shown throughout her time spent in Denbigh.

Although she will be greatly missed from this area, she has returned to her home and accepted a position at the Queen's Family Health Team in Kingston. Susan's main focus will be diabetic and palliative patients, and she will work alongside many physicians and residents.

The Lakelands Family Health Team bids farewell and best of luck to Susan Peters on her new endeavours. The clinic remains open Monday to Friday 8:30 a.m. - 4:30 p.m.. Physicians are in the office Mondays, Wednesdays and Fridays. For more information please contact the office at 613-333-1333



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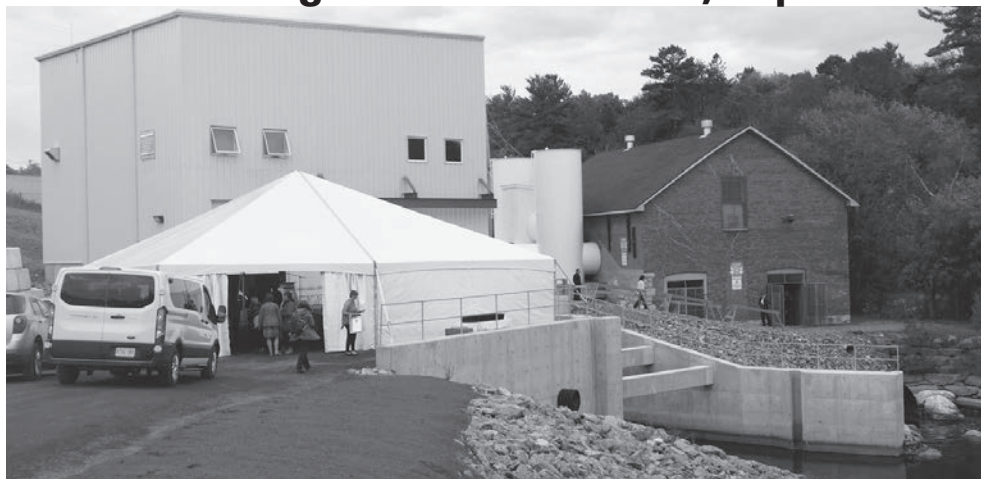


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Grand Opening of the new Thomas Low Hydroelectric Generating Station in Renfrew, Sept. 25...



On September 25, Ontario's Energy Minister Bob Chiarelli cut the ribbon at the grand opening of Renfrew Power Generation's (RPG) new Thomas Low Generating Station. RPG's sole shareholder is the Town of Renfrew. This shows what can be achieved when municipalities take ownership of green power generation in their communities.



In his speech at the event, Minister Chiarelli announced. "Ontario is a North American leader in renewable energy. Renfrew Power Generation and the Town of Renfrew are doing their part to help contribute by building clean, reliable and affordable power for the Ontario grid, and infrastructure that will help to improve economic development and create jobs for the region."



Guests returning from the original red brick station built by Thomas Low in 1902

The new generating station is located next to the Lower Plant within the existing Renfrew site and has the capacity to produce 4 MW, doubling the capacity of the two existing plants, reducing greenhouse gas emissions by 11.4 metric tonnes per year, and providing long term dividends to the Town of Renfrew. There are no losers or protestors here, even the endangered American Eels benefit with the addition of eel ladders to facilitate migration.



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Peter Boldt RPG Projects Manager leads a tour of the new Thomas Low hydroelectric station. L - R: Renfrew County Reeve Peter Emon, Pembroke-Renfrew-Nipissing MPP John Yakabuski, Energy Minister Bob Chiarelli, Renfrew Mayor Don Eady, Bill Bowles Renfrew Power Generation

Construction of the Thomas Low Generating Station and the renewal of the Upper Dam and canal system by RPG, were made possible through Ontario's Green Energy Initiatives. Bill Bowles, Chair of RPG, explained the win-win of this project, "More than 10 years in planning, the Thomas Low Generating Station represents a willingness to work with others to renew aging community assets and build a state of the art generating station that will produce hydro-electric power for years to come." "A long-term contract with the Independent Electricity System Operator provides stable revenues which will be used to repay the \$24.7 million loan incurred by RPG and endorsed by our shareholder, the Town of Renfrew."

Ten years of collaborative and inclusive consultation and planning has created additional benefits for all involved. "The construction required moving the town's aging trunk sanitary sewer pipe and replacing it, at no cost to the Town, with a larger 24" pipe to meet current and future needs. The new entrance to our historical "Swinging Bridge" adds to this novel tourist attraction. RPG has protected a valuable asset; the project created construction jobs and increased spending locally; the supply of green energy has increased; and the shareholder—the Town of Renfrew will receive long-term annual dividends." said Mayor Eady.

...Power to the People



Swinging Bridge reopens at last, connected by new concrete stairs, built as part of the project.

This remarkable effort should be held up as a shining example of the art of the possible. When municipalities take ownership of power generation and work collaboratively with green energy providers, they gain much more than a vibrancy fund; they control all aspects of projects to ensure they are good for the economy, the environment, and the people. These are the three pillars of sustainability, which become four pillars when you add culture.

The original, 1902 station built by Thomas Low was instrumental in turning the Town of Renfrew into a manufacturing hub. In honour of this, RPG invited Peggy Van Vliet, the grand daughter of Thomas Low's sister, to speak about this historical link. As well, the ribbon cutting ceremony began with a prayer to the Creator and all our ancestors by Terry Charbonneau, representing Algonquins of Ontario. He prayed, "Let us be thoughtful for the gift of water. Let's not take for granted its presence, it's gentleness and its power."

The Town of Renfrew's experience with renewable energy stands in stark contrast to activities in Addington Highlands.



Peggy Van Vliet thanks RPG and Renfrew for retaining the Low family name, her grandmother's maiden name.



Terry Charbonneau leads a prayer to the Creator and our ancestors, "Let us be thoughtful for the gift of water."

I had the opportunity to talk to Minister Chiarelli after the ribbon cutting and was happy to hear that Ontario is working on upgrading the many generating stations owned by Ontario Hydro to squeeze as much green energy as possible out of Southern Ontario's river systems. He said Ontario's greatest hydro electric potential is in the North, but transmission distances is a negative factor for development.

I also asked him some questions about the wind energy situation in Addington Highlands. I asked him if he was aware that council voted to support wind development after a township-lead survey showed residents were opposed to it. He stated that it was a local issue. I greed and went on to ask him if the Green Energy Act actually "supersedes most of the regulations that council has in place... they don't need our approval." as stated by Addington Highlands Reeve. (Bonnetta, J. (2015, April 15). Wind Resistance in Denbigh. The Frontenac News). He replied strongly, "We gave that back to them. We heard from municipalities that they wanted more control and we gave it to them."



View of the Thomas Low generating station from the Swinging Bridge

Time didn't permit me to ask any more questions, but Minister Chiarelli's Chief of Staff directed me to follow up with Jordan Owens, Press Secretary for the Ministry of Energy. I asked him in an email, "What mechanism, if any, is available to residents of Addington Highlands to let the IESO know that NextEra and RES received false community endorsements from Addington Highlands Council?"

He replied, "For large renewable projects, like those being discussed in Addington Highlands, the former Ontario Power Authority (now the Independent Electricity System Operator) developed a new LRP bidding process in which projects that have the support of local communities are given priority. This was done in response to concerns from municipalities and communities that felt they were not being given enough of a voice in the siting of new projects."

It is my understanding from your email that members of the community feel as

though their concerns have not been adequately represented by their local municipal leadership. There is no formal process within the IESO framework to circumvent elected representatives, as they are the people who have been chosen by residents to represent their concerns.

We remain committed to clean energy, and to giving communities and municipalities a stronger voice, more control, and use new tools when it comes to renewable energy."

This means that Ontario municipalities do have choices, but they must take control and work with residents and community groups to decide which form of renewable energy will work best for the area and reap the benefits of ownership. If industrial wind proposals don't suit, refuse them. If they do, seek to partner with the developer, as the Timiskaming First Nation has with wpd Canada. If there is a privately owned hydro dam in your township, consider partnering with them to increase capacity. If you have vacant municipal lands, consider hosting solar. If you have a lot of biofuel from logging, agricultural waste, manure, municipal waste, plant material, sewage, green waste or food waste, consider it a valuable Biogas Energy resource that will also save on trucking to the landfill. The choice is ours.

Residents of Addington Highlands need to continue to protest and petition the IESO to say you are not willing hosts to wind turbines before moving forward.

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