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The Madawaska

Highlander

May-June
2018

FREE Vol.16 Issue 1
Next issue June 21

Celebrating Cottage and Country Life in Madawaska & Addington Highlands of Eastern Ontario

You might prefer long winters to long summers, or vice versa, but we all agree the changes are exciting.

Welcome!

...To a new season, one year after the big 150. Canada has officially invited all of China to Come Wander our vast land, so brush up on your Chinese and let's keep this party going!

Our talented volunteer writers have hit on a common theme after this long winter - Spring at last! We welcome Derek Roche, who takes over the Wellness column while busy, busy Susan takes care of herself. His first column asks if we're ready for Spring, while our Highlands Hiker shows us what Spring looks like when the Ephemeral Forest puts on its show. Lesley connects trails to the economy and Marcella connects the Mazinaw-Pringle Tramway trail with its history.

In Art in the Highlands, the Bittersweet Gallery connects art with science and we tell you what it takes to make a Fractured Crow.

Noreen proves we have had talented artists in the Highlands for thousands of years as she gives us the broad strokes about the Mazinaw Rock pictographs.

Antonia finds a kindred spirit in a ghost town in the Highlands but leaves us with the mystery of the value of "X". Value and kindred spirits describe William's touching tribute in Memories of Vennachar, to his Uncle Rev. R.J. McNaught, who passed away just short of his 100th birthday.

News of a dear friend's passing is always hard, but Popkie reminds us that any day you aren't being shot at is a good day, in The Lights of Korea. Pete Chess continues to follow the "un-American" activities of the all-American folk singer, Pete Seeger. Will he serve jail time for protecting his freedom of speech?

We are honoured to have nuclear expert Dr. Gordon Edwards speak freely about a nuclear waste abandonment project proposed on the shores of the Ottawa River. It's not free speech if the authorities don't listen. Please read it and get involved in any way you can before it's disastrously, literally, set in cement.

Enjoy!



Calabogie Peaks on April 30, a brief time between ski and golf.



Constant Creek makes a powerful display as it rushes into Calabogie Lake. Spring at last!

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The Madawaska Highlander

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parts of 4 counties in the Highlands.

CONTRIBUTORS THIS ISSUE

Thank you everyone!

We couldn't do this without our volunteer contributors and our advertisers. Thank you to the Denbigh-Griffith Lions Club for your support.

- | | | |
|-----------------|------------------|----------------|
| Ernie Jukes | Angela Bright | John Roxon |
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| Peter Chess | Noreen Kruzich | John Neale |
| Howard Popkie | Lesley Cassidy | Anne Dougherty |
| Antonia Chatson | Colleen Hulett | Marcella Neely |
| David Arama | William McNaught | Gordon Edwards |

**Next contribution deadline:
June 8 for June 21 publication
madawaskahighlander.ca**

Message from the editor:
Check the Events Calendar for events in your area. We print what you send in, so if your event is missing or incorrect, be sure to email updates.
Check advertiser messages right away for important information, hours of operation, specials and ideas about things to do in the area. Tell them you saw it in the Madawaska Highlander!
We also maintain the matawatchan.ca website, which has a handy community calendar that is updated whenever new information arrives. The Tri-County area around Matawatchan, Griffith, Denbigh and Vennachar is the primary focus of that website. Also check out www.greatermadawaska.com and other township websites for events and information around you in the Highlands. Our community paper depends on the community, so if you have something to offer that our readers would enjoy, please contact us to discuss. We keep our advertising rates low to keep it accessible for small businesses.

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The Walter cartoon series premieres in The Madawaska Highlander and is a collaboration between Jens Pindal (left) and John Roxon (right). Jens attended Sheraton College in Oakville and has been an animator working in the industry for 25 years.

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By Anne Dougherty & John Neale



Griffith & Matawatchan explorers in China, bringing the Madawaska Highlander to a whole new highlands area. Those Highlanders (both kinds) get around!

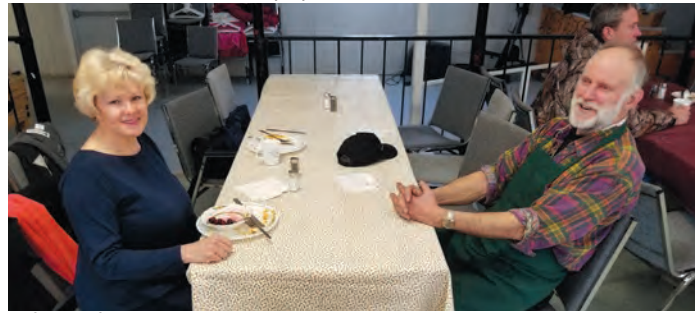


The Tall Boyz



The Pickled Chickens String Band

Not one, but two popular local bands entertained a full house at the Matawatchan Hall's St. Patrick's Day Dinner Dance.



Left: Renfrew-Nipissing-Pembroke MP Cheryl Galant was a surprise guest at the Hall's Pancake Breakfast. Ken Birkett took a break from kitchen duty to sit down for a chat with her.



On the right we see other Hall Board President Lois Thomson and helpers Alyson Copeland, and John Tomlin.



The Denbigh-Griffith Lions Club held their annual Daffodil Tea for Cancer Research at the Hall in Griffith on Sunday April 29th from 1pm until 3pm and packed the Hall. Of course, there was live entertainment! Any time a crowd gathers in the area, you'll find wonderful local bands to entertain them.



On May 2, the Pine Valley Restaurant invited Ryan Cook back for a fourth year. Tickets were \$20 and included a buffet meal, which is "pretty good" in so many ways! The PVR, as we call it, was packed and a good time was had by all.



Winter was long and hard in the Madawaska Highlands. Winter hadn't received its memo that it was time to move on until well after the middle of April as winter stuck around to dump quite a few centimeters of freezing rain and snow that kept some residents snowed and iced in for two or three days! Several cases of cabin fever were reported! As noted on a recent Facebook posting, 'All is forgiven Spring! Thanks for finally showing up!'

One of the first activities to report on was the Matawatchan/Griffith Goes to China Trip. Five adventurous highlanders went on a Sinorama tour for 15 days to China, including moi. They all showed off their hardiness climbing the Great Wall, visiting the Terra Cotta Warriors cruising on the Yangtze River, Panda sightings and eating way too much amazing food.

The Denbigh-Griffith Lions Club started off the Christmas season with a bang by holding their Christmas Bazaar on Dec. 2. There was an amazing selection of Christmas gifts & crafts

to purchase. Later in December the Lions were out in force carolling in the community. They finished off the year by providing Christmas food hampers to those who needed support. Great Job Lions! More recently, the Easter Bunny made her appearance at the Griffith Lions Hall for the annual Children's Easter Party complete with egg hunt and games and crafts.

The GM Fish and Game Club hosted their annual Ice Fishing Derby on Saturday March 3. The fishing part had to be cancelled due to unsafe ice conditions. (For a while there it was looking like an early spring!) Their party at the Matawatchan Hall went on as planned with plenty of fun, games and prizes as well as pulled pork and chilli. Yummy!!!

The Matawatchan Hall continues to host many community activities. The Book Exchange was well used throughout the long cold winter and the one-hour Aerobics class on Saturday with Andrea at 11am has a core crowd with occasional drop ins. The M-Hall has also set up

some exercise machines and weights for all to use. The Walking Club gets folks out in our incredible wilderness for spirit-lifting walks and the Chalk Furniture Painting group is also very popular. For more information about local activities available, please check out the Matawatchan.ca website, which also includes activities in Griffith, Vennachar, Denbigh and beyond.

The M-Hall hosted a St. Patrick's Day Pub Night as a fundraiser with local talent (Pickled Chicken String Band and the Tall Boyz) as well as delicious food.

A great time was had by all! The Pickled Chicken String Band was composed of Mark Rowe, Joe Grant, Sue Fraser, Pete Chess, David Guest and a guest spot by a bass-player named Nick. Their music was appreciated and applauded by all guests. The Tallboyz featured John Neale, Derek Roche, Pete Fischer and Greg Roche with a guest spot by a guy named Tim. The Tallboyz had everyone up dancing to classic rock from the 60's and 70's!

continued next page...
The Matawatchan Hall also had



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Denbigh & Griffith Lions Club is very pleased to donate \$2500 each to Township of Greater Madawaska Station #2 Griffith & Matawatchan Fire Dept. and Township of Addington Highlands Denbigh Fire Dept. Presentation is made by President Gail Fritsch and would not be possibly without the support of our communities.

a Pancake Brunch on April 7 to celebrate the Maple Syrup season. Our local MP, Cheryl Gallant, attended and Ken Birkett ensured that she was informed about local issues. The servers included Alyson Copeland, John Tomlin, Charlene Holleran. Thanks to all of the many other volunteers, too numerous to name.

I guess the biggest news revealed to me by Lois Thomson at the Pancake Brunch is that she is running for Mayor of Greater Madawaska!!! If Lois wins the election, I hope that doesn't mean we won't have the Madawaska Highlander anymore or our Hall Board President!!!

Exciting news from the Hall is that the Matawatchan Hall has been selected as a venue for the Ontario Festival of Small Halls and will be hosting a concert on Saturday September 15. We won't know who will be performing here until some time in June when the lineup is announced, but we know it will be entertaining.

In other news, one of our favourite bands, Highway 41, recently had their first performance without Garry Ferguson, who moved to Belleville with his wife Carol recently. Highway 41 performed in Barry's Bay on April 23 at the Watertower Lodge. Long time Matawatchan expat Corrine Parks was in attendance with her son Ivan. Highway 41 is now composed of Joe Grant, Al Kitching, Harold Kaufman, and Eleanor Duncan. Al and Harold both had their singing debut, allowing three-part harmonies with Joe.

The hard-working helpers who go all out to raise funds for Greater Madawaska Seniors Housing Corporation are back at it, playing Trash or Treasure at the Nu 2 U Shop. They'll be open Saturdays only at first, then beginning May 23 they will be open Wednesdays and Saturdays from 1:00 until 4:00. Drop off your Treasures any time they are open and make sure to pick up some treasures from them at the Matawatchan Hall on

May 26 during the Hall's Plant Sale and Craft Market.

Get your local maple syrup, crafts, plants of all kinds, giftware, soaps and so much more on Saturday May 26 from 10am - 2pm at the Hall. Morning coffee and sweets is followed by Soup (Veggie and Meaty selections) and Sandwich lunch (gluten free selections). Please note, there will be no aerobics class during the Plant Market, we don't want anyone to knock anything over, so it will take place on Sunday, May 27 at 2pm instead, if all agree.

As this paper goes out, the Daffodil Tea will have taken place at the Griffith Lions Club Hall on Sunday April 29th from 1pm until 3pm. Wednesday evenings at the Pine Valley from 5pm to 7pm often features members of the TallBoyz, Pickled Chicken String Band, Pat and David Burton, John Corey, and young Vern. On May 2, the Pine Valley Restaurant invited Ryan Cook back for a fourth year. Tickets were \$20 and included a buffet meal, which is "pretty good" in so many ways!

Our apologies if we missed any important events. Call us at 613 333-1870 if you have anything to contribute.



Anne Dougherty and John Neale found Matawatchan in 2005 and fell in love with the wild beauty of the area. They have a 4-season cottage on Centennial Lake near the bridge. Anne was born in the Soo, moved to Montreal then settled in Ottawa 36 years ago. John was raised in Dundas, Ontario. They love traveling and spending time in these Highlands but still have a condo in the city (Kanata). Now mostly retired, John & Anne love the friendly people of Griffith/Matawatchan and have made many friends here. John is a member of the Tall Boys music band. Anne and John attend St Andrew's United in Matawatchan when they are here.

For the Hall, in Memory of Barney O'Connor

By Rosemary O'Connor and Lois Thomson



Rosemary O'Connor (right) presenting a cheque for \$3140 to Alyson Copeland, Matawatchan Hall Board Treasurer, at the Pine Valley Restaurant in Griffith on May 2nd. Thank you!

In 2017 the community came together with donations, labour, and participation at Hall events to support the Ontario150 grant we got to winterize the Matawatchan Hall. We put every cent we had toward the project, but we knew there was more work to be done. We started a Toonie-or-Two donation campaign, GoFundMe, and held a raffle to support the extra work, but we were not expecting we would need to replace the steel roof a few months later. When the wonderful local work crew led by Peter Fischer Contracting opened up the ceilings to insulate, we discovered the steel roof had been leaking into the attic and needed to be replaced immediately. The leaks were patched but didn't last

over the winter and the work became urgent. That's when Rosemary O'Connor came forward with Barney's memorial trust fund. Thank you!

Once again, the community is coming together to get things done! Peter Fischer will be contractor but won't be charging for his time. We ordered materials direct from Griffith Building Supply and he will work with volunteer labour to get it done. Total project cost is approx. \$8260, tax included. Rosemary's \$3140 leaves us with an amount we can handle without getting a loan. Thank you to all! If you can volunteer, please contact Lois Thomson at 613-333-9399 or info@reelimpact.tv Thank you!



Barney O'Connor (left) calling a square dance at the Matawatchan Hall. Norm Warren on fiddle and Garry Ferguson behind and between them, plus one other unidentified man.

Barney's love affair with the Denbigh/Matawatchan area began when, as a teenager, he came hunting and fishing with his father. He eagerly introduced me to the area in 1976. The very next year we purchased an old farm in Vennachar.

The first community event we attended was a dance at the Matawatchan Hall. For a girl raised in urban southwest Ontario it was a new and exciting experience. Thereafter we attended every possible dance and any other happening at the Hall.

When Barney died in 2013, we established a memorial trust fund to which family and friends could contribute. The proceeds were to be used at some point in the future to help fund an important project in the community.

When it came to my attention that the Hall was in desperate need of a new steel roof, I decided that this would be a perfect fit; protection of a grand old building in which we and others have spent so many happy hours.

- Rosemary O'Connor

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The Madawaska Highlander congratulates Ron and Gerald Tracey, of the Eganville Leader, for the Lifetime Achievement Award received from the Upper Ottawa Valley Chamber of Commerce for, among other things, accurate reporting and dedication to community. They thank their staff. The Highlander is delivered to the Leader, where they generously give us space in their assembly room to prepare our mailouts. Congratulations and thank you!

Ontario Parks Celebrate 125 Years of Conservation, Education and Recreation. Events and activities will be happening all year at parks across the province.

In September 2016, Prime Minister Justin Trudeau and Chinese Premier Li Keqiang officially declared 2018 the Canada-China Year of Tourism, hoping to double the number of Chinese tourists coming to Canada by 2021. Canada recently opened seven new visa application centres in China to help Chinese visitors come to Canada more easily and quickly. China is currently Canada's second-largest trading partner, after the United States

Ontario and First Nations partners have signed historic resource revenue sharing agreements in mining and forestry that commit Ontario to sharing 45 per cent of government revenues from forestry stumpage, 40 per cent of the annual mining tax and royalties from active mines at the time the agreements were signed, and 45 per cent from future mines in the areas covered by the agreements.

Ontario has signed an agreement-in-principle with the Anishinabek Nation on community-based regulation of tobacco and revenue-sharing to support community growth and prosperity. The agreement-in-principle includes a commitment to explore options for community-based regulation of gasoline sales, which could provide an additional revenue source for local priorities.

Monument Honouring Chief Tessouat, from the Kichi Zibi Anishinabeg, Unveiled at the Canadian Museum of History in November.

A scientific report prepared on behalf of Algonquin Anishinabeg Nation Tribal Council, released in February, details the dumping of thousands of litres of water contaminated with radioactive tritium, PCBs and other toxins into the Ottawa river from the inactive nuclear power demonstration (NPD) reactor in Rolphton, Ont., about 200 kms. upriver from Ottawa. The contaminants are at levels above Ontario and Canadian surface water quality standards, according to the report. CNL maintains the contaminants it releases into the Ottawa River fall well below allowable limits, but just what makes an "acceptable" limit is a matter of debate.

Scientists moved Doomsday Clock ahead to 2 minutes to midnight. The last and only other time the Doomsday Clock was this close to midnight was in 1953, the year that both the U.S. and the Soviet Union developed the first thermonuclear bombs.

Cape Town water supply near 'point of no return' as reservoirs run dry. In 2015 a UN report predicted that the world could face a 40 per cent shortfall in fresh water as soon as 2030, due to the effects of climate change, population growth and agricultural and industrial activities. Among the cities already at risk: Tokyo, Cairo, Miami and rainy London.

A joint venture between NASA and weapons labs from the Energy Department has resulted in the design of a spacecraft capable of saving the planet from giant asteroids using nukes.

Research performed on the International Space Station shows prolonged time in space can cause temporary, and sometimes permanent, blindness.

A judicial review application has been filed against the Ministry of the Environment and Climate Change alleging five proposed wind power projects will be out of compliance with noise levels as soon as they go on-line.

First Ontario, Quebec, California Cap and Trade Program Auction generated proceeds to Ontario of \$471 million, which will be invested in programs to reduce greenhouse gas pollution and help families and businesses reduce their own emissions.

North Frontenac Township is turning to volunteers to build infrastructure in the 'contributionism' model, likely a global first. North Frontenac's plan is to start small, only investing about \$10,000 per project to begin. "Within 10 years, we should be a self-sustainable community," the mayor said.

In an effort to reduce costs, Frontenac County took over planning services for three of the county's townships, and workload at the county's planning department increased substantially. County councillors had some sticker shock when presented with a plan to hire another planner. If they don't hire another planner, each township might be on their own again.

Ontario Municipal Board (OMB), the quasi-judicial body that deals with development proposal appeals, is now the Local Planning Appeal Tribunal (LPAT). They will answer a simple "yes or no" legal test — does the proposal follow the city's official planning rules? If not, the matter will be sent back to municipal councils to issue another decision. The tribunal will not make planning decisions itself.

Ontario Municipal Affairs and Housing is increasing protections for renters with an easy-to-understand standard lease for new private residential leases, now in effect across the province.

Appeal court upholds ruling ordering real estate agents to make home sale data public, stating the practice of keeping information about sale prices and agent commissions secret is anti-competitive and bad for consumers. TREB, cites privacy as an issue.

Kingston is teaming up with Bell Canada to implement new technology that will monitor certain municipal operations in a "Smart City" program to help Kingston keep track of things like energy use, to help make better decisions about municipal operations and infrastructure.

You can now renew your Ontario photo health card online at ServiceOntario.ca/RenewCards

US gun maker Remington filed for bankruptcy in March. Gun enthusiasts traditionally stock up when political winds suggest tighter gun control ahead. Clinton's defeat erased those fears, leaving retailers with unsold inventory and unable to get financing, following mass shootings.

Five Ontario teens were charged with threatening schools on social media in "spike" in threats that followed the Florida school shooting. Police say, "We just want the public and young children and young people to know: If they do something like this, they will be held accountable."

Facebook revamps privacy tools hoping its 2.2 billion users will have an easier time navigating its complex and often confusing privacy and security settings.

Russia tried to entice voters to polls to prop up Putin's legitimacy. Worried about turnout, officials experimented with raffles, selfie competitions and referendums. Authorities are particularly worried about turnout among young people. A series of anonymously backed election material has targeted them on social media, including a homophobic YouTube clip warning that Russia could become gay-friendly if voters don't vote.

Unilever N.V. (NYSE:UN) has threatened to pull investment from digital platforms such as Facebook and Google that "create division" in society or fail to protect children.

Facebook is now calling on users to help it ensure that the news you see in your feed is from quality sources.

After over 1 1/2 years of investigation, Jordan Evan Bloom, 27, of Thornhill, ON was arrested for running a website for selling billions of stolen identities, usernames and passwords.

Ontario is investing in hospitals to improve energy efficiency, reduce greenhouse gases and redirect savings into patient care. The Hospital Energy Efficiency Program, will help hospitals save energy and encourage the use of more renewable energy technologies.

Lennox & Addington County bought the Denbigh ambulance base property. The County has been operating an ambulance base from a leased facility in Denbigh since 2003. They will continue to operate one ambulance for twelve hours per day from the newly purchased base.

One hundred years ago, the virulent Spanish flu left 50 to 100 million people dead. A pandemic of that magnitude could happen again.

Ontario will use Ottawa company's Shopify for cannabis sales online and in stores as part of its plan to be the province's sole distributor of legal recreational marijuana.

The United States has delayed contentious steel and aluminum tariffs to June 1. Steel prices in Canada could rise by up to 9%.

The Eastern Ontario Leadership Council (EOLC) was recognized with an important award during the annual Economic Developers' Council of Ontario Conference in Toronto.

Renfrew County Junior Farmers were named the 2017 Club of the Year for all of Ontario.

Renfrew County is now better prepared to handle flooding. Germany's volunteer emergency relief trainers, Technische Hilfswerk (THW), were in Renfrew County to train the trainers.

New ice dive world record, 132 meters below the ice, was set by Kevin Brown at Mazinaw Lake. Mazinaw is the second deepest lake in Ontario when you leave out the Great Lakes.

Ontario is spending over \$7 million to improve access to justice in eastern Ontario and the capital region. Part of the funds will go to a pilot project to connect defense counsel via video link with their clients in custody at the Ottawa-Carleton Detention Centre to reduce unnecessary court appearances and delay.

Canada is changing the dates of snow crab season and making a speed limit in the Gulf of St. Lawrence permanent in a bid to protect the heavily endangered North Atlantic right whales.

Scientists have come up with a new plan for dealing with excess CO2 — turning it into plastic.

The U.S. Senate passed the Save Our Seas Act to reauthorize a marine debris program and work with other nations to reduce ocean pollution. It is estimated that by 2050 there will be more plastic than fish in our oceans by weight, if current rates of plastic dumping hold.

Canada launched an online public consultation to gather Canadians' views on plastics and reducing waste. Search for: "Placespeak Moving Canada toward zero plastic waste" to join the discussion.

As of January 1, China no longer imports much of the plastic and paper we have been shipping there for decades, creating a crisis in Canada. Recycling only works if there is a market.

A 20-year-old Halifax prodigy and MIT professor has helped develop a 1 cm. long, biodegradable robot that takes on a frog-like form that could theoretically be ingested and navigate its way through the body by remote control. They would only release a cancer-killing drug when they reach a tumour, killing the disease without harming other organs.

A new "ProjectDR" system, allows medical images such as CT scans and MRI data to be displayed directly on a patient's body in a way that moves as the patient does, allowing surgeons to see into the body as they work.

New manufacturing standards will kick in for all new cars sold in Canada in 2021 to stop so-called "phantom vehicles" — cars with no lights on in the dark.

"History will be made in Canada this year and Edmonton will be put on the flat map," reads the Facebook event page for an international flat-earth conference that is coming to Canada in August. Flat-earth do not believe the Earth is round, despite assertions by NASA.

Bogie is a Happenin' Place!
By Skippy Hale

This is your column, so contact me to report on activities before or after events. (613)433-1131 bogiebeat@gmail.com



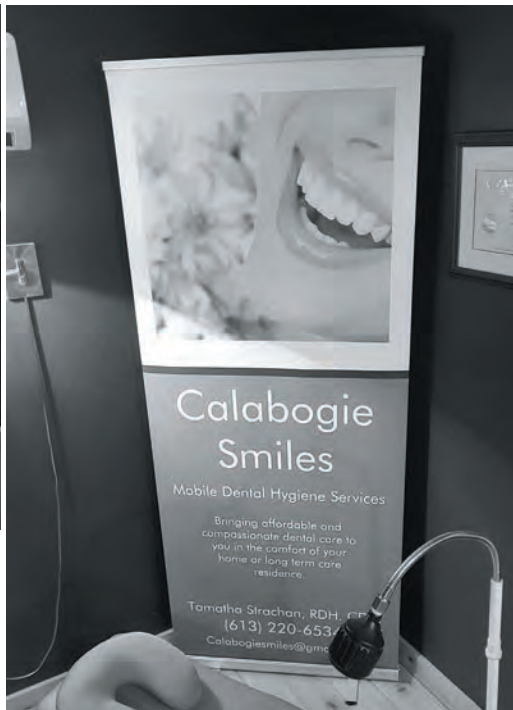
The Calabogie 500 HillDrag took place over two days this year on April 7 and 8 and attracted huge crowds. I guess some people are sad that the snow has melted.



Urban Donlevy, owner of Urban Sport, Urban Ford in Arnprior and the Quick Lane in Renfrew is one person who is happy to see Spring. The long winter put them behind preparing the old Buckhorn restaurant for the big move. Urban Sport will move here from Arnprior in late May or early June.



Tamatha Strachan brings dental hygiene to you with her Calabogie Smiles business.



You can also go to Tamatha's clinic on Calabogie Road where the Fans B & B used to be.



Books, books, books, boxes, boxes, boxes and a lot of back-bending lugging... A group of volunteers helped move the library into its newly refurbished location at St. Joseph's school in Calabogie. It will be nice when it's all done!



Denbigh-Griffith Lions Club
25991 Hwy 41, Griffith, Ontario

A sincere thank you to the individuals, organizations and businesses for their generous donations to our Christmas Food Baskets 2017. The need never gets less with more people requiring help. Any extra money was given to the Community Food Bank in the Addington Highlands Community Centre in Denbigh.

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- Greenwood Paving - Pembroke
- Rob & Diane Jukes - Matawatchesan

Because of the continued support, we are able to make Christmas a joyous occasion for some of our local citizens. Please support these people, organizations and businesses in their endeavours as they are good community sponsors. Check out our website for on going activities.

www.e-clubhouse.org/sites/denbighgriffithon

Well, folks, welcome Spring!!! At least, I hope it is Spring... Ever the Pollyanna, of course it is! All societies celebrate the season with festivals and customs. In Canada, we look for the first appearance of Pussy willows. Sorry, everyone, I admit it. I admit it. I jinxed it. I did my Welcome Spring dance through the deep snow. I was so excited about the soft blossoms, that I brought back winter! Please do not throw eggs at my house again. It was only a coincidence that I went to Phoenix for six weeks. I did bring some sunshine back in my suitcase which is trying to get back in.

It is good to be back to our special place on the planet. However, with the disappearance of the snow, we see the litter which has been covered for months. Someone opened their car doors, cleaned out their mess and dropped it across the street from my house. Then they, or another, slowly moved along as they emptied their ash trays in the gutter by the sidewalk. Why? Do they assume that they will magically disappear? No, the garbage ends up in our rivers, lakes and finally

in our oceans. Oh, how I love baked breaded trout bathed in petrol and stuffed with cigarette butts and gently laid on a colourful bed of tiny plastic beads! Sometimes one can vary the bed with shredded plastic straws. Bon appetite!

Folks here amaze me. Everyone complains about the weather, but no matter what, folks seem to believe that it can't be changed, so get on with it. There are trails to be conquered on skis, snowshoes, sleds and strong legs. The hills were alive with skiers in colourful winter wear zig-zagging down on skis or snowboards. Our young skiers did very well in competitions here and elsewhere. Crazy as it was, it was a good winter for outdoor sports. I love to skate and am slowly venturing out on my snow shoes. However, back trouble prevented me from that enjoyment last year and this. One sport which I will never try is ice-fishing! I love passing the bay and watching the speckles of huts on the ice with a sprinkle of fluffy clouds in the blue sky. I have been reassured that it is warm inside.

It does work in igloos. I wonder why the stoves do not melt the ice. How Canadian is that?

I was not able to venture over to the rink to cheer on the local team at the hockey tournament this year. Dan Charbonneau and Curtis Leclaire have organized this for several years. It has grown as an event among Pick-up and Shiny players in mismatched and old jerseys. They come from towns all around. I will say nothing about the rivalry with a close town. It is all in good fun and I loved watching games in other years. It is wonderful to show off our beautiful rink to visitors. The committee continues to support their goal. I just passed the thermometer and it is very close to the top! The Recreation Committee organized another successful Carnival again this year.

By the time you read this, you will probably know that the Library has been relocated to St. Jo's in the village. It is very exciting and the children will have access to the Library during the day. It will be walkable

for the villagers like me who are sans auto. A bunch of us have packed up the books, et al and will be replacing them on the shelves in the new venue. We will have access to all the same programs. The hours will remain the same. There will be a cloak room and inside parking area for strollers. Folks in wheelchairs and with walkers will be able to safely ride down on a state-of-the-art mobile lift. Watch for announcements of our Grand Opening before the end of the school year.

The Calabogie Pharmacy has been so busy, that an assistant was hired, and the store is now open on Saturdays as well. We are getting so many new services in the village. I believe I mentioned in the last edition, that Tamatha Strachan has opened a Mobile Dental Hygiene Service. She will go to your home and provide exams, cleaning and other treatments. She also has a clinic on Calabogie Road across from Barnet Park in the former Fans of Calabogie B&B.

A new business is opening soon which could not be better placed! In the plaza next to the Calabogie Motor Hotel at 5056 Calabogie Road, Urban Sport is relocating from Arnprior. Boaters will enjoy a local supplier of boat sales and rentals and other water toys. They can even test them out in the nearby pond, just across the street from Calabogie Lake. I just discovered this when I came home and have not had a chat with the owners yet. More details will follow in the next edition, but I saw a post in the Community Spirit Bogie Style Facebook page that they are hiring! They are looking for a licenced and experienced marine mechanic and an ATV/UTV apprentice sled mechanic who can work on all makes. Send an email to Urban Donlevy if you have the skills, urban@urban-sport.ca

This is your paper, Calabogie. Please contact me with your news and life occasions, even births, marriages and events for your organizations. bogie-beat@gmail.com



Skippy Hale is a Retired Nurse and Librarian. She and her husband settled here in December 1999. After her husband's death in 2014, she decided to stay in Calabogie where she enjoys many friendships and is engaged in several volunteer projects. The loves of her life are her 3 children, their spouses, her three granddaughters and one grandson. She keeps busy with arts, crafts and getting stories for the Highlander.

By Angela Bright



Winter was welcomed to Denbigh with the annual Parade of Lights, but wore out it's welcome by the end of April, with the snow that didn't know when to go. Photo above taken in December, below in April.



*It looks as though we are finally able to crawl out of hibernation, though we have enjoyed many a good time in the community over the winter months; the Parade of Lights in December with an amazing turnout for both floats and spectators; celebrating Christmas at church services in the area; various Christmas dinners and get-togethers; a fun Family Day with sledding, snowshoeing & smores; a Murder Mystery dinner; kids Easter Party. So, now that the weather is a little more agreeable, maybe you would like to get back into some activities that you have missed doing during the cold weather. Or, maybe you are looking to try something new for 2018, say maybe the Wellness Group that meets in Denbigh, or visiting the library to pick up a book on a new hobby you are interested in. Either way, enjoy every bit of this new year!

*During the third week in January, we learned that the County of Lennox & Addington purchased the Denbigh ambulance base, securing its future here. It's as if there was a collective sigh of relief from residents and neighboring counties, who know how very critical it is to have the ambulance stationed in this area. This is news we were all very much praying for and anxiously waiting for; no longer an issue hanging in the balance. Thank you to everyone who over the

last number of years has given of their time & talents and banded together in support of retaining the service.

*The Wellness Group meets every Tuesday in the Denbigh Hall basement; weigh in at 8:30am and the meeting starts at 9:00am. Please join us as we try to help each other lose weight. For information call Betty at 613-333-2366. Following the Wellness Group is Land O Lakes Community Services sponsored exercise at 9:30am. Join in the fun every Tuesday! Everyone is welcome! Offered by Land O Lakes Community Services; contact Lori 613 336 8934 ext. 221, l.cuddy@lolcs.com.

*As of the end of May, the Denbigh library will change to summer hours. You can check out the websiteaddingtonhighlandspubliclibrary.ca for more details or call the library at 613-333-1426.

*Youth & Family Time hosted by the New Apostolic Church will take place every Sunday afternoon from 1-3pm, with the exception of holiday/long weekends, and inclement weather. The location is the gym at the Addington Highlands Community Centre in Denbigh. Contact 613-453-9238. Thank you to all for the generous donations of pantry items and monetary donations to the Food bank at the New Apos-



Youth and Family Time hosted by the New Apostolic Church takes place in the gym on Sunday afternoons from 1 - 3. Fun times!



tolic Church's food drive fundraiser on Saturday, April 22nd, and to the church for a lovely breakfast.

*Vennachar Free Methodist Church has permanently changed Sunday service time to 10:30am, year-round. Everyone welcome! Pastor Laurie 613-333-2318.

*A reminder the Good Food Box now has one location for ordering and pick up, the Lakelands Family Health Team Denbigh, located at 31 Central Street in the Addington Highlands Community Centre. It will serve Denbigh, Vennachar and surrounding area. This is a great opportunity to order a box of wholesale priced fruit & veg once a month. Contact Jenelle at 613-333-1333.

*The Parent Council of North Addington Education Centre in Cloyne invites you to the 2nd annual Family Fun Fair on Thursday, May 17th at North Addington Education Centre, 5-8pm. There will be bouncy obstacle courses, Little Ray's Reptile Zoo, face painting, tattoos, cake & pie auction, a Silent Auction and more!

***Remember you can always check out the Community Calendar at addingtonhighlands.ca Just click on the link!**

The Greater Madawaska Public Library is on the Move!

By Sharon Shalla

At the time of writing this article we are in the midst of moving to our new location which is 12629 Lanark Road. You may recognize that address as St. Joseph's Catholic School in Calabogie. We are moving to the lower level of the school with our tentative opening date scheduled for May 15th. Our new space is brighter, and it will be great to have the children so close! We will have a reading area and designated Program space. Stay tuned for details on new upcoming programs, and the date for our official Open House celebration featuring a special guest author and book giveaways. Please note that you don't access the library through the school as we have our own separate entrance located to the left of the main school doors. Look for our signage to the left when you walk up to the school entrance way. I'd like to take this opportunity to thank the many volunteers, including Library Board members, for helping to pack and unpack all the books and the library's belongings. It has been a huge undertaking and they rose to the occasion with enthusiasm!

Speaking of change, we've converted to a new circulation system called Insignia. Our previous one was no longer supported by the company's tech department as it was outdated, so we took the leap to Insignia and we were able to do the switchover without having to close down the library. We've sure come a long way with technology! Years ago a transition like this would have meant closing the library for at least a few days. Other than getting our brains wrapped around all the new features and some learning



Storytime is always fun, but throw some Spaghetti Worms into a box of dirt and you get a day to remember! Yum or Yuck?

curves, we are enjoying it. There is a new online catalogue too that is accessible 24/7. Just go to the township website and click on Library, then Catalogue, and you will be prompted to enter your username and password. Username is your library card number, and password is your first name only with a capital letter.

Our little Storytime friends have been busy at our Children's Program held every Thursday from 10:30 - 11:30 a.m. They recently went picking worms, "spaghetti" worms that is. This is one of the children's favourite activities as you can see from the pictures, so Krystal Moran cooked up a big batch of spaghetti, dumped it into a pan of sand, and off

they went picking worms. Who says you can't go worm picking indoors! At another program, the children learned about making maple syrup and got to test out some locally made syrup thanks to Michelle Kobzik who brought in the syrup to put on the children's waffles. I hope you enjoy these pictures of both events.

Our Book Club will resume on May 30th from 11 a.m. to 12:30 p.m. at the library. This month's book for discussion is one of your choice, so please come and share your comments with the group as to why you would, or wouldn't, recommend a book you have read. Everyone is welcome to attend, and it's FREE!

RECENT ARRIVALS:

Adult Fiction

- The Perfect Nanny by Leila Slimani
- Macbeth by Jo Nesbo
- The Birthday Girl by Sue Fortin
- Accidental Heroes by Danielle Steel
- After Anna by Lisa Scottoline

Adult Non-fiction

- Canoe Country by Roy MacGregor
- Guinness World Records 2018
- Vinyl Café Turns the Page by Stuart MacLean

Youth and Juvenile

- Bully by Laura Seeger
- Froggy's Birthday Wish by Jonathan London
- Oink-a-doodle moo by Jef Czejak
- The Best Dad in the World by Melanie Joyce
- How to Rock Books and Glassed by Meg Hutson
- Katie Friedman Gives up Texting by Tom Greenwald

DVDs

- Three Billboards
- Call Me By Your Name

MARCH STATISTICS:

- Circulation - 427
- Library Visits - 264
- New Patrons - 4
- Wifi/Computer Usage - 51 hours
- Electronic Books Downloaded - 124

LIBRARY HOURS:

Tuesday from 1 - 7 p.m.
Wednesday through Saturday
10 a.m. - 1:30 p.m.
 You can search our collection
 online 24/7
 Call 613-752-2317
 for more information.
 We hope to see you soon!

UP THE LINE TO THE FRONT LINE

The Lights of Korea

By Howard Popkie

When I was just 11 or 12 years old, I would go to the movie in Black Donald. It only cost 15 cents in the 1940s. In those days the grownups would tell the kids a lot of ghost stories and made it pretty spooky to go past the graveyard at night.

The streetlights in town came to an end long before you got to the church and the graveyard and after the show I had to walk home alone in the dark. When I passed the graveyard, I had to leave the main road and take a path through the bush to my log home a few miles from town. The path went through a swamp and the only way you could tell where the path was, is by looking up through the opening in the trees above. Believe me, when I was going through that swamp I was running so fast no ghost could ever catch me!

I lived in a two-story log home in Black Donald, lit by coal oil lamplight. We only had one lamp and often broke the lamp glass when we were kids. When someone went to another room, everyone sat in the dark when they took the lamp to see the way. One time I was sleeping and was awakened by Mom and Dad who had been in Renfrew and arrived home in the dark. Dad was drinking, and I heard Mom scraping the line between the log walls to light a match. Dad said, "Bea, try turning the match around."

One time, Dad fell from the top of the stairs in his long winter underwear. He was wearing woolen socks. He ended up under Mom's old singer sewing



Those pretty lights aren't fireflies!

machine at the bottom of the stairs with the coal oil lamp still lit in one hand and the hot lamp glass in the other. That lamp was precious.

Living like this made me good at improvising and when I was very young in Korea, we lived by candlelight all the time. We had to keep it dark on the Front Line where the PPCLI lived while they were at war there with the North Koreans. We had army blankets, four-thick, over the door to keep it dark in the sandbag bunker we lived in under the ground.

For a while, wherever I was in Korea in 52 and 53, I could see the big search light beam shine in the sky at Pammunjom. The Generals from the UN and North Korea were holding peace talks there and the light showed the spot, so it wouldn't be bombed. Sometimes it was close by and other times it was far away, depending on what hill I was on at the time.

Light was a rare thing to see at night. The trucks in Korea had lights called cat eyes, a very small slit of light, just so the trucks wouldn't hit each other in the dark. I had four army blankets to fire my Vickers Machine Gun through, so the enemy couldn't see my position. When the enemy was spotted at night, a flare was shot up in the sky with a mortar and as it fell to earth it swung back and forth, falling with a little parachute to light up the ground below. When the light went out, the smoke, in an inky cloak, would go streaking across the sky. Me, being well trained, would close one eye so I could still see good when the light went out.

The other lights were from my machine gun. I had tracer bullets every 25 rounds they would carry death to the enemy in a beautiful arc across the sky. With lots of guns firing at night and their lights crossing each other, it was a light

show only a soldier got to see.

One dark night, as I looked at the dark hills off in the distance, I saw all the enemy guns as they began to blink like all the fireflies I saw as a child in Black Donald, but I wasn't fooled. Soon the big shells came like box cars in the air and everything began to shake the ground, sounding like rolling thunder as they fell along our line, fast like a string of fire crackers. I didn't forget my job as a Patricia, with my Vickers and when the soldiers came behind the artillery barrage I fired my gun for as long as two and a half hours one night, covered in brass from my gun and only stopped when it was over.

When that battle was over, 300 Chinese were dead and almost 30 Canadians, some of our boys, were taken to the enemy lines by the foe and many were wounded. When the Captain came to talk to me, all I remember saying is, "Hell, those weren't fireflies I saw."

In the sand bunker where we lived there was an army blanket for a door, so we could light a candle in there. I always had a very short pencil at school in Black Donald because we were poor, and it was the same in Korea. In my packsack I always had a candle about two inches long.

One time I came in to the bunker and a Corporal with two hooks stitched on his sleeve was staring into the light of a candle, playing in the hot melted wax with a wooden match and he wouldn't speak to anyone. We knew by the look of him that he went out of his mind, so they took him away and for him the war in Korea was over.

Also check:

www.matawatchan.ca
www.greatermadawaska.com
www.addingtonhighlands.ca
www.northfrontenac.com

CHURCH SERVICES:

Matawatchan St. Andrew's United
Sundays 8:30 am from February
through July and 11:30 am August
through January

Hilltop Tabernacle
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Office 613.762.7130
hilltop.pastor@gmail.com
www.hilltopchurch.ca
Facebook Hilltop Church in Griffith

Vennachar Free Methodist Church
424 Matawatchan Rd.
613-333-2318
Sunday service 10:30am year-round
Pastor Laurie Lemke 613-479-2673
Facebook: Vennachar Free Methodist
Church

St. Luke's United Church, Denbigh
Sunday Worship and Sunday School
10:00 a.m.

Emmanuel United, Schutt 8:30 a.m.

St. Paul's Lutheran Church
Sunday School 9:00 a.m.
Sunday Worship 9:30 a.m.

The New Apostolic Church
Sunday School 9:00 a.m.
Sunday Worship 10:30 a.m.
Wednesdays 8:00 p.m.

Burnstown
St. Andrew's United Church
Sundays at 10:15 a.m.

Calabogie
The Calabogie Bible Fellowship
Congregational Church
The Mill Street Chapel 538 Mill St.
Regular service - Sundays 10:30
a.m. Information: 613-752-2201

Most Precious Blood Catholic Church
504 Mill St., Father Kerry Brennan
Sunday Worship 8:30 a.m.

Mount St. Patrick
St. Patrick's Catholic Church
Father Holly, Sundays at 10:45 a.m.

Calabogie St. Andrews United Church
1044 Madawaska Dr. (on the
waterfront) Sunday Worship 8:30am
Communion 1st Sun. of the month

REGULAR EVENTS CALABOGIE:

Youth Sports Night
Tuesdays 6:00 pm 8:00 at St.
Joseph's Catholic School, Calabogie

Pickleball, Mondays and Wednesdays
6:00 pm 8:00 at St. Joseph's
Catholic School, Calabogie

Well Baby Clinic
2nd & 4th Thursdays 10:30 am to
11:30 am at the Greater Madawaska
Library. It is aimed at children from
0 - 6.

Public Library Book Club
Last Wednesday 11:00 to 12:30

Falls Prevention Program
Chair exercises
Seniors 65+ Mondays and
Wednesdays 8:30 a.m. to 9:30 at the
Calabogie Community Centre
Contact Susan 613-752-1540

Pilates and More
Monday evenings and Thursday
mornings

Back Fitness and Stretch
Mondays 3:45

Mindfulness Meditation
new programs starting
calabogiemindfulnessmeditation.com

Calabogie Seniors Dinner & Meeting
Last Thursday of the month - 5 pm
Oct. to April at the Community Hall
May to Sept. Barnet Park
All seniors 55+ welcome. 752-2853

Renfrew South Women's Institute
www.rsdwi.ca CalabogieWI@gmail.
com Branch meetings held at
Calabogie Community Hall
2nd Thursday of the month at 7:30
Contact: Marg MacKenzie, Pres.
613-432-3105 or Hennie Schaly
Sec. 613-752-0180
Guests and new members welcome!

Calabogie Arts and Crafts
Every 2nd Monday (If holiday, then
3rd Monday), 10:00 am - 1:00 pm,
Community Hall, (\$15 per year),
752-1324

Lion's Club Bingo every Wednesday,
7:15 pm, Calabogie Community Hall,
752-0234.

The Calabogie and Area
Ministerial Food Bank 538 Mill
Street, Calabogie
2nd and 4th Thursdays of the month
9:00 am to 10:00 a.m. For
emergency situations, please call
752-2201

SPECIAL EVENTS CALABOGIE:
Bogie Days Friday May 25, Ball
Tournament starts 7 pm continues
Saturday, Saturday May 26, 11 -
5 Balloon Comedy Show at 11 am.
bouncy castles, face painting, kids
games, BBQ, Lions Club bar

Lions Club Dinner and Open Mic
Night, Saturday June 9th 6:30, \$15
Calabogie Community Centre 574
Mill Street. Reservations required
613-220-6534

REGULAR EVENTS

GRIFFITH & MATAWATCHAN:
Matawatchan Hall Events, 1677
Frontenac Rd.:
Check calendar at matawatchan.ca

Matawatchan Walking Club
Wednesdays April to Oct. 9:00 a.m
Nov. to Apr. 10:00 am
Start at Matawatchan Hall
Info: Brigitte 613-318-8308

Aerobics and Cardio Dance
to suit all fitness levels led by
an experienced instructor at
the Matawatchan Hall. Goodwill
donation. **Saturdays 11:00 - 12:00**
except during markets and events at
the hall

Chalk Furniture Painting First and
Third Wednesday of each Month-
12:30-3:00 and Second and Fourth
Wednesday, 6:00-8:30 Contact
Wendy at wmacfarlane@hpedsb.
on.ca

Matawatchan Book Exchange at the
Matawatchan Hall any time the Hall
is open, sponsored in part by the
Greater Madawaska Public Library.
Bring some books and borrow some
books. Just sign them out and bring
them back when you can.

Denbigh-Griffith Lions Club
Events at the Community Hall Hwy
41 Griffith:

Bingo every second Tuesday at
7:30

TAI CHI at the LION'S HALL
Hwy. 41, Griffith 613-333-1423
Beginner's Class, Mondays @ 12:45
p.m. Sign-In, Class begins at 1:00
p.m. sharp. \$10 drop-in fee every
session, Holiday Mondays, class will
be on Thursdays @ 9:00 a.m.

Northern Lights Seniors
Fellowship Lunch at Noon-Third
Wednesday of the month at the
Lions Hall Griffith. Everyone is
welcome. Contact Mary McKinnon
613-333-2791

Northern Lights Seniors at the
Lion's Hall after Fellowship Lunch

General Wellness Assessment
by local Paramedics available from
11:00am until after lunch

Diabetes Outreach Program
every 3 months

Euchre First and Third Friday of each
month, 7:00pm - 9:30pm Contact
John/Nancy Reid (613) 333-9556

Bert's Music Jam Every Wednesday
5 to 7:30 p.m. at the Pine Valley
Restaurant, Hwy 41 Griffith

SPECIAL EVENTS

GRIFFITH & MATAWATCHAN:
Plant Sale & Craft Market May
26, 10am - 2pm. Seedlings and
bedding plants, perennials, etc. Plus
local maple syrup, crafts, soaps,
baked goods and more from the
Nu2U Shop. Coffee & Baked Sweets
start at 10:00. Lunch with soup and
sandwich from 11:00 - 1:00 (Gluten
free sandwiches and vegetarian soup
available).

REGULAR EVENTS:
DENBIGH & VENNACHAR
FREE weekly "Play to Learn"
playgroup at MAYO COMMUNITY
CENTRE in Hermon Tuesdays 10:00
am to 12:00 pm. snack provided

Denbigh Diners:
Full Course Meal \$7.00
Nancy Dafoe 613-333-5164

Northern Lights Seniors Euchre,
Denbigh Community Hall, Hwy
#28, Denbigh, Fridays @7:00 p.m.
with 6 Games. Hope to see you there
for some fun !

Denbigh Hall Exercise Group:
Monday classes at 10:00 am.
Thursday classes at 1:00 pm.

TOPS Tuesday at the Denbigh Hall
Basement @8:30am Contact Mary
McKinnon 613-333-2791

Good Food Box, Buy a box of fresh
fruits and vegetables for less than
at the grocery store. Pay \$6, \$11, or
\$17 at the beginning of the month
Pick up your box at the Health
Centre in Denbigh on the 3rd
Thursday of the month. Call 613-
333-1333

DACRE REGULAR EVENTS:

Games Night, 2nd and 4th Fridays
Open to ideas. Contact Michael at
dacacommunity@gmail.com

CLOYNE & NORTHBROOK
REGULAR EVENTS:

Exercise Bootcamp at the Clar-Mill
Hall in Plevna Tuesdays & Sundays
7:00 pm \$5 per class. Bring indoor
shoes, a water bottle and a mat.

The Cloyne and District Historical
Society (Pioneer Museum):

May 19. Saturday. The Society
holds its Annual Mammoth Yard
Sale in the Barrie Hall at 9AM. We
look forward to having everyone
donate gently used articles. They
can be delivered on Friday May 18th
from 9AM to Noon.

May 21. Monday The Kaladar Hotel
will soon be just a memory. We
are inviting the community to come
out to listen to, and tell tales about
this wonderful old historic landmark.

DATE CHANGE: May 23. Monday
Mazinaw-Pringle Tramway - Steve
Manders presentation

June 18th. Monday. We shall be
taking a bus trip to a destination
that is not yet decided. Stay tuned.

SEND US YOUR EVENTS:
The Madawaska Highlander
3784 Matawatchan Rd.
Griffith, ON, K0J 2R0
info@reelimpact.tv
613-333-9399

R.J. McNaught - Where his Heart Lies

By William (Bill) McNaught

Reverend R.J. McNaught (Uncle Bob) died peacefully surrounded by his family after a short bout of pneumonia. Ironic to the end, Uncle Bob died on Friday April 13, 2018, Friday the Thirteenth, a few weeks short of his 100th birthday.

Two weeks previously, I had lunch with Uncle Bob. He was frail but able to get to the car and into the restaurant where he ate heartily his favourite meal. The All-day Breakfast with "a Pepsi, please." I brought him the book, *The Oxen and the Axe*, from the Cloyne Pioneer Museum. He studied each photo intently. "I'll enjoy reading this," he said.

When we returned to his home, we hugged. "See you soon" I said. If there has to be a final memory, this is probably the best; Uncle Bob in control of himself, always alert, always curious; Uncle Bob being Uncle Bob.

His mind was sharp. He talked casually about a few of the events of his life including the upcoming birthday of his Mother (Martha Jane Ball McNaught) on May 4th. His Mother was born in Vennachar in 1896. She had a unique insight into her upbringing on the Ball homestead. When she married on September 19, 1917 at the old Methodist Church in the village, she was aware that she would be leaving the homestead and her family permanently. She also knew that her children would be separated from the pioneer strengths that had supported the Ball and Gregg families during the hard and turbulent times, times which her children would also experience in each of their lives.

Martha Jane and Tom had 4 boys, R.J., Herbert, James Campbell and Earle.



"All day breakfast with a Pepsi please" March 29, 2018 RJ is reviewing the book *The Oxen and the Axe* from the Cloyne Pioneer Museum.

R.J. was named after her older brother, John Leslie Ball, whom she adored. Private Ball was tragically killed in Northern France during the Battle of Vimy Ridge on April 12, 1917.

In order to infuse the characters of her children with the pioneering traits of self-reliance and independence, Martha Jane brought her children back to the Ball homestead each summer from 1924 until 1934 to mingle with her family members, Grandma Nancy Jane (Gregg) Ball, her brother Herb Ball, Stanley Gregg, Simon Ball, Aunt Annie and Uncle Jim Grant, Uncle George and Aunt Susan Hughes, Uncle Charlie and Aunt Maria Bebee, to name just a few. Without fully understanding what they were absorbing or even that they were absorbing anything, Martha Jane's children learned the traits that their farmer relatives had developed in order to survive the hard-



Uncle Bob with the Chatsons, Irene, Antonia and Francis at the old Vennachar Church. Alice Chatson, the mother of Francis, was a first cousin of Uncle Bob and a playmate during those summers back at the Ball homestead. Uncle George had 8 daughters and Uncle Bob and his brothers would immediately run down to the Hughes farm at the end of the road. Martha Jane didn't raise any stupid sons!!

ships of the farming existence in the Canadian Shield.

But the children also learned the satisfaction of overcoming the difficulties of farming which produced a successful living and the simple joys that ensued; berry-picking, corn roasts revivals and apple gathering. They also absorbed the sense of community when people help each other. A well-functioning community sustains itself when everyone succeeds.

The children saw first-hand the connection of that generation which maintained the inheritance of their pioneering peasants. That generation made the farms successful while tremendous changes were happening elsewhere from cars, railroads, airplanes to World Wars and deaths in foreign lands, far from home.

Uncle Bob nurtured those quali-

ties throughout his career at Queen's University, serving in Saskatchewan, Larnark, Queensville, Scarborough and finally in Oshawa as "pastor emeritus" of the Kingsdale United Church. His was a life of encouragement, always appealing to the best in others which was his interpretation of the essence of the Christian message. He often said that in his youth he wanted to be a Missionary in far-off Africa but God's plan for him was to serve the "heathens" here in Canada.

Each year he would return to the area where his Mother's people had lived. Usually it was for the Vennachar Cemetery Memorial Service or to see childhood relatives like Alice Chatson. Often, he would wander through the Vennachar Cemetery, reliving memories of those people who had inspired him and his brothers when they were children.

Sometimes I would drive him back, often along County Road #509 from Sharbot Lake, past Plevna and Buckshot Lake. Each time, we drove in silence. His eyes would glaze over as the colours of the woodlands flowed through his eyes. He was always very quiet for he wasn't recalling memories but rather sensations, the feelings that he had absorbed so many years ago.

And when we left to return to the City, he would look out the car window until we passed Lake Mazinaw. Sometimes we would exit at the north lookout of the lake to gaze at Bon Echo Rock. Only when the lake had receded in the rear-view mirrors, would Uncle Bob fall asleep.

That was the gift that his Mother left R.J. and his brothers. He knew where his heart lies.

Journeying Mercies Uncle Bob, Journeying Mercies.

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By Dr. Gordon Edwards

On April 26, 2018, 82 municipalities in the Montreal region passed a unanimous resolution opposing a proposed radioactive dump at Chalk River Ontario, close to the Ottawa River, citing concerns over the likelihood of contamination of drinking water for communities downstream, like Montreal.

Canadian Nuclear Laboratories (CNL), run by a consortium of multinational corporations, is determined to proceed with the dump despite opposition. The Canadian Nuclear Safety Commission (CNSC) seems poised to give a green light for the dump, having just granted CNL a 10-year operating licence to run Chalk River. The CNSC Commissioners have never refused to grant a licence. CNSC President Binder told me that his job is “to streamline the approvals process” – an apt phrase.

The idea of permanently storing – and eventually abandoning – up to one million cubic metres of mixed radioactive waste materials in a gigantic engineered mound five to seven stories high, right on the surface, is at odds with previous plans to package the materials and sequester them underground. Some of the waste materials will disappear by radioactive disintegration in a matter of decades or centuries, but others remain dangerous for a hundred thousand years or more.

Radioactive materials are made of unstable atoms. Such atoms explode, or “disintegrate”, emitting subatomic “shrapnel” such as alpha particles, beta particles, gamma rays (photons), and neutrons. Radioactive emissions damage living cells by breaking bonds holding molecules together, including DNA molecules. High doses cause death in short order, while chronic exposure to low doses can cause cancers years later, or genetic disorders in offspring by damaging eggs or sperm.

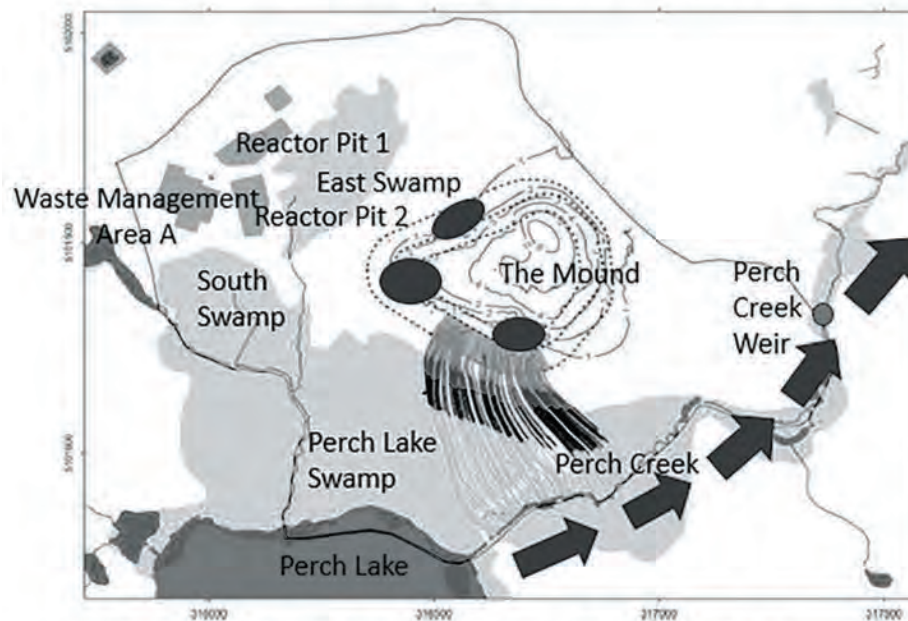
Because radioactivity cannot be shut off, long-lived radioactive waste materials must be sequestered for periods exceeding the span of history. The half-life of a radioactive element is how long it takes for half its atoms to disintegrate. Plutonium has a “half-life” of 24,000 years – about 5 times longer than the age of the Egyptian pyramids. When an atom of plutonium disintegrates it doesn’t disappear, but changes into another radioactive atom with a half-life of 700 million years.

The Age of Nuclear Energy began in Canada in 1945. Chalk River Nuclear Laboratories (CRNL) was built on the Ottawa River, due to a military decision made in Washington DC. CRNL was intended to produce plutonium for nuclear weapons, and it did so for over 20 years. Several reactors were built at CRNL, along with two chemical plants where irradiated nuclear fuel rods could be dissolved in hot nitric acid to extract the small amount of plutonium contained inside, liberating radioactive gases and leaving behind hundreds of radioactive waste by-products dissolved in a hot acidic solution.

www.ccnr.org/hlw_chart.html

Radioactive waste has been accumulating for over 70 years. Everything that touches it becomes contaminated,

The “Bathtub” Scenario



“Upon cover failure, untreated leachate discharges into Perch Creek along its northern stream bank (between Perch Lake and Perch Creek Weir.”
(Source: EIS, p. 5-212)

Diagram published by
The Sierra Club Foundation
of Canada

Figure 8-5 Conceptual Representation of the “Bathtub” Scenario

Source: Performance Assessment for Near Surface Disposal Facility to Support the Environmental Impact Statement
March 2017 232-509240-ASD-001 Revision 0



The proposed nuclear waste dump will be right next to an already contaminated swamp, about 1 km from the Ottawa River, and just 200 kilometers upriver from the nation’s capital.



The Anishinabek Nation, Ottawa Riverkeeper, the Concerned Citizens of Renfrew County and Area, and Ralliement Contre la Pollution Radioactive are asking the International Atomic Energy Agency to investigate why radioactive waste abandonment plans are proceeding despite a policy vacuum at the federal level, with scant attention to international obligations as laid out in the UN Joint Convention on radioactive waste, while billions of taxpayer dollars are going to an international consortium that is presenting the cheapest and riskiest “solution”.

and so it too becomes radioactive waste. Rags and mops, clothes and equipment, reactor vessels and pipes, even buildings become radioactive waste. Until recently, such wastes were packaged and stored in a temporary fashion.

In 2005-6, Canada established the Nuclear Legacy Liabilities Program, expected to cost from 7 to 10 billion dollars of taxpayer’s money. The 70-year plan was to allow Atomic Energy of Canada Limited (AECL) to “clean up” the radioactive mess at Chalk River and at the Whiteshell Nuclear Research Establishment in Manitoba, and to dismantle old nuclear reactors owned by the federal government (at Kincardine Ontario, Rolphton Ontario, Pinawa Manitoba, and Bécancour Quebec). Last year, the Auditor General estimated the Chalk River cleanup alone at about \$7.9 billion.

But the Harper administration hired a private consortium to take over management of the cleanup of all federally-owned radioactive wastes. The staff of AECL shrank from over 3000 to 40. AECL’s annual funding swelled from half a billion to a billion dollars, almost all of it going to the corporate members of the consortium. On paper, CNL works for AECL, but CNL is calling the shots – us-

ing taxpayer’s money to inflate bonuses, reward shareholders, and do a quick and dirty job of waste management.

The consortium has chosen sloppier methods for managing Canada’s radioactive legacy compared to those contemplated by AECL.

Instead of burying radioactive wastes, CNL wants to create a vast radioactive landfill on the surface. Instead of dismantling reactors, packaging radioactive rubble and moving it away from the rivers, CNL plans to dump the radioactive remains into the sub-basement and grout it with Portland cement, leaving an eternal radioactive cement monument on the river bank. Several materials in the old reactors have half lives of thousands of years.

Ex-AECL scientists have filed strongly critical comments about these shoddy approaches, which also seem to violate guidelines from the International Atomic Energy Agency (IAEA). The IAEA says, for example, that entombing a shut-down reactor would be justified only under extreme circumstances, such as a nuclear meltdown.

Concerned citizens have pointed

out that Canada has no federal policy for the long-term disposition of such radioactive waste materials. They are calling on the federal government to suspend the current abandonment projects until a federal policy can be developed, based on extensive hearings with the Canadian public, who will have to bear the costs and the risks from such proposals. They are also calling on the IAEA to investigate the state of Canada’s current plans for managing post-fission radioactive wastes other than irradiated nuclear fuel, in light of international standards.

For more information consult www.ccnr.org



Dr. Edwards has been a consultant on nuclear issues for governmental and nongovernmental agencies for over 40 years. A gold medal winner in Mathematics and Physics from the University of Toronto, he directed a nation-wide Study of the Mathematical Sciences for the Science Council of Canada. He has given keynote addresses on nuclear matters at conferences in every province and territory of Canada, as well as in Stockholm, Hong Kong, Johannesburg, Madrid, Helsinki, and New York. He has been accepted as a nuclear expert in law courts in Canada and the USA.

Spring is Finally Here. Are You Ready?

By Derek Roche

Spring is a season of renewal. It is the transitional season, which brings us out of hibernation with a sense of hope and excitement as we look forward to the warmth of summer. It is a time when all of nature is bursting forth with vigor, and a time to heal and prepare for the activities of summer.

We are all faced with challenges in our lives, and there is no shortage of ideas as to how to deal with these challenges. Many of the old adages remain true for me, such as “all things in moderation”, “keep it simple”, “treat the root cause, not the symptom”, and “only nature cures”. So, what is at the heart of health?

I have integrated all of my beliefs about health and healing into various integrated activities that are part of my three-day retreats on a private lake in the Ottawa valley near Griffith Ontario. These weekend retreats are designed to nourish and heal body, mind and spirit. Health and wellbeing are achieved through a variety of activities, all in natural surroundings. So what are some of the components I believe are necessary to well-being?

1. Meditation: The first and foremost component of health is meditation. By starting from a point of stillness and centeredness we are able to reduce stress,



take control of our lives and make good choices based on our own, innate knowledge. What does the calm body/mind/spirit tend to choose?

2. Diet: There is an old saying; “Getting people to change their diet is like trying to take a bone from a rabid dog”! For this reason, I often quote Michael Pollan who wrote “The Omnivore’s Dilemma”. At the beginning of the book he states his advice for those looking to improve their health through diet. “Eat

real food, not too much, mostly vegetables”. (If interested, see documentaries such as Plant Pure Nation, Cowspiracy, and Forks over Knives.)

3. Exercise: Moving your body does not need to be excessive, straining, or causing pain and stiffness. Yoga, walking, gardening, cycling and swimming are all examples of exercise that the body thrives on, increasing circulation, toning, detoxifying and maintaining a healthy metabolism. In our small community we

have wonderful aerobics and yoga classes as well as a walking group. Massage and other bodyworks that re-connect us to our bodies are also helpful.

4. Nature: A connection to nature is the last vital component to achieve health and wellbeing. We share a symbiotic relationship with the natural world. Fresh air, clean water, the sounds of birds and wind in the trees all give us a feeling of peace and tranquility, allowing us to release the many stresses of modern day life that keep our bodies in a chronic state of “distress”. That’s it! It is simple, inexpensive and effective. There are no pills, special fad diets or extreme exercise, just simple truths about health, happiness and longevity. Meditation leads to good choices, which leads to a primarily plant-based diet, enjoyable exercise, communing with nature as well as connecting with other, like-minded beings.

Derek Roche is an Acupuncturist, Nutritionist, Allergy specialist, and Zero Balancing practitioner with over twenty-five years experience working in Cambridge (UK), Halifax, St Catharines, and Ottawa. He practices in Ottawa at 2211 Riverside Dr, suite 106 and runs Natural Healing Retreats in the Madawaska Valley in the Spring and Fall on a private lake. Call 613 333-2368 or visit Natural-Healing-Retreats.com for more information.



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June 9, 11 - 5 at Bittersweet Gallery in Burnstown

Anne-Marie Chagnon: 2018 Collection: Point of Origin



Bittersweet Gallery owner Cheryl Babineau and her husband sculptor/artist Richard Gill first discovered the work of Anne Marie Chagnon at a show in Montreal and have been representing her jewellery designs since 2001. For more than a decade the gallery has celebrated her latest creations with a popular spring launch and trunk show that benefits Ovarian Cancer research.

In her 2018 collection: Point of Origin, Anne-Marie captures the terrestrial beauty of raw material and form incorporating fresh water pearls, glass marbled swirls of brilliantly hued acrylic pigment. Pewter mounds blossom to depict summer flowers and wood streaked with grain rises like captivating seaside cliffs.

Once again Bittersweet will be donating a portion of the proceeds from their Anne-Marie Chagnon event directly to the Ovarian Cancer Research Team at University of Ottawa. Cheryl is also pleased to say that members of the Barbara Vanderhyden research team will be in attendance. Dr. Vanderhyden is a recipient of the Dr. J. David Grimes Research Career

Achievement Award, the Capital Educator's Award and the Governor General's Caring Canadian Award.

THE ART Anne-Marie Chagnon draws her inspiration from all that surrounds her. Humanity and its creations. Nature and our interactions with Her. In each collection, an inspiration dominates. That is how she prolongs, over two decades, the history of emotions and authenticity she considers a privilege to share with women who distinguish themselves by their independence of spirit and desire for self-expression.

THE SCIENCE The Vanderhyden lab studies many aspects of ovarian cancer, including the role of specific genes in human ovarian cancer initiation, progression, chemo-sensitivity and prognosis. They create model systems of ovarian cancer to study disease initiation and to test the therapeutic efficacy of novel anti-cancer drugs. The approach is to develop the platform for scientists from all disciplines to share their work, and to find ways to transform research into applicable treatments.

In the meantime those who are interested can make donations to this cause directly online at alumni.uottawa.ca/ovarian-cancer-research



Barbara Vanderhyden, PhD
Members of her team will be in attendance.

Point of Origin opens at Bittersweet Gallery in Burnstown

Saturday, June 9 - 11 to 5

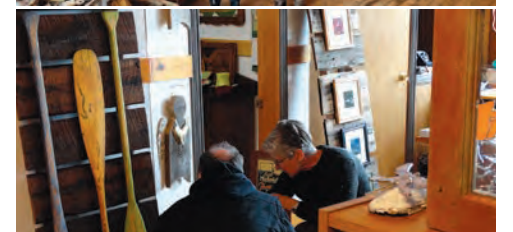
Light refreshments will be served and there will be door prizes of jewellery and art.

7 Artists + 1 Old Barn = 1 Fractured Crow

On a cold winter's day, Regie Armonas was walking her Dogs Codie and Chester and noticed a lonely table at the end of her friend Traci's driveway with a sign saying local rustic wood creations for sale. A light bulb went off and she said to herself, why are we hiding all of this local talent? Regie Armonas had been working on stained glass in her basement, Traci working with wood covered in blankets of snow, and her friend Vickie making beautiful quilts only to store them away in Rubbermaid bins. "So many people in one area with so much talent, why are we hiding our creations?" I have this amazing rumble barn that once housed cows, horses, was a shop for a cabinet maker and even was used as an apartment. It's screaming to be reborn into a studio to display the talent of local artisans. And so the Fractured Crow Studio was born.

Regie Armonas and Bill Brydge got to work right away and created an amazing space to showcase the community's artwork. The Studio atmosphere is warm and inviting with a backdrop of gorgeous flower and veggie gardens. You will be greeted with a warm cup of coffee, home baked treats and can spend lots of time admiring the unique work from each artisan.

Regie Armonas - stained glass mixed media masterpieces. **Vickie Macnabb** - quilted and repurposed cloth, denim handbags, pillow cases. **Traci Rae** - reclaimed wood, barn board and metal creations. **Sandra Wales** - photography, local landmark/nature greeting cards, stained-glass jewelry. **Emma Russell** quilter - table runners, ornaments, calendar holders. *We welcome new artists at Fractured Crow Studio and this year we have 2 new locals.* **Susan Allen** - unique weaving and felting. **Tom Swales** - gorgeous cheese boards and charcuterie boards from many different types of wood.



Join us June 3rd as we host a charity event for Renfrew Seniors Home Support. Enjoy the gardens, soup, sandwiches, tea and welcoming atmosphere rain or shine.

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20 Ironside
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90 Spindle Drift 399,900 MLS 1089074
Impressive Executive 5 bed. 4 bth. home w stunning lake views and golf course. Wrap around hedge for privacy. Large rooms! Finished basement w walkout. Attached garage and separate workshop. Interlock stone driveway leading up to both. This is a great property for retirement, recreation or rental income. This area has a large rental potential.



1046 Donald Trail 879,900 MLS 1104885
Stunning Lake Front home on the shore of Centennial Lake. You enter into a huge open concept living, dining, great room area. Post and Beam construction throughout. Large games room and master bedroom with gas fireplace and ensuite offer awesome views. Home has a southwest exposure and is set close to the water's edge.



5015 Centennial Lake 615,000 MLS 1095808
If privacy is what you seek this home/cottage sits on a 2.1 acre peninsula with a gentle slope to the water. Home is a 2011 build with an open concept kitchen, living, dining area, 2 bedrooms, laundry and full bath on main floor. Completely finished basement with walkout has another bedroom, recroom, full bath utility room and lots of storage.



630 Long Point 499,900 MLS 1087807
Hurds Lake waterfront cottage/home or rental property with 72 acres! Enjoy the gorgeous waterfront or do a little hunting, fishing, hiking or make some trails for atv'ing. Nice gentle slope to the water with a sandy area on the shore and a deeper area for boats. Hurds Lake is a spring fed lake with no public access and less than an hour to Ottawa.



34 Morning Flight 389,900 MLS 1084448
This home is nestled into a 1.3 acre lot and built in 2007. This home offers lots of space with large rooms. Large open concept living, dining and kitchen area with 3 bedrooms on the main and a completely finished basement with walkout. Large windows for natural sunlight. Sitting on the Calabogie Highlands golf course this home will not disappoint.



254 Tatty Hill 1,085,000 MLS 1098650
95 Acre Estate close to the Highlands Golf and Calabogie Motorsports Track near Calabogie Lake. Beautiful, historic, peaceful, well manicured property. Open fields for farming potential and still lots of bush for the hunter and outdoor enthusiast. Come and take in the gated long private driveway that leads to your new retirement retreat.

The Ephemeral Forest Show Has Arrived!

By Colleen Hulett



Trillium Forest (Trillium spp.)



Canada Anemone (Anemone canadensis)



Bunchberry (Cornus canadensis)



Violets (Viola spp.)



Blue Flag (Iris versicolor)



Sharp-Lobed Hepatica (Hepatica nobilis)



Bloodroot (Sanguinaria canadensis)



Jack-in-the-Pulpit (Arisaema triphyllum)

White Flowers:

- Bloodroot (Sanguinaria canadensis)
- Bunchberry (Cornus canadensis)
- Canada Anemone (Anemone canadensis)
- Canada Violet (Viola canadensis)
- Dutchman's Breeches (Dincentra cucullaria)
- Goldenseal (Hydrastis canadensis)
- Partridgeberry (Mitchella repens)
- Sharp-Lobed Hepatica (Hepatica nobilis)
- Trilliums (Trillium spp.)
- Wild Garlic (Allium sativum)
- Wild Leek (Allium tricoccum)

Blue Flowers:

- Blue Flag (Iris versicolor)
- Round-Lobed Hepatica (Hepatica nobilis var. obtusa)
- Violets (Viola spp.)
- Jack-in-the-Pulpit (Arisaema triphyllum)

Wow! Spring has arrived. I was worried and felt the snow would never disappear. I do like winter hiking but that was way too long! During my last hike I saw a garter snake and a frog indicating to me that the ground has truly warmed. Let the flooding begin, of course not like last year's destruction.

As the snow melts and waterfalls play their music, the spring flora come alive in a colourful dance. Hiking in the South-Eastern Highlands of Ontario or Quebec during our spring season is simply wondrous because the forest floor is covered with our beloved ephemeral wild

flowers. They are delicate and colourful and should not be missed. Their blooms are very important to our bees as they are virtually their only source of food in April and May. Hiking every week in the spring is a must if you want to see all the flowers as their showy periods are very short. It will be much shorter this usual and some bulbs and corms may skip sprouting this year.

In May, I put on my boots and the muddy venture begins. It's true many areas are muddy and flooded but a good pair of waterproof hiking boots is all you need. Stick to the high ground and you

can avoid the temporary puddle-lakes altogether.

Sure, you can wear your fave gum boots if you do not plan to climb any steep trails or hills. In my experience, even if you plan to putter about below the hills in mud and puddles, a beautiful flower may catch your eye higher up there and you'll be so sorry for the missed photo opportunity. You most likely will slide or fall and destroy the precious soil if you attempt to get closer wearing gummies. Been there done that! Gum boots are terrible for climbing.

Please wear a bell so mama and

her baby animals can hear you and clear the area before you arrive. It is that simple. Stop and eat your lunch on a big rock or on a flat alvar so the spring warmth is doubled. It is truly surprising how much hotter it is near the rocks. You may just have to take off your spring jacket for a bit.

Hiking up to the top of the highlands is a truly 'Forest Bathing' moment as temporary waterfalls pop up all over the place. The sound of waterfalls is very soothing and kicks out all that noise circulating in your brain.

Waterfalls have the same effect

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Marsh Marigold (*Caltha palustris*)
Yellow Flowers:
 Bellworts (*Uvularia* spp.)
 Coltsfoot (*Tussilago farfara*)
 Marsh Marigold (*Caltha palustris*)
 Trout Lily (*Erythronium americanum*)



Trout Lily (*Erythronium americanum*)



Bellwort (*Uvularia* spp.)



Bethroot (*Trillium erectum*)



Wild Columbine (*Aquilegia canadensis*)

Orange/Red/Pink Flowers:
 Bethroot (*Trillium erectum*)
 Herb Robert (*Geranium robertianum*)
 Wild Columbine (*Aquilegia canadensis*)
 Wild Ginger (*Asarum canadense*)



Colleen has a B.A. in Geography from Carleton University, with a concentration in Cartography and Satellite Imagery. She has completed many courses in photography and drawing at Algonquin College and studied the Art and Science of Herbolgy with Herbalist Rosemary Gladstar. Please contact Colleen for questions or to book a guided herb walk or hike. Photographers, Artists, and those seeking to de-stress are welcome, too. Hulett.Colleen@gmail.com www.calabogiehiker.com Twitter: Highlands Hiker @calabogiehiker

as meditating in my opinion. If you want to avoid that quicksand mud, you know, the mud monster who steals your boot, consider hiking after 3-4 days of warm sunshine. The ground will be firmer and many more ephemeral flowers will have popped up. I promise once you see the flowers and hear the spring runoff, you'll forget about the mud. Higher rocky areas will be driest, and the first blooms will start near the top. In a canopied forest, you may still see areas of snow, especially on the north-east facing sides.

It is a good thing to hold off the melting in a timely fashion in the Canadian Shield because the soil is thinly layered over the rocky surface. A quick runoff will leave the forest community without enough water to thrive and the quick runoff may strip the area of its rich precious soil. Temporary waterfalls stay longer and that's a good thing in my opinion.

It is an enchanting forest. It is also an extremely important forest where herbalists can properly identify medicinal plants through their flowers and confidently map the areas for later use. It is also extremely important medicinal forest for hikers and forest bathers where

they can inhale the healing airborne essential oils of the flowers.

(Please check out the Madawaska Highlander archived article from the June-July 2017 issue to learn more about forest bathing. Just click on the link provided on the madawaskahighlander.ca Home Page).

There will be spring fungi along the way, too, such as the scarlet cup, jellies, and many false morels. Edible morels will be out too, but I don't usually see them deep in the forest. They are usually found in clearings below and around old oak and apple trees.

Didn't know? Please consider hiking with a guide if you do not want to get lost or return without any sightings and good photos. It is well worth it to receive plant identification lessons, sound knowledge, folklore and great tips for a successful hike. If you do go hiking without a guide remember to bring the four survival essentials: a lighter (or matches), a small sharp knife, a whistle and a compass (do not depend on a smart phone).

I have provided a list of wild ephemeral flowers to seek on your hikes. Try to go out once or twice a week in

May and early June. I challenge you to check off the whole list provided in this article. Most plants will disappear before the first week of June.

Please do not forget share this article with children. They are the next generational stewards of our beloved forested highlands and our wondrous Spring ephemeral flowers.

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Serving the Ottawa Valley

This column will seek to recognize historical individuals and locations of First Nation and Metis history in the Greater Ottawa Valley.

Mazinaw is an Algonquian word for Picture

By Noreen Kruzich



The large animal-like pictographs are said to be the Anishnaabe spirit Mishipeshu/Mishibijiw – an underwater spirit who lives in deep lakes. Photo: Ontario Parks, Bon Echo Provincial Park



A turtle image on the bottom & an unknown symbol above it. Turtles symbolize many things including mother earth and fertility. Photo: Ontario Parks, Bon Echo Provincial Park

Mazinaw is an Algonquian word for picture. Back in June of 1958, illustrator and pioneer in art therapy, Selwyn Dewdney traveled

to a location in south eastern Ontario and recorded one hundred and thirty-five symbols, scattered over twenty-seven rock faces at Mazinaw

Lake. Since then, a total 263 symbols have been documented on 35 rock faces, in what has become one of the largest finds of pictographs in one lo-

cation in Canada. Bon Echo Provincial Park, established in 1965, now includes part of Mazinaw Lake located in North Frontenac- a County which

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Rabbit-Man pictograph at Mazinaw lake site from Selwyn Dewdney and Kenneth E. Kidd's book "Indian Rock Paintings of the Great Lakes", printed in 1962 for the Quetico Foundation by University of Toronto Press. In it they write, "The huge granite escarpment on which the paintings appear is visible on the right (pictured above), averaging 100 feet in height for a full mile. In numbers of paintings as well as for sheer bulk Bon Echo has no rival in Ontario. In June of '58 I recorded a hundred and thirty-five symbols, scattered over twenty-seven faces." "...They seem older, too (than pictographs further west) in so far as a large number have been weathered to near disappearance. There can be no reasonable doubt that the lake's present name, variously spelled in early references as 'Massanog', 'Massinaw', etc., is from the Algonquian word for 'picture', 'writing', 'book', *mu-zi-nu-hi-gun*" Their book can be downloaded at <https://archive.org/details/indianrockpainti00dewd>

stretches from Kingston to the Madawaska River.

Dewdney, who spent several years traveling Canada and parts of the U.S. to investigate pictographs (painted) and petroglyphs (carved) felt that the paintings on the cliff faces at Mazinaw were older than most he had recorded. Dewdney cited that many of the subjects of these drawings were unique to this site alone. Pictographs can include animal and human figures, abstract images and symbols.

At Mazinaw, Dewdney noted geometric shapes and complex abstracts as well. As for figures, he pointed out that this site displays several human-like figures with the likeness of rabbit-ears. It is thought that these drawings could be the depiction of a legendary hero known as Nanabozho.

Other representations of crea-

tures include animals with cloven (divided) hoofs and dorsal spines upon their backs.

The park's Natural Heritage Education Coordinator, Lisa Roach states that some of the drawings are in better shape than others, while others have faded over the years. "No one knows how many have actually worn away," adds Roach.

The pictures were created by tracing a finger that had been dipped into a pulverized rock, known as hematite. Another manner of application used a brush made of animal or vegetal fibers. The term "red ochre" that we often hear of, is the result of the mixing of hematite and a binder like water or fish oil to produce a clay-like substance with pigment. Grace Rajnovich, a Canadian archeologist and author of *Reading Rock Art* states that excavations of pre-historic Indigenous encampments

has uncovered stashes of hematite. Roach confirms, "No known chunks of hematite, nor deposits of hematite have been found inside the park." But adds that there are two sources of the mineral found outside of the park.

As far as what the images portray or mean, there have been many studies, some taking into consideration the site's surroundings, cultural lifestyle of the Indigenous tribe native to the land, as well as other aspects of thought and oral indigenous story which link pictographs with helping spirits, healing, prophecy and cultural beliefs.

The composition or placement of the images have also been studied not only in relation to each other in arrangement but by their positioning on the rock face itself. Some have been discovered in crevices and cracks or near mineral veins, such as placed so that a run of quartz might depict a lightning strike.

No matter the specific message of what each pictograph at Mazinaw is relaying, in total they are defining moments of Indigenous culture, and our home on native land.

Dewdney's book, *Indian Rock Paintings of the Great Lakes*, came out in 1962 published by the University of Toronto Press. The Mazinaw site was added to the National Historic list in 1982.



Noreen Kruzich is the author of *The Ancestors are Arranging Things...a journey on the Algonquin Trail* (Borealis Press/Ottawa/2010) nominated by the publisher for that year's Governor General's award.

Kruzich was recently awarded the Prix Gêmeaux for Best Research on the documentary *Trick or Treaty* written and produced by award winning filmmaker Alanis Obomsawin. Kruzich specializes in First Nation and Metis family genealogy and social history.

The Importance of Trails

By Lesley Cassidy

Splashy fireworks! Community pancake breakfasts! How did you celebrate Canada's 150th birthday? Canada was awash in a sea of red and white in 2017 and over 3 million people attended July 1 Canada day festivities in 19 cities across the country. But after the fireworks were enjoyed and the sun had set on Canada Day, what legacy was left for our 150th birthday?

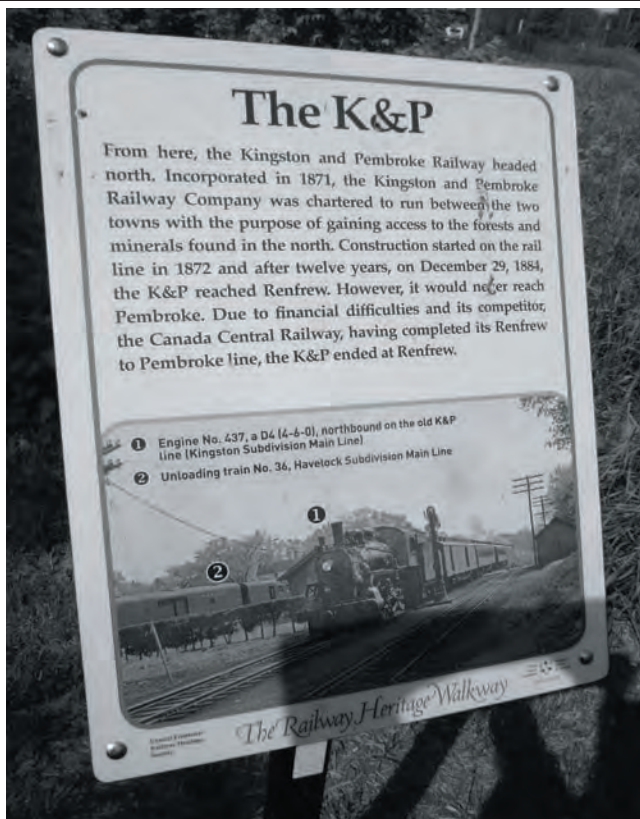
The federal government commemorated Canada's 150 birthday by establishing funding for large and small-scale grassroots community projects and festivities throughout the year. But it wasn't only the federal government, there were over 150 partners that contributed to the Canada150 festivities from federal, provincial and municipal governments, non-profit organizations, foundations, philanthropic groups and the private sector. As an example, Canada's National Parks, historic sites and marine sites were free for the year and had over 27 million visitors in 2017. There were financial resources for tall ships in Quebec City and the Maritimes, opportunities through the St John River Society in New Brunswick to connect with heritage rivers across the country, various online cultural initiatives, as well as running and musical events that focused on bringing people together. The good news is that many projects focused on improving and supporting outdoor recreation, health and leisure opportunities for communities.

Almost \$300 million was made available as part of a Community Infrastructure Program for Canada150. Approximately 3000 projects were financed across the country by this fund to renovate, expand and improve existing community infrastructure. Closer to home, in Southern Ontario, \$88.8 million of that money was allotted for projects that built or renovated recreational facilities, community centres, museums, libraries, showcased cultural activities, developed or improved trails, and outdoor recreation experiences.

Specific to trail initiatives, over 120 projects or \$9 million were funded in southern Ontario, and Northern Ontario had nine trail projects funded with \$500,000. These trail projects ranged from resurfacing, expanding and adding new kilometres, to paving, rehabilitation, lighting and completing work on various structures such as bridges.

How did the Ottawa Valley benefit? Different groups in the Ottawa Valley submitted applications. Essential elements of the government program involved an application, organisations had to be willing to cover some of the cost, and work had to be completed by March 31, 2018. Over 1,100 applications were submitted for projects in Ontario alone.

Financial resources were received in the Ottawa Valley for upgrading a community pool in Deep River, a local rink in Laurentian Valley Township, improving several roads, and the building of a tourist information centre in Renfrew. There were four trail-related projects approved with a total funding amount



There is more to a successful trail than a well groomed surface. Signage helps you connect what you read online to a specific place. You can feel the history.

of almost \$220,000. One project, in Frontenac County, received nearly \$250,000 in funds from Canada150 that will have a significant impact on the Ottawa Valley.

The K&P, a rail trail that is a historical backbone and outdoor recreation line for residents of the Ottawa Valley and visitors, received financial support to link several sections together to form a continuous rail trail for snowmobilers, All Terrain Vehicle (ATV) riders, cyclists and pedestrians alike.

A lengthy section, 12.5 kilometres between Tichbourne and Sharbot Lake, required trail users to use the highway, or the side of the road or figure out other ways to travel on to rejoin the trail. The K&P has several spots where users have to leave the trail, including Calabogie, Elphin area and Sharbot Lake.

Last summer and fall, the construction was moving forward on the long piece to Sharbot Lake. Currently, 9.0 kilometres of the 12.5 kilometres has been completed. The remaining kilometres will be finished later this year. This will allow a continuous section from downtown Kingston to Sharbot Lake, almost 90 kilometres for users without having to leave the rail trail.

Richard Allen, the Manager of Economic Development for Frontenac County explained that when the County has to build a rail trail that "the cost inflates as soon as you leave the railbed". This is because the new trail requires more complex engineering, surveys must be completed, building a solid base structure that involves proper grading and compaction is critical, and improving intersections and sight lines where the trail meets local roads for safety. Obstacles such as houses,

barns and other structures require detours to be built through often difficult terrain.

Staff at the County are working on finding funding partners to assist them to complete the final 3.5 kilometres. Mr. Allen states: "We know the completion of this will be a huge benefit and open up connections and attract visitors from Kingston and other areas." He indicated that many local businesses are anxiously waiting for it to be complete and then it will require working with trail users from snowmobile clubs to cycling groups to share information on the amenities of the area, and accommodation and restaurants so that riders can stay, visit and enjoy.

Lanark County received \$75,000 in financial support as well to help with the rehabilitation of a bridge in Pakenham located on the Ottawa Valley Recreation Trail (OVRT). The funding was initially approved for a bridge in Almonte, but it was transferred to update and renovate a specific bridge in Pakenham as the one in Almonte was not ready for construction during 2017. The project involved the installation of new steel cross beams, a wooden deck and pressure treated wood rails. In the future, this work will make it much safer for all users including cyclists, pedestrians, snowmobiles and ATVs. The project was finished by December 1, 2017, and the trail and bridge were in use this past winter by the local snowmobile clubs.

Another project close by that received financial support was the Rideau Valley Conservation Foundation for improving the Chapman Mills trails. The Conservation Foundation received \$32,000 in Canada150 funding to improve the boardwalk and upgrade the surface of sections of the trail network.

Now that Canada150 is over, there still are financing options available for trail work. The Canadian government provides money for various community and national level activities every year, through what are called grants and contribution programs. Many federal departments such as Health, Infrastructure, Environment, and Employment and Social Development Canada provide these type of funding arrangements to municipalities, band councils and non-profit organisations. Grants and Contribution programs operate in one of two ways: either your organisation receives a grant towards the completion of a project, or a contribution is made to your project that has to meet specific terms and conditions in order to secure the financial resources, assets or services.

As an example, the Department of Infrastructure has a community funding program that has recently provided support for the building of a recreational facility in Southern Ontario and another one in British Columbia, a seniors' day use facility that offers opportunities to connect with others in the community and recreational services. Environment Canada has provided funding for wetland conservation on a national scale and a program to encourage kids to understand more about wildlife conservation.

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HAPPY TRAILS



Once an economic driver for resource extraction, abandoned rail beds are now a driver for the tourism economy. They support active transportation and take cars off the road, reducing Greenhouse Gas emissions. Canada150 and Ontario150 opened up a lot of infrastructure money for trails, but they couldn't achieve the kind of results without so many dedicated volunteers. Four hours of cycling through a forest and historic landmarks beats a four-hour drive on the 401 any day.

Numerous other organizations and private businesses provide financial resources or partnerships that support trail development and tourism. The Ontario Trillium Foundation funds many projects each year that lead to vibrant and healthy communities – last year spending almost \$136 million. Mountain Equipment Coop and the Toronto Dominion Friends of the Environment Foundation are two others. Funding may not be directly to build or grade trails, but as an example, support may be to assist in the marketing of trails for various industries (i.e. ATV) for tourism, to preserve heritage elements of a community or provide support hiring personnel to work on trails while developing trail building skills. The province has an Ontario Community Infrastructure Fund and grants available through the Ministry of Tourism.

So, let's put our helmets or hiking boots on and whether you prefer hiking, walking or riding two-wheels or four-wheels, let's get outside and enjoy our trails this spring!



In this photo by local trails historian and adventurer, Steven Manders, we see that not all gaps in trails can be easily fixed, which is why grants are so important. These connections are vital to the economic development of any community along the trails that depend largely on tourism to survive. The information he provided with this photo would add to the trail experience if placed on a sign. He states, "The Calabogie causeway, built for the K&P railway in 1884. The K&P Trail goes east from Barryvale and not across Calabogie Lake here. Looking north. Note the old pine piles into the lake bottom. The men who built this were paid about \$1.50 per 10 hour day and worked 6 days a week. The first locomotives that used the K&P all used the abundant local wood for fuel. It was worth \$2.50 a full cord and would power a train about 34 miles (60 km.)." Pic <http://mapio.net/pic/p-97204906/>

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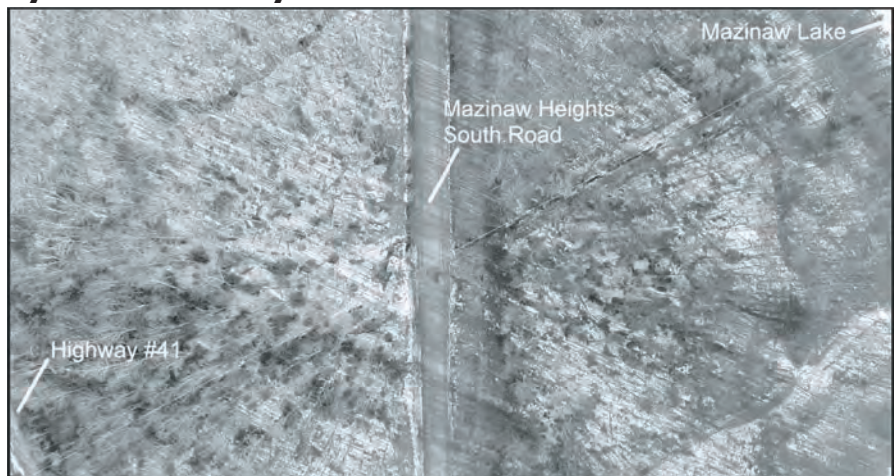
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Mazinaw-Pringle Tramway

By Marcella Neely



This aerial view of the Mazinaw Tramway is taken from a video that was recorded from the South Mazinaw Heights Road. N44,487, W77 11.543 The diagonal line in the center shows how straight the tramway was. Below is what it looks like today.



Of the many lumber firms that operated in the Cloyne area in the mid to late 1800s, the Gilmour Lumber Company was prominent. Based in Trenton,

Ontario at the outlet of the Moira River, the large Gilmour mill had a voracious appetite for logs. In 1888 it was reputed that the Trenton mill had perhaps the



Jack ladder - Unknown Location/Date possibly at Sawyer-Stoll at Stoll Lake (Massanoga).



Fred Scott at Stoll Lake at Massanoga - site of the Sawyer-Stoll Lumber Mill Fred worked at Sawyer-Stoll lumber operation beginning there around 1939. He had many talents - as a poet, log roller, bagpipe player; sometimes combining these skills for the entertainment of all. He published two books of poetry about the local folklore and lived more or less as a hermit in a cabin a few kilometres north of Mazinaw Lake. His work at Sawyer-Stoll was mainly operating the jack ladder, making sure the logs entered the mill properly, until he was close to seventy. ((Source: 'The Oxen and the Axe' available at the CDHS bookstore: pioneer.mazinaw.on.ca/store.php)

largest cutting capacity in the world although it never had run at full capacity. This need for lumber necessitated the firm's purchase of timber rights in the Algonquin area and to a lesser extent around the current Bon Echo Park area in an effort to keep feeding the mammoth mill.

In the case of Bon Echo, Gilmour constructed a magnificent rail system that enabled the company to traverse two water systems- the Mississippi in the East on Mazinaw Lake to Pringle Lake on the West, a tributary of the Moira River running south to his huge mill in Trenton. This was an engineering marvel of its time; a way Gilmour could sell Mazinaw white pine and transport it by a completely different water system.

The embankment that held the railway can still be seen today as it travels through the forest between Mazinaw and Pringle Lakes (on predominantly private land) in an amazingly straight line - a direction of 240 degrees SW. An embankment of earth and stone was built by hand to elevate the rails above the swamps in some areas nearly 2 metres high and 2 metres wide.

Most of the railway can be seen as a hump on both sides of the South Mazinaw Heights Road continuing across Highway #41 on its way to Pringle Lake. Pringle Lake is 43 metres higher than the Mazinaw and over 2 kilometres to the west. Starting at the Mazinaw, Gilmour devised a jack ladder - a steam powered hoist to lift the logs up the steep 70 metre embankment from the lake, a full 28 metres vertically. Then on a system of steel rails, horse drawn carriages transported the logs up another 25 metres vertically (an average grade of 2%) before descending 13 metres to Pringle Lake. The terrain was rough and swampy.

The hoist was located on the Mazinaw to provide maximum lift in

the minimum distance while also minimizing the uphill grade on the tramway line. Even though the Mazinaw tramway could move fewer logs per day than Gilmour's much larger Dorest, Ontario tramway which could move an average of 2400 logs per day, the Mazinaw tramway had an advantage. It was not dependent upon water and therefore could operate more months per year. This seasonality was ultimately one of the main causes of failure for the Dorset operation and Gilmour Logging. The Mazinaw tramway was used as early as the 1850s and continued for about 40 years.

Today the tramway is a hidden memorial to our lumbering era 150 years ago and a testament to the ingenuity of the engineers of the day.

The above is sourced from the 'Addington Highlands - North Frontenac Historic CD Audio Driving Tour' available from the CDHS Bookstore: <http://pioneer.mazinaw.on.ca/store.php> Part of the Ken and Cathy Hook Collection

Many photos such as these exist in family collections. Many more have been discarded.

The Historical Society urges everyone to identify their own photo collections and help elderly parents and grandparents do the same. This can be as simple as writing names on the back. Above all, do not destroy. You may not know who is in the photo but someone else may identify a missing link.

We invite our local residents as well as everyone with a connection to share photos with us for preservation in our archives. We take great care in handling and copying these precious items and return them to owners unharmed. They will be safely available for future reference. We also like to share history on the flickr website. Our flickr contact is Ken Hook. kenhook@45degreeslatitude.com CDHS Archives can be reached at pioneer@mazinaw.on.ca

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South of Seven

By Ernie Jukes of Camp J

It was still pitch black outside, the music had finally stopped from the cantina and the mission bells had changed their tempo four times- "all was well." But it was 3 a.m.! There were a few dogs, way off barking. We must remember that sounds are some of the many flavours of Mexico that present an active, warm and fun-loving people. No, we're not in the noisy touristy beach areas of that beautiful country, 2500 miles south of here. But in a small central village on a mountain top that has never seen snow with many other "Canadiense".

At 5 a.m. the cock o doodle doos of the roosters started with the barking dogs, and the church bells only a block away could chime forty times with a tiny little "ding" at the end of each group. Of course, being in a devout Catholic parish like our amigos the Diegoes the bells may continue to ring for a variety of unknown reasons.

Their village is known as San Antonio, Tlayacapan on Lake Chapala. We are in a country of more Saint's days, religious fiestas, in fact any kind of celebration such as birth, death, or anniversary that call for loud music or fireworks. These bells sound again and again before 7 a.m. and then the trucks and cars would travel up from lakeside to the Carreterra, the main highway, destined for their various jobs.

Next come the sounds of gauchos with their horses "clip-clopping" on the cobblestones, driving their cattle and horses to the lake for water and grazing. Soon the daily garbage truck and another trucker hollering "GAZ" would be along and then loaded with large bottles of safe purified water by reverse osmosis would come on the agua truck. Later the pleasant flute playing, knife and scissors sharpener would be waking the tourists in our neighbourhood. This small attractive pueblo called San Antonio may otherwise be called a small sleepy town. After a month or so these may be considered simply "the sounds of Mexico".

The traditional colonial style of architecture in the region has not given way to large chains or high-rise buildings. Better suiting our bonito casas, behind the walled gardens, most looking as they have for a hundred years. We are quietly taught by our local amigos to be patient and tolerant. It seems they never quieten a noisy child or a barking dog. Kids are allowed to play on the streets till late, about the time we are watching Starchoice TV news. Mexico is a peaceful place in spite of these comments and some occasional bad press. We have never encountered a "bandito" although I have thought a few on horseback would make an interesting painting.

Any negative differences may be overlooked by the almost constant blue skies, bright yellow and orange



Audrey and I are lucky enough to live in Canada in the Summer and in Mexico in the Winter, as do many Canadians. We love both countries for many of the same reasons. With all of the negative news we hear in Canada about Mexico, I thought I would share my views of this wonderful land and its peaceful, friendly, fun-loving, family oriented people. If you come to visit, do as we do and make your way into the heartland, away from the big cities and touristy spots. You might even meet a neighbour from your own Canadian home town!

tulip trees, fushia of the bougainvilleas with the poinsettia growing wild in this super climate of never ending Spring. Every form of entertainment is offered from live theatre, folklorico's, horseback riding, golf, cinema, dancing and shopping, and colourful street markets. There are groups for every interest of sports, art lessons, swimming, photography, writing and hiking.

While boating and waterskiing are also activities of locals and cottagers from Guadalajara on the water of Lago de Chapala for it is the largest lake south of the great lakes, it's poor quality is normally ignored by the rest of us. Dr. Al Bensman from Minnisota and I used a Peterborough canoe to enjoy "paddles" on the lake over the years. The pelicans also winter there flying all the way from Lake Winnipeg. However, it certainly adds to the beauty of the attractive, lush shoreline and the moisture content is a major ingredient to the ecosystem resulting in possibly the world's finest climate.

This is an artist's, photographer and birder's paradise and a cosy winter haven for old crocks. If you love people, it's a place of mutual respect. Here an amigo is a dedicated friend and we have been fortunate to enjoy these relationships. In fact, if you meet our next summer guests from way down south you will understand why. It seems we have been going "South of Seven" for about 25 years and have now also sent along Highlander's Jim Ferguson from Griffith and his friend Esther from Arnprior to the wonderful pleasure and people of driving down and return during cold weather. What a way to put in a winter.

Mexico is much larger than you think and would hold Ontario, Manitoba, and New Brunswick combined. Or for American readers, it is 14 times the size of Florida. One quar-

ter of its population, 32 million, lives in or around Mexico City. Last time I checked that was the population of all of our great nation. Drive or fly south to any of Mexico's 31 states. We have, and after 17 years of travelling many of its mountains, beaches, giant cities, quaint villages all on good roads and without encountering a problem. Ancient cultures await you and yet this is still a young country that has many of the growing problems we have. The land has come a long ways since we crossed Mexico on our honeymoon in 1955. The town of Mexacali was covered in dust; today their expressways are second to none. (Mostly due to NAFTA). They are growing and improving, but always carry toilet paper when touring. Main highways offer a free road service called "The Green Angels". There are state controlled cash-only Pemex gas, food and parking stations throughout the country

We seemed to settle in the state of Jalisco in central Mexico. Wherever you go you will find the people vibrant, colourful, creative and gregarious, not as solemn as their Spanish cousins. You will make friends if you try their language and good manners. Dining can be an occasion with generally fine food and wine. A ceremony is made with food served more slowly to allow you time to discuss the day's activity and when you finally, much later, do ask for your bill it's less than you expect.

Let common sense be your guide to personal safety and health concerns. Of course that statement is clear today at home or away. While we must be more cautious everywhere we go, certainly Mexico is as safe as any other country. Just ask our old pal Jim Munro who now lives in Chapala and may not be coming back to us.

They seem to have a high regard for us and Mexicans generally like Ca-

nadians. This partly stems from those that are permanent and long term residents being involved with the community. Our fundraisers support a variety of needs. We help to maintain orphanages, support poor families, assist the aged and recently a tech school. Retired professionals in numerous fields have been making life better for locals and expatriates for decades. The short time visitor in turn helps by enjoying the fundraisers. The Canadian Club also offers an agenda of interest to members and tourists.

Before you drive your car or RV down Mexico way, take a short get-acquainted package by flying into a place like Puerto Vallarta on the Pacific or to places south of Cancun on the Caribbean side. These quick trips will provide you with an opportunity to become familiar with the people, the food, the money, and the country, without the cost or planning of a longer adventure. We have enjoyed the ancient cities of the Aztecs and Maya; they can also be reached by tour groups. Some ruins are older than the Egyptian pyramids or Rome, or our totems of Haida Guaii on the Queen Charlotte Islands. The toilets of Palenque, Mexico ran cleaner than Italy. While the northern border of Mexico does not present an appealing view of truly beautiful country there is a lot more to see as you travel south. So much to explore, like the Copper Canyon---four times larger than the Grand Canyon. Enjoy the many places of which you may have never heard of before.

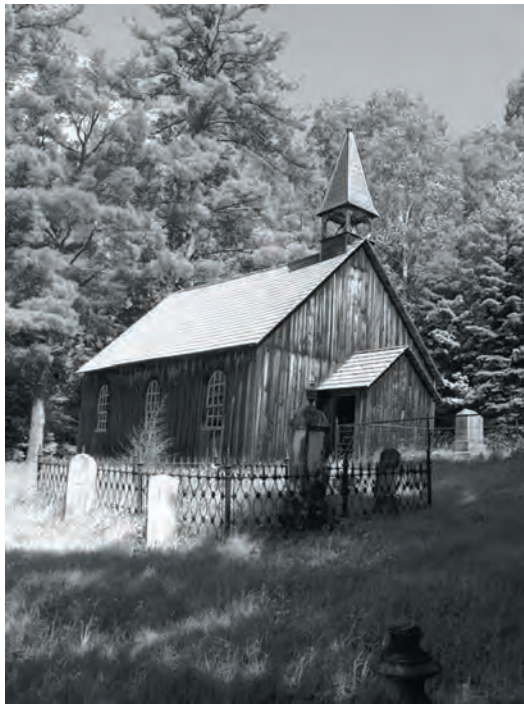
So... start by obtaining some recent maps, talk to Mexican travelers, visit the CAA and tour groups. If you have a computer there is a wealth of info on the internet. Plan your trip carefully so that you get the maximum in return of your time and investment. Mexico could also be called the land of enlightenment that welcomes you at the end of a long but educational and enjoyable journey. It's a different world! And so much more fun to learn about what we see. Do you remember when we were kids we only had one thing to play with? it was called Outdoors. So, Cliff was asked why did we call it long underwear and he replied - because we wore it from November to March! Looks like a great summer shaping up. See you at the hall.....

ol' Ern. of Camp J



R. Ernest Jukes
Artist, Writer, Rover.
For over 75 years he has won national awards for his art outdoorsman he has a rucksack of yarns to share. His poetry and articles have been published in premier magazines and books across North America including "We Came Like Monarchs", "My Road to Matawatchan", "This Cabin" and Pull up a Chair". Audrey and Ernie's travels by RV and canoe have taken them across Europe, Canada, the USA and Mexico, painting and writing about those ancient cultures. Today they create quilts and paintings at their old log cabin on Frontenac Road in Matawatchan. Visitors Welcome.

The Cat House
By Antonia Chatson



Rockingham, or Watson's Mills as it was originally called, is a bit of a ghost town in the middle of: Wilno to the North, Quadeville to the South, Combermere to the West, and Foymount to the East. We didn't find any ghosts there that we can be certain of, but we found a kindred spirit!

We didn't start out with the idea of owning X number of cats (I'll never tell) - or should I say having X number of cats own us - it just happened. My husband's family had lived on this farm for 130 years, so there had always been cats in the barn. My husband's mother always made sure the cats were fed with table scraps. My husband had a kind heart and loved animals. He always talked about a little kitten whom he named Pokey that he used to carry around in his pocket all the time. Pokey, an elderly matron when I arrived was still a charming black and white cat who loved her pats, but just

don't touch her tail! She had at one time caught it in a door when it was being shut and it was still tender. Pokey died several years after my arrival bequeathing a slew of descendants who waged a constant war on the mouse and mole population, thank goodness.

But since we began with a numbers game, I will relate two stories that prove that although we were eccentric, we were not entirely alone. My daughter and I took a drive to Rockingham one summer and decided to take a tour of the old church there. It was something else, built in 1875

on land donated by John S.J. Watson, who established a village in that vicinity known formerly as Watson's Mills. It was later renamed Rockingham, after the city in England from which he originated. Inside the building, it was dimly lit through three elongated windows on either side. This must have been handy for the ghosts from the cemetery just outside the church to peer in to check things out. The original curved pews and the organ were still in the church. As we were looking at the pews and out the window at the graveyard, a man sneaked past us, went to the organ and after pumping it

with his feet began to play it. I just about went over to touch him to make sure he was real. But, so what, if he was an apparition! We went over to talk with him. He was apparently in charge of keeping the organ in working order and he was just checking it out.

As we got to talking, he told us that he lived at the bottom of the hill on which the church stood, in a house that had once been an hotel. He told us to follow him and he would show us some photos of the old town. He had done a lot of work on the old hotel and it looked beau-

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Our "cat house" began innocently enough with barn cats and the cutest little black and white pocket kitten we called Pokey. Don't bother counting the cats in the photo on the right to find out how many cats = X many cats. They aren't our cats. Only fellow cat people will ever know the true value of X in that equation.

tiful on the outside, surrounded by trees hugging up to it. I thought it strange that he did not invite us inside but went in himself and brought out some photos to show us. We were suitably impressed so he went inside again and brought out some more. Then he said that the Friends of the Rockingham Church had put out a calendar last year which showed not only some of the sites, but some of the people involved in founding the town. He went back into the house and brought it out. He said they were selling for \$12, each. I said I would gladly buy one, but only had a \$20, bill. Before I could tell him I didn't want any change he was back into the house again. There must have been a shortage of change in the house, at least all in one place, for he took a while coming back. As we waited, I looked to the upstairs windows, checking for ghosts, but instead spied an enormous orange cat sprawled out on the window sill, and squeezing up against the screen. When the gentleman came out again, I said something about the beautiful cat that we had seen. "Oh," he replied, "Do you like cats?" (If he only knew!) "We sure do," I replied. "How many cats do you have?" He gave me a funny look, then said, "Pick a number between 1 and 10 and multiply it by two." Then he added in a voice so low I hardly caught it, "Nineteen"! My daughter quickly asked if we could see them. And I am guessing that was why he had been reluctant to ask us in, till we volunteered that we too were enamored of the feline species.

So in we went into a beautiful house that he had immaculately refinished himself. I don't think he nor his wife let the cats outside, for when we entered, they bounded up to us, flew past us and leaped over us, just full of energy. There was a ladder going up the kitchen wall to their attic and the cats tore up and scooted down this ladder. Then a couple of them would hover around the hole in the ceiling and peer down at us. Then he started to tell us about each one. This one, when he found it couldn't walk, as something was wrong with its back legs, that one had been sprayed by a skunk, that Calico one he had found with a hole in its side having been shot by a pellet gun, that grey one had its ear torn off in a fight and that large Tabby had come in too close contact with a porcupine. It seemed he had a heart for sick and suffering cats and

as word got around, other people would bring patients to him as well. It turned out that he was good friends with the vet in Bancroft who had been doing the spaying of our cats. As he would sometimes have several cats at a time needing operations, the vet would come to his house and perform the operations on the kitchen table with our organist assisting! The cats were well taken care of. My daughter picked the orange one up and could hardly hold it due to its being so heavy. "You sure do like cats," our organist commented, "that cat won't let anyone touch her up." Weird or what!!

The second incident occurred when we were doing some renovations to our house. As you can imagine, there were boxes of "stuff" all over the place to say nothing of furniture being in a state of disarray. I was having a little trouble navigating my way through the living room, so one day I moved several items to make a wider passage. That night, on my way to the bathroom with a flashlight, I paused by an armchair to pat the dog, who was comfortably lounging in it. Then I continued on in my journey, but I had not fully turned around when I took the next step. I had forgotten I had rearranged some boxes and tripped over one and was catapulted across the floor with my head hitting the corner of the piano with sufficient force to cause a prodigious nosebleed and put a nasty gash over my right eye. I am not sure whether it was the violent thud as I landed on the floor or the raucous scream that erupted from me, but my daughter ran in to survey the damage. She saw me on the floor with blood pouring from my face which had already begun to pool on the floor. After mopping up some of it, she phoned 911 and soon an ambulance arrived.

When the two male ambulance attendants arrived, I only saw one of them, who proceeded to take my blood pressure etc. I could hear the other one in the veranda, talking to several cats and kittens who had been sleeping on a bench out there. "Oh, you are such a bootiful kitty cat," I heard him saying between the coochy-coos! After all my vital signs and statistics had been recorded by his partner, and I had been duly strapped into a chair, his beaming colleague appeared, smiling broadly, and asked me how many cats we had. "I just love cats,"

he explained. My reply was vague, due to embarrassment. "Can't tell," I replied through the blood that was pouring down my face from my nose and the gash over my eye. I love cats too, I was thinking, but right now if I don't get this thing seen to, they might not get their treats tomorrow. As they hauled me out in the chair, between the "Are you ready?"s and the "Lift now!"s, he continued to comment on this cat or another that he had seen or was seeing. His parting words, as his companion closed the back doors to the ambulance, "Come on, you can tell me. How many cats do you have?" I was just glad he was driving otherwise, I

would not have had a minute's peace on the way to the hospital.

I thought perhaps, that the hour's drive might have cooled his ardor somewhat, but no way. As soon as we reached the hospital and he opened the back doors, he peppered me again with, "Come on, you can tell me. How many cats do you really have?" When I replied that X number of cats owned us, his reply was not only astonishing, but comforting. "That's nothing," he said, "we were at a lady's place last week and she had 63." Judging by his comment, perhaps the axiom might read, "The more cats you have, the more likely it is that you will need to call an ambulance." Just a thought.



Antonia studied at The Royal Conservatory of Music and at York University. She taught in all levels in the public school system as well as giving private lessons in music. Her passion is the land. She loved her experiences growing up on the farm in Shelburne and twenty-two years of farming in Denbigh with her husband, Francis. She plays the piano at the services at the Vennachar Free Methodist Church, and lives on the homestead with her daughter Irene.



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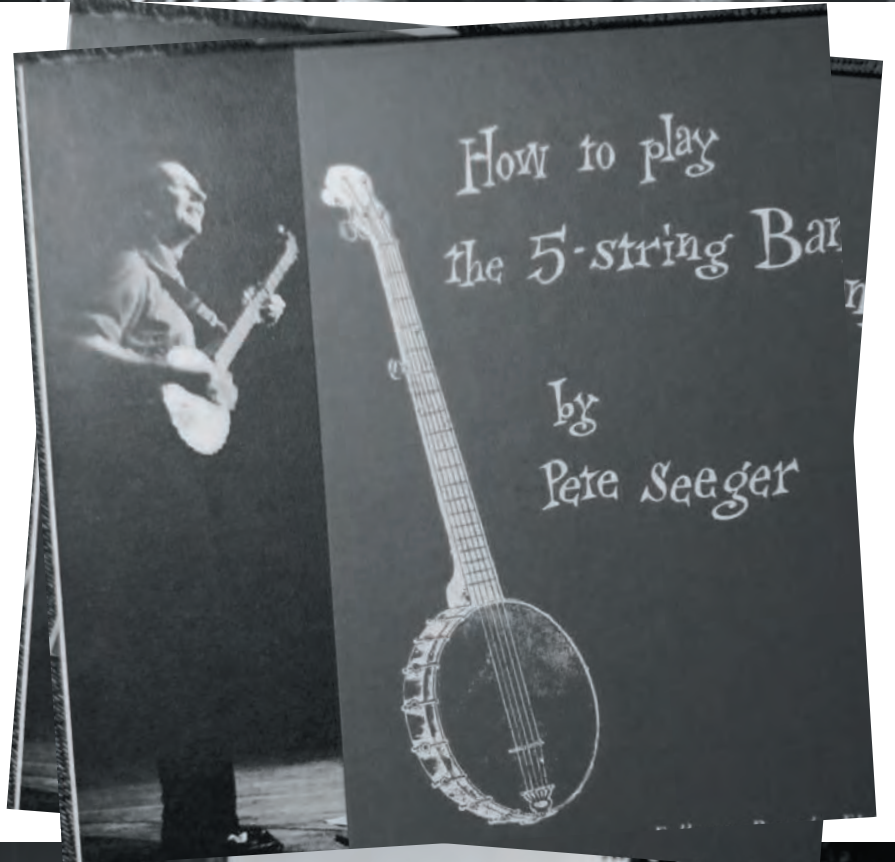
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Pete Seeger and the Power of Song - Part 15, Conviction Goes Both Ways

By Peter Chess



Pete Seeger and Toshi on their way to the Un-American Inquiry. The looks on their faces show different attitudes toward facing an Inquiry that could put Pete in jail just for singing songs and defending Freedom of Speech in America.



Welcome back to another series of episodes detailing the life and career of Pete Seeger. The last chapter recounted some of Pete's replies to the questions put to him during his hearing before the "House Committee for un American Activities", (HUAC), during which he obstinately refused to give a yes or no answer to his inquisitors, thwarting, in the process, their objective of incriminating himself of any unpatriotic intentions or actions which could threaten the national security of the United States. HUAC was investigating communist activity in the US during the early years of the Cold War and considered Pete Seeger's songs, such as, "If I had a Hammer", were sung, in the words of HUAC Chairman Francis E. Walter, "...to assist a purely Communist cause which had no relation whatsoever to the arts and the theater."

On July 25, 1956, one year after his HUAC testimony, the House of Representatives cited him for contempt and the following spring a federal grand jury issued a ten-count indictment. It took four more long years for the jury trial to take place on March 27, 1961. During this period in limbo, Pete's career was put on hold due to the fact of his 'blacklisting', although he was able to perform small concerts, many of which were done at schools for the students. He also self-published a number of musical song books and instruction books on playing the 5-string banjo. Although money was scarce, he

managed to provide for his young and growing family, living a simple life in the log cabin he built by hand with timber he felled from his property in Beacon New York, overlooking the Hudson River, all done with no electricity, power tools or running water.

At the outset of the trial, his attorney argued that Pete's freedom speech, as guaranteed in the constitution, had been violated during the hearings. The prosecutor argued that his refusal to answer the questions made him guilty of criminal contempt, even though the hearings were not a trial but only an inquiry. It took the jury all of 2 hours to come back with a guilty verdict on all counts. A few days later he reappeared in court for formal sentencing and was given one year in jail. His lawyer immediately filed for an appeal, bond money was raised, and Pete was let out on bail. It did not take long for his loyal fans and supporters to rally on his behalf, alarmed at the obvious injustice and threat to personal freedoms implied by the guilty verdict. His manager, Harold Leventhal, quickly formed the "Friends of Pete Seeger" support group, publishing and distributing a fundraising letter which encouraged other support groups to band together across the nation. Another brochure followed entitled "Should Pete Seeger Go To Jail?", which quoted Pete's statement to the court after his April 4th sentencing, summarizing the history of the case, and asking

Above top, Pete mixing cement to build his log home the old fashioned way, off grid. Above middle, Pete goes from number one on the charts to banjo teacher and odd jobs man while he awaits his appeal appearance. Above bottom, Toshi and the kids. Uncertainty about Pete's fate made life for everyone extremely hard.

ing for continued support. His lawyers, in the background fought for Pete's rights to return to work in order to support his family before the appeal was to be heard. By this time, the overzealous fanaticism of the communist witch hunt had sub-

sided considerably and, luckily, Pete received permission to travel and work, although the FBI never ceased their surveillance and kept track of his passport usage and his public appearances, along with the sponsors of any political events



It must have been surreal to perform to enthusiastic crowds in England, including the Royal Albert Hall, while being treated like an enemy of the State in the USA. He barely made it into the country with a passport that was set to expire on the day of his return. he attended.

Within weeks of his bail posting, he was on the road to a concert at the University of Michigan. The local newspaper gave it rave reviews, praising Seeger's resilience and wondering, rhetorically, how the man was such an obvious musician that it seemed impossible to have him cast as a rebellious politico. "Sing Out", the folkie newspaper of all things "folkie", published in their summer issue, the entire court statement from Seeger's trial and noted that "many thousands of people have written to Seeger and his lawyer with expressions of support. Pete did resume his political activism, although perhaps to a lesser degree than the glory days of playing at union rallies and work camps. His popularity, indicated

by his contract with Columbia Records and continued sales of his records, had hardly diminished and was actually on the rise. In no small way this could be directly attributed to the nascent folk music revival, just beginning to heat up after the astounding success of the Kingston Trio, whose 1958 recording spawned the hit single "Tom Dooley" that rocketed to number one on the pop music charts and introduced a new generation to the charms of the traditional tragic ballads of the Appalachians. This in turn spawned the likes of Joan Baez, Peter Paul and Mary, Bob Dylan and so many others.

Overseas, in Britain, support for Seeger's predicament had not gone unnoticed. A group of British folk music stalwarts, led by Ewan MacColl, who chaired the "Pete

Seeger Committee", recruited sponsors, including Doris Lessing, Benjamin Britten and Shawn O'Casey. These names might be unfamiliar to most North Americans but they were part of a larger group of fans who were as instrumental in keeping folk music alive in Britain as Seeger and Guthrie had been in their own country. In short order, a five-week tour of the British Isles was organised in the fall for Seeger, along with his family. Having received special permission to leave the country and travel abroad, his arrival in Liverpool created a few tense moments. As reported by "Melody Maker", England's own music magazine/journal... "Pete Seeger, here for a five week concert tour, docked at Liverpool last week armed with a U.S. Court Order and State Department Authority. Of-

ficials looked suspiciously at a passport that expired Nov 21, the day he departs back to America. Finally, after much discussion, (bear in mind the FBI had probably alerted British authorities) they let him in along with his wife and daughter, largely for the on the spot impression of personal integrity he created." His busy itinerary ranged from small clubs and local bars to a grand performance at the legendary "Albert's Hall" in London. His reception was unanimously overwhelming in it's enthusiasm. There were sell outs wherever he went with people literally hanging off the rafters in some of the smaller towns, he took the time to jam and swap songs with musicians where ever he appeared and never failed to include local players to join him on-stage and encourage the audience to sing along. The British Press ate it up and positive reviews by local media followed him as he crisscrossed the country, genuinely thrilled at the breadth of the music scene he encountered.

To be continued



Peter Chess immigrated to Canada from Leeds, England at the age of 9 weeks. The family settled into a converted barracks at the local airport near St. Catharines for a couple of years before moving into a wartime house. After serving in the Canadian Army Signal Corps, Peter restored antique furniture in St. Catharines, which is where he met his wife Gitte, her daughters Sheri and Belinda. They now live in Matawatchan and have two granddaughters, Emma and Natalie. Peter is a member of The Pickled Chickens String Band.

EDITORIAL

CBC radio was created in 1936 to serve the same function as Canada's first transcontinental railway; Canadian unity. Most of our population lies along the Canada-US border within radio broadcast range of northern US cities. The Canadian government in the 1930s saw the threat that this north-south information flow posed to our unity and knew something had to be done to strengthen and develop east-west and north-ern ties for the sake of our sovereignty.

It was a task too great for any private organisation at the time, so the CBC was developed to bring English and French, and much later, Indigenous stories, issues, music, and politics, to Canadians from coast to coast and it was successful. We united as a nation and gained a reputation as the polite multicultural society we like to think we are today.

With the advent of cable, satellite, and Internet TV and social media, Canada began facing another serious crisis. The evening news has become twenty-four-hour news, from anywhere in the world. Professional journalism is slowly being replaced by one-sided, single-issue rants. There is so much information constantly available that it is impossible to keep up, or even to know what is true; even for full-time journalists. A lot of people are tuning out altogether or sticking with information that suits their beliefs, but that doesn't have to be the way.

Canadian politics has always swung from left-of-center to right-of-center and back. Now with US influence and foreign social media meddling, our political discourse seems to be moving to the extremes. We are moving from fact-checked journalism to faith-based rhetoric; from careful consideration and discourse to closed-minded trolling and mudslinging. I don't think that's

where we really want to go as a country.

The face of party politics is changing amid the chaos. Party names have not changed appreciably, but what the parties represent changed over the years to the point that today's parties would not be recognizable to politicians 151 years ago.

As we approach an Ontario provincial election on June 7 and campaigning begins for municipal elections in Ontario on October 22, we have two opportunities to act and vote responsibly. Two elections. Two votes. It doesn't seem like much, but they can change history. That's a lot of responsibility, but how do you wade through it all to inform your vote, without having to take a few months off work?

These are my suggestions:

1. Before you do anything, you should check to see if you are eligible to vote, provincially: eregistration.elections.on.ca and municipally: voterlookup.ca Voter lists are based on MPAC information and could be incorrect if you moved recently, just turned 18, or the deed is in your spouse's name.

2. Stay issues-based. Vote on the issues, not on the party logo. This isn't a hockey game and you are not on either team. Teams change with new players and coaches.

3. Don't use opinion pieces and comedy/satire programs as your sole source of news. They might be entertaining, but they aren't really news. Check sources to see if they are satire or not and broaden your viewing and reading habits for a fuller picture.

4. Choose balance over bias. Some degree of bias is unavoidable just because reporters are human, but some organizations blatantly are there to push an agenda. It's easy

to find out the difference online.

5. Trust Canadian main stream broadcast networks for journalistic integrity. Canadian broadcasting is governed by the CRTC, which holds them to extremely high journalistic standards. Internet news can be coming to you from a regulated broadcaster or an unregulated Internet only source. Get to know the difference. When cable news started in the US, President Ronald Regan removed the requirements for balanced-journalism. The thinking was that people can switch to another cable station to get another point of view. Much of the polarization we are starting to see in Canada comes from US cable news networks' political polarity.

6. Find your own answers. Check out elections.on.ca for information on the provincial elections and see where your electoral district is. Visit your local municipal website and mah.gov.on.ca for more information on municipal elections. Contact your local campaign offices or candidates. Read their material and ask each of them the same questions. (See item 2.). Go to townhalls and all-candidates' meetings if you can. Most of them have social media pages where you can interact with them and other voters.

7. Be polite and mature. Don't be one of those people who only wants to shut others down in a discussion. You won't change anyone else's thinking that way and will be labelled as a troll. No one ever learns anything when they are angry.

8. Vote! In 2018 Ontario municipalities are allowed to decide if they will use a weighted ballot system and go paperless, with electronic and telephone voting. If you are registered to vote in one of those municipalities you will receive a PIN you can use a few weeks up to the October 22 election.

There might be more, but it's a start.

Lions on Horses update

By Lois Thomson



In the August-September issue of the Madawaska Highlander, we brought you a little story about two sisters who were riding their horses across Canada in aid of Lion's Foundation of Dog Guides, supported by Purina. We caught up with them in front of M&R Feeds in Renfrew last July. At the beginning of this year we were curious to know if they would be picking up their journey where they left off and thought others might be too. This is what they told us...

"Although we didn't make it to BC, we are still extremely happy with our progress and the journey we had from Mahone Bay to Sault St. Marie. Each day was an extraordinary adventure. We were tested both physically and mentally, made friends of all ages and got to see par of Canada's beauty at a very slow speed. We are still astounded by the generosity of Canadians and are forever thankful for all those who donated to our cause. LSC Dog Guides took us in and gave us a bed. They helped bandage up the horses when they got injured, simply believed in us, and gave us the motivation to continue. This past winter Katie and Jewel got back into the routine of life and Joseph continues to travel to warmer places. We all miss the trip a ton, but are slowly getting geared up to finish the last few provinces in the summer of 2019." - **Katie and Jewel Keca**

SURVIVOR GUY

Are You Prepared to Survive?

By David Arama



Seatbelts save lives, but only when worn. Buckle up.



Food in your tent is like a dinner invitation for animals.



Even good swimmers need life jackets. Put them on.

With spring finally here, after one of the longest winters on record, many of us can't wait to head out into the vast wilderness regions of Eastern Ontario. Historically, the May long weekend brings hordes of urban dwellers, escaping from the concrete jungles, to experience fresh air, peace and tranquility, and to enjoy a variety of nature experiences. Unfortunately, it also ends up in tragedy for some.

My belief is that the Wilderness is a fairly safe place to be in and that the real death zone is the highways. Every year on average, over 12,000 Canadians are reported lost in the wilds. Only a handful of them die in the wilderness. In Ontario, currently the highest activity-based causes of death are ATV'ing, Snowmobiling, and Boating. Approximately 30 people drown every year in Ontario. Twelve souls lost their lives by drowning while snowmobiling in 2017 in Ontario.

In contrast, our wild west highways produce unthinkable carnage. Close to 20 Canadians perish each day due to drunk

or drugged drivers, or due to aggressive or distracted or outright negligent drivers. Shockingly, hundreds of motorists die each year across Canada due to not wearing seat belts.

Here are some important Survival and Safety Tips that could prevent disaster:

Highway Safety:

I cannot stress this enough, zero alcohol and pot. Also, be careful with some medications. They can produce the effect of drowsiness. Additionally, don't drive while distracted. It has surpassed drunk driving as the leading cause of highway fatalities. No texting, no eating meals, no watching movies, no use of cell phones unless hands free. And wear your seat belts.

Don't drive aggressively, and something I witness with increasing frequency, don't pass on a curve or solid line, don't tailgate, and don't go more than ten kms. over the posted speed limit. Drive to the road conditions, and weather. These folks risk everyone's lives with their self-

ish, stupid and reckless behaviour. The O.P.P. Will be out in full force looking for dangerous drivers, and automobile insurance companies will have little sympathy for drivers who are caught or cause accidents.

Have a fully inflated spare tire, and a roadside assistance membership. Some good advice is to have a cell phone amplifier booster, such as the Wilson's Sleek Model, available at Canadian Tire. Cell service is patchy or non-existent in much of Canada once you get out of the urban centres.

Boating Safety:

For all watercraft, including a paddleboat, canoe, kayak, sail boat, jet ski, and fishing boat, and pontoon, wear a CA approved and properly fitted flotation device. It's useless if you're not wearing it and end up in the water. The laws of gravity take you down, whilst the flotation devices go upwards and float away. Even a strong swimmer can get into trouble. The nearest shore could be weedy, with a muddy bottom you can't walk in without

sinking. You not only set a good example for children when you wear your life-jacket, but you will be much more able to save your children if you have your own on. You wouldn't want to drag your children under while trying to save yourself from drowning, nor would you want to watch them float away while you try to catch them as they float further into the lake or downstream.

Also, it's a good idea to have rescue throw bags, an air horn and whistle, flares, and a tracking SOS device, such as a SPOT Locator, or an I-Reach. More advanced preparedness includes having a hypothermia kit, including some extra wool clothing and blankets, a sleeping bag, a portable camp stove and tin can, instant heat packs, space blankets, and high energy foods, e.g. granola bars or trail mix.

Hiking and Camping Safety:

Get up to date weather reports and warnings. When hiking, watch for dangers, and make yourself noisy and visible to avoid sudden encounters with wild animals. Keep a clean campsite, and no food

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SURVIVOR GUY

or coolers inside or near your tents. Carry a compass and topo map, and a hand-held GPS unit. Watch for hornets and wasp nests. Carry insect repellants and lotions to deal with bites. I prefer DEET products such as Ben's. To deal with ticks, wear long pants and high socks, and spray your lower legs and pants with a DEET product. There's a product, Permythrin, that's 100 times stronger than DEET, or can be sprayed on clothing, and left to dry. But never on skin directly.

Cottage and RV Safety:

Make certain that you have working, newer model smoke and carbon monoxide detectors in all living areas and bedrooms. Also recommended is a fire extinguisher in the kitchen and near the fireplace and woodstove. Have the chimney pipes swept out at least once a year if you are a seasonal, and at least twice per year if full time usage. Make certain all propane appliances and furnaces are checked regularly by a certified gas fitter. To keep bears and raccoons at bay, keep garbage areas secure, and clean the barbecue regularly.

Basic Survival & First Aid Kit:

At the very least, consider having the following items when heading into the great outdoors:

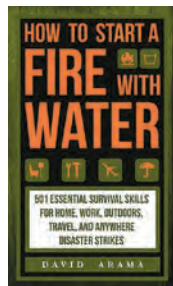
- waterproof matches, butane lighter, flint and magnesium rod
- space blankets and a decent tarp, e.g. MEC tarp
- water purification tablets, e.g. Aquatabs, tin can for boiling
- compass and map
- duct tape and rope
- knife and folding saw
- granola bars, trail mix
- tracking device, cell booster
- first aid kit, with Gatorade powder, bandages, gauze and wound care pads, non-stick burn pads, triangulars and quick splints, moleskin, pain killers, insect bites sprays e.g. Caladryl, AfterBite,
- +medications, puffer, insulin, epi-pen etc.

And leave a backup trip plan with loved ones, just in case! Now get outside and experience the therapeutic effects of reconnecting with nature! But keep in mind, you are biodegradable!



David is the owner of Marble Lake Lodge, and WSC Survival School Inc. David has appeared on numerous outdoor survival reality shows eg. Survive

This YTV, Bad Trips Abroad T + E, and offers a variety of training courses and camps.
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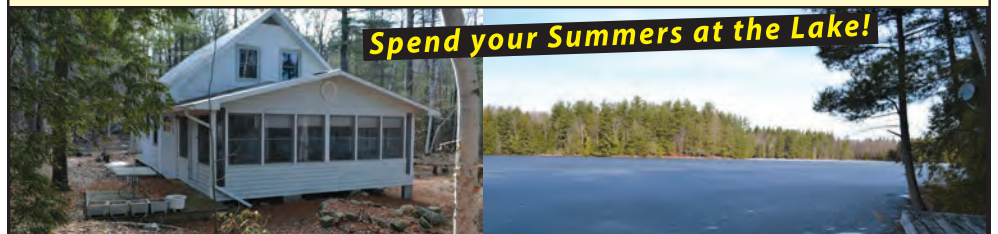
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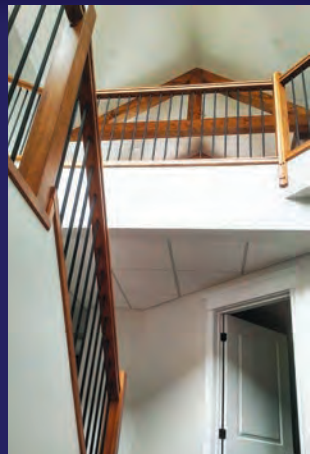
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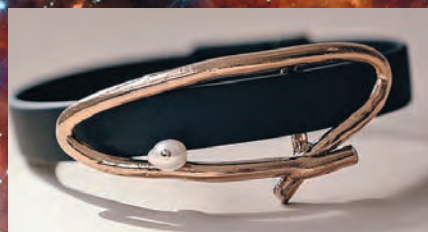
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