

The Madawaska HIGHLANDER

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Free

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MEMORIES OF BLACK DONALD: GHOST TOWN 1934-1954

By Howard Popkie

Editor's note: *Apologies for a miss-spelling in last issue. The mine manager's name was Bunting.*

My father cut hair for most everyone around as a sideline, and he had a large wooden cigar box which contained all the tools he required, barber's scissors and comb, a black cotton cloth, hand clippers and a whisk made from a deer's tail with the hair cut off square and a wooden handle attached. He also had an antique wooden barber's chair, the leather seat stuffed with horse hair. Dad and my older brother Rueben got into the beer one night just before attending a dance in the Black Donald hall, and Rueben needed a haircut badly. Well, he got a sort of haircut, but it drew a lot of attention at the dance because one side of his head was neatly trimmed, the other side had barely been touched.

Most of the people got around on the nearby lake with home made row boats and us children would catch frogs to sell to the American tourists or we would use the frogs for fishing bait. There was a big rock offshore sticking out of the water and that was our favourite place for diving and swimming in the summer. In winter there was good skiing and many races we had on skates-on the frozen lake,(for the ones who could afford skates). In winter, things were a bit different in Black Donald. We had black snow from the processing mill. The black graphite dust settled over everything and even clothes hung out to dry became coated with the stuff and it seemed to get in the windows too. You were never free from it. The graphite stayed on your skin and you could never get it completely washed from your eye sockets. My mother painted the floor black once to try and outsmart the graphite.

There was a good grade on the road coming into town from Calabogie way and we had a lot of fun in winter sliding down this grade with bob-sleds or whatever we had. No salt was used on the roads then, although they had a wooden snow plough made in a V from heavy hardwood planks and pulled by horses to help keep the road open. Sometimes the road would become glare ice, excellent for our sledding.

The most magnificent building in Black Donald was the white Catholic church with a steeple and bell, oak floors and seats all varnished and coloured glass around the windows. It was a frame building, plastered on the inside with a high dome ceiling, real shingles on the roof and painted wood siding all round. On winter Sundays the people would come from all over to attend church by horse and cutter, bundled up in buffalo robes, or some used a team and open sleigh with lots of straw for warmth. They would sit back to back on the straw. Every horse had a string of bells mounted on their harness in winter and these bells could be heard for some distance, each set of bells with their own individual sound. They were pleasant to hear on a frosty day and especially at Christmas, reminding us of the song, 'Jingle Bells'.

Bill Kazar had a big moustache and always rolled his own cigarettes with Zig Zag tobacco and Chanteclier, (Red Rooster) cigarette papers. He had a brass bullet lighter with a long flame and would hold his head sideways when lighting up so as to not set fire to his big moustache. My Uncle Albert Stubinsky was handy at repairing time pieces, so one Sunday after church Bill Kazar gave Uncle Albert an alarm clock to fix. Next Sunday, Uncle Albert brought the clock to give back to OLD Bill, but before Bill had a chance to put the clock in his huge coonskin coat

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Autumn along the Madawaska

Mission accomplished

By Bill Graham, Editor

The friendly invasion of the Calabogie area by Canadian army reservists took place in mid-September as reported in the last issue of the Highlander. The advance elements (mainly officers) arrived on the Friday night (September 12) followed the next morning by the main contingent who worked all day Saturday until mid-day Sunday to complete all their planned tasks.

Several troops of the 33rd Combat Engineer Regiment comprising approximately 60 soldiers arrived in Calabogie to train and in accomplishing this training to build hiking and ski trails for Greater Madawaska. Most of the soldiers in this training weekend are army reservists. The army reserve is the part-time component of the Canadian Army. Most army reservists work part-time for the Army and full-time at civilian jobs or are students. For this regiment, their specialty is combat engineering.

Internationally, military engineers share a common background in a discipline

that encompasses the use of demolitions and land mines, the design, construction and maintenance of defensive works and fortifications, lines of communications, and bridges. They also provide water, power and other utilities, provide fire, aircraft crash and rescue services, hazardous material operations, and develop maps and other engineering intelligence. In addition, military engineers are experts in deception and concealment, as well as the design and development of equipment necessary to carry out these operations.

More succinctly, their role is to assist their own troops to live, move and fight on the battlefield, and to deny enemy troops the same ability.

My co-publisher Richard Copeland and I were introduced to the advance party of engineers at a dinner at Polly's Little Shanty that was hosted by Councillor John Pratt. Councillor Pratt was instrumental in bringing the troops and the Township together to accomplish this mutually beneficial work. In addition to

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Mission (Cont)

the five soldiers, also present at dinner was John Carter of the Mercury, Ian Cunningham co-founder of the Madawaska Nordic Ski Club, Reeve Peter Emon and Retired Major-General Bill Hewson who is a member of the township's Economic Development Committee.

Two of the officers from the advance party were professional engineers. Second Lieutenant Jason Fox works as an engineer at the Department of National Defence (DND) in his civilian life and as a combat engineer in his role as a reservist. Captain Stephane Michaud, who commanded the troops during the Calabogie weekend, is also an engineer.

From a civilian point of view what happened during this weekend was a bunch of soldiers going into the bush near Calabogie and building some trail. However, the military perspective is very different. For them this is a training exercise and it is conducted in the same way that a real military alert would be handled. First there is the 'warning orders' that roll out to plans, assignment of tasks, dispositions of troops, etc.

While the work involved in creating new trails is important, the leadership component is every bit as important. This involves giving orders, taking orders, command structure, procedures, etc. On another level troops learn or practice skills that combat engineers employ in support of a fighting force. They build roads or trails based on specific specifications—what kind of road; going from where to where; along what route, to be completed in what time and so on.

Two areas around Calabogie were designated for development. The first was around the existing trails of the Madawaska Nordic Ski Club and the second was development for hiking trails behind the Calabogie Peaks.

Pam Cunningham, co-founder of the Nordic Ski Club says, "we have three rewards planned for the trail expansion: to add some links that change dead-ends into loops, to add a destination that leads to a lookout with a view and to add more technical trails that incorporate a big downhill run. The Engineers added 2 to 3 kilometres of trails over very rough country to the already existing 10 km of groomed and track-set cross-country trails already in existence. A bridge needed to be built to link the new trails to the existing trail network.

While work on the extension of the Nordic trail system was being engineered by one troop, another troop was working on a less intrusive trail system behind Calabogie Peaks.

Since May 2008, Tim Yearington has been working with the Trails team from the Economic Development Committee of Greater Madawaska Township to find areas of natural interest and beauty for the establishment of low impact, "human powered" hiking and snowshoeing trails.

The vision of the Wendigo Woods hiking trail is to be "just a simple footpath" enabling people to hike and explore among the natural gifts of the wilderness. The predominant work principle presented by Tim to the group was, "to make a narrow one metre wide pathway with a minimal amount of human disturbance



L to R: 2nd Lt Jason Fox, Sgt Ken Wilson, Reeve Peter Emon, Sapper Blais, Ian Cunningham, Warrant Officer Frank Rene, Councillor John Pratt and Captain Stephane Michaud



4 Troop reservists building a bridge

to the forest environment as possible."

Two experienced army reservists went ahead of the group with Tim to clear parts of the route that required sections of large fallen logs to be removed from the trail by use of a chainsaw. But even the chainsaw work was kept to a bare minimum and no large trees whatsoever – dead or alive – were cut down in this beautiful area.

The Wendigo Woods Trail will be the main trunk of a wilderness hiking route linking east to west. From its eventual trailhead on Barrett Chute Road, the Wendigo Woods trail travels up through the rugged wilderness of Dillon's Mountain to a stunning lookout atop Manitou Mountain where there's also a stone medicine wheel. The route will also connect to existing hiking trails in "The Lost Valley" (a Calabogie Peaks initiative) proceeding west and linking with Eagles Nest Lookout and its existing trailhead on Hwy 508.

At some point in the near future the Wendigo Woods hiking trail will be refined further. To make this wilderness path visible and easy for folks to follow, the entire route will be marked by hand painted small symbols on the bark of trees.

Mission accomplished for this first stage of cooperation between Greater Madawaska and the 33rd Combat Engineer Regiment, but future cooperation is envisioned by both the township and the regiment. The next mission might be as early as this winter and it might be in the Griffith area.

End

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Black Donald (Cont)

pocket, some young lads set the alarm to go off just about when they figured the priest would be starting mass. Unaware of these shenanigans, Bill put the alarm clock deep into the cavernous pockets of his coonskin coat and sat down to enjoy the sermon. Suddenly, BRRRR from Bill's pocket and he tried desperately to silence the thing, but to no avail. He hurried out of the church, slapping his deep pockets as though a swarm of bees were there.

In summer we would hold a bazaar outside the church and cook beans over an open fire all day long. There were tables and benches set up for eating under a large elm tree and Frank Legree would spin his wheel of fortune that was attached to the tree. You could buy a small paddle for 25 cents with a number on it, and if you won, you received a dollar with King George V on it.

Erwin Moore delivered milk to the homes in Black Donald during the late 'Forties and early 'Fifties with a little red tractor and rubber tired wagon.

Mom used to make our long sleeved shirts from the discarded flour bags on the old Singer sewing machine, then dye them green with a five cent packet of dye from Jack Wilson's store. I recall going to school with my flour bag shirt on, the words, 'Robin Hood Flour' shining through. Mrs. Scully sheared her own sheep and carded the wool, then spun the small bits of wool on her spinning wheel by hand, the wheel being about three feet in diameter. Then she would twist two pieces of the wool together on the spinning wheel, using a different technique, and make a very fine ball of yarn for knitting socks, sweaters, mitts and the like for her family, and perhaps some for sale. She said her mother would not allow her near the spinning wheel as a child, but when her mother was out milking the cows, she would practice spinning and she grew up to be one of the best in her part of the country.

Everyone baked their own bread and we ate a lot of beans, bologna and potatoes. We often had white cake with icing or cookies sprinkled with sugar for dessert. Rolled oats with brown sugar and milk was always our breakfast, sometimes with toast made with home made bread and toasted over the coals of the wood stove.

We brought our dead to the graveyard by horse and wagon. After Donald and I Played funeral and buried a bumble bee under our front step. My cousin Lloyd, who was much older, acquired the body of a ground hog, made a wooden coffin in his mother's garden with flowers and a wooden cross as a grave marker. Probably the best funeral any ground hog ever received.

When I was 13 years old, I had a buckskin coloured cowboy hat on all the time. I cured a garter snake in alcohol and water, leaving the head on, and this served as



Photo of the log boarding house after Black Donald was a ghost town

a hat band. An American tourist girl gave me a little jack knife in a leather sheath and that was part of my hat too, stuck in the hat band. I also wore an old pair of broken down spurs but I never had a horse. one such funeral, my brother a bumble bee in a match box who was much older, acquired coffin for it and buried it

My brother Rueben and cousin Lloyd would ride Granddad's horses, and after watching the Lone Ranger and Tonto at a movie in the old hall, they would jump on the horses and go galloping out of town in the dark with a 'Hi Oh Silver, Away'. They got all their cowboy clothes from the Thrifty Sport Shop in Toronto by mail. Rueben had a nice white Stetson cowboy hat and also a two ton surplus army truck, the engine mounted more or less in the cab. Sometimes the truck wouldn't start and Rueben would prime it with a cupful of gas, but one day the engine caught fire and Rueben had to beat the fire out with his fancy white Stetson. He managed to control the fire but the Stetson wasn't white anymore.



A very young Howard Popkie at his Aunt Agnes' house in Black Donald accompanied by his grandfather's dog Bobby

lars worth. There was also a grand diploma to be won if I sold the huge sum of \$150.00 worth of cards and seeds. I won the Grand Diploma on the 8th of October, 1948, and I was 14 years old.

I had a big dog that I grew up with, Old Shep, and I'll tell you he was the finest companion and the smartest dog that ever lived, He was black and brown and white, somewhat like a collie. With a harness and toboggan, Shep would haul groceries or bags of flour or animal feed home and when we came to a downgrade Shep would jump on the toboggan with me to ride down the hill. One day I was lagging behind a bit when he reached a downgrade and the toboggan hit him on the back legs. Shep just walked around, jumped on the toboggan and rode down by himself, then smiled real proudly when I finally caught up with him. He could carry a pail of water in his jaws or even carry the kerosene lantern for me when I went to the stable after dark. Shep would smoke a pipe also, so I would dress him up, put him in a rocking chair. with a hat and sun glasses on, the pipe in his mouth and a mandolin on his knee.

My Dad raised silver foxes and occasionally one would escape from their pen, but Shep would catch it and hold it until we came to the rescue. When Mom wanted a chicken killed for dinner, Shep would catch whichever one I wanted out of the whole flock. There is not enough paper to tell all about that wonderful dog.

When Rueben and my cousin Lloyd were about 12 years old, they built a little cabin out in the woods and let Johnny St. Michael who was about the same age help them with it because he had a small wagon for hauling material. They didn't intend keeping Johnny on as a partner after the cabin was built, so they devised a plan to get rid of him. After the grand opening which saw Lloyd cooking frogs legs up for Mom and Aunt Agnes at the cabin, it was time to scare Johnny St. Michael away. The festivities over, Mom and Aunt Agnes went home but I stayed.

Rueben and Lloyd cut a small poplar tree down, leaving a stump five feet high to serve as a stake, then they caught and tied Johnny securely to the stake and piled brush and dry birch bark around him up to his waist. Then they danced and war whooped around for awhile, poor Johnny screaming and crying, but no one could hear because we were a mile out in the bush. Finally Rueben got down to business, picked up a stone and let on he was trying to strike a match to light the fire under Johnny. In reality, he was rubbing a dry twig on the stone. Rueben finally said the match wouldn't light so Lloyd untied Johnny and with great leaps he disappeared through the forest. He was never seen around that little cabin afterwards.

End

Denbigh Ambulance Service and organizational review

By Angela Bright

As expected, the community hall in Denbigh neared one hundred in attendance on the night of Tuesday, September 16th, all eager to hear the Ambulance Service and Organizational Review and share issues too. Tom Bedford, Manager of Ambulance Services for the County was on hand and introduced Marvin Rubinstein of IBI Group, which has been hired to perform Lennox and Addington's county-wide review.

Mr. Rubinstein began by laying out the scope of the review that is made up of four main items; to review organizational structures, appropriate geographic location of service, future viability and cost. Charts and graphs were used to display wages/honorariums, call volumes, cross border calls, and how the numbers in each of these aspects differ vastly from the north end of the County to the south end. One prime example being, of the calls Denbigh receives, 59 percent are cross border, where as those same type of calls for Napanee total only 17 percent.

This was obvious in looking around the room as a decent number of people at the meeting hailed from neighbouring counties, including Councillor Perry from North Frontenac and Councillor Lehnhardt of Greater Madawaska. When Denbigh does leave for a call in a neighbouring county, there is no vehicle at the local base. Though when Napanee is out on call, Northbrook would shift to Tamworth area, and Denbigh, to Northbrook. Residents are very concerned with the time absent from the local service area and the ability to, as someone stated, "quantify our anger and frustration" so as to include it in the review. One attendee raised the concern that many people often choose to drive themselves, or someone else needing

care, to the hospital rather than calling for an ambulance, thus lowering the call volume numbers for the Denbigh base.

Many valid points and questions came up during the discussion/suggestion period. Mr. Bedford was asked to speak to why the beds have been removed from the local base, to which he replied that the Denbigh base is a "working base", because of the 12 hour shifts. Mr. Bedford who also took the time to address why the Denbigh drivers when on standby in Northbrook must be at the base, said it was due to liability and they must be on County property.

Near the end of the meeting the question was posed to Mr. Rubinstein, "What do we need to do right now?" He answered simply, "By doing what you are doing; staying on top of things." Reeve Hogg added that each one should be in touch with their MPP to advise them of the issue as well. Mr. Bedford also made a few copies available of the paper "Ambulance Funding Issues" that was presented to the Honorable David Caplan, Minister of Health and Long-Term Care in August addressing the financial challenges that the County and residents face.

Within the week, this document should be posted on the County's web site, www.lennox-addington.on.ca. The consultant's final report should be ready shortly and will be presented to County Council. All through the meeting, poster sized displays stared back from the front wall with newspaper clippings and articles from years past of the ambulance service, and how from its inception, has so greatly served the surrounding area. Ruby Malcolm organized and put together the articles for an ambulance reunion held two years ago. It is amazing to see how far the service has come and will be even more interesting to see where we are headed.

End

K0J 2R0 Lives On In Griffith

With Denis Cale retiring in September the Griffith Post Office serving Griffith and Matawatchan closed with the Rapids End General Store. But fortunately for residents of this area Bert and Carol Kauffeld have picked up the gauntlet and are busy learning the intricacies of offering postal services to the public. So if you're looking for the Post Office the place to go is Pine Valley Restaurant on Highway 41 in Griffith.

Congratulations!

Pat and Reg Ferguson invite you to drop by the Pine Valley Restaurant on Sunday October 12 at 2 p.m. to help celebrate and extend congratulations to Bert and Carol on receiving the CABA award for Public Service.

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Out on the First Concession

WILMA AND I TRIED SMOKING

By Wes Bomhower

I've tried smoking at various stages of my life, but never seemed to get addicted to the nicotine, possibly because I gave up the habit again within a few days each time. Wilma, on the other hand, still smokes.

It all began when we were quite young, around five and six years of age. Dad rolled his own cigarettes and in his bedroom there were always a half dozen king size butts in an ash tray which he would sometimes re-use if he didn't have the price of a new package of tobacco. Times were hard. One autumn day, Mom sent Wilma and I upstairs to empty the ash tray in a bag, but temptation got the better of us because not only were there some nice fat cigarette butts, there were also some wooden matches on the night stand! The opportunity was too good to pass up because normally we never had access to matches at our tender age.

We crumpled a couple of butts into the bag just for looks and put the rest in our pockets plus a good supply of matches and headed for the barn, telling Mom we were going to visit Dad out in the field back of the barn. We went directly to the horse stable where there was a big rough post to scratch and light the matches on. We each put a butt in our mouth and tried to light it but the darn matches kept going out or almost burned our fingers, and neither of us got a decent puff whatsoever. Fortunately, our supply of matches ran out and we could see Dad coming in from the field with the horses so we high-tailed it back to the house, leaving most of the evidence lying around on the stable floor, thinking Uncle John would perhaps get blamed for it. Wilma and I failed to realize that Dad never smoked in the barn and that Uncle John had strict orders to

follow suit. I guess Dad spotted the butts and burnt matches right away while unharnessing the horses but he said nothing until later that evening after chores were done and we had eaten supper.

Dad brought the subject up in a round about way just as we finished supper and we were still seated around the table. Of course there were Everett, Joy and Winnie, our older siblings who could have been blamed, but Wilma and I looked the guiltiest and we owned up to it because Mom had further evidence of our shenanigans. She had discovered very little in the way of cigarette butts in the garbage bag and she noticed there were no matches left in the bedroom.

Dad never laid a hand on us as children. He left most of the disciplinary action to Mom, but that night I know we came very close to receiving a severe spanking from him. He was deathly afraid of fire, and rightly so. He fixed on us that baleful stare of his and asked a few questions which we answered promptly. Then he explained to us what it would be like for the whole family if the barn were to burn down and we were found to be the cause of such a disaster. He also added, on a sad note, "You both could have burned to death in such a fire"! He let that sink in for a moment, then growled, "Now, up to bed". And we considered ourselves very fortunate indeed to escape up the stairs and away from his wrathful countenance.

I am not certain about Wilma, but I never touched another cigarette until after my seventeenth birthday.

Times indeed have changed!

End




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The Madawaska HIGHLANDER

“read cover to cover”

HIGH SPEED INTERNET !!!!!

I understand from the newspapers that Greater Madawaska Township is hoping to finally get “high speed internet”. Wonderful!

My question is how far throughout the township will this service be available. Griffith and Matawatchan, who are supposedly a part of the GMT, always seem left out and forgotten when it comes to services.

I remember when we were independent, we had a township office we could visit, to pay our taxes, get a dog tag, and have someone locally we could talk to with our problems. Now we have no access unless we go to town to a bank to pay taxes or travel to Calabogie Township Office when we require further services.

To return to high speed internet let me tell you about my experience with High Speed Internet which has been a horror story.

Over one year ago, our internet provider in Bancroft offered this area a chance to sign up for High Speed. Great!

We went to Bancroft and signed with FCI (Aryntel) and gave them a \$265.00 deposit. They informed us we should have our new service by August or September at the latest.

In October I called them to enquire the status. They said there was a delay as they were still trying to sign people up and only had a few more places to fill. In November I called again and was told they would get back to me. No calls were ever received.

After a couple of trips to Bancroft, facing them in person, I finally asked to have my request cancelled and my money returned. If and when they could give us this service I would gladly sign up again. I signed a Cancellation of Service form letter, made a copy for myself and waited for my cheque. It was to take 4 to 6 weeks.

In January I again went to Bancroft to find out what was going on. The staff members there were like robots, giving me a song and dance about the tower, it was finally going to be erected, etc. etc. After much discussion, I asked that they have Lucas Balemba, Owner, give me a call. They promised to do so. Every call to them thereafter was blocked. I could not get in touch with anyone.

I have since been in touch with the Better Business Bureau who attempted by letter,

to Communicate with them. Apparently after three tries, they blacklist their name in some way but that is all they were able to do.

I understand, there are quite a few people in the same situation. The OPP has been contacted by others in my situation and I have contacted them too.

To date, no report has been given to us.

In May I called FCI and finally spoke with someone. I told the man I wanted to cancel my dial-up internet service, effective immediately. His attitude was very rude, asking why in a very belligerent manner. I just told him of the situation in no uncertain terms and he agreed he would cancel. I also sent an email to their account and cancelled. I emailed Lucas Balemba as well and told him I was canceling my account. He replied to me (surprise) telling me he had received my notice and he was processing it.

FCI used a different name (Aryntel) and managed to take another payment from my account and on an earlier date than scheduled, so I wouldn't be aware of it, presumably. Fortunately for me I had been dealing with my bank on this and had the account closed. How he managed to get more money is beyond me. The bank has since re-deposited the payment amount to my new account.

I am still waiting for my \$265.00.

If anyone can think of any further action we can take against this fraudulent company, please let me know. I AM IN!

Marie Adams
Griffith

Editor's note:

I too have problems with FCI (Aryntel). In August I sent them a registered letter to cancel my account immediately. I also informed my bank not to allow automatic debits from my account. Despite this, two withdrawals of monthly fees were taken within five days of each other in September. The Internet provider just used a different name.

If there are others who are frustrated by this situation, please send me an email with details to billgraham@hughes.net. I will compile complaints and pass them on to the OPP who already have an investigation open on this company.

Looking back...



Somewhere along Centennial Lake Rd in the late 1960's

Photo: Frances McLellan

To the Editor

The methodology you used to conduct the Calabogie Opinion Survey is, in my opinion, basically sound, but I do disagree on two points. Firstly using the 752 telephone exchange does not restrict the survey to only those residents of Greater Madawaska's Ward 1 (your Calabogie target audience), but also opens it up to residents of Ward 2, who are physically far removed from the track. Secondly, although the survey should have reached a proportional mix of permanent and seasonal residents, judging from the number of responses that was not the case. Many seasonal residents seemed to have been missed, possibly because of the use of cell phones or simply by being away from the cottage at the time of your call. Unfortunately, by not being able to respond, the opinions of the seasonal residents living on the lakes surrounding Calabogie Motorsports Park and hence those most affected by it, were not included in your survey and this may have skewed the results.

Demographics aside, the primary question of your survey was “are you in favour of Calabogie Motorsports Park”. Perhaps the better question to have asked your audience would have been “do you feel that your quality of life in Calabogie has been degraded by Calabogie Motorsports Park”. Had the question been phrased in that manner I suspect that many of the no opinion responses would have joined those who have been negatively impacted by the track. Another relevant question could have dealt with the distance the respondent lived from the track and that information used to determine the areas most affected by the track as well as put some context to the responses.

As I see it, the question that the community is dealing with now is not the presence of the track, but with the noise that the surrounding community must constantly endure outside and for some, inside their residences, seven days a week for up to eight hours a day. With CMP well into its second full year of operation, the is-

sue of noise remains a primary concern of the residents. It is interesting to note that 5% of your audience said that they were once in favour of the track, but have since changed their minds because they now feel for the people putting up with the noise. As your survey indicates now almost 1 in 4 respondents are opposed to the track and moving forward there is no reason to believe that this trend won't continue and grow. Despite CMP's assurances of being a good neighbour, this season they have been charged with violating the township's noise by-law twice as many times as they were in 2007 and they have also been charged with a zoning by-law infraction that is now before the courts.

In an effort to seek changes to the existing situation, Township council has established an Environmental Sound Advisory Committee. The committee brings together two representatives from the lakes affected by the track, two members of council, a representative from CMP and a representative from the Calabogie and Area Business Association (CABA). After reviewing the current noise by-law and the data obtained from this summer's noise testing, the committee will make recommendations for change to Council. Hopefully, Council will have the political will to implement the committee's recommendations and who knows the dust may settle.

Brian Gorman
Stones Lake

Save your money

For every 5 mph you reduce highway speed, you can reduce fuel consumption by 7%.

Dear Editor,

I have concerns about the various little groups in Calabogie, and I am not referring to the Track. That has been done to death. There are other situations where groups seem to have the NIMBY attitude. If it does not concern my circle, I will not support it, consider it, or go to it. We certainly saw how the re-furbishing of Barnet Park brought many volunteers together to produce a wonderful venue. The changes are the result of hard volunteer work and financial contributions by many individuals and clubs. In unity there is strength.

On the other hand, there is much resistance to change. The folks who have lived here for generations wish to see a prosperous future. They want their children and grandchildren to have work and a place to live. It is not enough to leave and come home to retire. Change does not mean what makes this place so special must disappear. We need sustainable development. We need to attract clean, green business. We need to support the tourist industry, but more than that, we need to support our local tradesmen, stores and restaurants. We must be part of this community. The more you support the local economy, the better it will be. Those of us who work and stay here all winter, know that a wet summer makes for a long winter for hotels, motels, stores and restaurants. When is the last time you 'bought local'?

When we try to lure folks here, it is not enough to sell it as a retirement community. Retirees are good but we need a balance. We must attract businesses which will bring young families. They are not likely to want large lake-front homes initially. There are many lots here which would suit. Yes, the commute is a problem now, but if the jobs are here, that will not be an issue. It certainly has not been so in many small municipalities in the Valley. Sell the benefits of a small school community where each child is a person

Dear Editor: The Arctic

Going back, at least as far as Deifenbaker, we have heard about the need to go north. Well, now the oil and diamonds will soon be followed by a much larger population. Who made the most money in the California gold rush? Surprise - it was Levi Straus the blue jeans designer and maker.

Who will make a killing in the Arctic? I'm guessing it will be the people that provide transportation. Not the current car makers but the people that develop a smaller vehicle that will travel over land, water, swamp, etc.

By way of example, Lawrence of Arabia was involved in the development of the Hovercraft.

For fuel for this Arctic vehicle the ideal

not a number; where they can develop their talents, not bury them. After partaking in an Ash Wednesday liturgy when I first arrived, I commented to the principal about how well the children read and conducted themselves. She said that in a small school, everyone has to take their turn and since the numbers are low, they get more practice.

Sell the Township by emphasizing what we do have, not what we do not have. In the library tourists from all over the world are amazed that this small community has one and are impressed that it is 30 years old. Tell them that some families have come up to the same lodges or campsites for generations. We have great summer and winter activities.

If we are going to attract young families, we need adequate recreational activities for the children. We need to hire someone whose job is to oversee all recreational activities in the Township: the rinks, ball fields and to organize special events. Volunteers can help, but it should not be their responsibility to be in charge. It may have been the model in the past, but a new one is needed. Busy kids do not get in trouble. They do not set fires or wreak havoc in the village. This person could organize 'Pride in the Community' bees. Council must recognize that recreation is necessary for the life of the community and fund it as such.

As long as we do not mix with folks outside of our own neighbourhood, we will stagnate.

Mary-Joan Hale

Save your money

Poor alignment not only causes tires to wear out more quickly, but also forces your engine to work harder, which can reduce fuel economy by as much as 10%.

would be to use methane that is apparently abundant and needing to be trapped and tapped.

Again, the ideal would be a vehicle that would carry two to four people with a larger vehicle that would do the hard work in place of trucks and busses.

We always wait for Japan, the U.S.A. or Europe to develop new products and I sure wish that Canada would use the money, resources and brains we have waiting to be used to develop a product we certainly could use and to manufacture it before the Russians or American do

Carmel Cowen
Vernnacher

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The Township of Greater Madawaska is the largest township within Renfrew County. With thousands of acres of crown land and distinct natural charm, the Township offers the many benefits of rural living with the convenience of close proximity to the village of Calabogie, the Town of Arnprior and the amalgamated City of Ottawa. Greater Madawaska is developing rapidly, and is one of the fastest growing communities in Eastern Ontario. It is within this atmosphere of change, and at this critical time, that the Township is seeking to recruit its next Chief Administrative Officer.

Under the direction of Council, the CAO oversees the planning, coordination and control of all municipal operations, and provides responsible and strategic leadership to Council, staff, volunteers and the community. The CAO will ensure the Municipality runs well and efficiently, and will continue to ensure that all residents of the Township receive quality and timely service from the municipality.

As the ideal candidate you likely hold a university degree, have an AMCT/CMO designation, or have an equivalent combination of education and experience. You have solid experience managing a complex organization, and possess a thorough knowledge of administration and project management best practices. In particular, the CAO will be skilled at managing the human resources and financial assets of the Township, and will be adept at finding common ground and building bridges between a broad variety of stakeholders. You are dynamic, affable, with highly developed interpersonal skills. You are driven and energetic, and enjoy finding solutions to complex challenges. Your down to earth style and your pragmatic approach will serve you well as you help guide the municipality through this exciting time.

To pursue this outstanding opportunity in municipal leadership, please contact Eric Lathrop or Richard Rankin of Ray & Berndtson Executive Search at 613-742-3211 or by email at eric.lathrop@rayberndtson.ca or send your information to 116 Lisgar, Suite 500, Ottawa, Ontario, K2P 0C2.

Can Water improve your Mileage?

By Richard Copeland

Certainly if there were to be a Canadian dream, it would be to run a car on water. High gas prices, climate change and the threat of peak oil have wreaked havoc on the household budget and the upper limit is anyone's guess. So David Guest of Matawatchan decided he would install a water 'hybrid' system in his 2001 Ford Focus SE station wagon to improve his mileage. You may have seen him around: he's the guy with the crowd around him – hood up – rear door open – with a half a dozen of the curious peering into the inner workings of his car. Imagine, we used to complain about water in the gas.

The technology he is using comes directly from the internet. This technology is said to be over 90 years old. Guest's current system, his second modification in as many weeks, is comprised of six 750ml glass mayo jars; each jar having two electrodes (self made) of CPVC water pipe wound with stainless steel wire, electrically insulated well sealed plastic jar caps with thumb screws and a plastic vacuum line glued tightly into the top. The jars are filled with distilled water and a catalyst of baking soda.

The electrodes on the jars are then connected to the cars electrical system via a fused 12V line that is energized when the ignition switch is on and the vacuum line is connected by a tee into the vehicle's vacuum line at the engine. When the car is turned on the water in the jars begins to bubble, electrolysing the water into hydrogen and oxygen gas (HHO). The HHO gas produced feeds its way into the fuel mix in the engine through the vacuum line.

So David I asked, "What Happened?" Well a lot of noticeable things. The car's rpms dropped at idle. The exhaust no longer stinks like it used to. You can actually hold your hand at the tail pipe and it isn't hot. David didn't know what his mileage was before making the changeover. About 2 weeks ago I asked him to calculate his mileage, but alas he couldn't do that. He had not run enough gas through the car yet. So what does he think about his mileage. David knows for sure he got about 500-600 kilometres (km) from

a full tank before. As we talk, the trip odometer is at 996 km with a little left in the tank. That's a 66% improvement!

The Web abounds in claims and theories and shouts of scam. You can get information at water4gas.com or HalfWaterHalf-Gas.com. One mechanic recommended the latter in terms of easy to build systems for those of us with only thumbs. The websites sell books on the subject and designs. If you want to have a real round of looking at the whole works just Google 'water4gas' and see what comes up. The books are sold through a reputable seller with 8 week money back guarantees. The return rate is about 1 in 200. With a 1/2% return rate, one would expect that something good is happening here.

David's 66% improvement seems just outside the claims of 20-50%. Farm Show Magazine ran an investigative article in their most recent issue (Vo. 32, No. 5, 2008) looking at commercially available units and found they either under-performed or did not perform at all. But, a big but here, the self built units appeared to work. The website offerings on design don't offer kits but an education on how to build and install the units. Where commercial 'hydrogen booster units' can cost \$2000 and up to \$10,000, David Guest's self built water4gas system cost – well he isn't sure, "pocket change" he reports. A few old mayo jars, some wire and an automotive fuse that was laying around, some vacuum line tees, vacuum tubing and some wood for a box. That was it. At these prices one is very tempted to take the plunge.

Internet reports abound on-line and just when you think you've found the master mechanic who has exposed this as a scam his report actually says it works and he goes on recommending his favourite website. Even the hoax titles end up endorsing it. A large number of both the qualified and novice report from 8% to 40% improvement. Large systems working under pressure report savings as high as 90%. No one really seems to know the reason. Some cry 'scam' because it vio-

continued on page 10



David Guest examines his Hydrogen set-up



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10a.m - 3p.m.
Calabogie Community Hall

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Community Calendar

CHURCH SERVICE SCHEDULE

GRIFFITH AND MATAWATCHAN

St. Andrew's United Church
 Sunday Worship 8:30 a.m.
 Sunday School 8:30 a.m.

Our Lady of Holy Rosary Catholic Church
 Sunday Mass 11:00 a.m.

Hilltop Tabernacle
 Sunday School 10:00 a.m.
 Morning Worship 11:00 a.m.
 Evening Service 6:00 p.m.

DENBIGH AND VENNACHAR

Vennachar Free Methodist Church
 Sunday School 10am
 Sunday Worship 11am
 WMI meet first Monday of the month
 Weekly Bible study Tuesdays 7pm
 at Fellowship Hall and in Plevna
 Pioneer Club Thursdays 6pm at
 Clar-Mill Hall, Plevna
 New Beginnings, 3rd Sunday
 of the month, 6:30pm, Clar-Mill Hall

St. Luke's United Church
 Sunday Worship 10:00 a.m.
 Sunday School 10:00 a.m.

St. Paul's Lutheran Church
 Sunday School 9:00 a.m.
 Sunday Worship 9:30 a.m.

The New Apostolic Church
 Sunday School 9:00 a.m.
 Sunday Worship 10:30 a.m.
 Wednesdays 8:00 p.m.

CALABOGIE

The Calabogie Bible Fellowship Congregational Church

The Mill Street Chapel at 538 Mill St.,
 Regular service – Sundays 10:30 a.m.
 Bible study: Wed. at 7:00 p.m.

Most Precious Blood Catholic Church
 504 Mill St., Rev. Father Pat Blake
 Sundays 10:30 a.m.

St. Patrick's Catholic Church
 Mount St. Patrick
 Sundays at 9:00 a.m.

Calabogie St. Andrews United Church
 1044 Madawaska Dr.
 (on the waterfront)
 Church Services Sunday Mornings at
 8:45 a.m. Communion
 1st Sunday of every month.
 Bible study every Wednesday evening
 7:15 – 9:00

COMMUNITY EVENTS

Calabogie

Fall Fitness, Adults Only Fun,
 Mondays and Wednesdays until
 Oct. 29, 7-8 pm. - Contact Township office
 at 753-2222 for details.

Lions' Pancake Breakfast & St. Andrew's United Church Bake Sale,
 Oct. 12, 8 am – 12 pm at Community Hall

St. Andrew's United Church 117th Special Anniversary Service,
 Oct. 19 at 7 pm with speaker Rev. Fred Milnes.

Christmas Craft Show,
 Oct. 25 at Community Hall,
 10 am -3 pm including bake sale, tea room
 luncheon, wood, glass, dried flowers,
 weaving, jewelry, letters to Santa & more.
 Free admission. Donations to Food Bank.

Calabogie Seniors' Dinner & Meeting,
 October 30, 5 pm at Community Hall.
 All seniors 55+ welcome.

Remembrance Day Ceremony,
 Sun. Nov. 9, 2:00 pm, Cenotaph,
 Madawaska St.,
 Calabogie followed by refreshments
 (Women's Institute) at Community Hall,
 752-2598

Roast Beef Dinner,
 Sun. Nov. 8, 4:00 – 6:00 pm,
 St. Andrew's United Church,
 \$12, under 12 -\$5, 5 and under – free,
 Madawaska St., Calabogie, 752-2598

Bazaar, St. Andrew's United Church Women,
 crafts, bake sale and lunch,
 Sat. Nov. 29, 11:30 – 2:30 pm
 Madawaska St. Calabogie, 752-2598

Calabogie Women's Institute
 meets second Thursday monthly,
 7:30 pm. at Calabogie Home Support Office
 next to Murphy's Landing Restaurant.
 New members welcome. 752-2598

Calabogie Arts and Crafts Assoc.,
 Oct. 20 & Nov. 10, every 2nd Monday
 (if holiday, then 3rd Monday),
 10:00am – 1:00 pm, Community Hall,
 prospective members most welcome
 (\$12 per year), 752-2598

Lion's Club Bingo every Wednesday,
 7:15 pm, Calabogie Community Hall, 752-
 0234.

The Calabogie and Area Ministerial Food Bank
 538 Mill Street,
 2nd and 4th Thursdays of the month
 10:00 am to 12:00 noon
 For emergency situations, please call 752-
 2201.

Griffith & Matawatchan

Matawatchan Market Day & Lunch
 Every Saturday– 9:00 am to 1:00 pm
 Until October 11- Community
 Appreciation Lunch on Oct. 11

Mixed softball
 Wednesdays 7 p.m.
 Matawatchan Hall

Matawatchan Market Christmas Sale & Hall Community Appreciation Lunch
 November 22 – 10 am to 2 pm
 Matawatchan Hall

Lion's Club Bingo every second Tuesday at 7:30 pm
 October 15 and 29

Lion's Club Annual Craft Sale
 Saturday Dec. 16
 Tables available for \$10

Sylvia's Foot Care
 Every six weeks
 St. Andrews Church (Matawatchan)
 Call Annabell Marshal 333-1752

"Northern Lights" Seniors
 Meet the third Tuesday of each month
 at 1:30 p.m. alternating between Griffith
 and Matawatchan. For information
 contact Lois Robbins at 333-1082. All
 Seniors Welcome

Denbigh

Diners Club
 Dinners are held the first Monday of the
 month at the Denbigh Community Hall
 at 12 noon. Full Course Meal \$6.00.
 Contact Faye Mieske at 333-2784 or
 Irene at 333-2202 for information.

St. Luke's United Church, Denbigh
 Exercise Group - Tuesdays 9:30 a.m.

HEALTH CARE
Paramed Health Care Services Foot Care Clinic/Denbigh
 Call 333-5559, Muriel Burgess, for an
 appointment.

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Griffith / Matawatchan News

By Garry Ferguson

After 11 years as the owner of the Rapids End Country store, Denis Cale has decided to close the doors and chuck it all in. Yes, that means he's retiring. After 37 years as a mason (stone bashing that is) plus his years of pumping gas and punching pizza, he's looking forward to a rest. Well sort of. We'll still be able to enjoy his great pizza except that we'll now have to pop it into our own ovens. His frozen wares will be available at the Pine Valley Restaurant, Glaeser's Store in Denbigh and the Eagle's Rest at Centennial Lake. He's looking forward to spending time with family and pursuing his hobbies. We who have previously taken the retirement plunge don't have the heart to tell him that retired folks become so busy that there's no time for hobbies.

On Saturday, August 30, the Mintens, Anton and Antonia, (Tony and Tony) of Griffith celebrated their sixtieth anniversary with a catered supper in the Denbigh Griffith Lions Hall. Considering the number of relatives, including great grandchildren, there was a lot of socializing crammed into a few hours. A two-part article recounting Anton's wartime years in the Buchenwald concentration camp was published in two editions of *The Madawaska Highlander* this past summer.

Carol and Bert Kauffeldt, owners of the Pine valley Restaurant in Griffith, were recently presented with a CABA award for *Excellence in Customer Service*. The nomination was made by Reg Ferguson who was designated by CABA to present the award on September 08, 2008 at the Calabogie Peaks Resort. One of the reasons stated in a press release regarding the award was as follows: "*The Kauffeldt family believes in being friendly, accommodating and giving beyond what is expected.*" As an added bonus, the Kauffeldts received congratulatory certificates from Cheryl Gallant and John Yak-

abuski. For more details on the awards, see the *CABA Awards* article in this issue.

On Sunday September 14, 2008, 15 very practical Matawatchaners gathered for a supper at the Pine Valley Restaurant to celebrate all 15 birthdays. Since some of the revelers, such as Marge Smith who was the instigator/coordinator for the affair, are summer-time residents only, it was an opportunity to use this "mother of all parties" to get a year's worth of celebrations over at one time and to catch the whole lot with one whack.

The Matawatchan Hall Board's Annual General Meeting on Tuesday September 16, 2008, at the hall, drew a surprising number of people considering the fact that few came with the knowledge that all members of the board had already volunteered to stand for re-election to the positions held at the time. Adam Copeland is again president, Ken Birkett Secretary and Bill Graham Treasurer. Al Pennock and David Guest are directors while Judy Clark is a part-time director for another year. There were no problems in finding volunteers to fill positions on the committees.

The Board is wisely following the governing philosophy that began last term whereby it will not sponsor any event in which the sale of alcohol is involved. Members will no longer be the sole fund raisers, janitors, social directors, bar tenders or toil at the dozens of other tasks that fell to those willing to carry the load. Instead, the board will do what boards normally do: it will oversee the day-to-day business and the upkeep of the hall. This may be the key to attracting future volunteers who are community minded but not enough to make the sacrifice of time and effort required in the past.

Fish and Game Club members (or adherents) will be interested in a couple of decisions made at the meeting held on Sunday September 21, 2008 in the

Matawatchan Hall. First, membership will now be based on the calendar year with renewals due on January 01 of each year. An email list will be compiled so that this information can be passed onto members. Secondly, the Club has entered into a yearly rental agreement with the Board of the Matawatchan Hall allowing the Club use of the facility as a clubhouse for its scheduled events. This arrangement is a win-win situation since it provides the Hall with a stable source for much-needed income and a permanent base for the Fish and Game Club.

For those not on a diet, there will be an appreciation luncheon, for the nominal cost of \$5, beginning at 11:00 a.m. put on by the powers that be in the Matawatchan Market hierarchy on October 11, 2008 in the Matawatchan Hall. The fact that there will be Highland Stew and music at the same time may not bode well for the musicians—stew sticks. This is the last Saturday market of the regular season.

The final luncheon of the year takes place on the same day as the Matawatchan Market Christmas Sale on Saturday November 22. The lunch is a community appreciation pot-luck buffet sponsored by the Matawatchan Hall. David Guest will supply the turkeys—if he can catch them—but those attending are asked to bring along

their specialty. To ensure that diners don't sit down to turkey and 30 cabbage salads, a food co-coordinator (Joanne Murray – 333-5534) has been appointed. For those not wanting to bring a food item, you can make a non-perishable food or money donation at the door. These donations will be given to local food banks. Watch for an announcement from the Board. The Matawatchan Hall has benefited from Market lunches this year. Most recently the proceeds from the Market Lunch put on by Judy (Dunn) Clarke were donated to the Hall. In addition, Hazel Warren has been selling books at the Market and donating the earnings. The Hall would also like to thank Sally Buesch for her generous donation to the Hall.

Tables space is now available – \$10.00 each – for the Denbigh Griffith Lions Club's annual Craft Fair on December 06, 2008. Organizers hope to see familiar vendors from previous years and, of course, welcome first-timers. To get in on the action, contact Dianne Shipley at 613 333 1094. Readers may want to mark the dates of a few October activities in the hall: they are the fellowship luncheon scheduled for noon the 15th and bingo on the 15th and 28th.

Water for Gas (Cont)

End

lates the laws of physics – the perpetual motion machine – if you take it the 100% water limit. But you don't do that. Most theories focus on simply burning the gas or diesel fuel with greater efficiency. And with only one tube feeding out from the jar one must not lose sight of its oxygen content as well. Not only is gas consumption reduced, but exhaust emissions are also reduced. Like David puts it "I don't know how my computer works and I don't need to, but it delivers."

So David Guest is moving on to phase 3: a four-litre pickle jar is his next start-

ing point. Phase 4 will be tackling his backup generator. Do I believe? I know David too well and I'm beyond believing. I've checked the current mileage on my Ford V8 bush truck (it is some terrible) and I'm taking the plunge. If I get it in before the next issue I'll report in.

Authors note: Just before press time David got more information. He was finally able to empty his tank and determine his mileage: 59.5 miles per gallon (Imp).

End

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Denbigh Checking In

By Angela Bright

*Here are a few updates from the Denbigh craft group from the summer meetings. In July, Janice Brouwer, who owns Bon Echo Lampworks, came to make jewelry. She makes custom glass beads and brought some with her to make earrings and bracelets. Each one came away with something pretty and looking forward to having Janice back again soon. Then in August, Hazel Allen and Lillian Vanderhout visited to share their expertise with water colour paints; both are artists in the Kingston area. A demonstration was given by the ladies to show what you can do with 'magic paper', water colour paints, and our imaginations. The turnout was great and everyone came away with their own painting to frame or make into cards. Hopefully Lillian and Hazel can come back up again to share the fun. The craft group continues to make quilts for Project Linus and is also making mittens for the Denbigh Santa Claus Parade for the Denbigh Recreation Committee.

*There have been many exciting changes made to our recreation facilities over the last while. During the week of August 18 – 21, the members of the Recreation Club and community volunteers pitched in to complete a few projects on their agenda. You will notice six new tables have been stained and set up under the picnic shelter, along with an additional 2 new tables in the recreation yard area. Special thanks to those who donated a picnic table; your generosity is greatly appreciated. Inside the rink, the boards were scraped and two tractor bucket loads of dirt were shoveled up and removed. On the outside, the boards were swept, brush and grass were trimmed away and two gates installed. This past week with the help of a barn painter, 79 gallons (3 coats) of paint were sprayed on the rink boards inside and out.

The rink building itself needed a little more attention. Over 20 rotten sections of siding were replaced, 3 new windows (including rebuilding a good portion of the one rotten wall) and 1 new door were put in, and a fresh coat of paint was applied to the entire outside of the building. A big thank you to the township for funding the new windows and doors; they look great!

A used picnic table was placed at the Denbigh Lake landing and boat launch at Mill Street and HWY 41. This table has been well used in the last week by many locals and visitors who make use of the beach area. Also, 3 temporary road signs for Countryfest were built, painted and set up; thank you to the volunteer artist who painted them. This work has been done for the community of course. We hope that everyone will enjoy and respect the upgraded facilities and treat it as if they own it. And with all the renovations done, Countryfest was ready to shine. Even the weather failed to stop the crowds from coming out to take in the festivities, some traveling

from as far away as Dunnville, Ontario. Friday night at the Lawnmower Pull the bleachers were full and waiting to see the grass cutters do their thing, though cutting the lawn wasn't one of them. The youngest participant was Dwayne Rosien and the oldest was an 82 year old gentleman from Quebec. The music cafe was also very entertaining with 8 musical entertainers to keep toes tapping.

Saturday's horse draw was a great success with 12 teams participating. Here are the highlights: First place was won by Perry Hartwick of Quadeville with his team Rusty & Pete, pulling 7400 lbs. a full 15 feet, second place went to Mike Walsh of Killaloe with Charlie & Scottie pulling the same weight 12 feet 6 inches and third to George Griffiths of Eganville with Rock & Barry at 11 feet 4 inches. Jerri Lee, from Clayton, won the trophy donated by Judith MacKenzie in memory of her father Verner Stein, a judge in past years, for furthest distance travelled to attend the draw. Best dressed went to Doug Bruce of McArthurs Mills with team Jack & Diesel, the trophy donated by Perry Weichenthal in memory of Wallace Weichenthal. The prize for best matched team, donated by Hermer Heavy Equipment and Repair, was won by Murray Dillabough of McArthurs Mills with Jack & Jill. Jerri Lee and Dustin Turcotte won the jackknife and cup donated by Dillabough Farms and Doug Bruce the hoof pruners donated by the Recreation Committee. The kids had loads of fun with all the games, the bouncing castle and enjoyed being painted to look like fairies or even something a little scary. Come dinner time there were many mouths to feed.

At one point the tables in the hall were completely lined with those savoring the ham dinner capped off with a yummy piece of pie. The dance was also a good time enjoyed by all in attendance. On Sunday, the day started off dreary too but did not keep people away. There were a variety of skills to be tested from pole falling, axe throwing, log rolling, chair making, crosscut sawing, nail driving, and chainsaw speed cutting. There was a tie in points for the top men's trophy between Marvin Kellar and Curtis Grant and also a tie for the top women's trophy between Tanya Rosenblath and Elissa Keller. Janice Kerr of the Denbigh Recreation Committee would like to thank all the committee members and volunteers for all their hard work, as well as everyone who participated in and attended the events. This was the second annual Country Fest and the hope is to keep making it bigger and better as the years go on.

End

Save your money

Riding with your foot on the brake not only wears out brakes but can also increase gas consumption by as much as 35%.



CALABOGIE AND AREA BUSINESS ASSOCIATION (CABA) AWARDS

1. Excellence in Customer Service

An award for **Excellence in Customer Service** was given to Carol and Bert Kauffeldt of Pine Valley Restaurant, 26047 Highway 41, Griffith, (613-333-5523). They are community-minded business owners who enthusiastically took over an existing business three years ago.

They are known for their customer service. Regardless of who you are or where you come from, there is always a warm valley welcome awaiting you when you enter. The norm is a "Gi'day, gi'day! How are you?" You will then be attracted to the very colourful décor and the gifts for every season adorning the walls. While dining, you will find the atmosphere very inviting and relaxing. On occasion, you may even be serenaded by Bert while enjoying Carole's home cooking.

The Kauffeldt family believe in being friendly, accommodating and giving above and beyond what is expected. They are always willing to give a hand. In this way they admirably achieve excellence in customer service. That is just what they do. They are excellent examples of how to make a community hum.

2. Excellence in Ambiance – Home-based Business

Hank & Henny Schaly of Schaly's Greenhouse, located in Spruce Hedge, 613-433-5831. Hank &

Henny moved with their young family of 8 from Belleville in 1983, building their home and greenhouse from timber harvested off their own land and were ready to open the doors to their greenhouse operations in 1985.

Each building on the property has a unique character, hand crafted with a natural and rustic flair. Not one, but two "Tea Houses" add to the ambience. The Tea House décor is a delightful contrast of naturally aged woods brightened with fine bone china teacups resting on the beams, everlasting dried flowers, antique hand tools and comfy chairs to curl up with a good book. Massive Heavenly Blue Morning Glories draping the screens keep both mosquitoes and the hot sun rays out. Natural stone steps and brick pathways, including one with a trickling stream and pond, lead from one amazing garden to the next from which you can choose your own bouquet from the "cutting garden" or a favourite perennial which will be dug and potted while you wait. From May to September (but never on a Sunday, as the Schaly's believe a day of rest is needed by all), you can choose from an array of outstanding annuals which seem to be much more vibrant and happy than any large commercial offering.

3. Excellence in Ambiance – Commercial Property

An award for **Excellence in Ambiance – Commercial Property** was given to

continued on page 16



L to R Carol and Bert Kauffeldt, Cheryle Babineau, Richard Gill, Cheryl Gallant, Gilert Schaly, Gilles Aucoin, Marjorie and John Watts

Frost

By Floris Wood

My Dad knew something about snow. He grew up in Michigan, on the shore of Lake Michigan near the Straits of Mackinaw. He would sometimes say things like, "it must be colder than ten degrees Fahrenheit because the snow crunches underfoot." I thought that was something all Dads just knew. Later I figured out that I was now a Dad too and I could say such things to my kids. The difference was that my kids asked me how I knew that. I could only reply that I knew it because my Dad told me. How did he know? Well, you get the picture.



Either men of my generation have lost some credibility or our kids question authority more than we ever did. Maybe the latter is not an altogether bad thing. In any case, in an effort to lend a little more authority to what parents say to their kids about the snow and other cold things, and to make winter more interesting for myself this year, I did a little research to learn a bit more about cold weather.

As the days get cooler we wake up in the morning to find the ground wet with dew and the dew might be accompanied by fog. On the other hand, if there is fog there is also dew. On such mornings you will also notice that the skies are clear of clouds. Without the clouds the warm Earth warms the air above it and that warm air rises, leaving the Earth very cool. If, as it cools, there is humidity in the air near the ground, that humidity will condense on the surface of the cool vegetation or other objects close to the ground. If the layer of humid air is thick, not only will dew form but the moisture in the air well above the ground will condense also, forming, essentially, a cloud of fog near the ground. Clouds are an insulator and cause the warmth that the Earth has absorbed during the day to stay where it is instead of escaping into the upper atmosphere.

It forms a nice warm blanket of warm air trapped between Earth and clouds. Dew will form on surfaces faster than fog will form in the air. Moisture on surfaces of vegetation is more stable and the droplets will merge more readily into visible drops. In the air the tiny droplets will bounce off each other. Eventually airborne droplets are attracted to a dust or salt particle and will become visible as fog.

Heat is transmitted through water faster than through the ground so water loses its heat faster. We will often find that bodies of water are covered with fog while the land has none. The Madawaska is famous for its beautiful fog formations. From the window of our cottage overlooking the Madawaska we might see on the river a cloud of fog with just a slight rising motion. A gentle breeze might produce an endless cloud moving downwind. A quicker wind will send the fog tumbling downwind. A bright sun might heat the fog and cause it to rise more rapidly in twisting towers. The presence of the morning fog and dew is a harbinger of clear, cool weather, at least until the next system rolls in.

The fog described above is normally referred to as radiation fog. There are sev-

eral types of fog that we will only mention because they are unique to special situations. There is advection fog that results when cold air moves into a moist area or moisture moves into a cold area, usually resulting in a light drizzle or snow. Upslope fog will appear in the cooler mountain valleys. A fog stratus may form when a thick ground fog is heated quickly from underneath and rises intact, as a cloud, evaporating very slowly. The temperature at which dew or frost will form on plants or objects is called the dew point, or in freezing weather, the frost point. The calculation of the dew point has many factors that interact among which are relative humidity and vapour pressure. But these factors are themselves influenced from other natural states such as altitude above sea level, atmospheric pressure, local climatic conditions, etc. Dew is found all over the world, even in tropical climates. This fact alone suggests that the dew point temperature in Addis Ababa is not going to be the same as in the Madawaska Valley. And the dew point in one place varies considerably from one time to another. The relative humidity at a point where dew forms is 100%. Each 10% drop in relative humidity sends the dew

point temperature three degrees Fahrenheit lower than the air temperature.

Since relative humidity is an important factor in many aspects of weather, and there are some popular misconceptions about relative humidity, let's examine it a little more. Relative humidity is sometimes defined as the percent of the atmosphere outside that is made up of water vapour." Were that the case at 100% humidity there would be only water and no air in the atmosphere and we would all drown. There is such a measure but it is called the absolute humidity. Absolute humidity ranges from 0% water to about 30% water in saturated air. However, the atmosphere can hold more water under conditions of high atmospheric pressure. So relative humidity was invented to bring the measure to a 1 to 100 base scale and to account for atmospheric pressure. Relative humidity is the percent of water vapour in the atmosphere compared to how much water vapor the atmosphere can hold. What happens when the atmosphere reaches 100% relative humidity and it cannot hold any more water? On the ground, dew or frost will form and in clouds above the ground it will begin to rain.

Under different atmospheric conditions the temperature at which relative humidity reaches 100% varies quite a bit. So scientists have devised the dew point formula that takes into account all these other factors and can calculate the temperature at which the relative humidity will be reached under the present, local conditions. The formula for dew point temperature involves not only relative humidity and vapour pressure but a couple of Greek letter constants that intimidate ordinary people like myself and renew my respect for the weatherman.

Human beings can tolerate a lot of heat as long as the relative humidity is low.

continued on page 17



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Barnet Cottage Rededication



Barnet Cottage officially re-opened by Cheryl Gallant



Butterfly Garden maintained by Calabogie Seniors and funded by Ontario Power Generation (OPG) and not by Ontario One as previously reported



Opening of the Main gazebo, which was entirely funded by Mr. and Mrs. Norm Dobiesz (extreme left)

OUR OCTOBER

by Ernie Jukes of Camp J

Some folks will say that autumn is Canada's season! It's even presented in our glorious flag. We see the changing season and the bountiful harvests of fall. It seems a time that suddenly comes upon us but is in no hurry to leave ... sometimes extending deep into November.

Certainly it's not just the colours of Ontario or the Madawaska Highlands for their vibrant gold and scarlet spreads like a prairie fire right across our wonderful nation, as we say from coast to coast to coast. An appropriate poem by Bliss Carman of New Brunswick depicts this marvellous season. He says "There is something in the autumn that is native to my blood - touch of manner, hint of mood; and my heart is like a rhyme, with the yellow and the purple and the crimson keeping time."

It is the time for harvest dinners especially in the countryside and a special occasion for real thanksgiving enjoyed by city folks as well. October brings a period of time to be shared by everyone, in every corner of our vast land. Shorter days and crisp mornings signal the final end of summer and start my favourite time of the year. Our local farmer's market at Matawatchan overflows with a cornucopia of fruit and vegetables all leading to some delicious old fashioned cooking like home made soups and pies. A perfect way to celebrate this changing season.

Each fall brings a rediscovery of autumn flavours and pleasures, much of it in food and drink. The eyes of course visually appreciate our landscapes and the nose tracks the aromas of falling leaves, our taste buds relish in the food and wines of Ontario. What a fall fare!

Ein Prosit! We have enjoyed sitting in the famous giant beer hall "Hofbrau Haus" in Munich. It was the original setting of Oktoberfest which is now so popular



Painting: E. Jukes

across Canada. Another tasty tradition that offers dancing to the oompah bands and tables of German sausage and beer during late September and early October.

It seems an even more appropriate time of the year for Audrey's Venison and Mushroom Pie. The autumn brings together the best flavours of our back country. Now our gardens seem to explode with flowers, and various vegetables and cooler temperatures push us to get moving and participate in putting it to bed.

William Bliss Carman -1861-1929 from Fredericton, N.B. goes on to say - "The scarlet of the maples can shake me, like a cry of bugles going by. And my lonely spirit thrills to see the frosty asters- like smoke upon the hills".

Certainly it's a time that inspires artists to paint and photographers to capture the change of nature all about us. Traditions of autumn are broad in different provinces but very personal in local areas. For instance here we may like to hike to old places like an uninhabited farm, perhaps to pick some apples now growing wild. Some varieties may have been first introduced as early as the early 1600s with our first immigrants. Places

that now may only be visited by deer or wild turkeys. Then to return to the warmth of our home, cottage or cabin to share comradeship and some Ontario made wine and cheese.

Other Canadian creations like Apple Pie and cheese or Pumpkin pie with whipped cream or simply ice cream and the world's finest local Maple syrup are all autumns finest - and we won't forget cranberries on our turkey. Most youngsters look forward to Halloween and all the candy that comes with it. Rally around the fall get away with friends and relatives. Our region offers more than mountains, woods and water. City folks may prefer to stroll around the colourful Byward Market in Ottawa, visit Fall Fairs or other interesting places like Burnstown or Perth winding up the day with dinner in one of our regions award winning restaurants. A fine opportunity to reconnect with old friends. Fall never tasted so good!

October can mean traveling a bit more afield on the various "artists tours" or visiting arts shows and antique or craft shops throughout our Highlands seems even more fun during this period. It is also a birthday month for Librans. To name a few we can include Liszt, Gershwin, Wilde, Lennon and Gandhi but more importantly we have Thanksgiving. The first in North America was held by the Frobisher expedition on Kodlunarn Island in Baffin Bay on July 22, 1578.

continued on page 17

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PEOPLE HELPING PEOPLE SENIORS' HOME SUPPORT

By Judy Ewart, Coordinator of Volunteer Services

It is said that the first thanksgiving in Canada happened in 1578 when Martin Frobisher gave thanks for a safe landing in what is now Newfoundland. Thanksgiving has been celebrated through the years since for many different reasons: a successful harvest, a military victory or in celebration of a happy event. In 1879 Parliament named November 6 a day for Thanksgiving and then in 1958 it was decided that the second Monday of October would be Thanksgiving Day.

Today, Thanksgiving is a time for us to get together with family and friends and give thanks for all the blessings we have received in our lives. On a personal level, it is easy to give thanks for what we have but we are truly fortunate to live in a country like Canada where we have freedom, a national healthcare system, many natural resources and beautiful places like the Ottawa Valley. All across our country we have developed caring communities where people come together to ensure that we have the opportunity for a high quality of life.

Throughout Renfrew County we are fortunate to have people who volunteer their time and resources for the betterment of their communities. Service clubs rely on volunteers to raise funds in support of a wide variety of needs. Health organizations involve volunteers in the provision of both residential and community services. Volunteers keep sport and recreation activities vibrant, helping people of all ages to be healthy and active. Edu-

Richard Gill depicts documentary heritage at Annual Fall Show in Burnstown

In 2007, the Rideau Canal, linking Lake Ontario with the Ottawa River, celebrated its 175th anniversary and was designated a Unesco World Heritage Site. In the 1820's while the ca-

national institutions involve volunteers to help people learn many different skills. Our communities are indeed enriched by all of these organizations and the many people who support their efforts daily.

At Home Support we are privileged to serve seniors and adults with disabilities, involving over 100 volunteers to bring care to people at home so they may age well. Without volunteers we would not be in operation, as their support of our efforts is what keeps us going day after day. It is very rewarding to hear thanks and appreciation expressed by clients who receive much needed services and to see people come into the Home Support office, uncertain of how to handle one of life's challenges, leave knowing that there is a solution in sight. Our volunteers are always willing to lend a hand. It is so gratifying to be able to lift up the phone with a request and hear a volunteer say, "Yes, I can help with that."

We are also blessed with the support that we receive from the community when we have fundraising events – the people who attend concerts, euchres and buy 50/50 or raffle tickets. Your financial support allows home supports throughout the county to continue providing the services that our clients require.

This Thanksgiving when you sit down to have your turkey dinner take a moment to give thanks for all that our community has to offer us and the many volunteers and organizations who help make these things happen.

Author's note: This article was made possible by an Ontario Trillium Foundation Grant

nal was under construction, photography was not available, however a civilian employee of the canal project, Thomas Burrowes painted a series of waterco-



hours, which are in the Ontario Archives collection. It was one of these paintings that inspired Burnstown artist Richard Gill when he was selected to contribute a piece to the Archives of Ontario and the Gardiner Museum's Hands on History project. The piece will be launched at Toronto's Gardiner Museum of Ceramics; subsequently the tile will be installed in the new Archives of Ontario's Public Service Facility as part of their permanent collection on the campus of York University.

The artist was so pleased with process and the outcome that he completed a se-

quential piece among a series that will be exhibited at his annual show this fall. For example there is a feature piece that documents the evolution of the town of Renfrew and another that captures the essence of artistic and literary culture in Lviv, Ukraine. Works for this year's show consist primarily of Ottawa, The Valley, Renfrew (a tribute to their 150th anniversary) as well as a special series of pieces depicting Lviv, Ukraine. The show opened with a vernissage on Oct 3 from 7 to 10 pm at Bittersweet Gallery and continues to October 13th. The gallery is open daily from 11 to 5.

End

fall show

COLLECTORS PREVIEW
3 Oct 2 to 6 pm

VERNISSAGE
3 Oct 7 to 10 pm

SHOW CONTINUES
DAILY 11 TO 5 PM
TO OCTOBER 13 -
AT OTHER TIMES BY
APPOINTMENT

Works this year consists primarily of Ottawa, The Valley, Renfrew (in celebration of their 150th Anniversary) and a special series of pieces depicting Lviv, Ukraine.

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Cottage Corner

Please Read by November, 2008

By John Roxon

“The best before date was the 23rd and we still have two left in the fridge”. It was this simple utterance from my wife, Julie, which led to a circuitous and serpentine discussion on food safety, food marketing and eventually, the cottage.

If you're like us, then many of you with seasonal homes, cabins, trailers and cottages probably leave at least some food behind every time you leave; canned foods for sure but probably pasta, rice, macaroni and cheese, juices and tea and coffee. Many of you leave a lot more than that and I'm sure the list includes everything from cereals to capers. But what about the best before dates of these foods. Do you religiously toss out once the date has been reached or do you trust your senses like our parents did? Julie thinks I'm a moron just asking for trouble by regularly eating yogurt and drinking orange juice that has passed its published prime. If the bread isn't blue then I eat it regardless what the little white tag says. To me, the tag on bread just tells me whether I have to toast or not.

Caba Awards (Cont)

Cheryl Babineau and Richard Gill of Bittersweet Fine Craft and Art Gallery at Fog Run Studio, 5 Leckie Lane, Burnstown, 613-432-5254.

Upon entering the gallery, you are soothed by instrumental music, often soft jazz. If there is a special show, then upbeat or classical music may complement the art. The first of three rooms, a new addition with a sky light, radiates with warmth from the knotty pine ceiling and beautiful wood salvaged from a willow tree Richard cut down 30 years ago and stored away all this time. The lighting has been selected to highlight the original art – a mix of natural, true halogen adjusted by a dimmer switch and moving on to more energy efficient lighting. The overall look is of natural daylight. Displays are tastefully arranged and well spaced. The work represents artists who generally live in a 100 mile radius. They are a treat for the eyes. You will find a wonderful mix of pottery, paintings, glass, jewellery, purses, pillows and more.

If Richard is available to see visitors, then his working studio is also open to you to see work in progress. His work adorns the walls in room three. One is struck by the shadows and the textures in the clay. You are transported to vistas in Venice, Prague and even Renfrew, stirring up old memories. You are invited to browse through his photo portfolio of clay-relief scenery and buildings reminding you that he is also an architect.

By some estimates, Canadians throw away 7-14 million tonnes of food per year. This wastage is worth \$3-5 billion annually and represents approximately 20-30% of the average household's food supply. I would wager that the vast majority of this trashed food is still good to eat – it was tossed because we either put too much on our plate or we followed the food's best before date. With talk of global food shortages and energy prices causing price spikes on imported foods (which, in Canada, represents most of our fresh fruit and vegetables) this seems like an awful big waste – a big waste that I would think could be mostly avoided.

In general, food at seasonal retreats can be a challenge. First of all you have to take it up with you, then store it properly – usually involving a fresh bag of ice daily, then prepare it and then dispose of it so assorted wolves, bears and the dreaded chipmunk doesn't root through it. We want our food to be fresh but then we're faced with best before dates that tell us it isn't – in effect these dates are telling us not to trust our senses and instincts. I'm sure for some of us, just the knowledge that we have accidentally eaten something that is “off code” is enough to form chunks in our mouth. Compound this with the challenge of food at a cottage and it's a wonder that my whole family isn't hooked up to a permanent stomach pump and an antibiotic drip IV.

In fact, the best before dates in Canada act more as a guarantee of a food's freshness or colouring than it is an indictment on food safety. Many foods are still fresh and good to eat weeks past the date. The main determinant in food safety is the preparation of the food – not the date on the packaging. Fresh food improperly prepared is many, many times more dangerous than food properly prepared one week past its BB date.

Getting the scoop on these dates is not easy to come by. The retailers certainly won't come up with a pamphlet entitled “The best before date and you” and if they did it would be to inform the consumer to be sure not to use anything past the date. Meanwhile they're laughing all the way to the bank. Most of us toss out perfectly good food in the morning and then replace it that afternoon with something “fresher”. We constantly must replenish our stock due to these damn dates. Throw out, replace, throw out, replace. It's no wonder why most food retailers are concentrating on the “fresh” theme in their marketing materials – it's fast becoming an obsession. As Quebec based Metro Inc. completes it's rebranding of the old Dominion/A&P name, they are tossing out the old “We're Fresh Obsessed” moniker and replacing it with “Food at its Best” which, to me, is the same thing. Metro should take it one step further and use the tagline “Food at its best before

Date” – at least then we would be getting truth in advertising.

Yes, these BB dates have become a force upon themselves. CBC's “Marketplace”, in a story broadcast way back in 2000 highlighted a company that was selling foods past its best before date. The crux of the story wasn't that people were getting sick from eating bad food – in fact the well-being of the customers was barely mentioned at all. The whole point of the story was simply that this company was erasing existing BB dates and putting new ones on some of their products. Selling a product past its posted date is not illegal but tamper with that date and oh boy – you'll have at least two government agencies plus the RCMP breathing down your neck. Did anyone even get a sore stomach from this tampering? I mean, apparently thousands of items were sold that were past their date and from what I can ascertain, no one even got a tummy ache. Or at least not enough to warrant a mention on prime time CBC.

Now I think I'll have a nice ham sandwich. Let's see, Maple Leaf sliced ham – best before September 26, 2008. A bit of mustard, lettuce, tomato – no problem... well, except for Julie informing me that I can't look to her for the drive to the hospital once I get sick.

End

4. Excellence in Community Service

An award for Excellence in Community Service was given to John and Marjorie Watts of Calabogie (613-752-2598).

It does not take long to learn that, if something is happening in the Calabogie area, John and Marjorie Watts are involved. They seem to volunteer as a couple. Whether it's been for the Seniors' Club, United Church activities, Recreation Committee or Fun Day for Barnet Park fund-raising, they have both worked very hard, often fulfilling executive positions. John is also a past member of the Lions and Marjorie is a member of the Women's Institute.

They have also served on the Canada Day Committee over the years and organised the Annual Gospelfest at Barnet Park. The Annual Senior Games is another event to which they give their time.

5. Excellence in Community Service

An award for Excellence in Community Service was given to Gilles Aucoin of Aucoin's Electric in Calabogie (613-752-2790).

Owning and operating a successful business is a huge commitment these days. Some people do it well and still manage to have some time to give to the community. Gilles Aucoin, of Aucoin's Electric, has succeeded in doing just that. Gilles has been with the Greater Madawaska Volunteer Fire Department for 19 years, and for 10 of those years has been the captain of communication and suppression. He's in charge of the radios, pag-

ers and the 911 systems. Gilles was on the original Fire Department Committee before amalgamation and was instrumental in helping Griffith /Matawatchan set up their Volunteer Fire Department. Gilles was given praise by several of

his colleagues for always being there when needed, being helpful and giving freely of his time and opinions whether they were asked for or not.

End

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Frost (Cont)

Our bodies can get rid of heat by sweating. In low relative humidity the sweat on our body is readily absorbed by the moisture starved water. If the air is already saturated with air, relative to what it can hold, it does not want your sweat. So the sweat stays on the body, heats up and makes you miserable. Humans tend to feel most comfortable at a relative humidity of about 45%.

Weather aficionados will argue that true frost is what you and I might call hoar frost, and much of what we call frost is just ice. Unlike ice, real frost has a crystalline structure. To form crystals water vapour must freeze quickly, quickly enough to bypass the liquid state and transform directly into frost. Likewise, when ground snow freezes quickly its moisture crystallizes, so it is essentially dry. When you step on the crystals there is no lubrication, so the crystals grind together, causing the squeaking sound. There you have it. Dad was right, since this crystallization occurs around -10 degrees Fahrenheit.

I wanted to write more about snow but the Highlander's editor, Bill, saves me space for only about 1500 words and I'm closing in on that now. But I do want to tell about an incident that occurred a few weeks ago.

The aforementioned editor, Bill, gave a little party a few weeks ago for the people who work on this paper, to celebrate the end of the Highlander's fifth year. It was the first time I had met many of the other writers. When I introduced myself to one of them as the guy who writes some of the sciency articles, the man told me he never reads my stuff . . . but, his 14 year old son does and he likes the articles. I nearly let out a whoop. I hope this young man goes on to become a scientist.

I was never a scientist myself. As a science bibliographer in a university library I bought the books for the scientists and talked every day to those for whom I bought the books. They earned my respect, as both researchers and teachers. Some want to cure a disease, for some others it is a spiritual quest to discover what God created, and for some it is a personal quest to know how the world works. They are all dedicated to their work. There is a shortage of such people now. For a long time we relied on foreigners to come to North America to be educated and stay here to teach and do research. Lately, these foreigners come here to be educated, but return to their own, now thriving, countries to teach and do research at new universities. Encourage your children to take the STEM (Science, technology engineering and math) courses. Our future depends on them.

End

Our October (Cont)

It is now a UNESCO World Heritage Site.

There is still some lingering warmth of summer during the day but a time for a vest or jacket is upon us. You may detect some wood smoke in the air from our country woodstoves. You will hear the distant chainsaws humming in the bush and the crack of the axe and wood splitter working on the maple, beech and oak in preparation for the woodshed.

The woodsman may soon lay down his axe to oil up his rifle or get out his cross-bow. White tail season will arrive in November as it has annually for hundreds of years. We will again harvest a number of this abundant and tasty venison. There is a larger population of these wild animals than most of our farmers wish to tolerate. Even those non hunters are usually excited about seeing the moose, elk or bear along the back country byways of our county. The autumn seems to bring them out and brings out the best in us as lovers of our nature.

And isn't it so great to slip a canoe into the water and after a few strokes just let it drift. All we hear is the ripple behind while we survey the colours through the morning mist. Or get the full double impact of an afternoon paddle with the bright colour of the shore reflected in the water around us. An experience to treasure ---for sure.

Carman completes his autumn poem with "There is something in October that sets the gypsy blood astir. We must rise and follow her when from every hill of flame she calls and calls each vagabond by name". He called this writing "A Vagabond Song" But it may just as well have been named "October". We have so much to share. Our superlative autumn leaf, our maple leaf, is seen fluttering from every flagpole to honour us and our beautiful homeland.

End

Save your money

The more smoothly you accelerate and decelerate, the better your gas mileage, with potential gas savings of 33% on the highway and 5% around town.

CABA Corner

By Karen Warren

CABA Corner invites you to rediscover a familiar taste that has new face. Calabogie Pizzeria owned by Corinne Sullivan. Originally from Thunder Bay ON, Corinne had family in the area and she made her way to Calabogie some thirteen years ago. Corinne always wanted her own business and she loves cooking so it seemed natural she would open a business doing what she loves. Formerly behind Shooter's Bar, Corinne, along with her husband Brian and son Phil now have a brand new 1800 square foot facility that offers more exposure for her business as well as an eat-in area.

Self taught, Corinne provides quality home made food with no preservatives

such as bread, buns, pizza sauce, pizza dough, subs, salads and desserts. Corinne even has pizza and lasagne for customers who are celiac or sensitive to gluten. Sandwich and dessert tray are also available. The new facility has room for DVD movies and play station rentals, hard ice cream from Tracey's as well as a good selection of drinks and snacks. Future plans include a propane refill station.

Corinne has a huge area that she serves. She delivers to Glasgow Station, White Lake, across the Lanark border, White Pines on Centennial Lake, Pucker Street, Whalen Rd and Tom's Rd near Dacre.

Anyone who enjoys good home made food will enjoy Corinne's caring attitude and delicious fare. She says if you can't find it, just ask, as Corinne will bake on request.

continued on page 21

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The new CABA Executive - L to R: Carolyn Jakes, Shelley Monaghan, Karen Warren, Debra Giffin, Betty Oattes, Moira Hutchison (seated), Catherine Reynolds and David Abraham

Fishing with Jim

By Jim Weatherall



Summer is coming to an end. We can feel it in the air and see the leaves turning. The Pickerel feel the same things in different ways. The temperature drops, and vegetation starts to die off even in the lakes and streams. This is why the Pickerel are hard to locate in the fall, because they are moving to the winter grounds, spreading out over the whole lake.

Even though I love to jig for Pickerel, this time of year I will switch to drifting or trolling, using a live bait harness, with either worms or minnows. For those who don't want to use live bait, a crankbait will do the trick. This will cut down time spent locating where the fish are. When you locate the pickerel, you can use a jig and live bait over the top of them.

Previously in this column, I have suggested using a jig tied directly on your line, giving the jig more action. I have received many complaints that anglers are experiencing line twisting, so I suggest you tie a No. 12 or 14 barrel swivel 3 to 4 feet up your line to eliminate this problem.

Reports of nice catches of Rainbow Trout in local lakes have been received. Most

taken were caught on worms, using a worm blower to float them off bottom.

As the season winds down, I hate to remind you again about proper storage care of your boat, but it's a job that has to be done....

- 1) Remove battery and store in a warm dry area for the winter.
- 2) Drain lower end unit and refill to your manufacturer's specifications.
- 3) Add fuel stabilizer to fuel tank.
- 4) If storing where mice can invade the space, use mothballs in compartments.

These tips will help you have an easier time in the spring starting the new season.

I hope to see some of you out fishing between now and hunting season. If not, you'll have to look in Myrtle Beach, S.C.

Hopefully, by the next column, I will have a date for the airing of "Real Fishing with Bob Izumi", filmed on Calabogie Lake.

In the meantime, be safe and protect our natural resources.

Jim

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Dump Dates Delayed

Tenders received for transfer station construction and the subsequent closing of the Matawatchan land fill were both almost double the budget number, resulting in Greater Madawaska Council astutely postponing the awarding of any contracts.

Councilor Karin Lenhardt reports that council has formally requested to COMRIF that GM Township be its own contractor for the projects excluding only the concrete and road paving work. Lenhardt remains hopeful that the fall closing date for Matawatchan will still be met. COMRIF approval has not yet been granted.

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“How are you really?”

By Susan Veale BSc. Natural Health Practitioner

Wellness Natural Health Centre

When someone asks, “How are you?” most people say, “OK” but in reality many people are not.

If you have ever experienced headaches, back pain, muscle tension, congestion, allergies, constipation, PMS, occasional indigestion or lack of energy, your body is sending a message.

Sadly, our western society as a whole is now experiencing the highest incidence of chronic non-life threatening disease conditions it has ever known.

How the body overcomes these inconvenient discomforts depends on how much help the body has. Some people choose prescription drugs; others purchase over-the-counter products from strangers. For some they work; for others they do not. In general, trading money for good health is a good deal; however, short term relief or possible side effects from medications the body responds to negatively is not a good trade.

When symptoms continue, the result can be severe disorders. For example, long term constipation may lead to a more serious bowel disease. Fortunately, there are other choices starting with natural health, something our ancestors relied on.

In the natural health field, the first step is to set a course of action and determine the cause of the symptom. At the same time, it is necessary to stimulate and strengthen the immune system as the immune system is the body's first and only line of defence. A balanced, well functioning immune system has the capability to fight off sickness and disease. A stressed or weakened immune system is a target for

continued on page 20

Space Weather

By Doug Vasey

Jupiter: Part Two

The Galileo probe has explored various areas of the Jovian (Jupiter's) atmosphere. Scientists have discovered richly complex and dynamic weather systems from areas that are dryer (desert-like 1% relative humidity) to the more common saturated, very wet and likely rainy areas. The storms develop and drop rain; the raindrops evaporate prior to reaching Jupiter's core heat-source, and rise again as vapour that convect upwards to start the next round of storms. Together with dramatic lightning and extremely powerful winds; Jupiter has the greatest thunderstorms in the solar system.

The chemical composition of Jupiter was once very comparable to the Sun. Over time comets and asteroids have added to the chemical diversity of Jupiter. So far there has been no evidence of a Jovian land surface. Any solid area seems to be under liquid (hydrogen). C. B. Pilcher and J. S. Morgan of the Institute for Astronomy, University of Hawaii, in Honolulu have discovered singly ionized oxygen at the inner Jovian magnetosphere. It seems to be concentrated around the magnetic equator. The very limited concentration of oxygen seems to preclude that Jovian rain would actually consist of water (H₂O). Jupiter's atmosphere is approximately 75% hydrogen and 24% helium by mass, and has been observed to have transient ammonia ice clouds. The atmosphere contains "trace amounts" of methane, water vapour, ammonia, argon, krypton and xenon, and silicon-based compounds.

In part one of the Jupiter series; I documented the findings of researchers, led by Francis H. Chapelle, a geochemist at the United States Geological Survey. They found that a 137 degree F geothermal hot spring in Idaho has a unique community of microbes that thrive without sunlight or oxygen. Scientists say the organisms are very similar to life as it might exist on Mars and other planets. The one-celled organisms, Archaea, grow by consuming the "hydrogen" produced by hot water reacting with bedrock 600 feet below the Beaverhead Mountains. It would be interesting to see if the Archaea could survive in a liquid hydrogen environment without the oxygen component of H₂O. If single celled life can exist in these in-human conditions, there is reason to suspect that more advanced non-DNA or non-carbon life forms could possibly evolve in differing biospheres.

Science history philosopher Thomas Samuel Kuhn PhD stated that the vast majority of scientific research is conducted within the confines of a paradigm. Paradigms include not only theories but also methods, instruments, concrete examples,

sanctioned texts, and, most importantly for our purposes, subsidiary assumptions. They are invaluable tools for scientific research, facilitating the construction of hypotheses, design of experiments, and interpretation of results. According to Kuhn, however, paradigms may also hinder the exploration of nature, blinding researchers to important possibilities by discouraging certain avenues of investigation and biasing the ways in which data are interpreted. As a consequence, important scientific discoveries may be delayed for years. (Astrobiology Magazine)

The Surveyor 3 spacecraft sat on our moon for 3 years with a bacteria culture outside originating from Earth. Apollo 12 astronauts brought back *Streptococcus mitis* bacteria. The 50-100 organisms survived launch, space vacuum, 3 years of radiation exposure, deep-freeze at an average temperature of only 20 degrees above absolute zero (absolute zero = -273.15 C), and no nutrient, water or energy source. (Science@NASA)

Inside the Earth's arctic sea ice lives a web of life. Living in this subfreezing environment are; bacteria, viruses and unicellular algae which often form chains or filaments (NOAA). Also there are Black Ice Worms that live on the glaciers of Alaska and feed on pink algae also inhabiting the glacier. We are finding more and more that over time life as we know it finds a way to exist. As for life we have yet to know, we will likely discover when the time comes.

Jupiter has 17 named moons with four, called the Galilean satellites, large enough to be seen by telescopes on Earth. Europa is the brightest of the large Jovian moons. It is about the size of Earth's moon. Data collected in 2000 by the Galileo spacecraft has now generated what some scientists are calling virtually undeniable evidence that Jupiter's moon Europa has a significant water ocean churning beneath its icy surface. The ice covering the body of water could be about 4.5 to 12 miles thick. Scientists believe the water may be heated by tidal flexing from the gravitational forces of Jupiter and its other moons. Because of the highly conductive nature of Europa some scientists believe the ocean may be salty in nature. The ice covering Europa is marked by a criss-crossing of lines which may indicate stress fractures from flexing. NASA believes Europa has an iron core and a rocky mantle. However, I have yet to find any evidence of volcanic activity. Such activity would add an increased heat source and atmospheric capability to Europa.

Frozen sulphuric acid has also been discovered on the surface of Europa. It is thought that it is struck by sulphur ions coming from Jupiter's innermost moon Io; which has very significant volcanic activity.

It's been discovered that Europa has a very tenuous oxygen atmosphere. On Earth, organisms generate and maintain an approximate 21% oxygen atmosphere.

A definitive detection of Europa's tenuous atmospheric oxygen was made possible by the ultraviolet sensitivity provided by Hubble's Space Telescope and the Goddard High Resolution Spectrograph. This light atmosphere could be a result of sunlight interacting with Europa's ice. This is in no way an indication of life on Europa. However, many scientists believe that of all the planets and moons Mars and Europa are the likeliest places for other life in our solar system.

For mankind to maintain a posture of universe revolving around us is; near sighted and counterproductive. As a species our collective consciousness would be better served through exploration of a universe diverse in inter-dimensional life and raw materials. The difference is thinking outwardly rather than inwardly. The sooner we come to understand that, the faster and more completely we will evolve.

Sources: AAAS (American Association for the Advancement of Science), National Oceanic and Atmospheric Association (NOAA), Space.com, National Geographic.com, NASA, Astrobiology Magazine

End

Wellness (Cont)

"dis-ease" within the body. What people eat or do not eat is responsible for fuelling the physical and mental aspects of the body.

Many people are unaware of possible food sensitivities and/or the connection to allergic responses. In my clinic, I test both children and adults for food allergens without needles or dyes. This testing is helpful for identifying food dye allergens in children with ADHD.

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GREATER MADAWASKA LITERARY MATTERS

By Mary-Joan Hale

Ah, fall! How can anyone resist being in Greater Madawaska at this time of year? Today a neighbour and I were discussing the beautiful weather (Canajun, eh?), and I looked up at the sky. The colour was magnificent and accompanied by leaves turning red, gold and orange. It is my favourite season right now, but then I say that with each new one. My favourite one is the one we are in at the time. How lucky we are to have the varied seasons to delight us four times a year.

The library is experiencing a change as you know. As part of the Festival of the Senses, we are celebrating our new blue library with the Sense of Renewal.

Like Noah after the flood, we are on dry land and all is new again. Come join our party on October 4, 2008. Doors open at 9:00 and will remain so until 4:00. At one o'clock we will have the official ribbon-cutting. Throughout the day, we will have various events. A giant Book Sale, Vermiculture sale, free draws for all and prizes for the kids. At 2:00 we will be giving a Stepping Stone Workshop (weather-permitting). You must pre-register for this hands-on demo. The cost is \$25.00 which will cover the cost of supplies and the stone(s) you get to keep. Phone to get your place.

On this day, you may join up if you are not already a patron. There is no charge for Township ratepayers. Come in and

see the services we have to offer. There will be many new titles and Audio-books on CD to borrow. Snuggle up in the Children's Centre with your wee ones or let them paint a picture on one of our easels.

This has been a long and somewhat frustrating time since April 11, so it is time to put that behind us, water under the bridge, so to speak...(sorry could not resist another 'water-related comment'). It is also our 30th Birthday party. Imagine that! Thanks to the folks who had a dream for a library in Calabogie. In spite of all past struggles, we are here to stay.

CABA (Cont)

Corinne has a positive attitude and enjoys Calabogie and the area. She welcomes her regular and new customers to come and visit at her new location. Corinne has even created a new pizza for the Festival of the Senses and will add it to her extensive menu.

Corinne and the Calabogie Pizzeria located at 4983 Calabogie Rd. can be reached at 613-752-1777. The store hours are Sunday to Thurs 11:00 a.m. to 9:00 p.m. and Friday & Saturday 11:00a.m. to 10:00 p.m.

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Madawaska Highlander 5th Anniversary

With this paper (October 2008) the Madawaska Highlander celebrates five full years of publishing. The current newspaper is the second incarnation of The Highlander. For some twelve years before Richard Copeland and I took over the reins, a publication called The Highlander served the Griffith, Matawatchan and Denbigh area. It was a more modest publication covering a smaller geographic area but it too provided a kind of cement to bond together neighbouring communities.

I arrived late in the last days of the earlier Highlander and was asked to carry forward as editor. With Richard's help and that of some of the writers that decided to continue with us we began what we are now, five years hence, celebrating.

We decided that a party was in order and invited both Highlander crews to celebrate. We also found time to take a few photos for posterity between nibbles of cheese and sips of wine.



Original Crew. L to R: Doug Smith, Bill Graham, Barbara Doyle, Ernie Jukes, Garry Ferguson, Carole Anne Kelly and Helene Thompson



L to R: Filipa Martins (City Girl), Rick Baxter, Jane Baxter, Floris Wood, Carolyn Jakes, Wes Bomhower, Mary-Joan (Skippy) Hale, Adam Copeland, John Roxon, Richard Copeland, Garry Ferguson, Ernie Jukes and Bill Graham

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<p>Norcan Lake \$169,000</p> <p>Wow! 328 ft frontage on Norcan lake 10.4 acres for your private retreat, build your dream home</p>	<p>Majestic WA \$219,000</p> <p>1.25 acre waterfront lot with 200 ft of frontage on the Madawaska River. Build your Linwood here many exciting models to choose from. 20 acre deeded parkland included.</p>	<p>Mike Labelle Sales representative Phone: 1-888-623-3665</p>		<p>Calabogie Rd \$499,000</p> <p>11 Unit motel with living quarters & office. Completely renovated, all rooms have a/c, TV & cable, highspeed internet, frig & stove. Two units equipped for disabled. Gravel oversized outside parking. Hwy frontage, close to all amenities and ski hill.</p>	<p>729 Mill St, Calabogie</p> <p>"THE DUCK" A WELL KNOWN FINE DINING RESTAURANT SITUATED IN THE CALABOGIE LODGE (TIME SHARES) ON CALABOGIE LAKE. ESTABLISHED CLIENT BASE AREA OFFERING BOATING, SWIMMING, GOLF, IN A FOUR SEASON RESORT HIKING TRAILS, DOWNHILL SKIING LIQUORE LICENCE FOR 80 INSIDE AND 70 ON THE PATIO WHICH IS ON THE LAKE OVERLOOKING THE SKI HILL. THIS BUSINESS HAS AN EXCELLENT REPUTATION.</p>
<p>Calabogie Rd \$299,000</p> <p>5 acres highway commercial land at the village of Calabogie. Great view of the lake, large pond on the property, adjacent to well known restaurant & motel. Many potential uses. Premier location with high exposure in this expanding four season resort town only an hour to Ottawa, an hour & half to Kingston Seaway area. Enquire with listing agent about build to suit</p>	<p>LOTS of LOTS</p> <p>Starting at \$40,000 deeded water access 1/2 acre to 2 acres in Peaks Village, Highlands and Maples sub-divisions. Call for more details.</p>			<p>5056A Calabogie Rd</p> <p>"MURPHY'S LANDING" ESTABLISHED RESTAURANT/BAR IN HIGH TRAFFIC AREA OF CALABOGIE LIQUOR LICENCE FOR 349 SEATS INCLUDING THE OUTDOOR PATIO. THERE IS ALSO A CATERING ENDORSMENT WITH THE LIQUOR LICENCE. WELL KNOWN LOCAL EATERY WITH ENTERTAINMENT ON WEEKENDS IN THIS FOUR SEASON RESORT AREA OFFERING GOLFING TO DOWNHILL SKIING.</p>	<p>5372 Calabogie Rd</p> <p>80 CAMPSITES WITH PLENTY OF ROOM TO EXPAND 32 ACRES WITH FRONTAGE ON CALABOGIE LAKE. THERE IS A SAND BEACH AND PROTECTED HARBOUR WITH BOAT DOCKS, 3 SEPTIC SYSTEMS, 2 WELLS, LAUNDRY FACILITIES, LARGE LIVING QUARTERS, OFFICE AND OVERSIZED STORAGE AREA. PROPERTY IS CLOSE TO THE SKI HILL, AT V/HIKING TRAILS AND GOLF COURSE. THE PROPERTY LENDS ITSELF TO DEVLOPMENT ON THE LAKE.</p>
<p>Mill St Rd \$159,000</p> <p>Commercial 1.74 acres with highway frontage on corner lot overlooking Calabogie Lake. Great possibilities in this expanding four season resort area just an hour to Ottawa and one & a half hours to Kingston Seaway.</p>	<p>Majestic WA \$620,000</p> <p>New "Lakefield" Linwood custom cedar home to be built in Madawaska Estates Phase 1. This is a waterfront community on the Madawaska River with a 20 acre park deeded to your 1.25 acre water front lot. Thirty exciting designs to choose from and the variety of waterfront lots and/or locations available. Call for more details</p>	<p>Viewmount Dr \$369,000</p> <p>Open concept 5 bedroom home in a 4 season resort area close to Ottawa or Kingston. Enjoy your winters on the ski hill which you view from the impressive upper deck, relax on the lakefront beach, or enjoy a round of golf. All this is just minutes from your front door. Entertain family from the gourmet kitchen or make a snack at the small kitchen on main level, radiant flrs in bathroom & fireside lounging. Unwind & savour all the seasons.</p>	<p>36 COLONY LA \$259,900</p> <p>EXCELLENT SUMMER HOME WITHIN A COMMUNITY WHICH OFFERS TENNIS COURTS, COMMON AREA AND LARGE DECK AT THE WATERFRONT. HOME HAS A LARGE DECK OVERLOOKING THE LAKE, BATHROOM, PLUMBING, WIRING, HOT TUB IN SCREENED PORCH, SCREENED GAZEBO ON OUTSIDE DECK. A GENTLE WALK TO THE BEACH AND DOCK WHERE YOU MAY KEEP YOUR BOAT OR ENJOY A QUIET AFTERNOON. VERY PEACEFUL SETTING AND AFFORDABLE TOO!</p>	<p>4054B CALABOGIE RD \$269,000</p> <p>CHARMING 3 BEDROOM CHALET STYLE BUNGALOW OVERLOOKING THE MADAWASKA RIVER ON 3.5 ACRES LARGE PICTURE WINDOWS FOR THAT VIEW OF THE RIVER PATIO DOORS ACCESS TO THE LARGE WRAP AROUND DECK WOOD STOVE IN THE BASEMENT CLOSE TO CALABOGIE A 4 SEASON RESORT</p>	

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