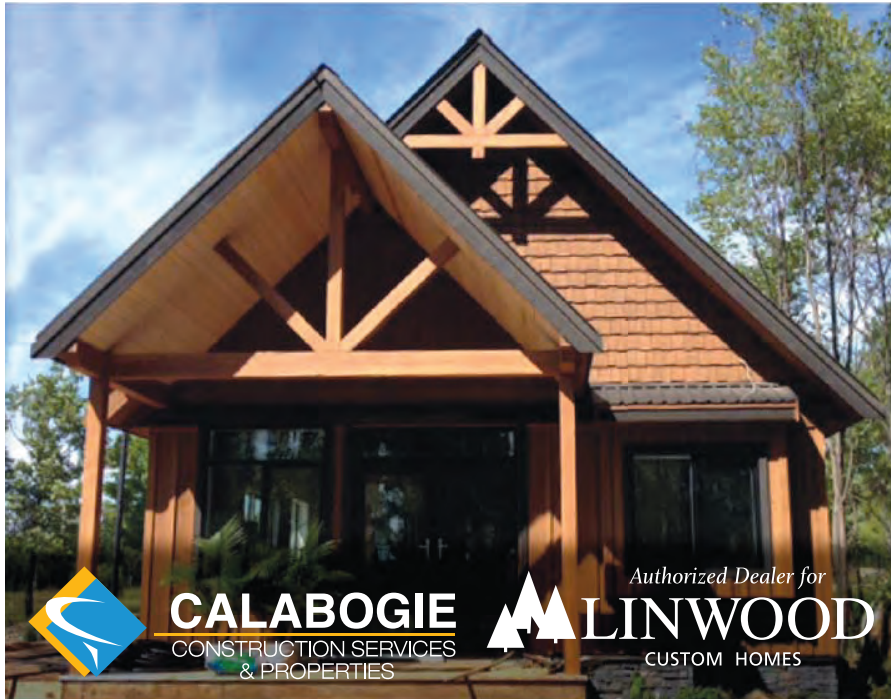


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Aug-Sept 2016

FREE Vol.14 Issue 4
Next issue Sept.28, 2016

Celebrating Cottage and Country Life in Madawaska & Addington Highlands of Eastern Ontario

If you think Summer is over, go jump in the lake! It's Back to School time, but the weather is supposed to stay warm for a while yet before the leaves fall.

Welcome!



Another precious day, as the sun rises on the Madawaska River in August. What will the day bring? Photo by Mark Ferguson

...To the countdown to the end of a hot dry summer in the Highlands and to the count down to Canada's 150th birthday. It's time to start planning the party!

Before you take Ontario Highlands Tourism's invitation to "Come Wander", read Survivor Guy's article about how to do it without getting lost. And if you are looking for new places to wander, Garry and Angela give you some ideas including the Show & Shine in Griffith and Countryfest in Denbigh. Check the Events Calendar for more places to wander, like the North Frontenac Back Roads Studio Tour. Ernie invites you to his studio at Camp J as he reflects on a lifetime of art in the woods and Skippy doesn't skip a beat as she reports from afar on changes happening in 'Bogie'.



Campfires are once again permitted in many areas after much needed rain. Make sure to check with the local fire department or township before you light and play it safe. Photo by Alex Cowan

For more places to go and things to do, check out what our advertisers have to offer, such as art shows, art and craft galleries, caves, restaurants, live entertainment, The Terry Fox Run, a plowing match, places to live, workers to hire and things to buy.

And wander back in time through captivating stories by Herbert, Howard, Antonia, and Marcella - Stage coaches, pen pals, escaped convicts, a stubborn goat, and a wild tale of election time (where the shanty men teach the out-front fellas a little respect!)

We have Greater Madawaska Township Wind Survey results and information about Ontario 150 Fund grants, to help us join the celebrations and create a lasting legacy. But hurry, grants are only available for a few more weeks. Enjoy...

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parts of 4 counties in the Highlands.

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Message from the editor:

Check the Events Calendar for events in your area. We print what you send in, so if your event is missing or incorrect, be sure to email updates.

Check advertiser messages right away for important information, hours of operation, specials and ideas about things to do in the area. Tell them you saw it in the Madawaska Highlander!

We also maintain the matawatchan.ca website, which has a handy community calendar that is updated whenever new information arrives. The Tri-County area around Matawatchan, Griffith, Denbigh and Vennachar is the primary focus of that website. Also check out www.greatermadawaska.com and other township websites for events and information around you in the Highlands. Our community paper depends on the community, so if you have something to offer that our readers would enjoy, please contact us to discuss. We keep our advertising rates low to keep it accessible for small businesses.

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Bart would earn himself a bit of spending money on camping trips by helping out on wind farms

The Walter cartoon is taking a break, until creators John Roxon and Jens Pindal can find time to collaborate again. Even volunteers need time off.

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By Garry Ferguson

For those who remember last spring's first edition of the year, I followed the oft-flawed advice of old writers who continually preach (sometimes in shrill ways) and re-preach, "Show, don't tell." So I showed a long list of events that came to pass over the winter with pics and captions. Problem is, I found that this habit can be habit-forming – especially for those of us whose metabolism plunges inversely to the soaring mercury. We also attempt to eschew (nothing to do with chomping) the principals of journalism where most articles include the "five W's" and a little background info for colour. We're more inclined to off-colour. Of course, the abundance of interesting people and places in G/M that make great subjects has much to do with it – so it looks like we're leaning that way again. The upside is that it encourages kindergarten students to read the GM News.

As prophesied in times past, (Ok, last month's edition) the Northern Lights Seniors celebrated, on July 20th, those 90 winters and summers that Coral Kelly and Corrine Parks (Ferguson) have put behind them. Corrine's secret is clean living and good farm fare: Coral's is hard work and fat, salt pork. The accompanying photos of the two nonagenarians are now part of the Griffith Hall's wall decorations. I have urged Lights President, Joan Jacques, to get an early start on celebrations for Yours Truly's send-off into the nonagenarian persuasion - 11 years down the road.

The oppressive heat doesn't seem to have blighted the DG Lions enthusiasm. They're already scurrying around in preparation for the big Show and Shine on Saturday August 27. Come out, kick a few tires, (joking – don't even think about it) buy some 50/50 tickets and soak up a bit of ole sol. Likewise the Matawatchan Hall Board and the Fish and Game Club members' enthusiasm, unlike Yours Truly's, seems to climb exponentially with the thermometer. To keep abreast of all the goings on of these great organizations, consult the "Community Events Calendar" in this edition of The Madawaska Highlander." Sorry no pics in that section: you'll have to resort to reading.

About this time last year, when the corn and the weeds were high, I swore to our readers (no, not in a profane way) that Donna and Edmon Kauffeldt's garden grew several inches in the time it took to have a coffee at the Pine Valley. I'll top that this year by swearing (as described above and not on a bible) that I could see it grow as



Corrine Parks (nee Ferguson) became a nonagenarian on May 11, 2016



Coral Kelly, Turned 90 on July 26, 2016



The new Vennachar Free Methodist Church should be finished for service by October. The MH staff is assured that there will be doors and windows in spite of this photo



Courtesy of our fire fighters. No words needed



Leah Breuer, 36, originally from Toronto now living in Los Angeles, during her bike ride from Tofino, BC to St. John's, NFL, recently picked Lou and Joan Jacques's door, near Denbigh, to knock on and ask for help in communicating with her family. On August 04, the Jacques received an all's-well email from her as she crossed into NB. Though she has done many rides for causes, this journey is for her own satisfaction



Let the good times roll. The girls are back in town! When the Thomson women return from out west, down east, and down south to the farmhouse in Matawatchan, a new crowd comes to visit every weekend. This is the first of several gatherings over a few weeks.



After years on the job at our Waste Disposal Sites, Gary Guilmette (fondly known as Dump Dude) still as cheerful and helpful as ever. He's shown here doing some heavy lifting for a local damsel



Following a decade-long tradition, local lads still meet on Friday mornings for breakfast at the Pine Valley Restaurant in Griffith. Anyone wanting to join may show up by 08:30 and have your eggs any way he wishes.



Mr. and Mrs. Kauffeldt, out standing in their field, er garden.



Relaxing and soaking up rays at the Matawatchan Hall's flea market. L-R Gitte and Pete Chess, Linda Wease and David Guest.



A large crowd turned out to enjoy the weather and pick up a few treasures at the Matawatchan Hall's flea market on Saturday July 30.

I passed in my van at 60 kmph. I may have created a conundrum for myself with this last oath though, since I'm not sure how, next year, I can top this year's little bit of swearing.

On the night (morning) of August 11/12, at 01:30, I stumbled out into the darkness to observe one of the greatest spectacles in the heavens – the annual Perseid Meteor Shower. But alas, I hit upon the proverbial "Dark and stormy night:" not a twinkle anywhere in the heavens. Cursed with a dangerously small amount of

knowledge, including the fact that the earth takes on tons of space material every year and that some of that Perseid debris was the size of a sand grain, I returned to bed convinced that I had been hit by one of those little suckers. All the unsympathetic friends and kinfolk who saw the mark on my head however, identified it a mosquito bite. I'm still not totally convinced so, just to be safe, I'll wear a hardhat when I go out to observe the phenomenon next year.

This year, 2016, marks the 100th an-

niversary of ALL women in PARTS of Canada achieving the PERMANENT right to vote. Contrary to what some might think, some women had the right before 1916 according to The Constitutional Act of 1791 which gave men and women who owned land the right to vote for representatives to the House of Assembly. The Parliament of a United Canada (now Quebec and Ontario) however, removed this women's right in 1849. The exception to this was that, during the First World War, army nurses and close

Continued, next page...

GM NEWS Continued...

relatives of military personnel could cast federal ballots. Although women gained the vote in several Provincial elections in 1916, it was not until two years later that women, 21 and over, won federal approval. This right came as a result of a tireless fight for a true representative democracy by brave suffragettes, including five honoured by having their statues displayed on Parliament Hill. I think my choice of Nellie McClung as the first CANADIAN woman to be depicted on one of our coins will be bang on. Go Gals!!



Garry Ferguson was born at Black Donald Mines. After graduating from the one-room Miller and Matawatchan schools and the two-room high school in Denbigh, he joined the RCAF and the world of electronics. After 8 years, he became a civilian and worked in Montreal for the Navy. During this time he joined the Reserve Navy and trained at Cornwallis NS. In 1970, Garry joined Air Canada where he eventually dealt with flight simulators until retirement. He was asked to join the Canadian Corps of Commissionaires and spent six years in security at Toronto's Pearson Airport and Nav Canada's Air Traffic Control facilities. In 1960 he married Carol Pearsall and they had four children - now middle-aged adults. Carol and Garry live along Lake Centennial and try to keep up with the hectic local social scene.

GM Wind Survey
By Lois Thomson

Results of a survey conducted by Greater Madawaska Township's Citizen Wind Committee are now posted on the greatermadawaska.com website, also available in print at the township office.

There were 432 responses that were fairly evenly split between permanent residents and seasonal/visitors/tenants. In rounded figures, 84% felt wind turbines would destroy the vista and wouldn't want them in their view scape and 56% are opposed to them no matter where they are. 73% say Greater Madawaska should not support a wind turbine project proposal, 16% say they should support it and 10% were undecided.

It's apparent from respondent comments that the undecided people would need to see details about any proposals before making a decision.

Survey questions were only designed to determine whether or not residents would support wind projects, so the comment section was important to allow respondents to pose questions and make their views known about a variety of associated issues, including the need for transparency and cooperation. The comments are lengthy and informative, which is unusual for a survey. They are well worth reading. I have copied some responses here, to show the major points people made. I added the headlines.

Wind Turbine Technology:

The Prince Edward Island (N W Tip) Wind research station was curtailed

much too early. Is the propeller the most efficient means of utilizing wind power? e.g. aircraft propeller vs. jet turbine. Is venture investment in existing wind power generation preventing advancement of more efficient, consistent, quieter and less obtrusive wind generation technology?

Energy Storage and Grid Technology:

Above and beyond the completely negative opinion of the technical experts, Greater Madawaska in specific does not have the strong steady winds that are required by IWTs.

Sound, Effect on Wildlife:

I have traveled through areas (California, New York) where wind turbine farms exist and the sound is quite disturbing. The damage to the bat and bird population is unacceptable. My preference is for solar.

Certainly Canada has enough area to place these power towers without them being 100 yards or less from houses. I know for a fact, that anything beyond 300 yards away, you can't hear them for wind noise that would be there anyway. Solar farms are an eyesore and take up rather large tracts of land for relatively small amounts of power, especially in our northern locations.

I believe wind turbines would attract lightning strikes causing forest fires. Installing wind turbines would destroy the natural beauty of this township forever.

Industrial wind turbines should not be used in a mountainous area where so much forest and waterways will be affected by the destruction of trees, land and forests.

Effect on Health:

I am a scientist and always strive to find well-supported facts. All the scientific papers I have read about the effects of wind turbines on human health and the disruption to wildlife populations are of great concern to me.

If we are serious about climate change, we need to support these other sustainable sources of energy - we will all get used to it, but change it hard at first. Please read the following article by David Suzuki - <http://david Suzuki.org/blogs/science-matters/2014/12/wind-offers-a-healthy-way-to-generate-power/>

Social Effects:

We have property in Addington Highlands as well. The divisive, anti-demo-

cratic process that is the Green Energy Act created bad blood between families and neighbours. The local council went directly against the wishes of its constituents. I hope not to go through this process again. The dubious value of wind turbines is not worth the destruction of property and land values.

Economics:

Just don't do it. Greater Madawaska thrives on its tourism, it's what stimulates the entire economy here. Introducing wind turbines will decrease tourism.

Wind turbines are not cost effective at a time when the cost of energy is already a hardship for the average family.

The possible impact on roads was not mentioned either. Matawatchan roads, in particular, are in VERY poor shape. What would bringing more monster trucks into this area do to our roads?

IWT should only be allowed if the TWPS has a part ownership in the company received as an endowment and all residents receive a direct credit on their Hydro bill.

Dark Sky:

Concerned about interference with star viewing.

Procedures, Consensus:

If the municipality can find a place that all residents, tourists, seasonal residents agree with to site IWTs, then let's do it and let's invest and let's share in the profits. If not, then let's find a better way to invest in current hydroelectric power.

Political:

The Township must have the authority for FINAL approval of any installation. I heartily support our MPP's Private Members Bill. The Energy Referendum Act, 2015

What can the Township of Greater Madawaska do to support residents' views? Municipalities are asking to have the power to veto projects that will cause economic and social problems, but only environmental impact can be used to halt a project. Plus, to avoid collusion, proponents have to be very careful about any details they share with the public until a contract has been awarded.

It's a complicated issue and not knowing the details make it more so. IF industrial wind power projects are economical, needed, safe, properly situated, etc. THEN everyone would welcome them. But are they?



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Let's keep the Hall rolling!

It's time to winterize for year-round use!
We have applied for grants and need your help to see it through.

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The Township of Greater Madawaska is trying to improve public communication. They are conducting a Communication Survey on their website until October 14. Results from their "Wind Survey" are now posted online. greatermadawaska.com

The extension of Highway 417 twinning from Scheel Drive to the Town of Renfrew has not been included in the Ministry of Transportation's (MTO) newly-released five-year capital plan, but Renfrew County will continue to push for funding.

Royal Philips (NYSE: PHG, AEX: PHIA) and the County of Renfrew Paramedic Services enter into a 12 month pilot that will equip the County of Renfrew Paramedic services with the Philips Tailored Ambulatory Care Program, enabling them to remotely monitor patients in their homes and prioritize them for intervention. The pilot's goal is to determine how expanded access to care through technology-enabled patient health monitoring impacts hospitalization while improving patient satisfaction and engagement.

More than \$10 million coming to eastern Ontario for home care and caregiver respite. About \$8.3 million will be used to expand services for high-needs clients, based on a standardized assessment. It will provide things like nursing, therapy and personal support. The remaining \$2.1 million will provide caregiver respite services, so they can take some time for themselves.

Ontario is investing \$199,970 to support the Paramedic Association of Canada in developing a psychological health and wellness standard that will help identify and address mental health issues for paramedics.

Essex-Windsor EMS launch Vulnerable Patient Navigator Program. Paramedics will work in identifying patients who call EMS more than three times in six months. The goal is to connect those people with readily available resources and reduce the number of unnecessary ambulance calls.

Ontario Launching Pilot Project for Rural Health Hubs to Enhance Care for Rural Patients, mostly in the North. \$2.5-Million funding will enhance service integration in Espanola, Dryden, Manitowadge, Blind River, and Haliburton Highlands to help them become fully integrated health hubs. They will connect modern services and coordinate transitions between caregivers and doctors and make it easier for patients and their families to understand and access their health care choices.

The Canadian Red Cross says a "misinformed vandal" went on a graffiti spree on its Nova Scotia headquarters and vehicles, protesting transgender blood-donation policies even though the charity hasn't collected blood for two decades. The all-caps graffiti said the society "discriminates against trans women" and stated "all trans women are women. No surgery needed." They urge people to try talking before protesting.

Ontario Chamber of Commerce urges faster Internet service for all parts of Ontario. The Chamber is asking the province to think about broadband in the same category as roads and bridges, and perhaps use funds meant for infrastructure to expand broadband.

All summer, most of Ontario has been blanketed with hot, dry, weather. It's plagued cash crops like corn and beans — but not grapes. This weather is exactly what they need, encouraging grape growers after two tough winters depleted stocks.

Ontario winery wins fight to tell people its location. Wineries that aren't VQA members are forbidden from giving locations like Prince Edward County. Membership in the Vintners Quality Alliance Ontario is voluntary, but expensive for small vintners. The VQA says it's reviewing the decision, suggesting it may appeal in Ontario court.

Ontario is asking businesses and the public to help identify and improve regulations that are unclear, outdated, redundant or unnecessarily costly for the food processing sector. Feedback can be provided online by visiting Ontario.ca/RedTapeChallenge, a crowd-sourced platform that gives businesses and other interested Ontarians the chance to review current regulations and suggest improvements. The deadline for submissions is September 30, 2016.

Quinte area cuisine will be back in the spotlight this fall thanks to the second local staging of a successful conference. The cities of Quinte West and Belleville once again will be home to the annual Eastern Ontario Local Food Conference this Fall, with foods from across Eastern Ontario. In partnership with the Ministry of Agriculture, Food, and Rural Affairs, the cities will host the conference at the Towne Place Suites and the Maranatha Church on November 22 and 23.

Eastern Ontario chocolate named best in world. Almonte's Hummingbird Chocolate Maker won gold for its Hispaniola 70 per cent cacao chocolate bar at London's Academy of Chocolate awards.

The Ottawa River is designated a heritage river. A management plan and annual reports must be prepared describing changes, improvements and threats to the values for which the river was recognized, with an in-depth review of the river's values being done every 10 years.

In search of a solution to the toxic blue-green algae that has infested Muskrat Lake, a

citizen's council is focusing attention on preservation and enhancement of the lake's shoreline. "From the agriculture perspective, we've done well," said council member Rene Coulas. "From the cottage owners, we would like to do better." Next summer, an assessment of the lake's shoreline will be conducted under the "Love Your Lake" initiative developed by the Canadian Wildlife Federation and Watersheds Canada. Under Love Your Lake, surveyors evaluate lakeshore properties by boat, offering each owner a report that makes suggestions on what they can do to improve their own patch.

K&P Trail set to reach downtown Kingston by next Summer.

New report outlines climate change challenges on Canada's Arctic coast. More than 70 per cent of all Canadian coasts located in the North. Many parts of the Beaufort Sea can see up to a metre of coastline lost each year due to erosion. However, some places that are rich in ground ice or exposed to high energy waves can have losses of up to 20 metres of coastline in a single year.

The hazardous waste of a Cold War-era military base once thought to be buried forever in the Greenland ice sheet may eventually resurface due to climate change, says a new York University study. Camp Century was a U.S. military base built within the Greenland ice sheet in 1959. The top-secret site was used for testing the feasibility of deploying nuclear missiles from the Arctic. The Camp Century drill sits in the abandoned base, which contains an estimated 200,000 litres of diesel fuel, enough for a car to circle the globe 80 times. In 1967, when the camp was decommissioned, its infrastructure and waste were abandoned because it was believed they would be buried forever under perpetual snowfall.

Ontario selected Wataynikaneyap Power LP (Watay) to connect 16 remote First Nation communities to the grid with reliable, clean supply of electricity, replacing dirty and expensive diesel power. This also supports long-term economic opportunities.

Ontario's climate change grants and loans will be funded, in part, by the gasoline and carbon charges on propane and natural gas. Ontario won't reveal climate-change charges on gas bills. The new tax will therefore be taxed again.

Sky-high hydro rates an 'absolute crisis' for rural Ontario. There is growing outrage in rural Ontario after a Global News investigation revealed soaring electricity rates are pushing families into poverty.

Rising hydro rates could cause 'serious harm' to Ontario's economy, BMO chief economist says. Instead of shifting toward a system of renewable forms of energy, Aplin believes Ontario should utilize already existing sources of carbon-free electricity, like nuclear and hydro. He says the decision to continually increase the province's capacity of what he describes as "low-efficiency" forms of renewable energy is unfortunate.

Muskoka residents are leading the charge to reinstate Muskoka passenger rail, four years after Ontario Northland passenger rail service in central and northern Ontario was cancelled as a cost-saving measure.

Separatist Northern Ontario Party is officially registered after a petition attracted more than 4,300 supporters.

The way Supreme Court of Canada justices are selected is about to change. The application process for Supreme Court judges will soon be open so any Canadian lawyer or judge who is functionally bilingual and "representative of the diversity of our great country". Former prime minister Kim Campbell will chair the new independent advisory board to recommend candidates.

While experts welcome the rising national interest in beekeeping as a hobby, they warn novices may be inadvertently putting their hives — and hives for miles around — in danger because they aren't keeping the bee mite population in check. A new online mite monitoring project lets beekeepers anywhere in the country share data on mite infestations and will help researchers track the spread. Many hobbyists avoid mite treatments, preferring a natural approach, but that's often a deadly decision for the bees

Fossil discovered by a child suggests turtle shells were for burrowing, not hiding

Toronto police say an intoxicated man who got into a police cruiser thinking it was a cab has been arrested on an outstanding warrant.

A Douglas fir in Surrey that stood for a century as a memorial to Canadians felled in World War One has itself fallen. "Charlie's Tree" was dedicated to fallen fighters in 1919 by pilot Charlie Perkins, and has been maintained by the local legion for decades.

Drought to decrease intensity of fall foliage in Ontario, Quebec. "September could still bring record warmth and higher-than-usual humidity to southern and central Ontario," Anderson said. Homeowners with pools may be able to keep them open a few weeks later than normal.

'Bogie is a Happenin' Place!

By Skippy Hale



Another change that has people talking. Munford's has sold their business and new owners are making changes. Will it be a hardware store, as rumoured? Will the feral cats continue to be cared for under the deck? We will keep you posted.



Thanks to Social Media and email, I can keep up-to-date with what's happenin' in the 'Bogie. In spite of the heat, which I promise I have not sent north to pester you, it seems you are having a good and busy summer. The heat here in Phoenix was averaging mid 40s. We are experiencing the Monsoon Season now. There are sudden thunder, lightning and/or dust storms with incredible winds that rip up large palm trees. Because the land is mostly flat here in the Valley (yes, I am in the Valley) and hard, there is nowhere for the water to go, so there are flash floods. There are some weirs for run-off, but I have yet to see grates on the streets. Eventually it dissipates rather quickly in most places. Tomorrow will be cooler only 38 and it will feel cooler. Indoors, Air condition-

ing is in the 70s and it is cold. It is all relative, eh? I am adjusting, but do not say, 'but it is a dry heat', because trust me, when it is 45 degrees, you feel like skin cells are burning. We visited a friends' pool one Sunday and cooled off in 34 degree water! It's all relative.

The Junior Rangers came to Barnett Park again this summer on Friday August 5. Three families arrived to meet with them. The Rangers cleaned up and did maintenance in the park. They enjoyed lunch in Schaly's Garden. Young students 16 or 17, interested in the program for next summer, go to Ontario.ca and click on 'Stewardship Youth Ranger Program'. It is sponsored by the Ministry of Natural Resources and Forestry. I heard about a fundraiser initiated by the United Church to raise funds to help



Pieces of grave markers from St. Gabriel's Cemetary rescued from the Madawaska by Mike McGrath and his grandsons.

send some children to the Bible Camp at Golden Lake. There are two sets of three mallard decoy ducks circulating and landing at people's doors steps. They are cute and dressed in neck tie bandanas. Two teenagers at the United Church came up with the fundraiser idea. I am not sure how long this is lasting, but it sure is a unique idea for a very special cause.

The St. Gabriel's Historical Preservation Committee is still struggling away. We had an excellent meeting in late June to plan our summer project. Mike McGrath and his grandsons took his pontoon boat out to under the Springtown Bridge. The divers brought up many pieces of old grave markers from the cemetery. There were plans to clean the brush and remove the bushes by the fence which are encroaching on some of the earlier graves. Unfortunately, the extreme heat prevented action at the site by volunteers. We have added two new members to our Executive Committee, Trish Fleming and Zachary Jendro. They both come with excellent backgrounds and have added much enthusiasm to our group. Please visit the website created by Zachary: <https://stgabrielspreservation.wordpress.com/> and our Facebook page created by Trish: <https://www.facebook.com/groups/1398974746798795/>

At present, both are a work-in-progress, but pop in and take a look. We welcome any memories or pictures you may have to add to our story. We also have a Memory Book written by Carol McCuaig, a local historian and author, about the families of St. Gabriel's. Contact me if interested and I can arrange to obtain a copy for you. They are \$25.00.

Well, some things last forever, or do they? Munford's has been a mainstay since we moved here and for many years before that. When Rich was

working from his home office and I was at the Library, he'd take his Citizen and walk up the road to have one of Annie's big breakfasts. We often stopped in for breakfast together. On our road trips, we stopped by for sandwiches, muffins and rice crispy treats, baked fresh that morning. There was always a friendly greeting from Joanne and Annie, the hardest working woman around. Phil gave Rich good work-out advice on the machines in the Gym downstairs. It was a one-stop spot for fishing and other outdoor gear as well as clothing. A few years ago, the whole place burned to the ground, but like Phoenix rising from the ashes, the store and restaurant rose again and is beautiful. Sadly for us, they have sold the business. If anyone ever needed a rest, it is Annie, but I cannot imagine her not up at 4:00 am to start baking and making those great sandwiches. I wish Annie, Phil and Joanne best wishes. I have heard a few stories about the new owners, but I will leave it to you to find out what is real and what is conjecture. In the meantime, the morning coffee crowd will need to find a new place to gather the news.

Wait, this is not the end of the story. As you know, Calabogie has many Feral Cat colonies and one of the biggest is back of Munford's. Annie and Joanne have been caring for these cats and kittens for years. Needless-to-say care and feeding these furry friends was probably not part of the deal. Alison Graham and her volunteers with Calabogie Feral Cat Rescue are feeding them and capturing them to get them seen by a vet to be treated, spayed and adopted out to kind folks like you. I am a lucky owner of one. Please consider adopting or fostering one of these furry friends. Meanwhile hope the group can get a grant to pay for these needs. **This is your paper. Even though I am away, send me stories, up-coming events and I will include them.** bogiebeat@gmail.com



Skippy Hale moved to Calabogie with her husband Richard Hale Christmas '99. She has been active in community and church activities. She loves children and brags about her three grandchildren, 'Preschool

Storytime' and school visits when she was the GMPL CEO/Librarian, and weekly Sunday School classes at Most Precious Blood Church in Calabogie.

SAVE THIS DATE!
September 18, 2016



The 36th Annual TERRY FOX RUN for Cancer Research
GRIFFITH

Walk-Run-Wheel-Ride 5 km or 10 km
REGISTRATION: 9:00 am at Griffith Building Supplies
START: 10:00 am across Hwy 41 "out and back" along Church Street and Flying Club Road.



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CHURCH SERVICES:

Denbigh, Vennachar, Griffith & Matawatchan residents, please check regularly for updates at www.matawatchan.ca/Events Matawatchan
St. Andrew's United Church
Sunday Worship
8:30 a.m.
For updates, call Joanne Murray
613-333-5534

Hilltop Tabernacle
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Office 613.762.7130
hilltop.pastor@gmail.com
www.hilltopchurch.ca
Facebook Hilltop Church in Griffith

Vennachar Free Methodist Church
(Now in the Parsonage)
424 Matawatchan Rd. 613-333-2318
Services June to August 10 am
Sunday service time returns to 11am the weekend after Labour Day

St. Luke's United Church, Denbigh
Sunday Worship and Sunday School
10:00 a.m.

Emmanuel United, Schutt 11:30 a.m.

St. Paul's Lutheran Church
Sunday School 9:00 a.m.
Sunday Worship 9:30 a.m.

The New Apostolic Church
Sunday School 9:00 a.m.
Sunday Worship 10:30 a.m.
Wednesdays 8:00 p.m.

Burnstown
St. Andrew's United Church
Sundays at 10:15 a.m.

Calabogie
The Calabogie Bible Fellowship
Congregational Church
The Mill Street Chapel 538 Mill St.
Regular service - Sundays 10:30 a.m.
Information: 613-752-2201

Most Precious Blood Catholic Church
504 Mill St., Rev. Ric Starks
Sunday Worship 11 a.m.

Mount St. Patrick
St. Patrick's Catholic Church
Sundays at 9:00 a.m.

Calabogie St. Andrews United Church
1044 Madawaska Dr. (on the waterfront) Sunday Worship 8:30am
Communion 1st Sun. of the month

EVENTS:

CALABOGIE:

GM Library Pre-school Storytime
Thursdays 10:30 am to 11:30 am
at the Greater Madawaska Library.
It is aimed at children from 0 - 6.

LIONS CLUB BINGO
Calabogie Community Centre
Wednesdays 7:15 p.m.

FALLS PREVENTION PROGRAM
Tuesdays 8:30 a.m. Barnett Cottage
Contact Susan 613-752-1540

PILATES IN THE PARK
Mondays 9:30 am Barnett Park
Contact Susan 613-752-1540

Calabogie Seniors Dinner & Meeting
Last Thursday of the month - 5 pm
Oct. to April at the Community Hall
May to Sept. Barnet Park
All seniors 55+ welcome. 752-2853

Renfrew South Women's Institute
www.rsawi.ca CalabogieWI@gmail.com
Branch meetings held at Calabogie Community Hall
2nd Thursday of the month at 7:30
Contact: Marg MacKenzie, Pres.
613-432-3105 or Hennie Schaly
Sec. 613-752-0180
Guests and new members welcome!

Calabogie Arts and Crafts
Every 2nd Monday (If holiday, then 3rd Monday), 10:00 am - 1:00 pm,
Community Hall, (\$15 per year),
752-1324

Lion's Club Bingo every Wednesday,
7:15 pm, Calabogie Community Hall,
752-0234.

The Calabogie and Area Ministerial
Food Bank 538 Mill Street, Calabogie
2nd and 4th Thursdays of the month
9:00 am to 10:00 a.m. For
emergency situations, please call
752-2201

PANCAKE BREAKFAST, Sunday Oct.2
Calabogie Community Centre.
8:00am to 12:00 noon.
Adults \$9:00 and Children \$5:00.
Put on by the Calabogie Lions Club
in partnership with the Greater
Madawaska Fire Department. All
proceeds to be contributed to
the Fire Department towards the
purchase of firefighting and safety
equipment.

GRIFFITH & MATAWATCHAN:

Seniors Fellowship Lunch at
Lions Hall, Griffith at Noon-Third
Wednesday of the month Contact
Mary McKinnon 613-333-2791
Northern Lights Seniors at the Lion's
Hall after Fellowship Lunch
General Wellness Assessment by
local Paramedics available from
11:00am until after lunch

Diabetes Outreach Program
every 3 months

Northern Lights Seniors Club,
Stone Fence Theatre & Dinners -
September 24th and October 15th.
\$22.95 per person

Euchre First and Third Friday of each
month, 7:00pm - 9pm
Contact Dennis Barnes 613-333-1488

Denbigh-Griffith Lions
SHOW & SHINE and GMSHC
Summer's End Yard Sale Griffith
Lions Hall, Hwy 41 August 27.
Saturday August 27, 2016
Classic Car Show from 10:00 a.m.
to 2:00 p.m. at the Lion's Hall in
Griffith, Hwy. # 41. 613-333-1423.
Door Prizes, Dash Plaques (First 100)

and People's Choice Awards. Music,
BBQ, Refreshments, Licensed Bar,
50/50 Draws, Special Attractions,
Lions market, Book Sale and New to
You items.
Admission: Spectators & Vehicles by
Donation. Rain Date: Sun. August
28, 2016. All vendors and exhibitors
welcome. (bring your own tables)
Contact person: Jan 613-333-1748

Giant Yard Sale during Show and
Shine
August 27, 10:00 am to 4:00 pm,
Rain date August 28, 2016, Lions
Hall, 25991 Hwy 41, Griffith. This
will be the last huge yard sale of
the year hosted by the Greater
Madawaska Seniors Housing
Corporation. The Lions Show
and Shine features Antique cars,
refreshments, music, home baking,
crafts and a BBQ

GM Lions Toll Road Friday,
September 2nd from noon until 7
p.m.

The Pickled Chicken String Band
Mondays from 5 pm to 7 pm
At the Pine Valley Hwy 41, Griffith
Bert's Music Jam Every Thursday
5 to 7:30 p.m.

AA Meetings (Alcoholics Anonymous)
Weekly meetings Every Monday.
Location: Griffith Lions Hall HWY
41 One hour meeting open to Men/
Women
07:00 PM Coffee and Refreshments

Terry Fox Run, Sunday September
18th, Griffith Building Supplies on
HWY 41. Registration 9:00 am.
Run 10:00 Church Street and Flying
Club Road 5 and 10 km. Runners,
walkers and cyclists welcome.
Pledge forms at Griffith Building
Supply, Griffith General Store,
Pine Valley Restaurant, and more.
Register on line at www.terryfox.ca/terryfoxrun/griffith

Matawatchan Hall Events:
Matawatchan Walking Club
Thursdays 9:00 a.m
Start at Matawatchan Hall

Griffith Matawatchan Writers' Guild
Every second Thursday, 7pm to 9pm
at the
Matawatchan Hall

Family Sports Nights, Tues. & Thurs.
6:30-8:30 pm Kids decide the
sport, play, have fun, and get free
ice cream afterwards. All ages
welcome!

Matawatchan Hall Pub & Open Mic
Night
October 1 at 7:00 pm
1677 Frontenac Road
Featuring The Pickled Chicken String
Band
Draft beer, wings, pizza, pickled
eggs and more. Come out and enjoy
laughs, drinks, music, food and
good times.

GM Fish & Game Club:
August 28 - OFAH Zone E Annual
Meeting 10:00am until 3:00pm,
Matawatchan Hall
1677 Frontenac Rd.

DENBIGH:

Denbigh-Griffith Lion's Club Hall
25991 Hwy 41 Regular Events:
LIONS CLUB BINGO
Tuesdays 7:00 p.m. - 8:00 p.m.

Denbigh Music in the Park/Hall
Every second Sunday from 1 to 3 pm

Denbigh Diners
Full Course Meal \$7.00
Nancy Dafoe 613-333-5164

Denbigh Hall Exercise Group:
Monday classes at 10:00 am.
Thursday classes at 1:00 pm.
TOPS Tuesday at the Denbigh Hall
Basement @8:30am Contact Mary
McKinnon 613-333-2791

10th Annual Denbigh Countryfest
September 16 to 18, starting with
Fireworks on Friday at dusk (9:30ish)
- Weather Permitting. with lots
of other activities throughout the
weekend.

NORTH FRONTENAC, CLOYNE & NORTHBROOK:

North Frontenac Back Roads Studio
Tour
September 24 & 25, 10am - 4pm
Enjoy the drive through Fall
colours and meet 13 artists
as they open their studios.
NorthFrontenacBackRoadsStudioTour.com
for details and locations.

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Drop off your large milk bags at the
Griffith and Mount St. Patrick Waste
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There is a bin for them in the office. Please do not leave them in the Donation bin, which is only for clothing. The Vennachar Free Methodist Church women will weave them into sleeping mats for disadvantaged and displaced people around the world. Please help by dropping off milk bags.

SEND US YOUR EVENTS:
Lois and Mark Thomson
The Madawaska Highlander
3784 Matawatchan Rd.
Griffith, ON, K0J 2R0
info@reelimpact.tv
613-333-9399

Vennachar Summer Adventures, Part 2

By Herbert McNaught, submitted by his nephew Bill McNaught

Herbert McNaught and his brothers, RJ, James and Earle spent the months of July and August each summer with their Grandma Nancy Ball and Uncle Herb Ball for over ten years. Before his death in 2008, Herbert wrote a manuscript of his remembrances. These are excerpts from that manuscript.

Grandfather Fred's brother, John Ball, had 4 children, Martha, Ellie, Charlie and Simon. When we lads were spending our summers at Vennachar, Simon Ball operated the general store in the village, on the north-west corner where the roads from Plevna and from Matawatchan crossed. Simon's store also served as the Post Office and Sarah acted as the Vennachar Postmistress.

The mail came three times a week on the stage, as the wagon was called. It collected the mail from the Mail Coach at Lavant Station on the Kingston and Pembroke Railroad. The 360-mile journey started west along what is now County Road 16 to what is now County Road 509 passing through Ompah to Plevna and north and west on what is now County Road



The stage coach the young boys waited for at the Vennachar General Store and Post Office would have looked something like this one at Upper Canada Village. Coaches travelled regular routes which took passengers and mail in stages from station to station, which is where the name comes from. They weren't just something dreamed up for Hollywood's version of the Wild West. Photo credit: Norm Hooper

38 before reaching Cousin Simon's store. The stage made the journey west every Monday, Wednesday and Friday terminating at Denbigh. The stage reversed the route on the other days, Tuesdays, Thursdays and Saturdays. Time of arrival for the stage was unpredictable – sometime in the forenoon between 10:30 a.m. and noon. The waiting period was wonderful for us youngsters who came to get mail, giving us time to chat or play or just fool around.

One summer Monday morning, RJ, James and I met up with the

three Hughes girls, Janet, Theresa and Olive as they came along from Uncle George's farm. They were walking to the village store to get some groceries and await the mail. When we arrived at the general store, we were surprised to see a large, white billy goat on the grass between the store and the road. (This happened before our encounter with the ram in the barn.) We were overwhelmed as this was the first and only live one we had ever seen. The billy goat was covered with a coat of long, white wool and had a short, active tail at one end and at the other end, a head with pair of large brown eyes and a set of six-inch black curly horns. What a majestic looking creature we had never seen before!

I'm not sure who got the original idea but James and I decided we should take the billy goat home to show Grandma and Mother, It didn't take much coaxing to get him to follow us across the road and without being noticed by the other children, we began the trek, me up front holding on to one horn while James followed behind to keep him going. From time to time, James would gather handfuls of grass to pass me to coax him to eat and move forward.

When we arrived at the house, we called Grandma and Mother to come out and see what we had. They were very surprised and wanted to know where we had found the goat. Excitedly, we told the whole story. We were told to take the billy goat back to Cousin Simon's at once. Grandma and Mother returned to the kitchen as they were starting to get the noon meal ready.

We didn't obey them at once for we thought we should first take him across the pasture field to show dear Aunt Annie. So off we went, through the gap in the fence, up the windy path, across the creek right up to cedar rail line fence separating the two farms. Here we faced a problem for there was no gate or gap to get across the fence to Aunt Annie's house. I recalled hearing that somewhere that a goat liked to walk across a log so I figured this goat could do the same. I removed the top rail from the fence and leaned it up against the other rails. Together James and I got the goat up the fence rail, James pushing from the rear and me pulling the horns as hard as I could from the front.

Suddenly, the billy goat decided that he had enough and reared up his hind legs, lowered his head and bunted me aside, all the time bleating the loudest angry bleats that we ever heard. Our plans to show Aunt Annie the billy goat were over. We surrendered, put the rail back on the fence and retraced our steps through the pasture to the house.

Mother saw us coming and when we arrived, she said a little more forcefully to get the goat back to Cousin Simon as quickly as possible. No more delays! Cousin Simon had telephoned about the "theft" of his billy goat. We did so and good-natured Cousin Simon listened to our account, never scolding and ended by



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MEMORIES OF VENNACHAR



Lavant Station on the K & P Line, now abandoned. Mail would be transferred from the train to the stage to be delivered to post offices as far away as Denbigh.



While it is true that goats like to climb and can climb logs and even fences, the boys found out the hard way that they will only climb where and when they want to.



Never try to push a goat or pull a billy goat. He is well armed in both directions.

saying, "Thanks for giving my goat lots of walking and a chance to see the countryside!" We never saw the billy goat again, figuring that perhaps Cousin Simon gave him away or hid him in the field behind his store or tied him up in the shed.

There was one unexpected consequence of this adventure. A billy goat has a strong, acrid characteristic smell. Both James and I "caught" this unpleasant smell on our clothes,

hands and legs. When we returned home, we had to strip off our shirts and pants to be washed followed by a good, hard wash of our bodies with soap and water before we could sit at the table for lunch.

So the moral is - Don't get too friendly with a billy goat unless you don't want to eat your lunch.

VENNACHAR - DENBIGH DISPATCHES

By Angela Bright

*The United Church organized a morning of kids crafts on Wednesday, August 10th. Over a couple of hours, they were each able to complete three pieces; a memory verse stone, a blessing catcher and a prayer pail. There was much talk around the table while they were working about how their summer was going and who, if any, was looking forward to going back to school. After all their hard work and visiting, they snacked on cookies and juice. Many thanks to those who arranged and prepared for this kids event.

***This Saturday, August 27, the Denbigh-Griffith Lions Club will host the 9th Annual Show & Shine, Classic Car Show** from 10am to 2pm at the Lion's Hall in Griffith, 25991 Hwy 41. There will be door prizes, Dash Plaques (First 100) and People's Choice Awards along with music, BBQ, refreshments, licensed bar, 50/50 Draws, special attractions, Lions market, book sale and New to You items. Admission: Spectators & Vehicles by Donation. The Rain Date is Sunday, August 28. All vendors and exhibitors welcome (bring your own tables). Contact Jan 613-333-1748.

***The 10th Anniversary Denbigh Countryfest, will take place September 16-17-18.** Friday, September 16th at 7pm is the Café and Music at the Hall, with licensed bar. The Air Rifle Target Shooting Competition will be at Heritage Park, registration at 6:30pm, competition begins at 7pm. The canteen will be open. A fireworks display will be set off at dusk, conditions permitting. On Saturday the 17th at Heritage Park, the canteen opens



Diane Chase sings country songs and various characters entertain the kids at Denbigh Countryfest Sept. 16 - 18

at 10am, Logging Games Registration for adults and children(10 to 15) is 11am, with games starting at 11:30 for children and 12:30 for adults. Beginning at 11am, the kids can get in on the fun for \$2.00 with games, crafts and Cub Car races @ 1pm. If you would like to be part of the arts and crafts display, and for vendors, contact Alice at 613 333 9542. Saturday evening at the Denbigh Hall, 5- 6:30 pm is the BBQ Beef Dinner. Cost is \$14 for adults and \$5.00 for ages 4-12. At 8pm, catch Diane Chase, a country and western recording artist in concert. Doors open at 7:30pm, tickets are \$10. Contact Susan & Mark 613 333 9462. A licensed bar will be open from 4:30 pm until the end of the concert. The Horse Pull will happen on Sunday the 18th at Heritage Park, 12 noon. The canteen opens at 10am. Admission is a \$10 wristband for the weekend, with a chance to win \$100, or \$5 each day. Children 12 and under are free. For general information or questions contact Susan 613 333 9462.

Contact me with news and updates bright.a@gmail.com

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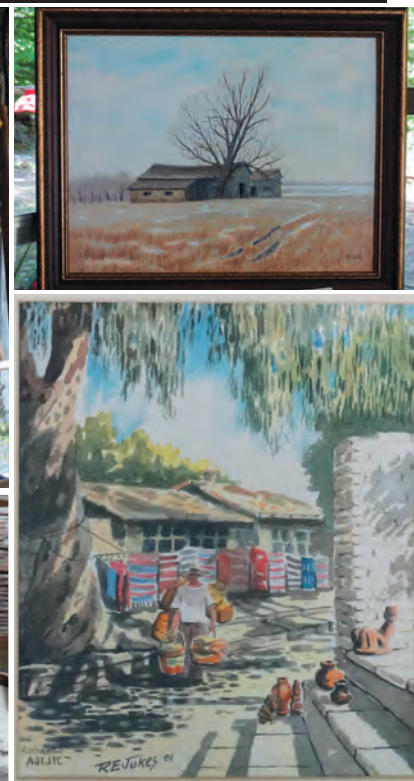
Art in the Woods

By Ernie Jukes of Camp J

Most folks certainly do not view art as an investment. You usually buy a painting because you love it and want to own it...you have a spot for it on your wall. Or it holds a special interest for you in one way or another. Not as something in which to speculate like a commodity on the stock market. Art is both visually attractive and intellectually engaging. It warms your senses and coddles you... and tells you a story.

Many drawings and paintings today are not only becoming more abstract but may be considered simply decorative. It may sound like a cliché but today's world in so many areas is becoming less valued and much simpler. Some of our art here in our Madawaska Highlands extends our history of log buildings and sawmills and reminds us of the river men and loggers. Some of it picks up on the hunt, the canoe, the colours of autumn in our highlands or the hollyhocks in our country gardens.

We do know that our country's natural splendour sparks artistic inspiration and imagination that encourages a great wealth of creativity. We are more than blessed to have the world's last frontiers offering the greatest out of doors... coast to coast to coast. Like it has in the past particularly since the Group of Seven broke the European yoke of what was considered art. Most of us can and do enjoy our woods and waters in so many ways. The artist has the opportunity to take some of it away with him to his



studio and gallery for you to share with them. Without art, life would be a bore.

My own pleasure of becoming an artist was due to studying with some of the best professors of art and design and art history in North America at the Ontario College of Art, now OCAD University. We studied anatomy and fine figure drawing with instructors like John Alfsen, also perspective and architectural renderings, museum studies and ancient creators, graphic design and painting in all mediums. These four years of intense training and the many years of practice since, are still evidenced today in my stu-

dio works and with any of my students here and in Mexico. I've reached the age now where I'm seriously thinking about what I'll be when I grow up.

So much has been written about Tom Thomson and his cronies, Arthur Lismer, A.Y. Jackson, Lawren Harris, and others. who called themselves The Algonquin School. They painted around here about the same time as my Dad rambled this part of our huge province with tent and canoe. An old farmhouse near Palmer Rapids on the Madawaska was painted by a member, A. J. Casson. Evidently he stayed there and it became

known as Wingle Inn due to it's location on Wingle Road and can be reached off the road to Schutt. Alfred Joseph Casson also founded our Canadian Society of Painters in Watercolour.

In modern times, let me tell you about walking down a colourful street in Mexico one February afternoon. As I looked ahead I saw a familiar figure in the shade of the purple Jacaranda trees coming straight toward me. Yes, it was Jim Boyd an artist amigo from Matawatchan, where we had respected one another's work. He was in San Miguel de Allende to teach at the Instituto. Over a

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THE VIEW FROM HERE



Welcome to Camp J

cool Margarita we reflected on the comparative cultures of our hosts but agreed there was still something special about our wildlife and wilderness. By the way, Jim created "Les Yeux", those huge eyes on the side of MacDonald Hall at the University of Ottawa. He was also Chief of the Scots Clan Boyd in Canada and will be missed for his wit and many other capabilities. Friendship is also an art form.

Art in the woods reminds me too of the many pieces that I have done while Roving in the bush for Caribou in Labrador or Hudson Bay tundra for Char. But especially of canoeing deep into the Kabenung Hills high over Lake Superior to hunt Moose. Coincidentally this part of Algoma was also a treat for the Group of Seven to paint. We would pass by "Star Island" and portage dozens of beaver dams climbing high into this big, beautiful, back country to bivouac on a mountain side. Here I would paint while calling Moose and we would have a wee art show with dinner. Most of these sketches and lots of moose meat remained with our six members that lived in Arizona, New Brunswick, Michigan and Ontario. Most of our group are still living. If you ever get to Wawa on your way to White River, near Pukaskwa Park you are getting into this grand part of Ontario Woods. Hone your survival skills before you penetrate... some visitors never come back out.

When I talk about ART IN THE WOODS I also talk about my own CLEAR OUT SALES coming up on the next Two Holiday Weekends at my own studio gallery. You may enjoy these showings in our log cabin residence at old Camp J. This is easily located at 1748 Frontenac Road between the Church and the Hall in Matawatchan. Two more shows and we will close our gallery doors. Visitors will view these much reduced prices on originals and prints. See scenery and wildlife, canoeists and hunters doing their thing, figures painted from life and streetscapes and buildings from here and there. You may recognize the area's sawmills and river views of yesterday.

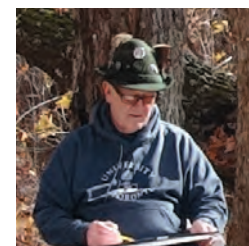
These last two ART IN THE WOODS Shows take place August 6, CIVIC week and September 3, LABOUR DAY. Large and small, some paintings are framed, others matted, ready for your cottage, home or office. We are also open most weekdays and invite you to call for a private viewing anytime (613) 333-2350. Commissions are also considered.

When I speak about Art in the Woods I also recognize the other painters in the area. Some have taken lessons from me over the years, others are just gaining an interest. I wish them all well and will continue to support them in the future. Drawing from nature is so accessible here I would suggest all media be used before they are lost. I suspect that

drawing itself is being lost...this may be more than broken pencils...which would be pointless. Ha! Pen and Ink is almost gone, Acrylics is working well, thanks to Fred, Watercolour painting needs aid but Cathy is working particularly well with her oils. Perhaps we will all get together for a Paint In next summer.

Art makes it all worthwhile....

Yes... Art In The Woods Matters.



R. Ernest Jukes
For 65 years, Ernie has been an artist in residence in Matawatchan at Camp J, collecting

a rucksack of tales and preserving stories of people and happenings in the Highlands through many publications including his books and for The Highlander since its inception. His donated paintings of our valley and records of our fire tower may be seen in "The Wall in the Hall Museum" in the Matawatchan Hall.

Tuesday Pizza Night ~ 4pm - Close
Wednesday Wing Night ~ 4pm - Close
Sunday Brunch ~ 9am - 2pm

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Getting your Bearings in the Wild - Google Street View Doesn't Work Here!

By David Arama

On average, more than 12,000 lost persons reports are filed with the authorities across Canada annually. Likely, it's double since many lost folks simply turn up, and a report is never filed. The acronym for LOST is "Learning Orienteering Skills The Hard Way", and in the majority of lost person incidents, the individuals had no compass or map, or handheld GPS unit.

We recommend that you carry a combination of magnetic compass, appropriate maps/charts, and hand-held GPS, when venturing into the wilds! Compasses can be accurate to one degree, and GPS units to one meter.

Selecting the Right Compass

It's important to select the appropriate compass for use in the wilderness. While a standard magnetic compass with a clear base will work, I would recommend a Silva Ranger or SUUNTO MC-2 since they have a housing cover with mirror and sighting notch that improves accuracy when sighting a bearing.

A typical North American magnetic compass has a red magnetic needle that points to the north magnetic north field located in the high Arctic. To use the compass, dial the selected bearing, e.g. 90 degrees east, and park the needle into the north orienteering arrow (located in the round needle housing), then sight an object (tree, rock etc.) using the direction finder or sight mirror notch, and go!

To learn how to take a corrected map bearing (adjusting for magnetic declination and deviation), I suggest taking one of our orienteering courses.

Using a Compass that has a Mirror

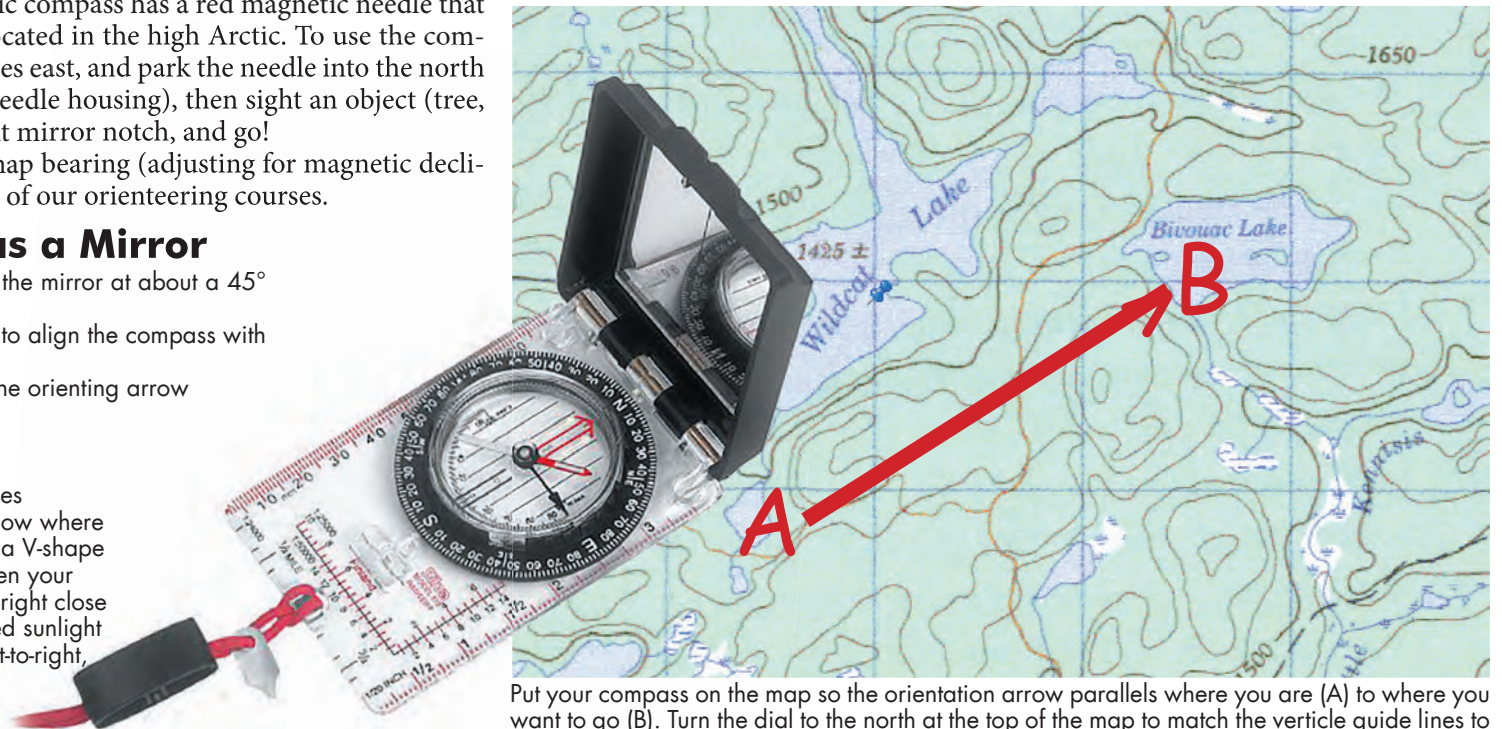
- Hold the compass level, at arm's length, with the mirror at about a 45° angle.
- Use the sighting notch at the top of the mirror to align the compass with the target.
- Looking into the mirror, turn the dial to align the orienting arrow with the North needle.
- Read the bearing from the index line

The mirror also lets you signal over long distances by flashing sunlight reflected in the mirror. To know where the reflected light is directed, use two fingers in a V-shape at arm's length so that you see the target between your fingers. Then, keep the open compass mirror upright close to your eyes and turn the mirror until the reflected sunlight hits your fingers. Then, by rotating the mirror left-to-right, you can create a flashing signal in the desired direction.

Calculating a Compass Bearing

For accuracy of one degree, or within 17 meters per kilometer, you should take a precise compass bearing using the following steps:

1. Choose an A to B bearing on a topographical map
2. Line up the baseplate with the A to B (making sure the direction of travel arrow is pointing from A to B)
3. Rotate the housing (round bezel) so that the orienteering north arrow points to the top of the map (and a grid line in the housing onto a grid line on the map)
4. The map points to True North, the compass points to Magnetic North. Correct the bearing by either adding or subtracting the magnetic declination. If you are anywhere east of Kenora, you add, and if west of Kenora, you subtract.
5. Park the magnetic needle into the orienteering arrow (park the red car in the red garage)
6. Then, sight a tree or object, and go point-to-point on your bearing.



Put your compass on the map so the orientation arrow parallels where you are (A) to where you want to go (B). Turn the dial to the north at the top of the map to match the verticle guide lines to get your bearing. Be aware that the Earth's magnetic pole shifts all the time. Geographic North, which we base maps on, never moves. To compensate, you need to know the difference in degrees between where you are and True North. It could mean the difference between finding the lake or heading right past it. You should do this before you head out. Some maps will have a figure such as 15 degrees, or -15 degrees. If it's a positive number, add it to the bearing you just read off the compass. If it's a negative number, subtract it.

Not all Maps are Alike Map Selection and Reading

Maps come in many types and scales. Land-use Tenure maps show where Crown Lands (available for Ontario at Backroads Map Company) are located, and other uses e.g. parks, private lands.

Topographic maps detail everything above water, and Nautical Charts show what's below water, e.g. danger areas, markers.

Scales such as 1:50,000 are commonly used for outdoor pursuits since they are fairly detailed. Hunters use more detailed 1:10,000 topos. Aviation utilizes 1:250,000.

I prefer mapping software, for the convenience of printing anytime, and the low cost compared to buying full-sized maps at \$20 each. Fugawi and Softmap software are 1:50,000 mapping, and also available are Provincial Base maps, OFSC Sledging Trails, Off-Road. Trails, and Nautical C-Charts.

It's important to get to know the symbols and details e.g. magnetic declination, map datum etc. on maps.



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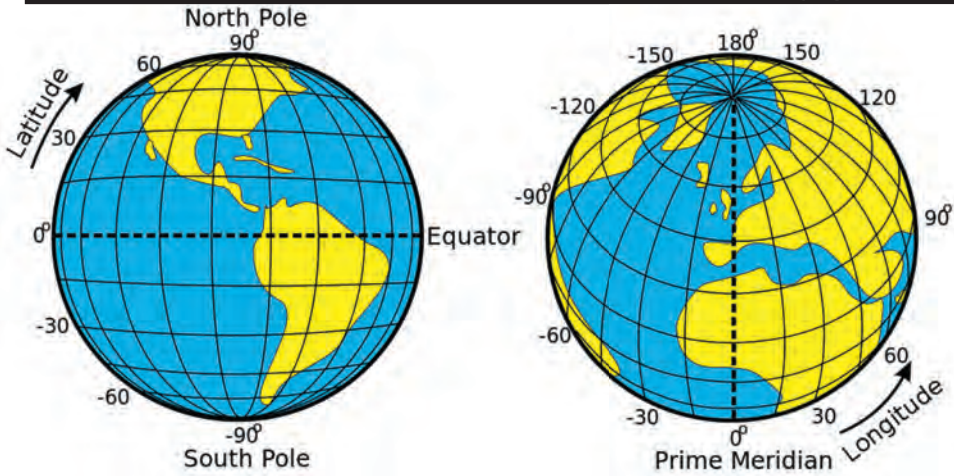
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The international coordinate system uses Latitude/Longitude, in degrees, minutes, seconds (60 seconds in a minute, 60 minutes in a degree). You can take a latitude/longitude reading from a GPS unit, and plot it on a topographical map, and you can also obtain a lat/long from your map (if you can point to where you are on the map). These are valuable tools for emergency situations.



I prefer the Garmin-62 and 64 pushbutton models, and for sledding or ATV'ing, the Garmin Montana and Oregon touchscreen models. Make sure that the GPS unit you select has a coil antenna (avoid patch antennae).



GPS Selection, Go-Tos, Marking a Waypoint - Thousands of people become lost or stranded in rural and wilderness regions every year, across North America, as a result of relying on automobile GPS Systems, or trusting coordinates found on websites like Google and MapQuest. Always double check a physical map when traveling in remote and rural regions since many of the coordinates for points of interest found on the Internet are in error.

Hand-held GPS Units, on the other hand, are fairly reliable and accurate, and likely prevent many lost person incidents. However, you should always carry a backup magnetic compass and physical map just in case the batteries die, or if the unit experiences microchip failure. Get to know the buttons, pages and menus prior to heading out into the wilds, and carry extra alkaline and/or lithium batteries.

Free Topo Canada software is available at "IBYCUS" www.ibycus.com and National Geographic for the US <http://www.natgeomaps.com/trail-maps/pdf-quads>

Making/Saving a Waypoint - You can save a waypoint to the menu, by clicking the "mark or save button", and naming the point eg. parking lot, starting point. Always make sure that you first have good satellite reception. Some proprietary software, e.g. Garmin Topo Canada, contains many pre-loaded points of interest, such as gas stations, motels, hospitals.

Finding/Go-To a Waypoint - Simply hit the "find or go-to" button, and select the waypoint you wish to go to. Using the "Moving Compass Screen, follow the trip pointer to your destination, and also make sure on the trip computer that the "distance to next" is reducing.

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If you use your analog watch to find South, remember that South is almost always at the bottom of any map, not the top as it is on your watch. That means it's all upside down and East and West are also reversed. This is the opposite of a compass, which is a very important thing to keep in mind if you are lost and anxious.

Your Watch is a Sun Dial - Aim the hour hand of an analog watch at the sun, halfway from the hour hand to twelve noon on the dial is south!

Also, you can keep the sun to your back in the morning and walk west, etc. The sun methods are for general headings, and aren't precise like a compass or GPS.



The White Pine Compass - White pine trees are wind swept by the northwest winds, and tend to bend south-east as a result, and can be used for basic navigation to a road or lake.

My new book, "501 Survival Tips that Could Save your Life", is available at major bookstores and Amazon.com. (\$21.95)

Always be prepared and know where you are!
Or as the search and rescue folks say,
"Support search and rescue.
Get lost!"



David Arama
 David is the owner of Marble Lake Lodge, and WSC Survival School Inc. David has appeared on numerous outdoor survival reality shows eg. Survive This YTV, Bad Trips Abroad T + E, and offers a variety of training courses and camps.

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Griffith Terry Fox Run makes "Top 20 Runs" in Ontario

By Geoffrey Cudmore



Last year our Terry Fox Run in Griffith made the "Top 20 in Ontario" honour roll in two important categories. When the Terry Fox Foundation evaluated the 2015 results from the over 220 run sites in Ontario, Griffith ranked 12th overall for the amount raised per participant (\$181.00!) and 13th overall for percentage increase in funds raised (57%). While participants like Scott MacDonald, Brigitte Hoffmann, and our own Team Cudmore had modest increases, this success was in no small part to the extraordinary efforts of Pat Strong and Gary Guilemette who between them raised over \$2,200 of our almost \$5,500 total.



This small but mighty crowd made the Top 20 in Ontario honour roll for amount raised per participant and percentage increase over last year. Make your pledge and come join them and help them top the list this year.

This year's event takes place on Sunday, September 18. Pledge forms and information are available at Griffith Building Supplies, The Pine Valley Restaurant, and the Griffith General Store. You can also register and fund raise online at <http://www.terryfox.ca/terryfoxrun/griffith>

As in previous years, Griffith Building Supplies will generously provide their facility on HWY 41 as our home base. Registration starts at 9:00 am, with the "Run" starting at 10:00 am. Once again our runners, walkers and cyclists will follow the picturesque 5 km or 10 km route starting at Church

Street and Hwy 41, and then out and back along Flying Club Road. Water will be available at the 2.5 km and 5 km turnaround points.

There is no entry fee and no requirement to raise a certain amount of funds to participate. This event is

 <p>Century21 Eady Realty Inc. Brokerage 29 Raglan St. Renfrew 613-433-2254 www.vincentjohnston.com</p>	 <p><i>My heart is in the Highlands. It's where my family comes from and where I like to be. I promise to do my best to ensure details are looked after and everyone is satisfied with the sale. You can trust me to list your home and help you find your dream property. New listings welcome!</i> - Vincent Johnston, Sales Representative</p>	<p>OWN BLUFF POINT!</p>  <p>210 Bluff Point Calabogie Lake. Stunning sunsets. All day sunshine! 1.73 acre lot. Custom built, fully finished home. Perfect for B&B MLS 952436 \$999k</p>	<p>WATERFRONT LOT!</p> <p>00 Black Mountain Centennial Lake Waterfront 1.7 acre Building Lot in its natural state. Hydro and Bell already in place. Gentle slope \$144,900 MLS 980197</p>
<p>40 ft HURDS LK FRONTAGE!</p>  <p>25 Lakeside Way, Hurds Lake. Freshly renovated. Finished basement. 40ft of frontage on Hurds Lake MLS 970989 \$249,900</p>	<p>HOME PLUS 3 COTTAGES PRICE REDUCED!</p>  <p>5691 Matawatchan Rd. 4 buildings on large lot. Hydro lease in place for Madawaska River use. Perfect for family or project. MLS 961408 \$149,900</p>	<p>COUNTRY WEEKEND GETAWAY!</p>  <p>3199 Matawatchan Rd. Affordable private getaway. Creek running behind. Needs some finishing MLS 963220 \$79,900</p>	<p>PEAKS VILLAGE CHALET!</p>  <p>46 Viewmount, Ski Chalet in Peaks Village. Deeded Access to Calabogie Lake. Open concept main floor. Main fl. bed and bath MLS 983492 \$294,900</p>
<p>WATERFRONT BUILDING LOTS!</p> <p>00 Centennial Lake, Centennial Lake Waterfront MLS 957962 \$59,900</p> <p>519 Barrett Chute, Calabogie Deeded access to shared waterfront lot MLS 934067 \$44,000</p> <p>00 Jim Wallace, Calabogie Lake Deeded access to shared waterfront lot MLS 957962 \$59,900</p>	<p>MADAWASKA RIVERFRONT!</p>  <p>5707 Matawatchan Rd. Newer 3 Bedroom close to Griffith. Insulated foundation. Finished Basement. Hydro Lease for waterfront MLS 961414 \$239,900</p>	<p>BLACK DONALD WATERFRONT!</p>  <p>24 Artesian Ln. Gorgeous bungalow open concept living area, finished bsmnt, detached garage, full length deck up and down MLS 1019662 \$549,900</p>	<p>580ft ON CALABOGIE LAKE!</p>  <p>Private 3 bed cottage over 4 acres. Bonus living space w/separate entrance. Large rms, large deck, gorgeous views MLS 1003812 \$599,900</p>
<p>CALABOGIE VILLAGE LIVING!</p>  <p>594 Mills St. Calabogie. 3 bed, detached garage on large lot in the center of the village, just a short walk to the water. MLS 1020360 \$159,900</p>	<p>MADAWASKA WATER & VIEWS!</p>  <p>102 McVicar near Burnstown, 2 separate lots 198ft total frontage. Beautiful views, great privacy, detached garage MLS 1001786 \$299,900</p>	<p>ZONED HWY COMMERCIAL!</p>  <p>5118 Calabogie Rd. Great for your business idea. 1.9 acres, High traffic area, Calabogie Peaks in view. More Commercial Land available MLS 1023615</p>	<p>CENTENNIAL LAKE WATERFRONT!</p>  <p>41 Cooper Hill Rd. with paved road to driveway and close to Centennial Lake Road, Det. garage and lots of outbuildings. MLS 1022806 \$394,900</p>

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These guys put the fun in fundraising as they walk, run, cycle and wag around the scenic route - for Cancer Research

Sunday, September 18
Registration starts at 9:00 am, Run starts at 10:00 am
5 km or 10 km Run, Walk, Cycle, Wheel...
Register and fund raise online at <http://www.terryfox.ca/terryfoxrun/griffith>

non-competitive, and is open to anyone and everyone. While the emphasis is on raising funds for innovative cancer research taking place at a number of hospitals and research facilities around Ontario, Terry Fox Runs are also a chance for cancer survivors to celebrate, and those of us who have lost loved ones to cancer to honour their memory.

This year Team Cudmore will be running in memory of my sister Jane, who passed away in March of this year, and we will be thinking of our Airs Lake neighbour Annabell Marshall who passed away in May.

Who will you be "running" for?

 EADY REALTY INC. Brokerage	 Kelly Derue , Broker 29 Raglan St. Renfrew Phone 613-433-2681 Fax 613-432-8476 Email kelly.derue@century21.ca www.kellyderue.com	Thinking of Building? 3 lots on Rosebrugh Rd., Greater Madawaska starting at \$24,900 2 lots Burnstown Rd. in McNab/Braeside \$44,900 each Building lot in Renfrew \$49,900 Take the First Step!
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It All Started with the Pioneer Club

By Marcella Neely

In the beginning we were known as the Pioneer Club and operated as such from 1972 to 2001 when we incorporated and received charitable status as a not for profit organization. The Pioneer Club was inspired in 1972 during a kitchen table conversation between Elsie Snider and Nadine Brumell. Then, as now, the concern was preservation of local history. They rallied more interested residents and held their first meeting in November 1972. The group consisted of Andrew and Elsie Snider, Nadine Brumell, Clarence and Ruby Bishop, Oscar and Elizabeth Meeks, Ada Levere, Irvn and Gene Brown, Alf and Geraldine Wickware, Sara Perry, Arligh and Mildred Maitland and possibly others. Their mission to preserve local history resulted in the production of a book of stories and poetry. You know it as "The Oxen and the Axe". Most homes cherish their copy and it continues to be a best seller on line and in the museum. The pages relate stories of hardships, determination and resilience of early settlers. Gene Brown contributed several poems. Shared here is a rather humorous one called "Election Time".

Election Time

Poem by Gene Brown

We just got back from the local polling booth
 And helping Mom in from the car, she said to me,
 "It seems to be so tame a thing these days, somehow,
 From what it was in Grandpa's day.
 I well remember him and those pals of his
 A-telling of the early days of voting in these parts
 When all this North part was a sort of no-man's-land
 For politicians and the like.
 My how they'd laugh about the carryings-on.
 If such things would be done these days
 There'd be some fancy howdy-do, I'm telling you.
 The story most they laughed about
 Happened oh so long ago it's likely been forgot
 By all but just a few of us older ones.
 It was when he was just a lad
 And his folks just moved in the settlement.
 'Wall, you young folks jist don't know
 Bout all the fun that comes with votin' time.
 Why I kin' member when the very first they 'lowed
 Us folks back in the Northern Wilderness
 Could have a say in anything a-doin' out The Front
 An' when that got spread around out there

The Pioneer Museum in Cloyne began as The Pioneer Club in 1972 and has grown a lot since then. The museum is open daily from 10am to 4pm

There was some folk as sent back word to any
 Orange Protestants to not set foot out there to vote
 Or all that would go crawling home
 Would be their carcasses plugged full of holes.
 Now I'm a-tellin' you that got our dander up
 An' 'fore you knowed it them young fools
 Had talked themselves into bein' fightin' men
 An' a wagonload of them set off on 'lection morn
 Afore the sun was up, an' all were vowin' loud and clear
 They'd git their vote or there'd be fur a-flyin'
 Mighty thick out there.
 They all meant well fer good sturdy lads they were,
 But when Eldon's brother got himself shot up
 It sorta took the starch right out of them somehow
 An' back they come all scared and sorry like.
 All Eldon said, when they brought his brother back like that
 Was them out-front fellers would find out a thing or two
 Should they stick their faces back this way
 'Specially any kin of the Brady that had done the deed.
 He bided well his time an' one night late that fall
 He'd gone down to the settlement
 To spend an evenin' at the bar with all his pals.



A 1942 reunion of Sawyer Stoll loggers and mill workers, not the same rough bunch as in the poem.



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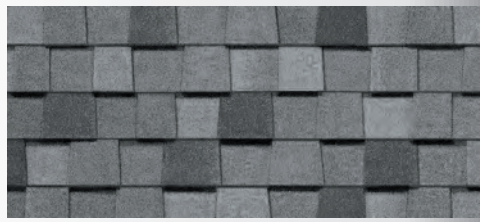
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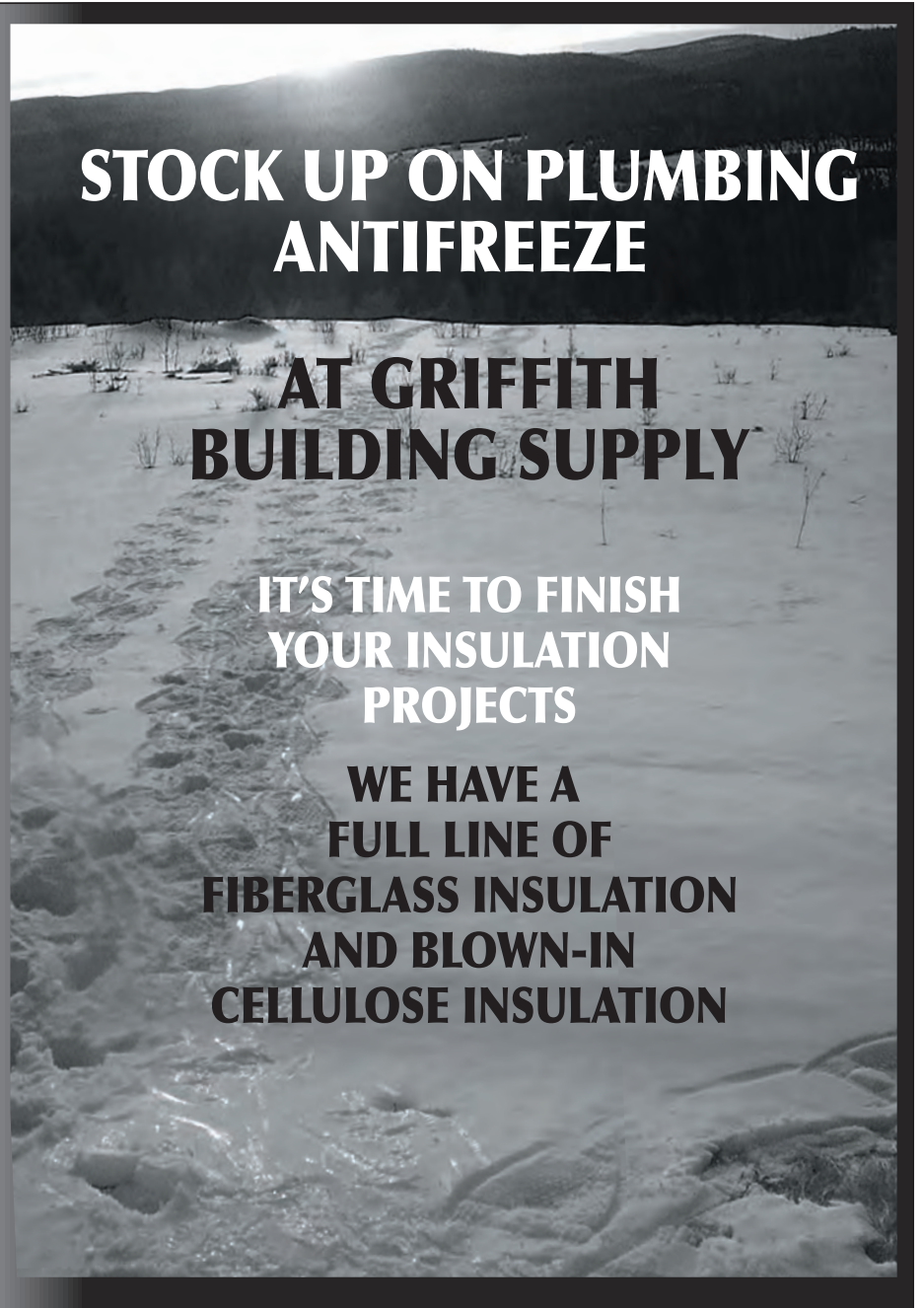
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‘Twas “Shanty-gatherin’ Time” an’ he and all the lads
 Were waitin’ fer the word from Gilmour’s hirin’ boss
 Afore they started in fer the winter’s work.
 Hadn’t more than had a snort or two
 When in walked some shanty-men a-headin’ back
 To camp somewheres themselves;
 They shoved up to the bar a-sorta cocky like
 A’ ordered up a round.
 Our lads jist set back quiet like a-bidin’ time
 A-wonderin’ jist who they were an’ where they hailed from
 When in come one of the lads whod’ been
 On that wild votin’ trip last spring.
 He sat down with the rest of us an’ started sizin’ up
 The strangers same as we had been.
 He kept a-squintin’ at one lad fer quite a spell
 But when that lad turned ‘round an’ put his elbows on the bar
 Threw back his head an’ started up a shanty song
 He quick came up to Eldon’s side an’ whispered in his ear
 “If that ain’t that there Brady lad what shot yer brother down
 Election Day, it’s some close kin o’his’n
 I’d swear upon my Mother’s Bible book.”
 Twas all that Eldon needed then to start the party rollin’.
 He waited fer the lad to end his song
 Then asked him quiet-like
 “Be you a Brady man from out the Front by any chance?”
 “Why yes,” he says, “Me name is Brady
 An’ what’s that to you bye anyhow?”
 “A dirty Brady shot my brother down last spring
 On ‘lection day, is what it’s all about me lad
 An’ I vowed then he’d pay an’ pay he will or my name’s
 Not Eldon Green.”
 Why ‘fore the rest of us could catch a breath
 He had that feller by the neck
 An’ shoved him out the door, while all the time
 The poor lad was a-tryin hard to say that ‘twasn’t him
 That fired off the shot, but Eldon ‘lowed that
 Any Brady was as good as t’other was to him.
 They jist got past the light a-shinin’ from the barroom door
 When Brady he broke free an’ started leggin’ up the road

With Eldon right behind his heels,
 The rest of us a-trailin’ on like Jim Brown’s cows.
 He didn’t git too fur, ‘till we could
 Hear a scuffle and a yelp,
 An’ by the time we reached the spot
 Why Eldon had that lad strung up
 By that long woodsman’s sash of his’n
 Around his neck an’ over top the nearest limb.
 Some of us wrestled Eldon to the ground
 Whilst others cut pore Brady free
 Afore he choked to death for shore.
 Back we straggled to the bar
 But Brady’s pals all gathered up their gear
 An’ slipped away into the night.
 “I reckon’s how our lads kin vote
 Wherever they’ve a mind to now”
 Says Eldon, quiet-like, an’ that proved true
 Fer come election time agin
 We had our own poll clerk an’ ballot box.
 We’ve had our times a-funnin’ since,
 But can’t say as this settlement forever will
 Fer all its days, fergit the “Hangin’ of the Brady Kin”.



Left - 1942 reunion of Sawyer Stoll loggers
 Above - Sawyer Stoll loggers at work. They would be known as shanty men, as described in the poem. It was tough, dangerous work.



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Sleep and Health

By Susan Veale

When I was in my second year of university, Kinesiology students seemed to get the early morning classes. I think the Registrar's department thought we were all up early training for some athletic event. One day in my early morning physics class, as students were entering the lecture hall and finding their seats, the professor was standing at the front randomly pointing out various students then putting a mark on the board.

Of course, once we noticed his bizarre behaviour, we wondered what on earth he was doing. After about ten minutes of this counting, he had a large number of marks on the board and revealed to us he was counting how many times students were yawning. His little study prompted us to be more aware of the possibility of sleep deprivation and of course his suggestion was to get more sleep.

It turns out that yawning doesn't necessarily indicate that one needs more sleep, it could also be a stress marker, it could be a need to stretch the muscles in the face and mouth and it certainly has a social component to it. Just watch someone yawn and see what happens!

But what does indicate that we may be sleep deprived and how does that impact our health?



Our reactivity is usually a good indicator of our degree of tiredness. The ability to cope with stressful events in daily life becomes more volatile when we are sleep deprived. This then becomes a bit of a "merry-go-round." The less sleep we get, the more stressed we become and the more stressed we become, the less sleep we get.

What causes someone to toss and turn trying to get to sleep or waking up at 3am or 4am and not being able to get back to sleep?

There is no one answer to this question. Many different variables in-

fluence the ability to sleep including hormones, sickness, life events, efficiency of digestion and food choices consumed before bed.

Although we may not know why there are sleepless nights, research can tell us how our body deals with this robbery.

One impact lack of sleep has is on our immune system. Our ability to fight off viral, bacterial and fungal infections becomes less capable with more sleepless nights. Also once you get sick, your ability to recover is influenced by the amount of sleep that the body receives.

Research has shown that when we are fighting an infection, immune system activity may cause us to sleep more and conversely, when we sleep more, the immune system becomes beneficially more active.

Other ways that the body may be affected from lack of sleep are:

- Higher risk for heart disease, stroke, diabetes, high blood pressure and irregular heartbeat
- Increases memory loss and decreases cognitive function
- Visual acuity
- Decrease in sexual drive
- Increases the possibility of accidents
- May increase aging affects on the skin

What can we do to help increase our sleep time?

- In the evening before going to bed, have some calming tea such as chamomile, valerian or lemon balm
- Turn off electronics before bed time including television, laptops, tablets and cell phones
- Read a passive friendly book before turning out the light
- Have a glass of water 30 minutes before bedtime

And one of the most effective practices for better sleep is that of Mindfulness Meditation. Bringing your awareness of the "Monkey Mind" to a place of distraction by noticing the breath.

Mindfulness has been shown to help increase sleep cycles so that a deeper more fulfilling sleep can be reached. If you find that sleepless nights are robbing you of daytime activity, I welcome you to learn more of Mindfulness Meditation and how it may help you.

I have a new eight-week program starting in October. For more information, call me at 613-752-1540 or visit: www.calabogiemindfulnessmeditation.com

**Susan Veale, BSc. KIN
Natural Health Practitioner**

Susan Veale, BSc. Kin., is a trained Mindfulness Meditation teacher, Kinesiologist, Pilates Instructor, Author and Natural Health Practitioner at Wellness Natural Health Centre in Calabogie ON. Her "by appointment" private clinic offers services of nutrition, soft tissue massage, energy medicines, homeopathic drainage, natural health products and mindfulness healing therapy for individuals and groups. Learn more: www.calabogiemindfulnessmeditation.com www.wellnessnaturalhealthcentre.com



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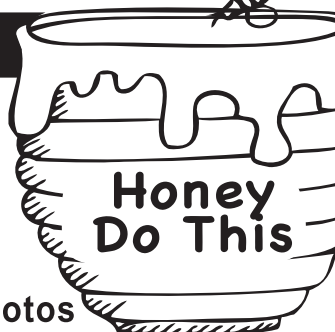
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Move Over Abel Magwitch

By Antonia Chatson

A couple of years after the time my mother and I got out our guns to scare off scary people (As described in "Shoot Out at the OK Corral" in the June-July issue of the Madawaska Highlander), we had a more serious incident with intruders. Our springer spaniel had died and we wanted another dog. But this time, we decided that we should get one that meant serious business. My mother and I went to a local pound and there we saw the most beautiful Alsatian shepherd who was just six months old. Knowing what that breed was capable of, we decided to take him on.

He was a lovely companion to us, most affectionate and loyal, to us. He was an excellent vocalist and joined vociferously in our singsongs and was especially fond of pieces in minor keys. He was exceptionally fond of ice cream. We could go to the fridge a thousand times a day and he would never move or raise an eyebrow, but if our intent was to get some ice cream from the freezer section, he was there in a jiffy, waiting at our side, for his bowl of it. However, after an incident with the paper boy, when he ran out of the back yard and jumped on the poor unsuspecting lad, knocking him flat on the ground, my parents had to fence off the back yard in which to keep him. Once at the farm, when I was running, he lunged at me with his shoulder and knocked me flat and sure winded me. And anyone going in and out of our neighbour's place was greeted with violent barking. We finally felt that we had got a perfect watch dog for the farm. He was always on the alert and always active, so I named him Tigger as he was so bouncy. My mother wanted to post a sign at the end of the driveway at the farm with "Belson" written on it, so if the sign didn't scare any intruder the dog would. I voted it down as being in bad taste.

Well, it was late autumn and my mother and I had gone to the farm on Friday afternoon by ourselves again. We got to Shelburne in time for a visit to the bakery and to the farm in enough time to get wood in, a fire lit and we settled in for the long evening ahead of us. The shutters were already closed as we left them that way during the week now, so it was just a matter of securing the back door, double bolting the front Dutch doors, lighting the lamps and settling in for the evening. My mother usually knitted and I did my homework and read after we had finished our supper.

Friday evening passed uneventfully and so did Saturday during the day. We busied ourselves with going to Shelburne with the trailer and getting a load of hardwood slab wood, throwing it down cellar and stacking it. I usually got in a long walk and a chat with the cows and some digging



Abel Magwitch is a fictional character from Charles Dickens' 1861 novel, *Great Expectations*, but that story has nothing on Antonia and her mother's real life experience at the farm house that night...

in the garden. It got dark early so we shut up shop, had a leisurely meal and settled in to our nightly routine.

About 8:00 o'clock, Tigger, who had been lying peacefully under the kitchen table, started into a low, long, guttered growl. My mother and I looked at each other questioningly. The dog soon settled down, so we returned to our reading and knitting. But not for long. This time, his growl was louder. Tigger slowly rose up and stalked out from under the table. His teeth were bared in a snarl and the hackles on his back were standing on end - and by this time, so were mine. He continued his progress towards the front door, stood about six feet from it, then lunged at the door with his shoulder. He did this several times, before backing off. Then he stood still eyeing the door suspiciously. He finally returned to us with several backward glances towards the door, and lay down again.

My mother and I didn't know what to think. We knew that these dogs had a protective nature of their territory, but we had never seen him so vehement before. The thought did run through our minds that the dog might be going berserk, but it quickly left, leaving us with a much more disconcerting thought that there really must be some threat outside the door. Well, I thought, his antics certainly would have scared away any intruder. But within ten minutes, he was up and at 'em again, but this time his focus was the back door. So much for that theory. Once again, through violent growling and barking, he threw himself repeatedly at the back door. When he had finished there, he returned to the kitchen, but now he was checking the windows. He would jump up with his front paws on the sill, sniff, then growl. Through this we

were able to trace the progress of the outsiders. After Tigger had checked the windows, he remained standing in the middle of the kitchen, his ears cocked, sniffing the air, looking around and periodically attacking one door or the other.

By this time, my mother and I were very nervous. We decided to go upstairs, double locking the door at the bottom of the stairs to see if we could see anything through the upstairs windows with a flashlight. Nothing. Then we thought it was unwise to leave the lamps on downstairs with the dog throwing himself around, so we tip-toed back downstairs and stood in the kitchen watching Tigger for any clues at to the intruders' progress.

Tigger kept this up till 11:00 o'clock. Whoever they were seemed to be most persistent.

Then suddenly, Tigger headed for the front door again, throwing himself at it, then he stood with his nose in the crack, growling. Of a sudden, my mother motioned me to follow her. She cautiously went up behind Tigger, patting his back to let him know it was us. He knew it, but continued growling with his nose to the door. As she muffled her voice in her sleeve, my mother said in a deep bass voice, "You got the gun Tony?" Then I loaded the .22 very loudly, and without missing a beat, I replied in my sleeve, "Ya Pa." "Ya," my mother replied, "we'll let the dog out first, then we'll rush 'em". I guess we should have started firing from an upstairs window while we were there. We waited in anticipation of hearing retreating footsteps, but heard nothing. But after a few minutes, Tigger stopped growling and lay down under the table, where he stayed for the rest of the night.

Needless to say, that although Tigger slept well, we did not. Morning could not come soon enough for us to venture outside to see if we could see any sign of our nocturnal visitors. We saw nothing, but did notice that the bottom half of the Dutch-door had been pried open nearly a foot. The dead bolt must not have completely caught. If that did not confirm to us that someone had been there last night, one look at Tigger would have done so. With his nose to the ground, he whimpered, whined and growled as he tore all around the house in a zigzag pattern.

Needless to say we wasted no time doing what chores had to be done and we headed out about high noon.

A mile or so outside Shelburne, we noticed that both sides of the road were lined with cars and half tons. They were liberally interspersed with police cruisers. As we looked to the field to our right, we noticed along line of men advancing towards a cop-pice of trees. We stopped the car and a man came over to us. We asked him what was going on. Apparently yesterday morning, three convicts had escaped from a correctional institution at Mount Forest, which would be about 30 miles west of Shelburne. Someone had spotted something irregular near the trees earlier that morning and so had phoned the police. They were sure that the three of them were hiding in the bush and their intention was to flush them out.

We were certain that these three must have been our nocturnal visitors. They had probably heard that our place was infrequently occupied and had hoped to hang out there for a while. I must say though that they were most persistent. Even though they knew they had to revert to Plan B, they did make a noble attempt to push through Plan A. And at least for their persistence, they should be commended. If we weren't looking over our shoulders every step we took before, we sure were now.



Antonia studied at The Royal Conservatory of Music and at York University. She taught in all levels in the public school system as well as giving private lessons in music. Her passion is the land. She loved her experiences growing up on the farm in Shelburne and twenty-two years of farming in Denbigh with her husband, Francis. She plays the piano at the services at the Vennachar Free Methodist Church, and lives on the homestead with her daughter Irene.

Pete Seeger and the Power of Song - Part 6, The Almanac Singers

By Peter Chess

Thanks in part to the financial contributions of "Brooklyn Speedy", Pete Seeger and Woody Guthrie did make their way eventually to Oklahoma for the long overdue visit to Woody's family. Unfortunately, shortly after their arrival, the repo man caught up with Woody's car, curtailing the length of his stay. Not exactly the kind of guy who was one to stay at home for the benefits of domesticity, Woody made his way back to New York, while Pete, caught up in the romance of the road, spent the rest of 1940 hitch hiking around America carrying his banjo, at which he was becoming more proficient with a dogged determination. In today's cynical political environment it would be no easy task for a 20 year old left-leaning young man to travel the countryside making contact with "The People", but in the days of Roosevelt's presidency and a nation not yet frightened by a trumped up (excuse the pun) Communist menace, it was a lot easier. Although there was no hip culture, like in the 60's, that enabled a youth to work his way from freak pad to commune across the nation, there were hobo camps near railway lines, strike headquarters, small bands of union organizers and throngs of unemployed that would welcome and support a fellow traveller. There was also a lot to be learned by a bright kid with some theoretical background to make it all fit together somehow.

Back in New York, Woody lucked into the best job he ever had, a \$200 per week radio gig sponsored by the "Model Pipe Tobacco Co". But Woody being Woody, he lasted only a couple of months. After ignoring repeated warnings by his employer to stop using topical politically charged material and being told he had to quit taking left wing bookings around the city, he finally told them where they could shove their pipe tobacco and their \$200 per week. It was inevitable that Pete and Woody would cross paths again but it was not until after Woody had lucked into another paying job. This time it was for the Bonneville Power Administration, a federal agency engaged in the building of massive hydro electric dams out west, including the Columbia and Grand Coulee Dams, still regarded as masterful engineering projects to this day. Woody's job, as envisaged by his employer's public relations people, was to write songs immortalizing the benefits to the American people of these federally funded mega projects. To this end he wrote several well-known songs, including, "Roll on Columbia", "Grand Coulee Dam", and "Pastures of Plenty". It was a grand exercise by the feds to recreate another mythology of the American West in the hopes of instilling optimism back into the hearts and minds of the people after the severe hardships of the previous decade.

In the meantime, Pete arrived back in New York City. It was 1941 and Europe was in flames. Spain had fallen to a ruthless dictator. Hitler had rolled over the continent and was about to invade Russia. Concentration camps were filled with Jews, Gypsies and anyone else Hitler deemed disposable, although no one in the west had any idea of these horrors yet. Mussolini ruled Italy and in the Far East, Japan had savaged Eastern China and most of Southeast Asia. For the socialist cadre in America, the enemy was fascism and in their perspective it did not exist solely across the oceans. For Pete Seeger and his friends, the "People's own Music",

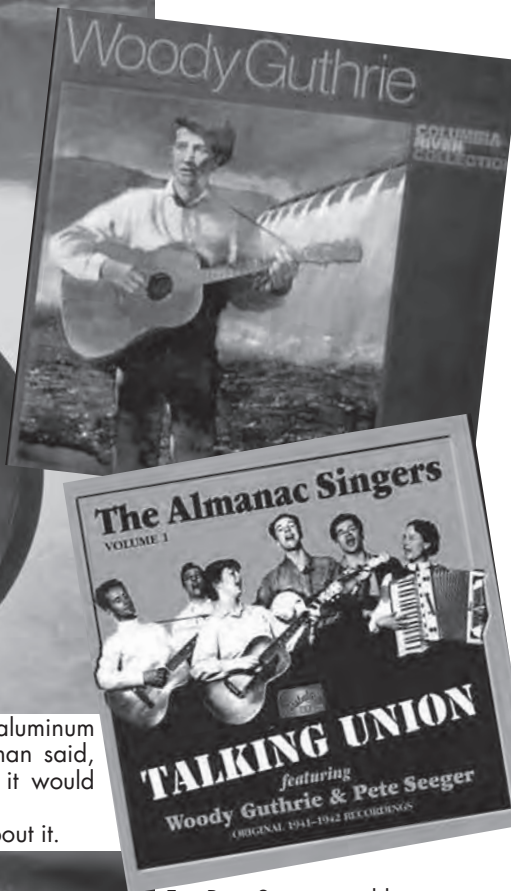


The Grand Coulee Dam produced electricity for aluminum to make WWII airplanes. President Harry Truman said, "Without Grand Coulee and Bonneville dams it would have been almost impossible to win this war." Guthrie was hired to write inspirational songs about it.



Seeger was a strong believer in pursuing change through non-violent means and preferred to avoid even a metaphorical reference to the use of violence to achieve social change in America. In a 2009 CBS News article, Seeger explained: "He [Woody Guthrie] had a sign on his guitar saying, 'This machine kills fascists.' I wanted something a little more peaceful."

including the existing lexicon and the newly created songbooks, which clearly took aim at fascism in any form, were the weapons of choice. Pete felt strongly, in the way a 21-year-old idealist can naively do, that the current popular American music was a contrived mechanism that consciously or unconsciously turned people's eyes away from the reality of their own condition. He was referring to the good time swing band music of Benny Goodman, Tommy Dorsey and those other great bands of the 40's. In Pete's mind, drinking and having a good time was a temporary escape and did nothing in the long run to address just what it was people needed to escape from. Take for instance a popular song of the day "I've Got a Pocketful of Dreams", which Pete was convinced had the effect, if not the design, of blurring the political and economic causes of the fact that there was little else in people's pockets. The music that came from the people, not "Tin Pan Alley" was much more realistic and provided what he saw as an antidote to the vapid treacle which he believed helped blind Americans to their own exploitation. Coupled with this idea was his conviction that "folk music" really meant "home made music". So, in Pete's head, it would have been better to sing "Pocketful of Dreams" at home than to pay a couple of hard earned dollars to listen to someone else sing "Barbara Allen". He has been quoted as saying, despite all



For Pete Seeger and his friends, the "People's own Music" was the weapon of choice to fend off fascism. He felt popular music of the day glossed over reality and Bing Crosby's "I've got a Pocketful of Dreams" was just a nice way of saying I have nothing in my pockets.



the concerts he gave in his lifetime, that he would rather see people dancing to music than to pay to sit and listen to it. "That's the European fine arts tradition and it should be ruled cruel and unusual punishment."

In that same year, 1941, Pete joined with another singer, Millard Lampard, in forming the "Almanac singers", named after Almanac House where they rented a couple of rooms on the East side of New York City. The group was dedicated to the creation and performance of the "Music of the People". Not strictly a group in the current sense of a group, or band, such as "Blue Rodeo" or the "Beatles" since sometimes the Almanac singers were only two people and sometimes six, depending on who was around and what the particular job called for. But either in the Almanac singers or around them there were people who would have much to do with American music in the decades yet to come. There was Lee Hays, son of an Arkansas Baptist preacher, who in the 30's was an organizer of a failed attempt at creating a "Share cropper's Union" to bring together poor black and white tenant farmers, an extremely radical idea at the time. There was Bess Lomax, Baldwin "Butch" Hawes, "Aunt Molly" Jackson, Agnes "Sis" Cunningham, Alan Lomax, Tom Glazer and Earl Robinson. There was Arthur Stearn, later a famous muralist, the previously

Round and Round Hitler's Grave is Seeger's wartime spin on "Old Joe Clark" Guthrie wrote the Mussolini verse....

Now I wished I had a bushel
Wished I had a peck
Wished I had old Hitler
With a rope around his neck.

Hey, round, round Hitler's grave
Round, round we go
Gonna lay that poor boy down
He won't get up no more.

Mussolini won't last long
Tell you the reason why
We're a-gonna salt his beef
And hang it up to dry.

The German army general staff
I guess they missed connection
Went a hundred miles a day
But in the wrong direction.

I'm a-goin' to Berlin
To Mister Hitler's town
I'm gonna take my forty-four
And blow his playhouse down.

How Hitler went to Russia
In search of Russian oil
But the only oil he'll find there
Is a pot in which he'll boil.

[Hitler said to Goering
Here's what he did say
I can't understand this Russian snow,
It's getting too hot for me.]

Now Mr. Hitler's traveling mighty fast
But he's on a one-way [single] track
Started down that Moscow road
But now he's coming back.

mentioned Cisco Huston and Sonny Terry, when they were around. There was also Hudie Leadbetter, "Leadbelly", fresh from a Texas prison and acting as chauffeur to John Lomax, who had cajoled the warden into releasing "Leadbelly" under his own auspices. Some of these names have disappeared into the history books but some did not. Shortly after the group was formed, Woody showed up again in New York.

To be continued

Stay tuned...



Peter Chess immigrated to Canada from Leeds, England at the age of 9 weeks. The family settled into a converted barracks at the local airport near St. Catharines for a couple of years before moving into a wartime house. After serving in the Canadian Army Signal Corps, Peter restored antique furniture in St. Catharines, which is where he met his wife Gitte, her daughters Sheri and Belinda. They now live in Matawatchan and have two granddaughters, Emma and Natalie. Peter is a member of The Pickled Chickens String Band.

A Family Herald Story and The Girl with the Little Bare Toes

By Howard Popkie

When WWII was on in the 1940s, my Dad was afraid he would get drafted into the army. If you were a farmer, you didn't have to go to fight, but to be a farmer you had to clear fields and have farm animals. Soon the cows, pigs and chickens were increased and the barbed wire fences went up and we had to clear land for fields.

This is a story I wrote in a pen pal pager for the Family Herald and Weekly Star at the time:

I was clearing land to make more fields at our farm. Before I went to school I chopped down trees to burn on a big fire and also after school was over I went back to work clearing brush and trees to burn. I had to dig around the stumps and chip off the roots to pull them out. I was pulling hard on a stump and it suddenly came loose. I lost my balance and promptly sat down in the big bon fire. I came out of there like a jet-propelled rabbit with my pants on fire.
- Howard Popkie, Black Donald Mine, Ontario age 10 years old.

Soon after that I was getting letters with perfume on them from girls all over Canada and as far away as Scotland and England. When I got the mail at Jack Wilson's Store I had so many letters from girls that Jack had them tied up like a parcel with string. Some letters the girls kissed with lipstick and a girl from Scotland sent me heather in her letter.



I left Black Donald when I was fifteen to join the PPCLI and had all their addresses in a little black book. I went to the show with girls that wrote me in Vermilion and Edmonton Alberta and all the little towns in Alberta I had a girlfriend to visit when I got a weekend pass. My little black book was no good to me when I got to the Far East, but I still did very well when I got there.

My wife Rosemary was part of a large family and when they were kids they didn't wear shoes all summer. When she came to Black Donald at the age of eleven years old, I did see her at the show on Saturday night with running shoes on. The toes were worn out and when I looked at her toes, she tried to curl them up so I couldn't see them. She was the best looking girl in town and when she saw me with my cowboy hat on she told her girlfriends, "That is the boy I am going to marry."

We were all poor folks in the war years of the 1940s, I wore cross-country ski boots with the square toe to get to school. They

were two sizes too big for me. One day when I was ejecting the live ammo from my 44 long barrel Winchester, I had the end of the end of the barrel on the toe of my boot when the gun went off. I could feel the hot lead at my toes and saw the hole from the round in my boot. When I took the boot off and my foot was OK, I shook the bullet out of my sock. Sometimes it pays to be poor when you have to wear your big brother's winter boots in the summer.

As the years rolled along, Rosemary Townly and I were married in 1958. We had a son Ricky in 1959 when I was in the army on Vancouver Island. We came back to live in Arnprior Ontario in 1960 and lived at the Dochart Creek on the Braeside Road. There was a path that ran from my home to my mother-in-law's in the 1960. It turns out the way to keep your wife at home is to keep her barefoot in the summer and pregnant in the winter. That seemed to be the way it was at our home in Arprior. My Daughter Shari was born January 29, 1970.



My wife Rosemary with me in a photo booth on Vancouver Island.

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By Sharon Shalla

The frogs are hopping and so are we at Greater Madawaska Public Library! It's been a busy summer so far with increased circulation due to the seasonal residents returning and program attendance. We average about 700 checkouts per month in the summer months. Attendance is also up at our Children's Program which is open to visitors as well as residents. It's always great to have the cottagers and vacationers back, and to meet visitors that come in with family and friends.

Summer student, Kassandra Mulvihill, and Children's Programmer, Tracy Baker, have been busy with the **Children's Summer Program**. On July 28th Angela Kuehl, Early Literacy Specialist for the County of Renfrew visited our Children's Program to conduct a very informative and fun session on the importance of music in Early Literacy. Angela brought a great assortment of supplies for the children to use in making their own musical instruments. Afterwards, in the Story Circle, the children chimed in with their instruments and it was literally music to our ears. What fun we had!

Angela will be visiting us again on **August 25th to do a session on Outdoor Literacy**. In this hands-on session you will receive information about outdoor play and learning, the benefits of outdoor literacy, ideas about exploring the outdoors with your young child, and tips to improve your child's physical literacy. You and your child will also have



Outdoor fun with water balloons during the Children's Summer Program

an opportunity to participate in some fun, engaging literacy based outdoor activities. Be sure to join us from 10:30 – 11:30 a.m. for this special event.

Our **Summer Sizzling Summer Book Sale** is still going strong, and I take this opportunity to thank the community who has been so generous in donating books for our sale. What wonderful donations we have received! There are many great reads to be had. We've got a wide variety from cookbooks to self help in the non-fiction selection, and popular authors like David Baldacci, Clive Cussler, Greg Iles, Nora Roberts, and Stephen King in the fiction selection. We have children's books too. The sale runs during library hours so drop in and check it out.

The library's collection continues to be upgraded with new resources. If you haven't been in for a while, come check us out! One of the recent items



Angela Kuehl, Early Literacy Specialist for the County of Renfrew, brought lots of supplies to help the children make their musical instruments.



After the children made their instruments they tried them out in the Story Circle

added is the BBC History magazine. Much thanks to one of our patrons, Kirk, for donating this very popular periodical. It is a hot item and continues to gather interest. Recent issues include BBC History: Medieval Bloodshed, and BBC History: Thomas Moore – Saint or Sinner?

Our Book Club continues to meet over the summer months. The July selection for discussion was Alice Hoffman's book entitled *The Marriage of Opposites*. We decided we'd like to compare another one of her books so we've chosen *The Museum of Extraordinary Things* as our August book for discussion. The Book Club meets the last Wednesday of every month at the library from 11 a.m. – 12:30 p.m. New members are welcome to join in the discussion. We also have a light snack and beverage during the discussion and we strive to make it a casual laid back atmosphere. If you would like more information about the Book Club please contact the library.

Recent Arrivals

- Adult Fiction
- Bay of Sighs by Nora Roberts (book#2 in the Guardians Trilogy)
- Bleeding Ground by Courtney Jayner
- The Emperor's Revenge: a novel of the Oregon Files by Clive Cussler
- Death Rides Alone – William Johnstone
- Fire by C.C. Humphreys
- The Girl from the Savoy : a novel by Hazel Gaynor
- The Games by James Patterson
- The High Mountains of Portugal by Yann Martel

Adult Nonfiction

- Justin Trudeau: the natural heir by Huguette Young
- The New Canadian Garden by Mark Cullen
- Gluten Exposed: the science behind the hype and how to navigate to a healthy symptom-free life by Mark Green
- Honouring the Truth, Reconciling for the Future: summary of the final report of the Truth and Reconciliation Commission of Canada

Membership is free to our library for any resident or taxpayer of Greater Madawaska Township.

Please bring in a piece of identification with your current township address such as tax bill, utility bill, driver's license, etc. We are open Tuesday's from 1 – 7 p.m. and Wednesday, Thursday, Friday, and Saturday from 10 a.m. – 1:30 p.m. We also offer interlibrary loan service, so if there's an item you'd like that we don't have we can order it through the Interlibrary Loans system.

Please note that items released within the last 6 months may not always be available for loan from other libraries as they want to make it available to their own patrons during that period.

We offer free WiFi 24/7 from outside the library and from inside during library hours. Choose Library Parking Lot when outside for a stronger signal.

The Book of Home How-to: complete photo guide to home repair by Black & Decker

Children and Youth

- I Am Number Four Series by Pittacus Lore including the latest and final installment of the series entitled *United as One*
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- Kung Fu Panda 3 (graphic novel) by Dreamworks
- Bunny's New Friends by Bill Messerau
- Amelia Bedelia by the Yard by Herman Parish

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Canada's Centennial, 50 Years Later

If you remember this song, you likely remember a very exciting time in Canada's history...

CA-NA-DA (One little two little three Canadians) We love thee (Now we are twenty million) CA-NA-DA (Four little five little six little Provinces) Proud and free (Now we are ten and the Territories sea to sea)

North south east west. There'll be happy times, Church Bells will ring, ring, ring It's the hundredth anniversary of Confederation. Ev'rybody sing together!

...and you will likely remember the "Canadian Railroad Trilogy" that was commissioned from Gordon Lightfoot by the CBC for a special broadcast on January 1, 1967, to start Canada's Centennial year.

For they looked in the future and what did they see, They saw an iron road runnin' from sea to the sea, Bringin' the goods to a young growin' land, All up through the seaports and into their hands

Centennial Babies, those born in 1967, will celebrate their 50th birthdays in a few months as Canada turns 150. What kind of a birthday party will it be? The 150-day countdown to Canada's Sesquicentennial began on August 4th, but has anyone seen or heard of any of the activities that the Government of Canada says will be going on as described on the Canada 150 - Canada.ca website? canada.pch.gc.ca/eng/1468262573081 "Over the next 150 days, there will be activities across the country that will delight and surprise you. We are inviting all Canadians to take part in the countdown to 2017 in person and via social media. Visit CBC and Radio Canada's 2017 Web portal to learn more!"

A visit to the CBC portal, ww.cbc.radio-canada.ca/en/explore/2017 explains why we aren't seeing activities yet. They need us to come up with them ourselves and share our plans. "Together, we will share what is taking place across the country over the next 150 days and aim to increase public participation, visibility and awareness of the countdown events. Watch for Canada 150 countdown activities, including stunts, group selfies, public art, surprise flash mobs and major announcements near you."



Canada's Centennial created a proud legacy in the hearts of Canadians and in the form of lasting programs and projects from parks to bridges and buildings. The countdown is on for Canada 150. What will be its legacy?

It appears the plan is still being formed.

Most baby boomers, who were children in 1967, have stories to tell about the excitement surrounding Centennial projects, events and celebrations and there were a lot of them. It's hard to go anywhere in the country today without coming across a park, bridge, monument, college, university, arena, library, mall, or school with Centennial in the name, including Canada's iconic Centennial Flame and a well known lake on the Madawaska River. The year was marked with commemorative coins, flags, logo, medals, songs, a military tattoo, a train and of course Expo 67. Activities were officially launched at midnight December 31, 1966 with a ceremony that included Lester B. Pearson, Judy Lamarch and John Diefenbaker. It ended with the lighting of the Centennial Flame on Parliament Hill.

Will Canada's Sesquicentennial celebrations even come close to the achievements of 1967? That planning began at a Federal level in 1963. Although many organizations and municipalities have been planning for Canada 150 for some time, it wasn't until the announcement of the Canada 150 Fund in July, that groups found out how they could be assisted in achieving their goals. Ontario is now encouraging municipalities, community organizations and Indigenous groups across the province to review and apply for funding programs to mark

the 150th anniversary of Confederation through events and opportunities that showcase Ontario's diversity and create a strong and lasting economic, social and cultural legacy.

Ontario150 community grants:

- **A Community Capital Program** that will provide \$25 million to help municipalities and non-profit organizations renovate, repair and retrofit existing community and cultural infrastructure to increase accessibility, improve safety and maximize community use (applications will be accepted until September 14, 2016).
- **A Partnership Program** that will provide \$5 million to support new partnerships and collaborations that engage enable and empower youth as the next generation of Ontario leaders (applications will be accepted until September 30, 2016).
- **A Community Celebration Program** that will provide \$7 million to help connect Ontarians to their communities and with opportunities to explore their heritage, allowing Ontarians the opportunity to celebrate this historic year in a way that is appropriate and meaningful for them (applications will be accepted until September 2, 2016).

Ontario150 community grant programs will fund up to 75% of projects, with maximum funding from all orders of government at 90%. Not for profit organizations must show they can come up with the money to fund the remaining 10%. This means the success of any project relies heavily on volunteer groups and non-profit groups. When a municipality asks community groups for ideas, the municipality can get funding for 75% of the project from the Province, and fund 15% out of their own coffers. They then have to find funding for the remaining 10% and a way to execute the program.

Essentially, if you are part of a community group that has a project or good idea that will benefit the community and aligns with the grant streams, and you can come up with 10% to 25% of the funds needed to execute that idea, then you have a couple of weeks to either apply for a grant or partner with your municipality for one. Canada, Ontario, and Municipalities are looking to all of us for ways to take advantage of available grants to celebrate Canada's Sesquicentennial and to create a lasting legacy for the benefit of us all.

There is no shortage of money right now, so bring out your ideas and make things happen.

The 150 countdown is on. No one is throwing this party for us. We will do it for each other.

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